1. First, update your existing list of packages:

```
1 | sudo apt update
```

2. Install a few prerequisite packages which let apt use packages over HTTPS:

```
sudo apt install apt-transport-https ca-certificates curl software-properties-common
```

3. Add the GPG key for the official Docker repository:

```
curl -fsSL https://download.docker.com/linux/ubuntu/gpg | sudo apt-key add -
```

4. Add the Docker repository to APT sources:

```
sudo add-apt-repository "deb [arch=amd64]
https://download.docker.com/linux/ubuntu bionic stable"
```

5. Update the package database with the Docker packages from the newly added repo:

```
1 sudo apt update
```

6. Make sure you are about to install from the Docker repo instead of the default Ubuntu repo:

```
1 apt-cache policy docker-ce
```

7. Install docker

```
1 | sudo apt-get install docker-ce
```

8. Check that it's running

```
1 sudo systemctl status docker
```

Optional steps (run docker commands without sudo):

1. Add your username to the docker group