Anita didwani

Pts age :43yrs

Pd:sarcoidosis +++

Was 73 and now 92kgs

c/c:pt has been diagnose diwths ame sincde 2 yrs

and since than on steroids

now she is on tab wysolone 10 mg now 2 weeks and then 5 mg 1 daily

folitra x 2.5mg twice daily on sat and Sunday

tab folvite

beradon

neurokind plus 1

on exertion sudden breathlessness and deep breathing

was on yoga nd wa sine but now with closed room and exertion I get problem recently dr said scans hwos her trouble has spreaded

t/t:ns

ass comp:menses irregular cos steroids and swelling too much on body ace

f/h:many people in family has asthma inclusing father and siblings

personal h/o:

apettite: good try to eat less and hunger is fin e for 2meals

thirst:4liters

motions :regualr

sweat:profuse and very very excess

sleep:good no problem

stress:even if I have I leave it and was in joint family and lot of stress

by mistake I was treated 6mntsh by one dr for tb and other dr was very upset with whoel thing

now if naybody says anything I cnat take at all

in joint family I took lot of shit and so gave up / marwadi and so much stress and problem very big family and lot of stress

even here if I us eto wear dress mil use to call and say why u are wearing dress

rx:

medorrhinum 1m stat send in cbain

antim tart 30 alt kali bich 30 alt ars alb 30 3dose dialy 3 strisp2 weeks

blatta orientlais mt 8drops twice daily in warm water

fu 25-9-13

meetu mam got her rx:of allo dr cos she had severe pai and feverish feeling

rx:

wysolone 5 morning and 2.5 night

hcqs: 200 ater dinner

folitrax 2.5 1………………….1 sat 1…………………1 Sunday

rx:

sos

febrisan alt rt1 every 2hrly 1strips

fu 1-10-13

swelling feeling more since this hcq dos eincreased

had sideeetc of itching all over body

pt has breathlessness on exertion like climbing stairs /

night I get dry cough

rx:

thuja 200 2 ¼

ars alb 30 alt ipecac 30 alt nat sulp 30 3dose daily3 strisp 2weeks

rumex 30 alt spongia 30 alt antim tart 30 3dose dialy 3strip 2weeks

blatta orientlais mt 8drops twice daily in warm water

fu 21-10-13

pt hs discharge form nipple and some liquid leaked

mammography done is normal

thyroid normal tsh4.65

prolactine high47.26(1.2-29.93)

gynaec has prescribed bromocyst 2.5ml once a day but said to inform regualr dr (dr zarif udwadia )

pts ays sos fever finished and

breathlesness so better in between has again relapsed

rx:

ars alb 30 alt ipecac 30 alt nat sulp 30 3dose DAILY 4STRISP3 WEEKS

rumex 30 alt spongia 30 alt antim tart 30 3dose DAILY 4STRISP 3WEEKS

blatta orientlais mt 8drops twice daily in warm water

sos

febrisan alt rt1 every 2hrly 2strips