# **WiFi Health Monitoring System**

#### **Abstract:**

The WiFi Health Monitoring System is a project aimed at developing a real-time health monitoring solution using readily available components and wireless connectivity. The system enables the monitoring of vital health parameters such as heart rate, blood oxygen saturation, and body temperature, with data transmission and visualization facilitated through Firebase. This report details the design, implementation, testing, and future improvements of the WiFi Health Monitoring System.

#### 1. Introduction:

The WiFi Health Monitoring System project aims to address the need for convenient and non-invasive health monitoring solutions. By leveraging wireless connectivity and cloud-based data management, the system provides real-time access to vital health parameters, allowing users to track their health status efficiently.

## 2. Objectives:

The primary objectives of the project are as follows:

- Develop a system for real-time monitoring of heart rate, blood oxygen saturation, and body temperature.
- Implement wireless data transmission and storage using Firebase.
- Create a user-friendly interface for data visualization and access.

### 3. Design Process:

The design process involved the following steps:

- Component selection: Choose appropriate sensors, microcontroller, and wireless module.
- Circuit design: Design the circuitry for sensor interfacing and wireless communication.
- Data transmission: Implement data transmission protocols for sending sensor data to Firebase.

- User interface: Develop a web-based interface for data visualization and access.

# 4. Components Used:

The following components were used in the project:

- Pulse Sensor Amped
- DS18B20 Temperature Sensor
- Arduino Uno
- ESP8266 WiFi Module
- Firebase Realtime Database

# 5. Implementation:

The implementation of the WiFi Health Monitoring System included the following steps:

- Circuit assembly: Connect sensors, microcontroller, and WiFi module according to the circuit diagram.
- Software development: Write code to read sensor data, transmit data to Firebase, and create the user interface.
- Testing: Test the system for sensor accuracy, data transmission reliability, and user interface functionality.

### 6. Testing and Results:

Testing of the WiFi Health Monitoring System included:

- Sensor accuracy testing: Compare sensor readings with established medical devices.
- Data transmission testing: Evaluate the stability and reliability of data transmission to Firebase.
- User interface testing: Assess the usability and responsiveness of the web-based interface.

### 7. Challenges Faced:

Challenges encountered during the project included:

- Sensor calibration: Ensuring accurate and consistent sensor readings.
- Firebase integration: Configuring Firebase SDKs and ensuring seamless data transmission.
- User interface design: Designing an intuitive and informative interface for data visualization.

# 8. Future Improvements:

Future improvements for the WiFi Health Monitoring System include:

- Enhanced data analysis: Implement machine learning algorithms for data analysis and insights.
- Additional sensors: Integrate sensors for monitoring additional health parameters.
- Mobile application development: Develop a dedicated mobile app for improved user interaction.

#### 9. Conclusion:

The WiFi Health Monitoring System project successfully developed a real-time health monitoring solution using readily available components and wireless connectivity. The system provides users with convenient access to vital health parameters, facilitating proactive health management and monitoring.