

IBPYP Newsletter

July 2021-Volume 1

From Principal's Desk.....

Be kind whenever possible. It is always possible. – The Dalai Lama

From our birth, kindness is sewn into the framework of our DNA. As newborns, we are bestowed with the kindness of our parents' nurturing for the ensuing years. Most people pursue fame or wealth, believing that these hold the key to their happiness. Yet when they attain success, they long for their former life having underestimated the trap-pings they come with.

Science itself has now shown that sharing resources with others, rather than keeping them for ourselves, brings about lasting well-being. Many colleges, including Harvard, are therefore now emphasizing kindness on the applications for admission.

One can practice kindness in so many ways. We need to be willing to look out for those who are in need. A kind word, a smile, opening the door, or helping some one carry a heavy load can all be acts of kindness. Celebrating someone you love, giving honest compliments, sending an email thanking someone and helping an elderly neighbour, are all ideas about how to practice kindness.



One must keep in mind that kindness eventually affects both the user and the experience, leaving a lasting impression on both.

Ms. Girdhar Kumari

Principal



News from PYP Coordinator

“A good start is half the battle”-Plato



Our learning journey this year began with a positive start amidst the pandemic still in the air.

Our facilitators took up various PD workshops to empower themselves with updated teaching methodology and enhance their digital skills in the summer break.

With commendations from the evaluating team, motivated teachers, satisfied parents and happy learners, the year commenced with inquiry into the Transdisciplinary theme-WHO WE ARE for grades Early Years to 5. This session we are focusing on provoking student-initiated action through various guest speakers and virtual trips. To encourage competitive spirit in our learners, various Inter House activities are planned. To begin with, our learners enthusiastically participated in Inter House Art, Story Narration and Elocution Competition and many more planned for the session.

Celebrations add value and help a child understand the belief and culture behind it. Celebrations @ Sanskar are always exciting to witness. Father's Day, International Yoga Day, International Mother Earth Day was celebrated with great zeal and fervor by students, thus accepting and realizing their responsibilities towards wider community. We at Sanskar consistently try to develop caring & responsible young citizens of the world who accept and acknowledge that other people with different perspectives may also be right thus fostering International Mindedness within the community.

Although we miss all the chirping and hustle-bustle of our children on the campus, our teachers enjoy the online time with students thoroughly with a hope of coming back to basics soon.

Ms. Smita Benuskar
PYP Coordinator



Virtual Celebrations@Sanskar

Mother's Day Celebration-8th May 2021

With a view to imbibe family values and celebrating essence of motherhood in the tech- driven 21st century, the students of Sanskar School enthusiastically celebrated Mother's Day virtually on 8th May 2021. In spirit of the special day, students of grades Pre-primary to V made beautiful cards, wrote and recited poems expressing their deep love and closeness to their mothers.



World Environment Day -5th June 2021

Every year it is celebrated on 5th June since 1974 as a UN sponsored event. It is a day celebrated to appreciate and pledge to take care of our earth and the environment.

In simple words, it is a day to make people more accountable for the environmental damage they do. It seeks to generate a sense of responsibility towards the environment – in the people and the governments as well.

Keeping this in mind, Sanskar school celebrated the day with a host of activities like poster making, slogan writing, planting saplings and other enriching activities that helped students realise the importance and need to conserve the environment.



Virtual Celebrations@Sanskar

International Father's Day-20th June 2021

"A father is neither an anchor to hold us back nor a sail to take us there, but a guiding light whose love shows us the way" – Unknown

On the occasion of International Father's Day (20th June, 2021), Sanskar School organized some activities for students like making greeting cards and bookmarks for fathers, helping their dads to clean their bike/car and any other gesture to make this day a memorable one for their father and add an everlasting smile to his face.

