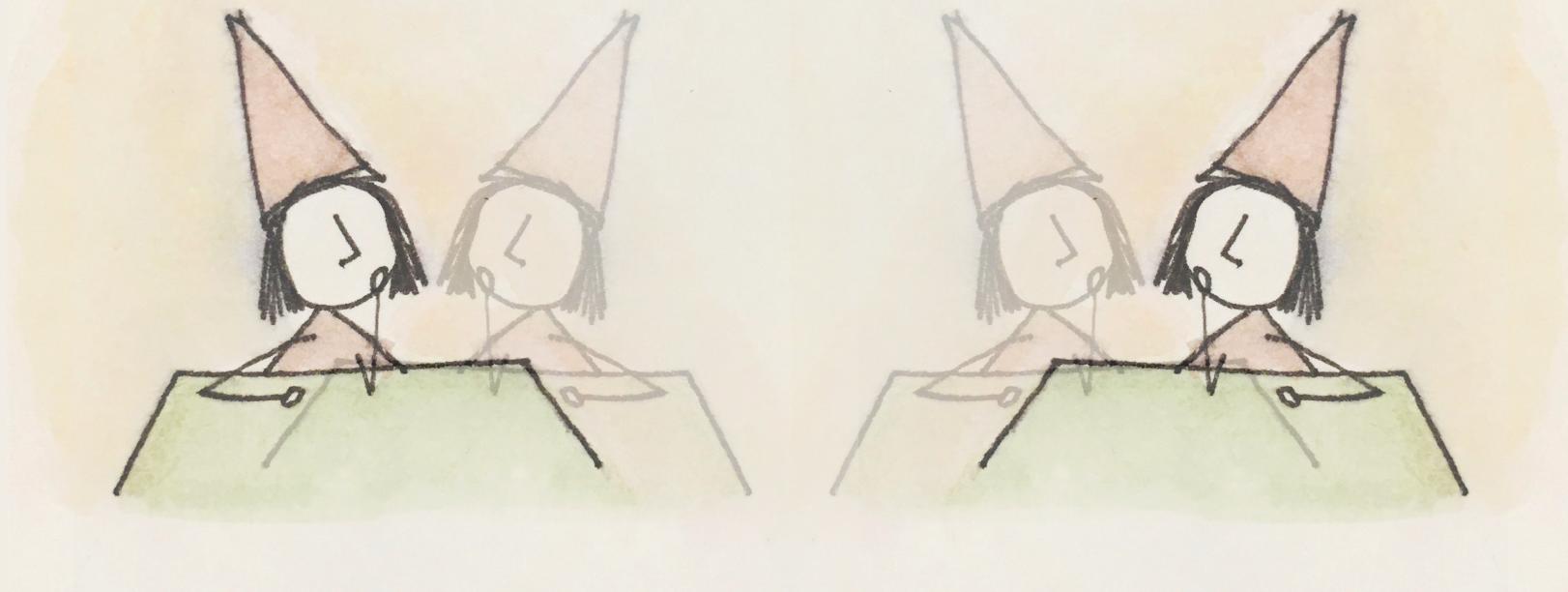


## friends of virginia #4



'in the future I look forward to understand the past'



