

Map not to scale



# DOUALA

Douala's heart beats with Cameroon's rhythm. Explore its colonial past and then dive into vibrant markets overflowing with spices and crafts. Sample fresh seafood by the Wouri River, or venture to Douala's beaches for relaxation. This energetic city is a gateway to Cameroon's natural wonders.



## What to see

01



Image Source: Wikipedia

### The Cathedral of Saints Peter and Paul

Admire the impressive architecture of this famous church, a historic landmark in Douala, known for its neo-Gothic style and towering spires, offering a glimpse into the city's colonial past and religious heritage.

02

### Marché Sandaga

Immerse yourself in the vibrant atmosphere of Marché Sandaga, Douala's largest market, where bustling stalls offer everything from fresh produce and local crafts to clothing and electronics, providing a sensory feast and cultural experience in the heart of the city.

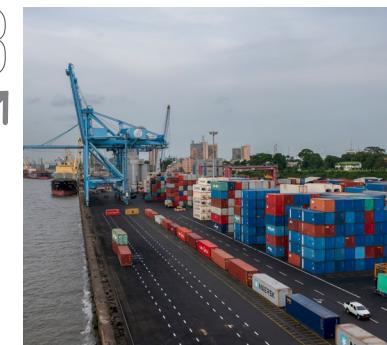
PS- Please check before visiting

cityscape.aero



## Douala Port

03



Witness the bustling activity of Douala Port, one of the busiest seaports in Central Africa, where cargo ships, fishing boats, and ferries ply the waters of the Wouri River, offering a glimpse into the city's economic importance and maritime heritage.

## Akwa Palace

04

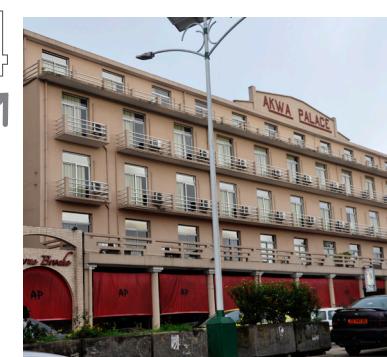


Image Source: Wikimedia commons

Step back in time at Akwa Palace, a historic hotel in Douala's Akwa district, known for its elegant architecture and colonial-era charm, offering a glimpse into the city's past as a hub of trade and diplomacy in the region.



# Experiences

01

## Hiking Mount Cameroon



Embark on a thrilling adventure to Mount Cameroon, Africa's highest peak, where you can trek through lush rainforests, volcanic landscapes, and alpine meadows while enjoying panoramic views of Douala and the surrounding coastline.

02

## Bird watching at Douala-Edéa Wildlife Reserve



Immerse yourself in the rich biodiversity of this famous Reserve on a bird watching excursion, spotting a diverse array of avian species, including kingfishers, herons, and African fish eagles, while exploring pristine wetlands, forests, and savannas teeming with life.

03

## Zip-lining at Chutes de la Lobé



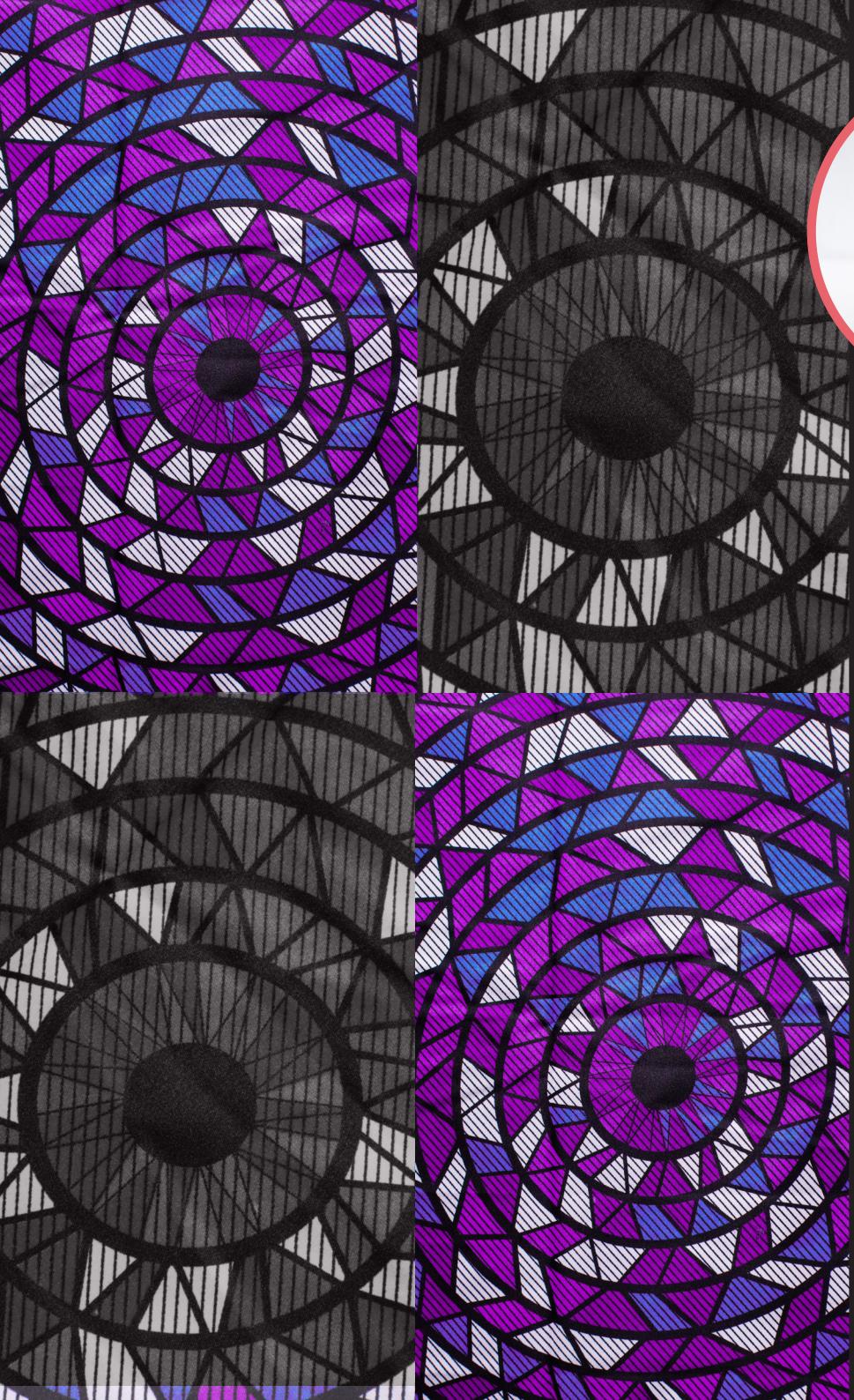
Feel the adrenaline rush as you zip-line through the treetops at Chutes de la Lobé, a stunning waterfall located near Douala, offering an exhilarating aerial perspective of the cascading waters and lush vegetation of this picturesque natural attraction.

