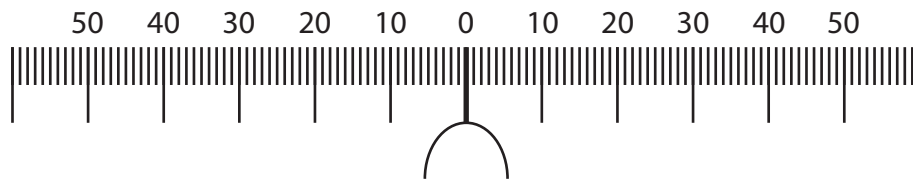


Vis3r Inter-Pupillary Distance Ruler



Print it out, cut it out, tape it to your forehead, then take a selfie - or ask a friend to help you.

You need to measure the centre point of each pupil
Open your selfie in any image package & draw a line,
or even just move the edge of another window over it

The "0" needs to be exactly on the centre line of your nose
don't forget everything is mirrored in your selfie
This example gives a Left IPD of 27 & a Right IPD of 28
Do your best to be as accurate as possible

