Nita guru

Pts age :29yrs

Pd:uric acid :5.2/thyroid /hypotension

Very irst doagnsoe diwth thyroid last year jan

It was weight gain with too much perspiration and palpitation so got thyroid checked

Thyroid: 7-9-13

Tsh:6.5 uric acid 5.2

Thyroid:7-5-13

Tsh:2.5 uric acid :4.9

Thyroid :27-12-12

Tsh:3.17 uric acid:4.9

Thyroid 15-11-12

Tsh:0.33 uric acid:5.8

Thyroid :23-01-12

Tsh:19.48 uric acid:6.8

c/c:heel pain sinc e7-8 month and let leg whole swelling and I am not able to walk cos pain and stiffness

t/t:was with homeopathy santracruz dr vispala and no help for 1year ,later went to another homepath at oshiwara and no help for 2montsh so stopped

now left heel pain and slightr ta sl staretd

lower back pain also started in center happens

cervical portion also slight ahces

profuse sweating since thyroid started

t/t:ns

obs h/o;

married since 11yrs and daughter si 10yrs

don’t want another child

f/h:

thyroid :mother and

father diabetes and htn

1am eldest 2nd brother and 3rd sisters and youngest brother 4th

Personal h/o:

Food ;good

Thrist :good –tea 4tiems 4 big glasses of tea

Motions:regualr

Menses:didn’t got since 3-4 months sicn ethyroid staretd this is happening irregular menses

Sleep:2-2:30 I get though I go to bed ta 11:30 …morning I am in deep sleep but ha sto wake up

Exercise :nil

Weight 86.3kgs

Rx:

Medorrhinum 1m stat given

Thyroidinum 6c alt calc f 6x 2dose dialy 2strips 2weeks

Phytolacca mt 7drops twice daily

Fu 14-9-13

Pt has cum up with usg and it shows :

No calculi noted

Usg :12th sept 2013

Rt ovary : 30-23-20mm vol 7,5cc

Lt ovary :2

9-26-18mm :vol 7.5cc

Polyscystic ovarian disease

Will get her bld report next Saturday

Rx:

Urt urens 6c 2dose daily 1strisp 7days (regualr allergy)

Fu 18-9-13

Uric acid 5.2

Anti thyoid antibody:194.8 high (0-5.6)

Anti thyroid antibody atg”3.13(0-150)

Vit b12 :155

Vit d3:13.6

Advised:

Calcriol 12 in 4 months first 2weeks weekly twice and than weekl ocne 2weeks and later 15days once for 3months

Cap fefol z post dinner

Allergy rashes slight cuming but itching gone

Fu 30-9-13

Leg pain

Sicne taking injection I feel black out and giddiness and nausea alt dyas

But pain much relieved

Weight:86.2kgs

Lmp:19th sept was all fine

4 b12 injections done and 6 more remaining

Calcirol sachets 5-6 taken alt days

Night taking fefol z

Itching in body has redcued but if scratched then I still get rash

Rx:

Sulphur 200 stat given

Thyroidinum 6c alt apis mel 30 with calc f 6x 2dose dialy 2strips 2weeks

Urt urens 6c 2dose dialy2 strisp 2weeks

Phytolacca mt 7drops twice daily she has

16/10/2013 (courier)

Thyroidinum 6c alt apis mel 30 with calc f 6x 2dose dialy 4strips 4weeks

Urt urens 6c 2dose dialy 4strisp 4weeks

Phytolacca mt 7drops twice daily