04

## Biking in Douala's Akwa District



Discover the bustling streets and vibrant neighbourhoods of Douala's Akwa district on a biking adventure, pedalling through colourful markets, lively squares, and historic landmarks while experiencing the city's dynamic culture and urban energy from a unique perspective.



### Traditional Crafts at Marché des Fleurs

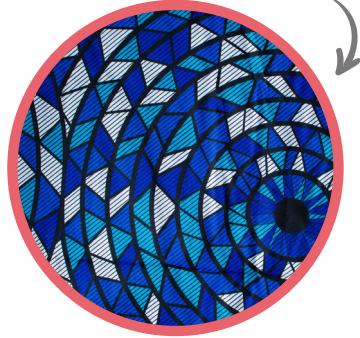
Discover a variety of traditional crafts, beautiful flowers and woven baskets at Marché des Fleurs in Douala, where local artisans showcase their handmade creations, offering unique souvenirs and gifts that reflect Cameroon's rich cultural heritage.



## Where & what to buy

### Ankara Fabrics at Marché Congo

Browse a wide selection of vibrant Ankara fabrics at Marché Congo, a bustling market in Douala, where vendors display rolls of colourful prints and patterns, perfect for creating clothing, accessories, or home décor items that celebrate African style and craftsmanship.



### Fresh Produce at Marché de la Légion

Explore the stalls of Marché de la Légion to find an array of fresh fruits, vegetables, and spices, sourced from local farms and producers in Douala, offering a taste of Cameroon's diverse culinary offerings and the opportunity to support small-scale agriculture.



### Souvenirs at Marché de Bonanjo

Shop for souvenirs and trinkets at Marché de Bonanjo, a vibrant market in Douala's city centre, where vendors sell a variety of items, including key chains, postcards, and traditional crafts, providing mementos of your time in Cameroon's largest city.





# Eat Right



## Ndolé at Chez Wou



Indulge in Cameroon's national dish, ndolé, a hearty stew made with bitter leaf, peanuts, and meat or fish, at Chez Wou in Douala, where you can savour authentic flavours in a cozy atmosphere.

## Suya at Marché Mboppi



Sample suya, spicy skewered meat grilled over open flames, at Marché Mboppi, a bustling market in Douala, where vendors offer a variety of meats seasoned with aromatic spices, providing a flavourful street food experience.

## Poulet DG at Le Buffle Noir



Enjoy poulet DG, a popular Cameroonian dish of fried chicken and plantains in a rich tomato sauce, at Le Buffle Noir in Douala, known for its generous portions and home-style cooking.

## Fish Pepper Soup at Marché Central de Douala



Taste fish pepper soup, a spicy and aromatic broth made with fresh fish, herbs, and spices, at this famous Restaurant in Douala, where vendors serve up piping hot bowls of this comforting dish, perfect for warming up on a chilly day.

## Brochettes at Chez Stéphanie



Feast on brochettes, grilled skewers of meat or fish marinated in a flavorful sauce, at Chez Stéphanie in Douala, a popular spot for enjoying this tasty street food staple in a lively outdoor setting.