Jaspreet kaur

Psta ge :23yrs

Pd:acne

c/c:acne since 17-18 and very mild now since 1week only its abd otherwise everytime with menses it flares up

psutular acne I get sometimes , white headas and black heads

area upper back sometimes

pricking ns

t/t:ns

dandruff:yes shampoo:sunsilk tried all even head and shoduelrs but no cure

hairfall wa smroe with head and hsoduelrs now its reduced

I am form delhi and since shifted to Mumbai sever hair fall and density or vol would have reduced by 15 %

menses:regualr more or less cycles never been dot regualr 4-5days either delayed or early

past illness:

sometimes back may be 2-3 montsh back stomach infection and now I am normal no problem

f/h:

father”:diabetes

paternal grand mother :htn

no body else has acne probnle

personal h/o:

stress: working and I am writer

food:average schedule erratic I sleep around 4 am and wake up 2pm and guy is also writer and he also has same life style

thirst:very less

motions:clear

sleep:8hrs

stress:none

lmp:28th aug

weight 57.9kgs

t/t:

thuja 200 2 ¼

kali brom 30 with sil 6x 2dose daily2 strisp 2weeks

berberis aqua mt 8drops morning

kali sulp 6x la 1btl weekly ocne with curd

advised:cbc /ferritin/vit b12 /vit d3/usg abd and pelvis/thyroid

fu 28-9-13

I am fine good –took medicien regularly only yesterday I forgot

I had been to delhi was all good and here again eruptios started

‘reports not done said to get it done

Weight 57.9kgs

Powder applied once and it helped on scalp

Morning rops regalr

Rx:

kali brom 30 with sil 6x 2dose daily2 strisp 2weeks

berberis aqua mt 8drops morning

kali sulp 6x la 1btl weekly ocne with curd

sos med :

viburnum opulus 30 alt colocynth 30 alt bell 30 with mag phos 6x every 45 mins 1strips