in the **future**  
I look forward  
to **understand**

people's brain  
**wonders** better

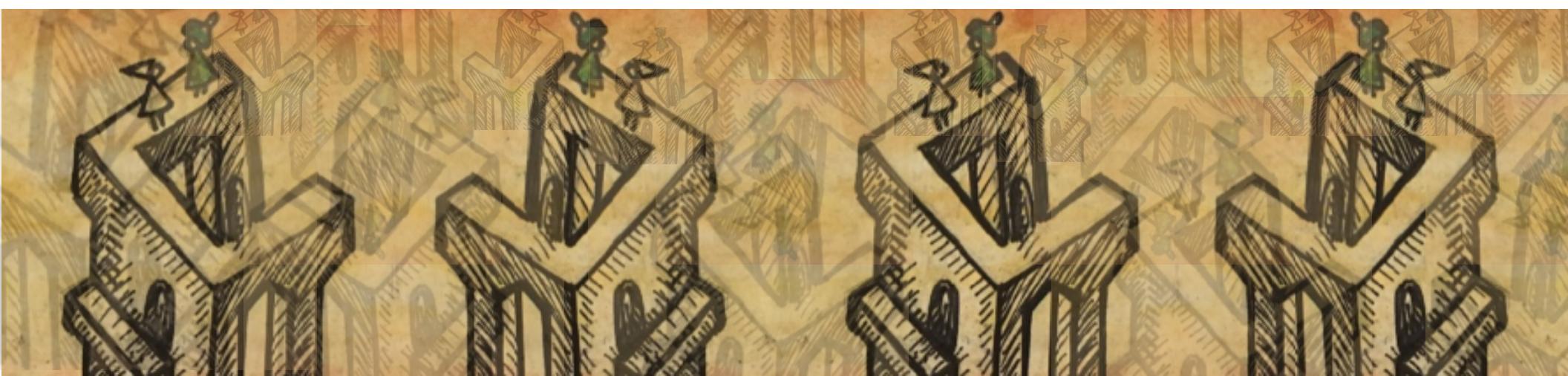
the **past**

greek, chinese, inference  
methods, permaculture, fencing,  
human learning, uncertainty

why people don't make a greater  
**effort** to value the beautiful  
things there are in there lives

how people achieve so much  
while staying **balanced**

**myself,**  
and then,  
all the rest



what brings you  
most **sadness** to your  
day to day life?



A hand-drawn illustration of a small figure with a large head, wearing a red dress, standing in a circle of light. The figure has a neutral expression with simple black hair and a small mouth. The background is white, and the figure is surrounded by various handwritten thoughts and feelings in a spiral arrangement.

MY MIND IS OLD, I KNOW THAT IT'S DIFFICULT TO SHARE ONE'S FEELINGS + FEARS. IT IS HOW DIFFICULT IT IS TO OPEN UP.

RELATIONSHIPS ENDURE WHEN I DON'T MAINTAIN MY

OCCUPYING MY MIND WITH SAD STORIES.

LOSSES, GOODBYES, SEPARATION,

ENDINGS, WISHES, SO HIDDEN AWAY,

CHILDREN, COULD NOT DOING,

WISHES, OVER-THINKING LIFE.

WHEN I FEEL DISCOURAGED, THE UNIVERSE CAN ACT

PEOPLE'S SELFISHNESS, LACK OF MOTIVATION & INTEREST.

CANCER. DEATH. CRUELTY. LOOKING AT MYSELF IN THE MIRROR.

SEEING SAD NEWS AROUND THE WORLD.

ANXIETY & FRUSTRATION. I WORK ON LONG-TERM IMPROVEMENTS.

PLANS BUT IT'S HARD TO SEE MATERIAL IMPROVEMENTS.

LOST CONTACT & BROKEN TIES, HAVE LOVED.

