



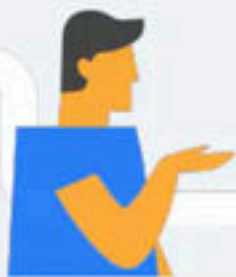
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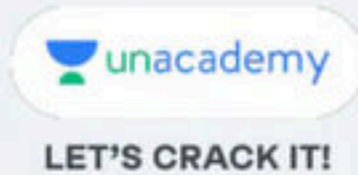
Topppers' Talk: The Power of Grit

June 26, 2020 • Saumya Pandey



A 3-Day Conclave for Civil Services Aspirants

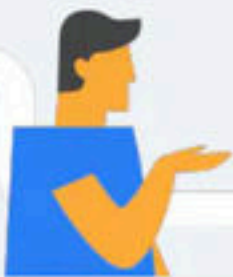




Power of Grit for success in civil services

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AIR 4, CSE 2016



Power of grit for success in civil services

- Hello folks, today I am here to discuss with you the power of Grit for success in civil services examination.
- Folks once one pupil of Aristotle asked him what is Grit.
- Story of Aristotle and pupil along the river bank.
- Now I would like to share with you FAT formula for the development of Grit.

Purpose of life is a life of purpose

Hello folks today we will discuss fat formula for success in civil services.

Here f stands for focus.

We define focus as

F follow
O one
C course
U until
S successful



IF YOU THINK YOU CAN U R RIGHT U CAN IF YOU THINK U CAN'T U R RIGHT U CAN'T

So we all know about this there is no big deal but why then we are distracted.
Let's discuss some common causes

1. No instant set backs Tobbacco and red band, time waste and red band message
2. Negative influence - Tiny frogs story
3. Unable to sit for a long time - boxer story

Next alphabet is A. Here A stands for Attitude

According to James Allen only human beings can alter their lives by changing their attitude.
Donkey reaction, Laxmi Mittal.

Mind is your garden preserve the flowers, uproot the weeds

So positive attitude helps to find something good even in worst of the situation. Keeps yourself motivated and keep depression at bay. So obviously preparing with positive attitude is any day better than sitting in depression.

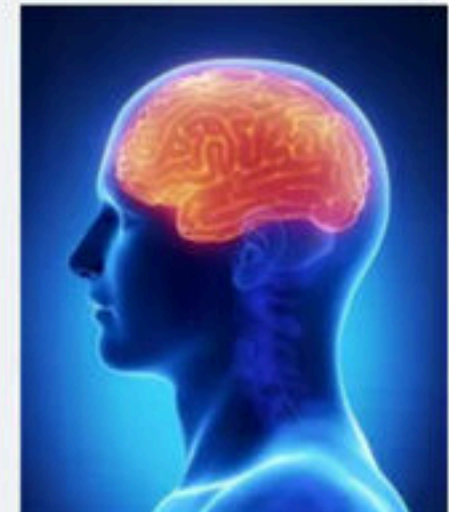
Last alphabet T stands for thought.

Success in life is the product of quality of your thought.

Mind garden and number of thoughts story keep weeds at bay.

Three lines to sum up

Sow a thought reap an action, sow an action reap a habit,
sow a habit reap your destiny. [Jai hind](#)



Three indispensables

- Syllabus
- Previous years question papers
- Newspaper and Current Affairs Magazine

Integrated approach

- Pre and Mains- Club the common topics
- Finish Mains selective topics initially
- Choosing the optional wisely
- Selective booklist –NCERTS, Govt websites and publications, Advanced books for Mains

Mains - The Marathon

- Breakup of the syllabus
- Selective booklist for each topic
- GS 1, 2, 3, 4
- Essay
- Compulsory paper
- Choosing the optional
- Daily Answer writing

Prelims

- MCQs daily
- Newspaper and notes
- Mocks

Personality Test

- DAF
- Balance, Confidence, Law of the land
- No bluffing
- Controlling the nerves

Failures are pillars of success

- Folks I would like to make one thing absolutely clear.
- When you are marching for an endeavor, there are chances of set backs. Use setbacks as stepping stones. Learn from your mistakes and don't repeat them. For failure remember only the person who does nothing, never fails in life. I Would like to conclude my this part with following poems after this I would like to discuss my strategy how I prepared for civil services I hope some of my strategies may help you.
- Wo khud rah chunte hai asmano ki parindo ko nahi di jati talim udano ki
- Jo rakhte hai hausala asman chune ka unhe nahi parwah hoti gir jane ki.



Together we can and we will!

LET'S CRACK IT!

