

AUSTIN CARDIOLOGY ASSOCIATES

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OFFICE VISIT NOTE

Date of Service: December 2, 2024

Provider: David W. Chen, MD, FACC

PATIENT: Robert J. Anderson | DOB: 03/15/1957 (Age 67) | MRN: ACA-2024-7924

CHIEF COMPLAINT:

Routine follow-up for hypertension management.

HISTORY OF PRESENT ILLNESS:

Mr. Anderson is a 67-year-old male with a history of essential hypertension, diagnosed 8 years ago. He presents today for routine follow-up. He reports good compliance with his current medication regimen (Lisinopril 20mg daily). He denies chest pain, shortness of breath, palpitations, or syncope. Home blood pressure readings have been consistently in the 125-135/75-85 range.

VITAL SIGNS:

- Blood Pressure: 128/78 mmHg
- Heart Rate: 72 bpm, regular
- Weight: 185 lbs
- SpO₂: 98% on room air

PHYSICAL EXAMINATION:

- General: Well-appearing male in no acute distress
- Cardiovascular: Regular rate and rhythm, no murmurs, rubs, or gallops
- Lungs: Clear to auscultation bilaterally
- Extremities: No peripheral edema

EKG (93000):

Normal sinus rhythm at 72 bpm. Normal axis. No ST-T wave changes. No evidence of L VH. Unchanged from prior.

ASSESSMENT:

I10 - Essential hypertension, well-controlled on current regimen.

PLAN:

1. Continue Lisinopril 20mg daily
2. Continue home BP monitoring
3. Routine labs (lipid panel, BMP) at next visit
4. Follow up in 6 months

David W. Chen, MD, FACC

Board Certified Cardiovascular Disease

NPI: 1928376540