# Literature on real-time AI-empowered echocardiography

## Miguel Xochicale

## January 7, 2022

## Contents

1	$\mathbf{Intr}$	roduction	1
	1.1	Image Quality Assessment	1
	1.2	Clustering techniques	1
		Auto-encoders	
	1.4	Segmentation	2
		Contrastive Learning	
	1.6	Others	2
<b>2</b>	Met	thods and materials	3

# 1 Introduction

In the last decades the use of echocardiography is a crucial clinical approach in Intensive Care Units (ICU) because of the advances of smaller US clinical devices, US image quality and its real-time capabilities to access cardiac anatomy [4, 15, 14, 1]. However, despite the previous advances there is still challenges on finding standard views from experienced sonographers that sometimes such quantifications are qualitative and subjective [4]. Similarly, automatic quantification of left ventricular ejection fraction (LVEF) is still challenging at the point of care due to variation of protocols, skills levels [5] and the nature of proving feedback on real-time [10].

# 1.1 Image Quality Assessment

[8] considers chamber clarity, depth gain, on-axis attributes, apical foreshoredness.

# 1.2 Clustering techniques

Zhang et al. mentioned that 23 view classes from 7168 individually labeled videos that ware classified with a 13-layer CNN to then viewed with the use of t-Distributed Stochastic Neighbor Embedding [17]. Kusunose et al. mentioned that other authors have reached an acciracy of 91-94 for 15-view classification while their work mentioned a 98.1 accuracy for five-prederminted views [7].

#### 1.3 Auto-encoders

Laumer et al. proposed a novel autoencoder-based framework to learn human interpretable representation of cardiac cycles from cardiac ultrasound data [9],

Ouyang et al. presented echo-dynamic dataset as the first annotated medical video dataset with 10,036 videos. Additionally, authors reported the use of three CNN arquitectures varing filters in each layer to assess ejection fraction to near-expert performance. It is worthwhile to note that authors got best performance with mean absolute error of 5.44% using clip length of 16 and frame rate of 4. Such error is near-expert perfonace as they can get 4-5% for skilled echochardiographers in cotrolled settings [12].

Ghorbani et al. applied convolutional neural networks of cardiac ultrasound to identify local structures, estimate cardiac function and predict pathologies. Their deep learning model, EchoNet, can identify up to 10 cardiac biometrics which results in decreasing repetitive task in the clinical flow, provide interpretation to less experienced cardiologist, and predict phenotipes. This work can predict age, sex, weight and height from echocardiogram images. Authors mention that the increase of date does not improve model training. The homogenisation of cadiac views prior to model training improved training speed and computaitonla time [6]

### 1.4 Segmentation

With the challenges of limited sampling of cardiac cycles and the considerable interobserver variability, Ouyang et al. presented a CNN model with residual connections and spatiotemporal convolutions that surpase human performance of segmentaion of left ventricle, estimation of ejection fraction and assessment of cardiomyophaty. Their model reached Dice similarity coefficient of 0.92, predicts ejection fraction with mean absolute error of 4.1% and clasify heart failure based on reduced ejection fraction [13].

# 1.5 Contrastive Learning

Methods on Contrastive Learning apparently address the challenge of required labelled data to identify pathologies in the images of dectect certain cardiac views. Recently, Chartsias et al. use contrastive learning to train imbalanced cardiac datasets and they compared a naive baseline model to achieve a F1 score of up to 26% [2] Saeed et al. recently investigated contrastive pretraining to improve the DeepLabV3 and UNET segmentation networks of cardiac structers in ultrasound imaging. Authors showed comparable results with state-of-the-art fully supervised algorithms and presents better results compared to EchoNet-Dynamic and CAMUS [11]

#### 1.6 Others

Rank-2 non-negative matrix factorization [16] to generate End-Systole and End-Diastole for apical 4 view. Recently Robust Non-negative Matrix Factorization seems to be implement low-computation cost algorithms to automatic segment mitral valve [3].