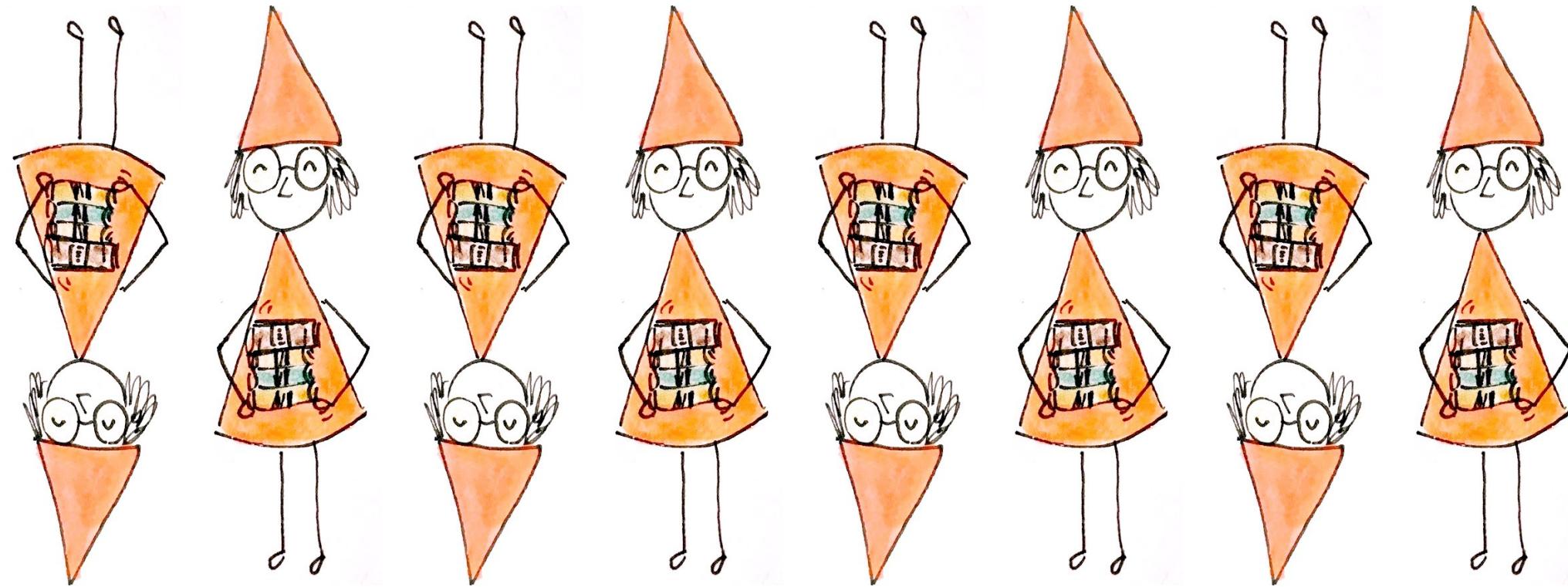
WITH PEOPLE I LOVE.

MY BOSS LOSE FAITH IN MY CAPABILITIES.

