

Travel Checklist for Vitor

ROME

Weather: July in Rome is hot and sunny, with average temperatures around 33°C (91°F) and minimal rainfall.

Clothing:

- Light and breathable clothing (shorts, t-shirts, dresses)
- Comfortable walking shoes

Accessories:

- Sunglasses
- Sunhat
- Sunscreen

Optional Items:

- Light jacket or shawl for cooler evenings
- Umbrella in case of sporadic showers

TOKYO

Weather: July in Tokyo is hot and humid, with average temperatures around 30°C (86°F) and occasional rain showers.

Clothing:

- Lightweight and moisture-wicking clothing
- Umbrella or rain jacket

Accessories:

- Comfortable walking shoes
- Portable fan or cooling towel

Optional Items:

- Quick-dry clothing for rainy days
- Mosquito repellent

CAPE TOWN

Weather: July in Cape Town is winter, with cool temperatures around 14°C (57°F) and some rainfall.

Clothing:

- Layered clothing (long-sleeve shirts, light sweaters, jacket)
- Jeans or trousers
- Closed-toe shoes

Accessories:

- Scarf or pashmina
- Gloves

Optional Items:

- Waterproof jacket or umbrella
- Thermal underlayers for added warmth