Manisha Mehta

Pts age :35yrs

Pd:6yrs

Staretd post marriage and now I am divorced

Consulted dr pornima mhatre laser treatment done

Eye clean cream was helping

But than again relapsed

Its only on face and nowhere else

Had very flawless skin

Basically from jammu and Kashmir -inmumbai since 2005 that’s post marriage and got divorced recently

Within 6mnths of cuming to mumabi melasma started

Stress levels were not much for 3yrs post marriage late ronly it staretd so only change was climate

Menses :regualr no problem at all

Hormonal test done all normal

t/t:ucroma and retino and now stopped since 1months

ass comp:

sometimes hyperacididty so I take eno

I eat regularly than can avoid acididty

Acidity andskin patch has worsened since things went bad

Divorced and in nov will get final things –it was mutual and smooth not very strenuous

Past illness:ns

f/h:father:and mother :htn

once in yr I go to jammu Kashmir

personal h/o:

apettite :average fruist not dialy but I take I want to but no time

thirst :1liter

motions:clear

menses:regualr

sleep:8hrs sound

stress:yes

migraine happens often wheni go in sun and since 10th std I have it

monthly 3-4 times –I us eto take vasogriane but now as sister in usa she has sent ssome antimigriane tablets helps immediately<sun /skip melas and sleep less

basically Punjabi.

rx-sepia 200 1st 2 dose

ars alb alt sac lac 3 dose daily with nat mur 6x 3 strips

berberis aqua m.t. 8 drps morning

fu 19-10-13

I us elot fo make up so not seen much otherwise has a lot of it

Multivit said to continue 3months or sister ha got some from usa and its good I said she can continue with same

Having green tea regularly

Rx:

ars alb alt sac lac 3 dose daily with nat mur 6x 8strips 40 days

berberis aqua m.t. 8 drps morning 1btls