### THORNHILL

 Thornhill Diagnostic Imaging (UBMX)(OBSP) 7330 Yonge Street, Suite 206 Yonge/Clark

PH: 905-889-5926 FAX:905-881-6284

#### MARKHAM

Markham Ultrasound (U) 377 Church Street, Suite 305 Church/Ninth Line PH:905-472-4915 FAX:905-472-1326

Markham Women's Imaging Centre (UBM)(OBSP) 39 Main Street North, Unit 1 Markham/Highway 7 PH:905-472-2713 FAX:905-472-9003

## **TORONTO**

 $\bigcirc$  Bloor East Ultrasound (U) 160 Bloor Street East, 15th Floor Bloor/Church PH:416-572-9392 FAX:416-645-3286

1849 Yonge Street, Lower Level Yonge/Davisville PH:416-485-9155 FAX:416-485-9532

ONorth York Ultrasound (UV) 4025 Yonge Street, Suite 215 Yonge/York Mills PH: 416-229-6887 FAX:416-229-6614

OBay Street Ultrasound (UV) 655 Bay Street, 18th Floor Bay/Gerrard

PH: 416-597-1933 FAX: 416-340-1218

**○ Toronto West Ultrasound** (U) 1560 Queen Street West Oueen St. W/Jameson PH:416-532-7948 FAX:416-532-9291

## **SCARBOROUGH**

OSheppard Diagnostic Imaging (UBMX) 1780 Markham Rd., Unit 5 & 6 Sheppard/Markham PH:416-291-4770 FAX:416-291-9702

## **ETOBICOKE**

(U) Etobicoke Diagnostic Ultrasound 110 Queen's Plate Drive Rexdale/Highway 27 PH:647-288-4547 FAX:647-288-4550

## **OAKVILLE**

Oakville Ultrasound (U) 2035 Cornwall Road Cornwall/Ford PH:905-337-7202 FAX:905-337-8294

(U)Ultrasound (X) X-RAY (M) Mammography (B) Bone Mineral Density (V) Vascular Ultrasound

PLEASE BRING THIS REQUISITION WITH YOU TO YOUR APPOINTMENT

You must follow instructions on reverse side

- Please arrive 10 minutes prior to your appointment for registration.
  - LATE arrivals may require re-booking.

# TRUE NORTH IMAGING **IMAGING REQUISITION**

Dr. Alex Hartman and Dr. Rose Lee Medical Directors of Imaging

www.truenorthimaging.com

# **Greater Toronto Area Requisition**

| Name:   | DOB:   |  |  |  |  |
|---|--|--|--|--|--|
| Address:  | HIN:   |  |  |  |  |
|   | Phone:   |  |  |  |  |
| ULTRASOUND  |  |  |  |  |  |
| □ Abdominal □ G.U. Tract - Kidneys-Bladder( □ Thyroid □ Scrotal □ Musculoskeletal □ Dating < 16 weeks □ NT 11-14 Weeks (IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII  | Transvaginal Transvaginal Transrectal  PS/eFTS) Fetal Growth Vascular  (BPP) Fertility Monitor Cycle  is Study  Incl. Preliminary Female Pelvis Study  |  |  |  |  |
| BREAST IMAGING  Mammogram Breast Ultrasound  BIL RT LT  BONE DENSITOMETRY - AXIAL BONE DE   |  |  |  |  |  |
| ☐ High Risk(Once a year) ☐ Routine(Every 5 Years)   |  |  |  |  |  |
| X-RAYS  |  |  |  |  |  |
| Chest PA & Lat Chest PA Acute ABD Sternum HEAD & NECK OBOROL SPINE & PELVIC SPINE & PELVIC Cervical Spine Thoracic Spine Lumbar Spine Sacrum / Coccyx Sacroiliac Joints Mandible Scoliosis  KUB R R L KUB R CH KUB CH Acute ABD CP CPOTE CP CPOTE CP | Per Extremities  R L  Shoulder  Clavicle  AC Joint  Scapula  Humerus  Elbow  Forearm  Wrist  Scaphoid  Bone Age, Hand & Wrist  Finger  Digit: 1 2 3 4 5  e Specify):  Clavicle  Hup  Hip  Hip  Hip  Hip  Hip  Hore  Hore |  |  |  |  |
| Referring Doctor:   |  |  |  |  |  |
| Signature:  |  |  |  |  |  |
| ☐ STAT ☐ VERBAL Contact Number:   |  |  |  |  |  |



# IF YOU ARE UNABLE TO KEEP THIS APPOINTMENT, PLEASE GIVE AT LEAST 24 HOURS NOTIFICATION.

| APPOINTMENT | MONTH | DAY | YR. | TIME |
|-------------|-------|-----|-----|------|
|             |       |     |     |      |

PREPARATION AND INSTRUCTIONS: These instructions are IMPORTANT. Please follow them.

## **ULTRASOUND**

- 1. ABDOMEN (includes studies of the GALL BLADDER, PANCREAS, SPLEEN, LIVER, KIDNEYS and AORTA). If your appointment is in the morning, do not eat or drink anything after 8 p.m. the night before. If your appointment is in the afternoon, for breakfast you may eat dry toast, black tea, black coffee, juice up to 9 a.m. Nothing to eat or drink after that. These instructions are important as we require you to have an empty stomach.
- 2. PELVIS including TRANSVAGINAL (UTERUS, OVARIES, BLADDER) (also G.U. TRACT) and PREGNANCY (OBSTETRICAL). You must have **completed drinking** 1 hour before your appointment. Finish by\_\_\_\_\_\_. You must drink 32 oz./1 litre (4 large glasses) of fluids. This can include coffee, tea, juice, water, etc.— not milk.

**Do not go to the washroom.** You must have a full bladder for this examination. We will try to examine you as soon as possible on arrival so that you will not have to be uncomfortable for too long. Eat the meal nearest your examination – there is no reason not to eat.

- ABDOMEN and PELVIS examinations combined.
   Do not eat anything 12 hours prior to the examination. Finish drinking 32 oz.(1 litre) of water, and ONLY water one hour before your examination. Finish drinking by \_\_\_\_\_\_.
   Do not go to the washroom.
- 4. PROSTATE WITH TRANSRECTAL

32 oz./1 litre (4 large glasses) of water 1 hour before appointment. Do not go to the washroom. Finish by\_\_\_\_\_.Take mild laxative the evening before.

(PROSTATE ONLY – OMIT LAXATIVE)

# X-RAY

5. Ladies who may be pregnant should not be x-rayed during the last two weeks of their menstrual cycle.

## **MAMMOGRAPHY**

6. On day of examination, after showering do not use deodorant, antiperspirant, or talcum powder on chest or underarms, since particles in these may show up on mammogram.

## **BONE MINERAL DENSITY**

7. On the day of examination do not take calcium supplements or iron tablets until after the examination is completed.

This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHFs, such as those listed on the IHF program website:

http://www.health.gov.on.ca/en/public/programs/ihf/facilities.aspx