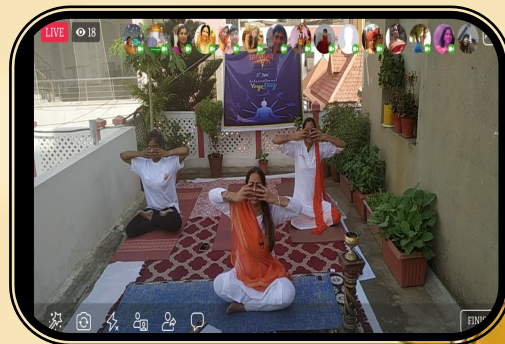
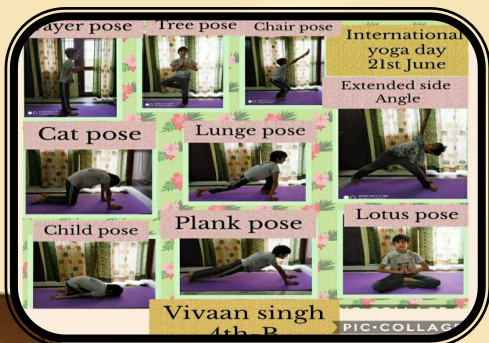


International Yoga Day-21st June 2021

To mark the 7th International Yoga Day, Sanskar School conducted a Virtual Yoga Session for parents, teachers and students on 21 June 2021.

The response was overwhelming and was full to its capacity for the online session. The parents and students kept themselves connected through Facebook too. The Principals, Mrs Girdhar Kumari and Mrs Neelam Bhardwaj, in their address stressed on the importance of following yoga in daily life and motivated the participants to imbibe and inculcate the habit of following yogic exercise throughout their life.

The students were introduced to many Yoga Asanas and were told the benefits of each of the introduced and practiced Asanas.

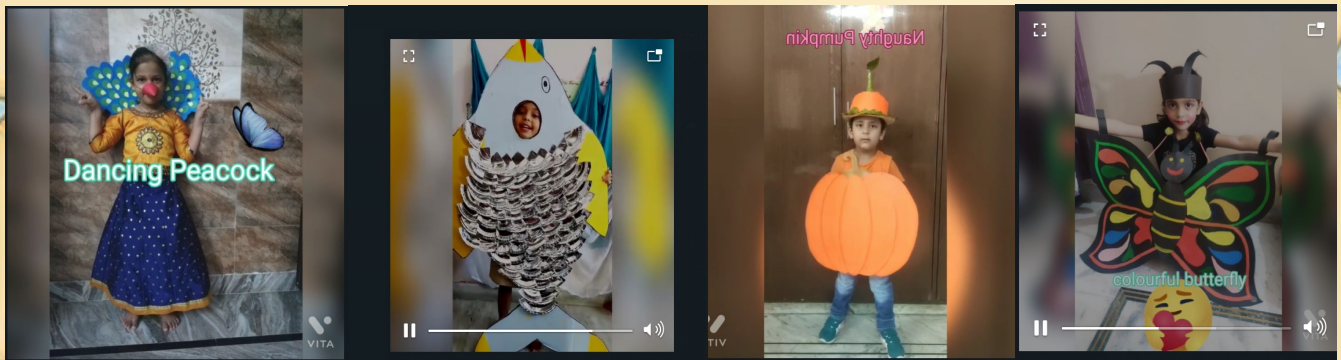


Virtual Celebrations@Early Years

Fancy Dress Show- 16th July 2021

“The most beautiful world is entered through imagination.” - Helen Keller

To encourage our tiny tots of early years, Sanskar School organised a virtual fancy dress show to express their point of view of the world around them. They were encouraged to dress up as plants, animals, birds and insects. Although perceived as a mere fun activity, fancy dress is of great benefit to children from early years for building their imagination and vocabulary. They practiced different emotions and used their language skills to communicate. Through their enthusiasm and colourful imagination, the event turned into a roaring success.



Virtual Celebrations@Early Years

Puppet Theatre-3rd May 2021

Puppets add life to a story, hence they can relate to them more easily and especially when they have created their own puppet. To stimulate their imagination, encourage creativity and aid their play, Sanskar School organised a Theatre Puppet Show for the tiny tots of Early Years on 3rd May'2021. They watched the story of 'Three Little Pigs' and later on they prepared their own puppet in a puppet making workshop. Puppets can teach children about their emotions. They also developed their fine motor skills by making their own puppets and using fingers to manipulate the puppets.



