


**OSILLA INSTITUTE PERSONNEL
LTD.
HEALTHCARE AWARENESS DAY
2015**

GOALS:

1. To promote Health in the community.
 2. To help students gain the competence they need to become successful as a personal support worker.
 3. Enable the student to experience hands-on practical training with clients in the community.
 4. An opportunity for all the students to socialize and get to know other students and previous students of the school.
 5. An opportunity for the previous students to share their knowledge and experiences in the healthcare field.
 6. To promote the School as the leading PSW school with more than 30 years of rendering good education in the community.
 7. To have fun and create a positive atmosphere among the students instructors and the school.
- 

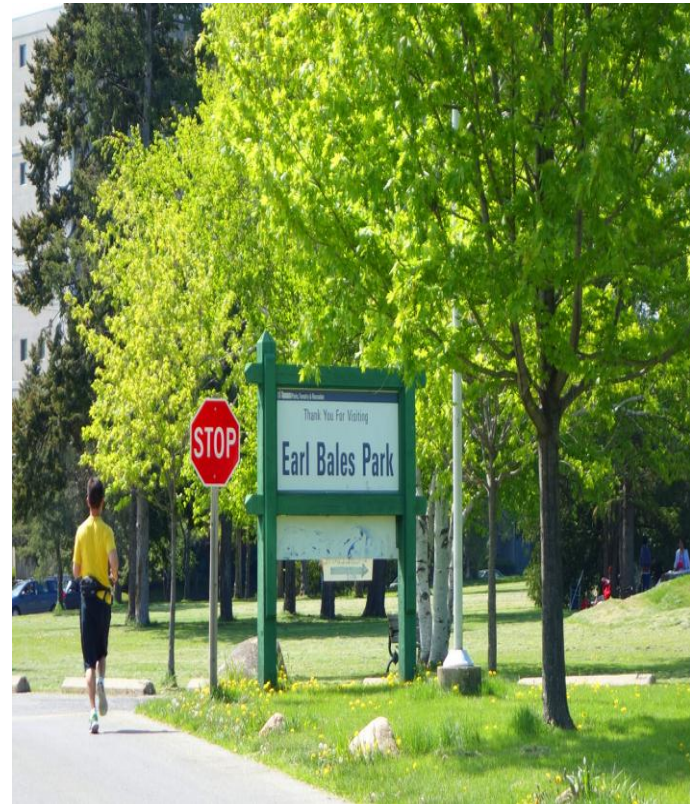
PARTICIPANTS

Active participants will be the current PSW students, Instructors, school Administrators, people at the park and from all walks of life. Previous students are also welcome to join. We encouraged students' family members and friends to join us on this special event.



LOCATION:

Earl Bales Park
4169 Bathurst St
Toronto, ON



EVENT DATE:





ACTIVITIES

BLOOD PRESSURE

Goals:

1. To gain competency in obtaining blood pressure.
2. To promote health

Students will obtain blood pressure at the park. Each participants will be graded for their skills demonstration performance as part of their curriculum. Students will be divided into groups and will work together as a team. Students are required to take the Vital sign course prior to Healthcare Awareness Day.



MEAL PREPARATION CONTEST

Goals:

1. Students will have the opportunity to plan a balanced nutritious menus
2. Students will learn different dietary needs
3. An opportunity for the students to show their skills in culinary and work together as a team

This is a competition for all the PSW students at Osilla Institute from all classes. Students are required to finish Module 7 prior to participating in the contest. Each participants will be graded for their skills demonstration performance as part of their curriculum. Students will be divided into groups and will work together as a team The winner for this competition will receive a special gift from School .



FUN GAMES AND ACTIVITIES

Healthcare Awareness is not just skills demonstration and meal preparation contest. It is also an opportunity for all the students and instructors to have fun and get to know each other. Therefore, we'd like to make it fun and memorable as much as possible. There will be fun games and activities. Special prizes will be given to winners.



WHAT TO BRING:

It is going to be a picnic party where everyone can bring foods. It is an opportunity for everyone to socialize and experience different foods from different places. The School will provide refreshments and light snacks for everyone to share.



GIFTS

All active participants will be given a gift bag as our token of appreciation for helping us succeed in our second Healthcare Awareness day:

- Bags
- Pamphlets
- Pen
- Id holder
- Water



REQUIREMENTS

All students are welcome to join. Active participants for the Blood pressure check and Meal preparation Contest must have VS training and are done with their Module 7 Meal Preparation course. Students are expected to wear their PSW shirt on Healthcare Awareness Day. Attendance will be checked during this event. Students who are doing their clinical practice can participate in the event and will have their hours included as part of their placement training. Please call the office or talk to your Instructor for further inquiries.



EVENT SET-UP AND TOOLS

- **School Banner**
- **Table A (food)**
- **Table B (school pamphlets, give-aways) – school administrator's table**
- **Table C with chairs (blood pressure check)**
- **Balloons (blue and white)**



**Osilla Institute For
Health Personnel Ltd.**

PSW Ontario



**THIS WILL BE NOT SUCCESSFUL WITHOUT YOUR SUPPORT. WE WOULD LIKE TO EXTEND OUR
WARMEST GRATITUDE IN MAKING THIS HAPPEN**

**Thank
You!**