Vishwas gaikwad

Pts age :58yrs

Pd:

Once operated first for piels 6yr sback

26th Jan 2013 pile s operated and since 2-3 months lower back pain so bad I did t knew what to do

Whene xercise even elbow pains -

After piles constipation not cured

No test done no xray done and no reports doen just came to us

Lower back pain even radiates to rt lower limb and it pulling pain form right gliteal to feet(sciatica pain)

<rising fomr seated or lying position

Ass comp:in jan operated for piles oresle bleeding is what I usually had form 20 yrs and had been pale cos loss of blood

Constipation still prevails

Past illness: rt eye loss both eye had cataract problem and operated and rt eye had started losing visison but still I kept working busy and when iwnet tod r it was too late

Occupation :was working in hotel line and so was working in night shift -I was in food and beverage and since than practiced only one meal in 24hrs and even now I continue with same

Now since 10yr si am at home and wife is earning I got vrs and this operation also I did cos bleeding was non stop otherwise I would have not operated my self

Family h/o:

Father had lost both eye and mummy was aptly healthy

Sister has constipation problem and snehals mother also had it

Personal h/o:

Food:controlled

Habits :drinking rare occasionally

Thirst :less cos ayur dr advsie dtod rink less water and buttermilk dirnking a lot

So now dirnks water ater evry mouthful and I feel comofrtbale this way

Sleep:I sleep 5hr sonly

Afternoon I tae 30 mins nap cos pain I feel I should sleep orelse I don’t need sleeping

Stress:ns

Rx:

Thuaj 200 stat given

Nuxvomica 200 night sulphur 200 morning

Gna[hyllum 200 alt Rt1 3dose daily 3strisp2 weeks

Fu 30-9-13

Constipation is still same

Lower back pain also persist –pain suddenly comes and goes to lower limb

Pain problem is if motiosn get clear back apin will be fine I think

I stomach is not fine I ownt feel like doing anything very disinterested in anything

Right sciatica

Rx:

Nuxvomica 1m night today

Sulphur 1m morning tomarrow

Cimicifuga 30 alt rhustox 30 alt hypericum 30 with mag phos 6x 4dose daily 4strisp 2weeks

Senna 6c 2 dose dialy2 strisp2 weeks

Passiflor amt 8drops night