

Map not to scale



NAMPULA

Nampula, a bustling commercial hub in Mozambique, is an exciting blend of historical sites, vibrant markets and natural wonders. From cultural landmarks to culinary delights, Nampula offers a rich tapestry of experiences.

Essentials

Currency: Mozambican Metical

Language: Portuguese



What to see



PS- Please check before visiting

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Catedral Nossa Senhora de Fátima



Admire the striking architecture of the city's main cathedral, a symbol of Mozambique's Catholic heritage. A grand cathedral dating from the late colonial period, this was built by the Portuguese. It's beautifully decorated with colourful stained glass.

Ilha de Mozambique



Take a three hour drive and step back in time on this UNESCO World Heritage Site, known for its colonial architecture, historic forts and vibrant culture.



Experiences

01

Scuba Diving at Ilha de Moçambique



Explore vibrant coral reefs teeming with marine life, including colourful fish, turtles, and reef sharks, in the crystal-clear waters surrounding this historic island.

02

Take a short trip to Angoche



Around 142 km from Nampula lies the beautiful town of Angoche, a quaint coastal town.



Image Source: Wikimedia commons

Capulanas

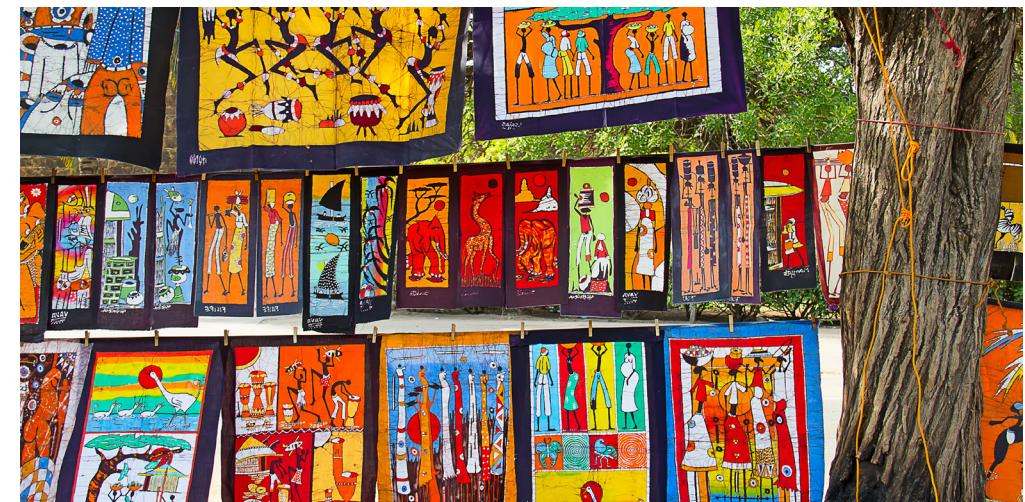
Purchase vibrant capulana fabrics, adorned with intricate patterns and used for clothing, accessories, and home decor, at Nampula Central Market or local textile shops.



Where & what to buy

Handicrafts

Browse handmade crafts such as wooden carvings, baskets, and jewellery, crafted by local artisans and sold at markets.



Artworks

You can buy paintings, sculptures, and ceramics reflecting Mozambique's cultural heritage, available at art galleries and craft markets in Nampula.



Eat Right



Frango à Zambeziana



Indulge in grilled chicken marinated in a savoury sauce made with coconut milk and spices, served with rice.

Matapa



Taste Mozambique's traditional dish of cassava leaves cooked in coconut milk with peanuts and spices, available at local eateries.

Pastéis de Nata



Treat yourself to Portuguese custard tarts, a sweet pastry delight, sold at cafes and bakeries across Nampula.