# 2 Methods and materials

# References

- [1] S. J. Campbell, R. Bechara, and S. Islam. Point-of-care ultrasound in the intensive care unit. *Clinics in Chest Medicine*, 39(1):79–97, 2018. ISSN 0272-5231. doi: https://doi.org/10.1016/j.ccm.2017.11.005. URL https://www.sciencedirect.com/science/article/pii/S0272523117301168. Interventional Pulmonology: An Update.
- [2] A. Chartsias, S. Gao, A. Mumith, J. Oliveira, K. Bhatia, B. Kainz, and A. Beqiri. Contrastive learning for view classification of echocardiograms. In J. A. Noble, S. Aylward, A. Grimwood, Z. Min, S.-L. Lee, and Y. Hu, editors, *Simplifying Medical Ultrasound*, pages 149–158, Cham, 2021. Springer International Publishing. ISBN 978-3-030-87583-1.
- [3] Y. Dukler, Y. Ge, Y. Qian, S. Yamamoto, B. Yuan, L. Zhao, A. L. Bertozzi, B. Hunter, R. Llerena, and J. T. Yen. Automatic valve segmentation in cardiac ultrasound time series data. In E. D. Angelini and B. A. Landman, editors, *Medical Imaging 2018: Image Processing*, volume 10574, pages 493 504. International Society for Optics and Photonics, SPIE, 2018. URL https://doi.org/10.1117/12.2293255.
- [4] H. Feigenbaum. Evolution of echocardiography. *Circulation*, 93(7):1321-1327, 1996. doi: 10.1161/01.CIR.93.7.1321. URL https://www.ahajournals.org/doi/abs/10.1161/01.CIR.93.7.1321.
- [5] L. C. Field, G. J. Guldan, and A. C. Finley. Echocardiography in the intensive care unit. Seminars in Cardiothoracic and Vascular Anesthesia, 15(1-2):25-39, 2011. doi: 10.1177/1089253211411734. URL https://doi.org/10.1177/1089253211411734. PMID: 21719547.
- [6] A. Ghorbani, D. Ouyang, A. Abid, B. He, J. H. Chen, R. A. Harrington, D. H. Liang, E. A. Ashley, and J. Y. Zou. Deep learning interpretation of echocardiograms. npj Digital Medicine, 3(1):10, Jan 2020. ISSN 2398-6352. doi: 10.1038/s41746-019-0216-8. URL https://doi.org/10.1038/s41746-019-0216-8.
- [7] K. Kusunose. Steps to use artificial intelligence in echocardiography. *Journal of Echocardiography*, 19(1):21–27, Mar 2021. ISSN 1880-344X. doi: 10.1007/s12574-020-00496-4. URL https://doi.org/10.1007/s12574-020-00496-4.
- [8] R. B. Labs, M. Zolgharni, and J. P. Loo. Echocardiographic image quality assessment using deep neural networks. In B. W. Papież, M. Yaqub, J. Jiao, A. I. L. Namburete, and J. A. Noble, editors, *Medical Image Understanding and Analysis*, pages 488–502, Cham, 2021. Springer International Publishing. ISBN 978-3-030-80432-9.
- [9] F. Laumer, G. Fringeli, A. Dubatovka, L. Manduchi, and J. M. Buhmann. Deepheartbeat: Latent trajectory learning of cardiac cycles using cardiac ultrasounds. In E. Alsentzer, M. B. A. McDermott, F. Falck, S. K. Sarkar, S. Roy, and S. L. Hyland, editors, *Proceedings of the Machine Learning for Health NeurIPS Workshop*, volume 136 of *Proceedings of Machine Learning Research*, pages 194–212. PMLR, 11 Dec 2020. URL https://proceedings.mlr.press/v136/laumer20a.html.

- [10] X. Liu, Y. Fan, S. Li, M. Chen, M. Li, W. K. Hau, H. Zhang, L. Xu, and A. P.-W. Lee. Deep learning-based automated left ventricular ejection fraction assessment using 2-d echocardiography. *American Journal of Physiology-Heart and Circulatory Physiology*, 321(2):H390-H399, 2021. doi: 10.1152/ajpheart.00416.2020. URL https://doi.org/10.1152/ajpheart.00416.2020. PMID: 34170197.
- [11] S. Mohamed, R. Muhtaseb, and Y. Mohammad. Is contrastive learning suitable for left ventricular segmentation in echocardiographic images?, 2021.
- [12] D. Ouyang, B. He, A. Ghorbani, L. P. Matt, A. E. A., L. D. H., and Z. J. Y. Echonetdynamic: a large new cardiac motion video data resource for medical machine learing, 2019.
- [13] D. Ouyang, B. He, A. Ghorbani, N. Yuan, J. Ebinger, C. P. Langlotz, P. A. Heidenreich, R. A. Harrington, D. H. Liang, E. A. Ashley, and J. Y. Zou. Videobased ai for beat-to-beat assessment of cardiac function. *Nature*, 580(7802): 252–256, Apr 2020. ISSN 1476-4687. doi: 10.1038/s41586-020-2145-8. URL https://doi.org/10.1038/s41586-020-2145-8.
- [14] S. Singh and A. Goyal. The origin of echocardiography: a tribute to inge edler. *Texas Heart Institute journal*, 34(4):431–438, 2007. ISSN 0730-2347. URL https://pubmed.ncbi.nlm.nih.gov/18172524. 18172524[pmid].
- [15] A. Vieillard-Baron, M. Slama, B. Cholley, G. Janvier, and P. Vignon. Echocardiography in the intensive care unit: from evolution to revolution? *Intensive Care Medicine*, 34(2):243-249, Feb 2008. ISSN 1432-1238. doi: 10.1007/s00134-007-0923-5. URL https://doi.org/10.1007/s00134-007-0923-5.
- [16] B. Yuan, S. R. Chitturi, G. Iyer, N. Li, X. Xu, R. Zhan, R. Llerena, J. T. Yen, and A. L. Bertozzi. Machine learning for cardiac ultrasound time series data. In A. Krol and B. Gimi, editors, *Medical Imaging 2017: Biomedical Applications in Molecular, Structural, and Functional Imaging*, volume 10137, pages 617 624. International Society for Optics and Photonics, SPIE, 2017. URL https://doi.org/10.1117/12.2254704.
- [17] J. Zhang, S. Gajjala, P. Agrawal, G. H. Tison, L. A. Hallock, L. Beussink-Nelson, M. H. Lassen, E. Fan, M. A. Aras, C. Jordan, K. E. Fleischmann, M. Melisko, A. Qasim, S. J. Shah, R. Bajcsy, and R. C. Deo. Fully automated echocardiogram interpretation in clinical practice. *Circulation*, 138 (16):1623-1635, 2018. doi: 10.1161/CIRCULATIONAHA.118.034338. URL https://www.ahajournals.org/doi/abs/10.1161/CIRCULATIONAHA.118.034338.