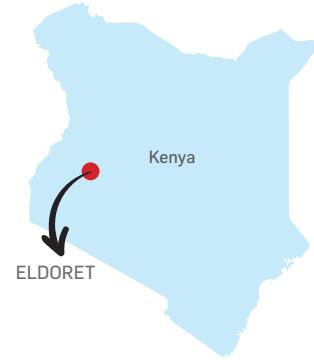


Map not to scale



ELDORET

Eldoret, nestled in Kenya's Rift Valley, beckons with its natural beauty and cultural charm. Explore the scenic landscapes of nearby areas like Iten and the Kerio Valley, renowned for their stunning vistas and outdoor activities. Discover vibrant markets, indulge in local cuisine, and experience the warmth of Kenyan hospitality.



What to see



Sosiani River

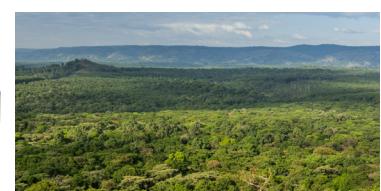


Relax by the tranquil banks of Sosiani River, where locals gather for picnics, fishing, and leisurely strolls amidst scenic surroundings, providing a refreshing escape from the city's hustle and bustle.

Poa Place Resort

Unwind at this family-friendly resort, featuring a water park, botanical gardens, and a wildlife sanctuary, offering entertainment and relaxation for visitors of all ages in Eldoret.

Kakamega Forest



Venture to nearby Kakamega Forest, a biodiversity hotspot teeming with rare plant species, exotic birds, and elusive wildlife, providing an immersive experience in Kenya's natural wonders just a short drive from Eldoret.



01

Hiking at Sosiani River Gorge



Embark on a thrilling hike through the scenic Sosiani River Gorge, navigating rocky terrain and lush vegetation while marvelling at cascading waterfalls and natural pools, offering an adrenaline-pumping adventure for outdoor enthusiasts.

02

Biking in Kesses Escarpment



Explore the rugged terrain of Kesses Escarpment on a mountain biking adventure, traversing dirt trails and steep slopes while enjoying panoramic views of the Rift Valley below, providing an exhilarating experience for cycling enthusiasts and nature lovers alike.

03

Rock Climbing at Torok Waterfall



Challenge yourself with a rock climbing expedition at Torok Waterfall, scaling limestone cliffs and granite boulders amidst the thundering waters, offering a unique opportunity to test your skills and conquer nature's obstacles in a breathtaking setting.

04

White Water Rafting on Nzoia River



Navigate the adrenaline-charged rapids of Nzoia River on a white water rafting excursion, paddling through swirling currents and turbulent waters while experiencing the thrill of river adventure in the heart of Kenya's Rift Valley.

05

Paragliding from Kipkaren Viewpoint



Soar above the scenic landscapes of Eldoret on a paragliding adventure from Kipkaren Viewpoint, catching thermal updrafts and gliding gracefully over lush valleys and rolling hills, offering an unforgettable aerial perspective of Kenya's highlands for adventurous thrill-seekers.



Handicrafts Stores

Purchase beautifully crafted souvenirs like wooden carvings, beadwork, and traditional baskets, showcasing the artistic talent of local artisans in Eldoret.



Where & what to buy



Tea from Kipkebe Factory Outlet

Stock up on premium Kenyan tea directly from the source at the factory outlet, where you can find a variety of high-quality teas, including black, green, and herbal blends, favoured by tea enthusiasts worldwide.

Maasai Beaded Jewellery at Eldoret Maasai Market

Adorn yourself with traditional Maasai jewellery, including intricately beaded necklaces, bracelets, and earrings, sold by Maasai artisans at this vibrant market, showcasing Kenya's rich cultural heritage.



Fresh Produce at Eldoret Municipal Market

Explore the vibrant market stalls brimming with a colourful array of fruits, vegetables, and spices, offering a taste of Kenya's agricultural bounty and bustling local culture.



Fabric at Eldoret Markets

Browse through a wide selection of fabrics, including colourful kangas, kitenges, and African prints, at the textile market, where you can find materials for traditional Kenyan attire and contemporary fashion projects alike.



Eat Right



Nyama Choma at Eldoret Sports Club



Indulge in succulent grilled meats, including beef, goat, and chicken, at the Eldoret Sports Club's renowned Nyama Choma spot, accompanied by traditional sides like ugali and kachumbari.

Chapati and Pilau at Rupa's Mall



Savor flavourful chapatis and aromatic pilau rice at Rupa's Mall food court, where you can enjoy authentic Kenyan cuisine in a casual setting favoured by locals and visitors alike.

Mandazi and Chai at Eldoret Municipal Market



Start your day with freshly fried mandazis, a popular Kenyan pastry, paired with piping hot chai tea from the bustling stalls of Eldoret Municipal Market, offering a delicious breakfast experience amidst the city's vibrant atmosphere.

Ugali and Sukuma Wiki at Restaurants



Sample Kenya's staple dish, ugali (maize meal), served with sukuma wiki (collard greens), at restaurants across the city. Some of the good ones are Kerio Dreams and Kwa Bhupe Restaurant and Bar (formerly Mamma Mia's).

Samaki Wa Kupaka at Poa Place Resort



Delight in samaki wa kupaka, Swahili-style grilled fish marinated in coconut milk and spices, at Poa Place Resort's restaurant, where you can enjoy fresh seafood dishes amidst scenic surroundings and family-friendly amenities.