

## PROJECT: ANALYZING STUDENTS' MENTAL HEALTH



Does going to university in a different country affect your mental health? A Japanese international university surveyed its students in 2018 and published a study the following year that was approved by several ethical and regulatory boards.

The study found that international students have a higher risk of mental health difficulties than the general population, and that social connectedness (belonging to a social group) and acculturative stress (stress associated with joining a new culture) are predictive of depression.

Explore the `students` data using PostgreSQL to find out if you would come to a similar conclusion for international students and see if the length of stay is a contributing factor.

Here is a data description of the columns you may find helpful.

Field Name	Description
<code>inter_dom</code>	Types of students (international or domestic)
<code>japanese_cate</code>	Japanese language proficiency
<code>english_cate</code>	English language proficiency
<code>academic</code>	Current academic level (undergraduate or graduate)
<code>age</code>	Current age of student
<code>stay</code>	Current length of stay in years
<code>todep</code>	Total score of depression (PHQ-9 test)
<code>tosc</code>	Total score of social connectedness (SCS test)
<code>toas</code>	Total score of acculturative stress (ASISS test)


 Projects Data DataFrame as students

-- Run this code to view the data in students

```
SELECT *
FROM students;
```

...	↑↓	i..	...	↑↓	...	↑↓	...	↑↓	...	↑↓	...	↑↓	s.	...	↑↓	...	↑↓	japane...	...	↑↓	...	↑↓	engli...	...	↑↓	...	
77		Inter			SA		Female		Under		24		4		3		Medium		4		High		5		High		No
78		Inter			SEA		Female		Under		21		3		3		Medium		3		Average		2		Low		Yes
79		Inter			SEA		Female		Under		20		2		2		Medium		3		Average		4		High		No
80		Inter			EA		Male		Under		23		4		3		Medium		2		Low		2		Low		Yes
81		Inter			EA		Female		Under		19		2		1		Short		4		High		3		Average		No
82		Inter			SEA		Female		Under		19		2		1		Short		3		Average		4		High		Yes
83		Inter			EA		Male		Under		19		2		1		Short		4		High		4		High		No
84		Inter			SEA		Male		Under		20		2		1		Short		1		Low		4		High		No
85		Inter			SEA		Male		Under		20		2		1		Short		2		Low		4		High		No
86		Inter			EA		Male		Under		21		3		3		Medium		4		High		4		High		No
87		Inter			SEA		Female		Under		21		3		4		Long		3		Average		5		High		Yes
88		Inter			EA		Male		Under		21		3		4		Long		4		High		4		High		Yes
89		Inter			EA		Female		Under		18		1		2		Medium		4		High		4		High		No
90		Inter			EA		Male		Under		19		2		1		Short		2		Low		3		Average		No
91		Inter			SEA		Female		Under		21		3		2		Medium		3		Average		4		High		No
92		Inter			SEA		Female		Under		18		1		1		Short		1		Low		3		Average		Yes

Rows: 286

 Projects Data DataFrame as df

-- Find the number of international students and their average scores by length of stay, in descending order of length of stay

```
SELECT stay,
       COUNT(*) AS count_int,
       ROUND(AVG(todep), 2) AS average_phq,
       ROUND(AVG(tosc), 2) AS average_scs,
       ROUND(AVG(toas), 2) AS average_as
FROM students
WHERE inter_dom = 'Inter'
GROUP BY stay
ORDER BY stay DESC;
```

index	...	↑↓	stay	...	↑↓	count_int	...	↑↓	average_phq	...	↑↓	average_scs	...	↑↓	average_as	...	↑↓	
		0			10			1			13			32			50	
		1			8			1			10			44			65	
		2			7			1			4			48			45	
		3			6			3			6			38			58.67	
		4			5			1			0			34			91	
		5			4			14			8.57			33.93			87.71	
		6			3			46			9.09			37.13			78	
		7			2			39			8.28			37.08			77.67	
		8			1			95			7.48			38.11			72.8	

Rows: 9