TO KNOW THAT IT'S CHALLENGING TO

something every **human**  
should do at least **once**

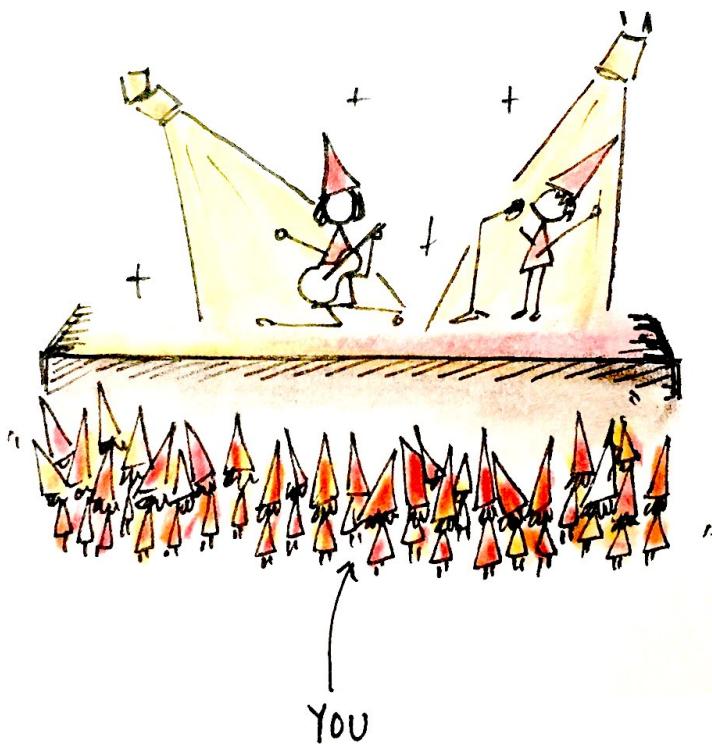




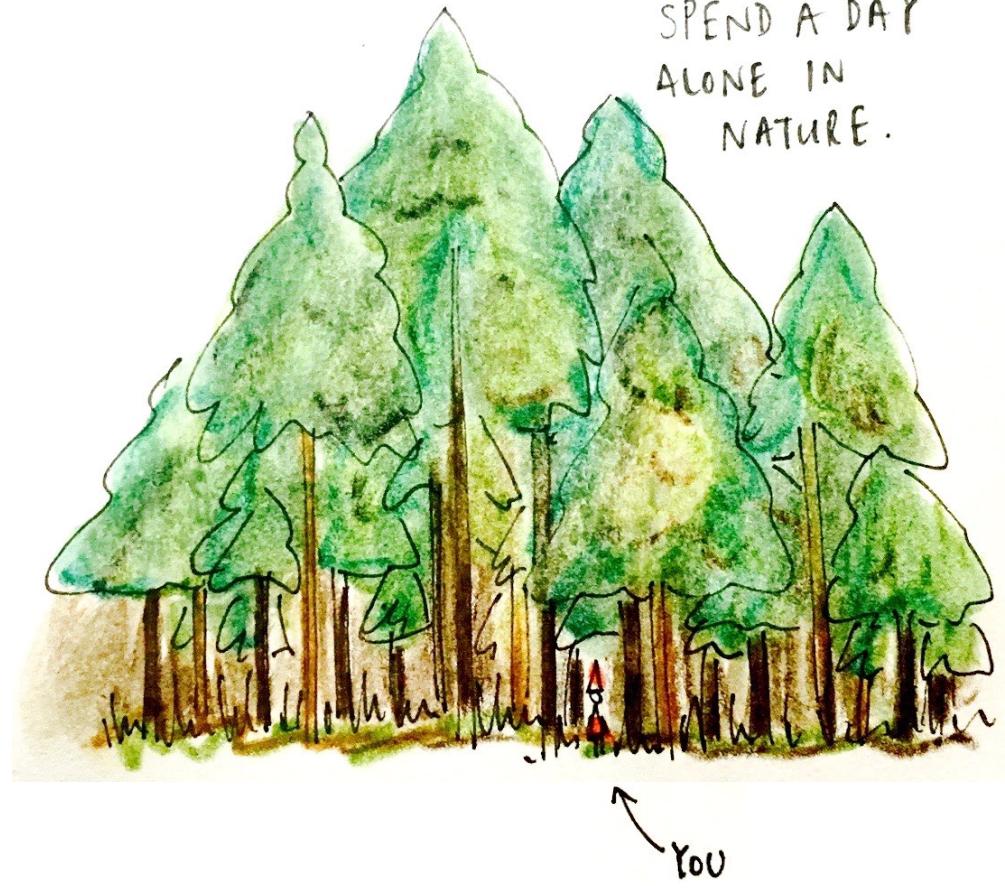
LEARN TO READ.

LITERACY IS THE KEY  
TO EVERYTHING ELSE.

GO TO A GIG  
BY YOURSELF.



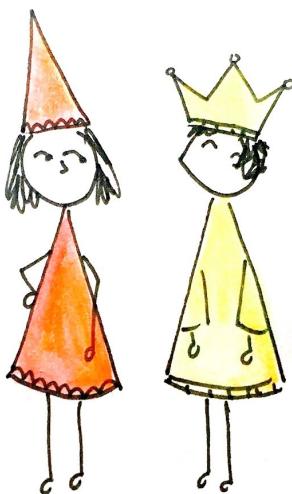
SPEND A DAY  
ALONE IN  
NATURE.



VISIT PERUGIA  
& PRAY IN THE CHURCHES THERE.



the last lesson  
you learnt



SE PUEDE HACER  
EL AMOR  
CON LA MIRADA

a virtual gathering  
on human reflections



thank you

friends of virginia #4 | oct 2016