Virtual visit to the Zoo- 24th July 2021

Children love to watch animals outside of their storybooks and cartoons. A trip to the zoo is a chance to give life to their imagination and build an emotional connection with animals. To enable our tiny tots of Early Years to learn about animals effectively, foster cognitive development and promote empathy and compassion towards animals, Sanskar School organized a virtual visit to Mysuru Zoo.

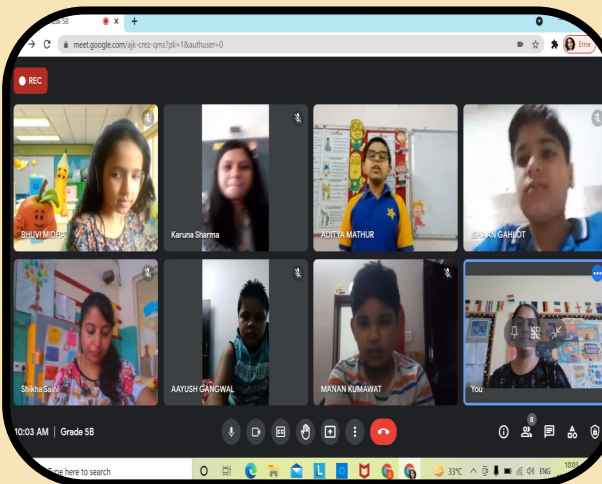
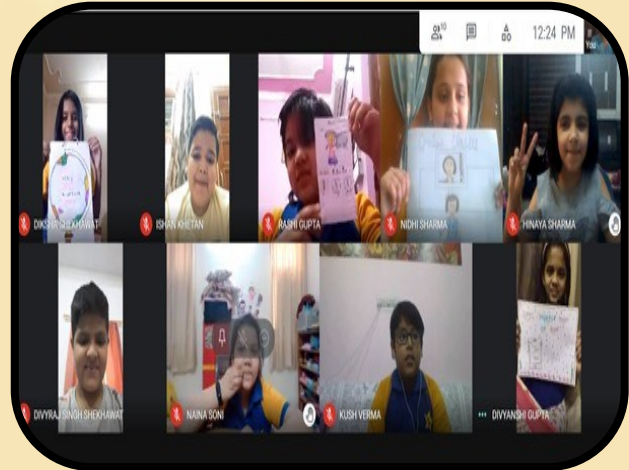
Ms Vasudha Sharma
Early Years Teacher



Virtual Inter House Competitions@Sanskar

Our students participate in various Inter House Competitions to help them identify their strengths and innate talents. They thoroughly enjoyed and appreciated their peers exhibition during these competitions. The session commenced with competitions like Inter House Art, Inter House English Elocution and Inter House Story Narration Competition for our primary students.

Here are some glimpses:-



Learning never ceases@Sanskar...

Grade Early Years

Learning about family works as a precursor to introduce preschoolers to themselves and their community.

Little champs of Vatika learned about the concept- Family and people around me, under the TD theme –WHO WE ARE.

Under this theme, learners understood and realized the importance of people in their surroundings. They communicated about themselves and connected their routine with their family members. Learners also enhanced their vocabulary associated with names and relationship with their family members.

Knowing oneself is the first attempt to introduction. Learners explored their knowledge by knowing about five senses and their functions. They enthusiastically participated and shared their learning by various tasks/activities related to sense organs and body parts. That helped them to know more about themselves and their personal hygiene, cleanliness and wellbeing.

[We are knowledgeable tiny tots \(click here to view our learning journey\)](#)

Ms. Shikha Saini

Early Years Coordinator



Learning never ceases@Sanskar...

Grade 1

Under the Theme-Who We Are, students were encouraged to make balanced choices in their daily routine by taking care of their eating habits, personal hygiene and by being physically active. They were motivated to eat healthy food, wash hands before and after meals and exercise daily through stories, discussions and audio-visual aid during online classes. Learners inquired and reflected about consequences of good and bad choices. They developed self management skill while reflecting about the balanced choices in their daily routine.

Unit 2 - 'Where we are in Place and Time' provided learners the opportunity to become knowledgeable about various types of houses in different climatic conditions. They explored various types of houses around the world through videos, images and virtual field trips. Learners made their own houses using blocks and drawing. Learners were also able to express about the different parts of their own house.

