Rupesh ramgir

Pst age :22yrs

Pd:weakness++

c/c:

from very long time I have weakness problem for more than 15yrs I have stomach problem

food is enemy whatever I eat I have burning in abd

veg /non veg/spicy/non spicy/light/heavy anything I eta I have burning

I am not able to improve height weight and weakness is too much cant cope with daily routine

Working in airline and I am on desk job ++

Mentally also I feel distracted cant focus on things

I had tried homeopathy and ayurvedic and

I was put on antacid cos if something aggravates and drs always aid avoid fired and spicy

Now I want cure

I have sometime constipation sometimes diarrhea

Sweating profiuse on palsm and soles even in ac I sweat on plams and soels

Over all whole body sweats a lot

t/t:ns

ass comp:bowel movements are bad sometimes diarrheos someties constipation

graying oif hair

I get acne on and off

I am prematurely aging I want to get strong

I work in airline it requires looking stromg and healthy

Past illness:

Barium meal and usg normal

Bld test almost lot done all normal

Suagr and thyroid was normal almost 1year back

f/h:

father had hyperacididty in childhood and now he is diabetic

mummy is aptly healthy

paternal uncle :diabetic he si drnakrd and smokes alos

paternal cousin sisters :are mentally retarded go to special school

Personal h/o;

Apettite :les

Thirst :4-5gls

Motiosn if constipated than daily once and f I take some laxative or dietary changes than 3-4 times

Sleep:9-10hrs

Stress”high cos I get stressed easily

I ma introvert/inferior complex /lack of confidence /stammering sometimes /I look cute and descent

Weight 51.4kgs

Height 5.6kgs

Rx:

Sil 200 2 ¼

Robinia 6c with mag phos 6x 3dose daily 3strisp2 weeks

**Fu 4-10-13**

Cbc ;normal vitd:75 and b12:178 and ferritin 38

Weight 51.4kgs

In between feeling no change pt was on robinia mt and that worked well for him

Took reckwigs R 32 some combination didn’t help and baryta carb 10 m took twic taken 2doe in 2 days

BOWEL MOVEMENT SLIGHT BETTER AND SLIGHT BETTER WITH BURNING IN ABD

HEADACHE CONTINUES BUT INTENSITY MAY EBREDUCED

Sweating same no change weakness also same weight not gained

Tab macfolate and cap fefol z

1516 rupesh ramgir

RX:

Robinia 6c alt ars alb 30 with mag phos 6x 3dose daily 3strisp2 weeks

constipation combination tablets 2 tabs twice daily 2strisp2 weeks

Alfa alfa mt 8drops night

Fu 8-11-13.

Headache sometimes acididty on and off

But overall I feel my immunity slight improved I feels very minutely cos I can tolerate certain things

Sweating ha sincreased

RX:

Robinia 6c alt ars alb 30 with mag phos 6x 3dose daily 6strisp 4weeks

constipation combination tablets 2 tabs twice daily 4strips 4weeks

Alfa alfa mt 8drops night

Weight 51.9kgs