Mr gupta

Pts age :2nd nov 1973---39yrs

Pd:1.)recurrent cough sicne 2 yrs its getting perennial

2)Snoring

3)In 1999 I went abroad and was more on non veg food and since than my holding power of stomach reduced

Now situation is after food every meal I have t rush for stools

Ater food if takes coffee than surely gets this sensation of motions .(black coffee)

4)Mpb:

c/c:

recurrent cough issue is since 10-11 yrs

dns slight and no nose block no sneezing and chets s clear most of the time

t/t:

nuxvomica 1m stat given

ars alb 30 alt lemna minro 6c alt sabadilla 30 with nat sulp 6x 3dose daily 3strisp 2weeks

sambucus 30 1strisp 1dose daily night in hot water stri it 20 times and have it

FU 28-9-13

COUGH SIN BETTER HAD TAKEN ANTIBIOTCIS ONLY ONCE DAILYF RO 3 DAYS

OTEHRWIE COULD MANAGE WITHOOUT ALLO MED AND WHENEVER HAD URGE FOR COUGH HOT WATE RSIPPPING HEPED

Snoring is their but req and intensity has reduced

Dark green mucus comes out

Earlier when us eto brush cough us eto come out no has reduced majorly

One more problem I face regularly is acididty and morning ater breakftas I always have burning in oesophagus and this is only post breakfast and nevet ater lunch and dinner

This problem I had long back was good since 3months and now again relapsed sicne 2 weeks

Rx:

Thuja 200 2 1/4

ars alb 30 alt lemna minro 6c alt sabadilla 30 with nat sulp 6x 3dose daily 3strisp 2weeks

sambucus 30 1strisp 1dose daily night in hot water stri it 20 times and have it

fu 20-10-13

cough still same but snoring slight reduced

ibs stil continues and everyd ay morning 3-4 tiems I go for motions

rx:

nuxvomica 200 night sulphur 200 morning in 1st strip

ars alb 30 alt lemna minro 6c alt sabadilla 30 with nat sulp 6x 3dose daily 6strisp 4weeks

sambucus 30 2strisp 1dose daily night

sos cough:

drosera 30 alt spongia 30 alt bell 30 every 2hrl 2strips