Learners enthusiastically participated in Virtual Inter House Art, English Elocution and Story narration competitions.

[We are true inquirers \(click here to view our learning journey\)](#)

Ms. Shuchita Mathur

Grade 1 Coordinator



Learning never ceases@Sanskar...

Grade 2

The academic session began with well-prepared community equipped to face the challenges of online learning and teaching as now the learners were well acquainted with the environment of online learning. To make it more enthusiastic, engaging and challenging we have used various interesting apps like Kahoot Quiz, Answergarden, name of wheel and many more.

As we commenced our TD theme – Who we are, learners enthusiastically explored central idea- The way we conduct ourselves convey who we are. A guest lecture by Dr. Avisha Mathur on Emotional Well Being in children helped them to understand the importance of well-being. She made learners aware about various emotions and the ways to deal with them. She shared some techniques such as the power of prayer, communication of emotions, Yog mudras and recreational activities. They framed essential agreements for themselves at home, at school and during PE activities. Learners enjoyed storytelling, dance, and music classes.

Learners explored TD Theme – How we organize ourselves under Central idea- Public places establish connection and sense of community. They enthusiastically participated and reflected on virtual trips to school, garden gym, library, hospital, and bank. Learners explored characteristics and purposes of different public places through virtual trips and the inquiry was conducted through brainstorming. The learners exhibited their understanding through drawing, writing and interactions. We saw them emerging as caring and responsible young citizens during the learning.

[We are principled young learners \(click here to view our learning journey\)](#)

Ms. Garima Rawat

Grade 2 Coordinator



Learning never ceases@Sanskar...

Grade 3

In the theme Who We Are learners enthusiastically enhanced their understanding about different nutrients of food through mind map and food pyramid. They were motivated to track and present their healthy meals in a day. Learners further enriched their understanding about yoga, exercise, reading books, balanced diet through guest lectures. Research work done by them on different topics like food nutrients, deficiency diseases, body systems, nutritional value of food items supported them in becoming inquirers and knowledgeable learners. They exhibited self- management skills during guest lectures. A shift in attitude had been witnessed as they became responsible towards their personal hygiene and balanced eating habits.

In the theme Where we are in place and time learners understood the variability in geographical features around the world (mountains, plains, plateaus, valleys, deserts etc.) They were able to identify the causes- how people's lifestyle depends on the place they live in (food, dressing style, occupation, hobbies etc.) They understood how activities carried by people leaves an impact on the landforms and also suggest ways that will help to protect the earth's ecosystems. Overall it was a great learning experience for the learners as well as the teachers and parents, even though the theme was done virtually during this session, due to CoVID-19.

[We are principled and balanced learners \(click here to see the video\)](#)

Ms. Deepika Seth

Grade 3 Coordinator



Learning never ceases@Sanskar...

Grade 4

Under the TD theme Who we are, learners were able to describe who are role models and were also able to reflect upon the qualities possessed by them. Learners used their thinking skills to select their role models, they had their individual perspective and explained as to why they selected a particular person as their role model. They became Inquirers and used their Research Skills to find out about the struggles and the achievements of their role models, and reflected on their positive qualities which inspired them.

It was very heartwarming as a facilitator to see the learner choosing their role models like Virat Kohli, A P J Abdul Kalam, Narendra Modi, Mithali Raj, Martin Luther King, Mother Teresa, and many more. The learners developed values like honesty, love for young ones, respect for elders, discipline, co-operation, kindness for others, and last but not the least, love for humanity and nature.

In the theme How the world works, learners were curious to learn and research on types of flora and fauna found on planet earth. They were given an opportunity to inquire about the various ecosystems and the interdependence within and between the ecosystems through food chains and food webs.

They applied their Thinking Skills effectively in order to analyze the impact of human action on various ecosystems. They extended their understanding of the effect of human impact by researching on extinct and endangered animals and plants. It was nice to see that they were able to suggest different ways to maintain the balance of nature, thus realizing their responsibility towards our planet earth.

[Balanced and risk taker Grade 4 \(click here to see the video\)](#)

Ms. Shalini Mathur

Grade 4 Coordinator



