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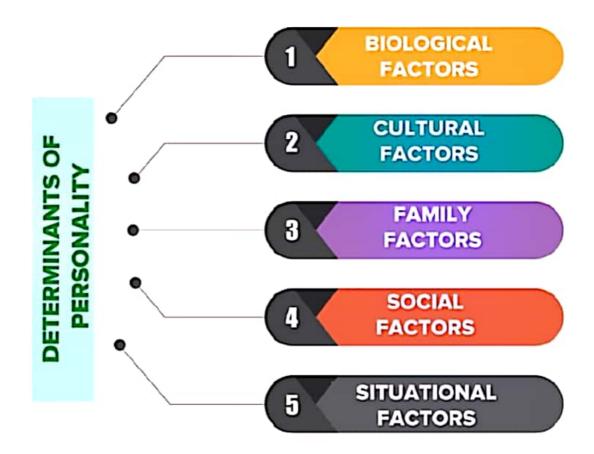
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# **Determinants of Personality**

The determinants of personality can be grouped in five broad categories:

- 1. Biological Factors
- 2. Cultural Factors
- 3. Family Factors
- 4. Social Factors
- 5. Situational Factors





## **Biological Factors**

The study of the biological contributions to personality may be studied under three heads:

Heredity

Heredity refers to those factors that were determined at conception. Physical stature, facial attractiveness, sex, temperament, muscle composition and reflexes, energy level, and biological rhythms are characteristics that are considered to be inherent from one's parents.

The heredity approach argues that the ultimate explanation of an individual's personality is the molecular structure of the genes, located in the chromosomes.

#### Brain

The second biological approach is to concentrate on the role that the brain plays in personality. The psychologists are unable to prove empirically the contribution of the human brain in influencing personality.

Preliminary results from the **electrical stimulation of the brain** (ESB) research give an **indication that a better understanding of human personality** and behaviour might come from the study of the brain.

### Biofeedback

Until recently, physiologists and psychologists felt that certain biological functions such as brainwave patterns, gastric and hormonal secretions, and fluctuations in blood pressure and skin temperature were beyond conscious control.

Now some scientists believe that these involuntary functions can be consciously controlled through biofeedback techniques. In BFT, the individual learns the internal rhythms of a particular body process through electronic signals that are feedback from equipment that is wired to the body.

### Physical Features

A vital ingredient of the personality, an individual's external appearance, is biologically determined. The fact that a person is tall or short, fat or skinny, black or white will influence the person's effect on others and this in turn, will affect the self-concept.

#### **Cultural Factors**

Among the factors that influence personality formation is the culture in which we are raised, early conditioning, norms prevailing within the family, friends and social groups and other miscellaneous experiences that impact us. The culture largely determines attitudes towards independence, aggression, competition, cooperation and a host of other human responses.

According to Paul H Mussen, "each culture expects, and trains, its members to behave in ways that are acceptable to the group. To a marked degree, the child's cultural group defines the range of experiences and situations he is likely to

encounter and the values and personality characteristics that will be reinforced and hence learned."

## **Family Factors**

Whereas the culture generally prescribes and limits what a person can be taught, it is the family, and later the social group, which selects, interprets and dispenses the culture. Thus, the family probably has the most significant impact on early personality development.

A substantial amount of empirical evidence indicates that the **overall home environment created by the parents**, in addition to their direct influence, is **critical to personality development**.

The parents play an especially important part in the identification process, which is important to the person's early development.

# According to Mischel, the process can be examined from three different perspectives.

- Identification can be viewed as the similarity of behaviour including feelings and attitudes between child and model.
- Identification can be looked at as the child's motives or desires to be like the model.
- It can be viewed as the process through which the child actually takes on the attributes of the model.

From all three perspectives, the identification process is fundamental to the understanding of personality development. The home environment also influences the personality of an individual. Siblings (brothers and sisters) also contribute to personality.

### Social Factors

There is increasing recognition given to the role of other relevant persons, groups and especially organisations, which greatly influence an individual's personality. This is commonly called the socialization process.

Socialization involves the process by which a person acquires, from the enormously wide range of behavioural potentialities that are open to him or her, those that are ultimately synthesized and absorbed.

Socialization starts with the initial contact between a mother and her new infant. After infancy, other members of the immediate family – father, brothers, sisters

and close relatives or friends, then the social group: peers, school friends and members of the work group - play influential roles.

Socialization process is especially relevant to organisational behaviour because the process is not confined to early childhood, taking place rather throughout one's life. In particular, the evidence is accumulating that socialization may be one of the best explanations for why employees behave the way they do in today's organisations.

#### Situational Factors

Human personality is also influenced by situational factors. The effect of the environment is quite strong. **Knowledge**, **skill and language** are obviously acquired and **represent important modifications of behavior**. An individual's personality, while generally stable and consistent, does change in different situations. The varying demands of different situations call forth different aspects of one's personality.

According to Milgram, "Situation exerts an important press on the individual. It exercises constraints and may provide a push. In certain circumstances, it is not so much the kind of person a man is, as the kind of situation in which he is placed that determines his actions". We should therefore not look at personality patterns in isolation.

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Extraverion & Neuro bicism

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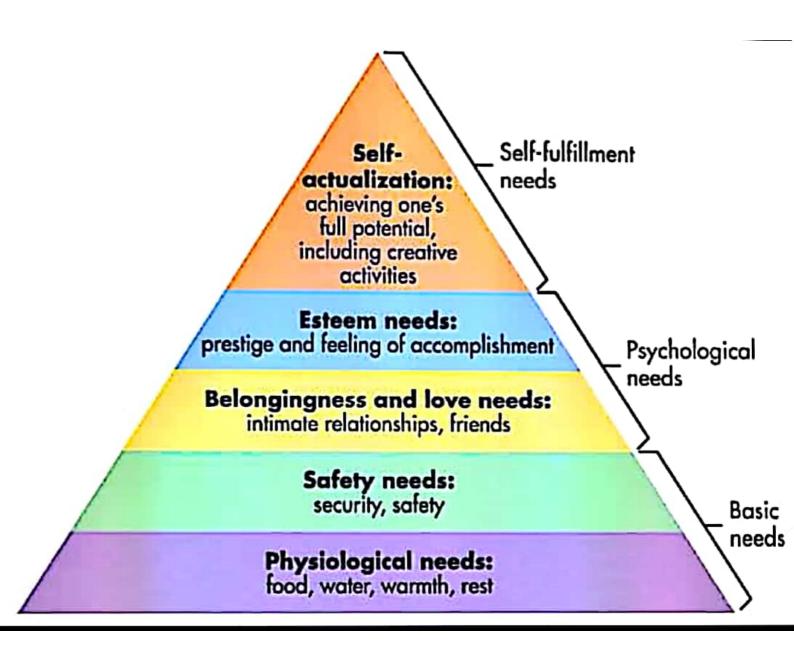
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6) Explain the Jeadership models It is a procen of influencing

& supporting others to worl- ent-husianhialy towards achieving the objective / goals

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