

Nutritional Information - Pizzas

CALABRIA (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Calabria - small - skinny	745.90	3120.80	35.90	66.80	10.70	40.10	5.99	124.30	520.10	6.00	11.10	1.80	6.70	1.00
Calabria - small-original	821.80	3438.60	36.80	81.90	12.80	42.70	6.45	136.90	573.10	6.10	13.60	2.20	7.20	1.08
Calabria - medium-skinny	1008.20	4218.20	50.30	85.30	13.60	55.10	8.15	126.00	527.30	6.30	10.70	1.70	6.90	1.02
Calabria - medium-original	1225.00	5125.50	52.70	128.20	19.90	62.70	9.47	153.20	640.70	6.60	16.00	2.50	7.80	1.18
Calabria - large skinny	1479.90	6191.80	70.70	133.00	21.10	80.60	11.62	148.00	619.20	7.00	13.30	2.20	8.10	1.16
Calabria - large-original	1697.20	7101.10	73.20	175.90	27.40	88.20	12.94	169.80	710.10	7.30	17.60	2.70	8.90	1.29

HAWAIIAN (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Hawaain - small - skinny	668.20	2795.60	31.10	69.70	10.00	37.00	3.84	111.40	465.90	5.20	11.60	1.70	6.10	0.64
Hawaain - small-original	744.00	3112.80	32.00	84.70	12.30	39.70	4.30	124.00	518.90	5.30	14.10	2.00	6.60	0.72
Hawaain - medium-skinny	891.30	3729.10	42.80	89.10	12.70	50.30	5.11	111.40	466.10	5.30	11.10	1.60	6.30	0.64
Hawaain - medium-original	1108.20	4636.70	45.20	132.00	19.10	57.80	6.43	138.50	579.50	5.70	16.50	2.40	7.30	0.80
Hawaain - large skinny	1324.30	5540.70	60.60	137.70	20.00	74.00	7.68	132.40	554.10	6.00	13.80	2.00	7.40	0.77
Hawaain - large-original	1541.30	6448.50	63.00	180.60	26.40	81.60	9.00	154.10	644.90	6.30	18.10	2.60	8.20	0.90

Nutritional Information - Pizzas

MARGHERITA (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Margherita - small - skinny	619.50	2592.00	25.20	62.60	9.80	36.90	3.57	103.30	432.00	4.20	10.50	1.60	6.10	0.59
Margherita - small-original	695.50	2909.80	26.00	77.60	11.90	39.70	4.03	115.90	485.00	4.30	13.00	2.00	6.60	0.67
Margherita - medium-skinny	824.90	3451.50	34.90	79.20	12.40	50.20	4.75	103.10	431.50	4.30	9.90	1.60	6.30	0.59
Margherita - medium-original	1041.80	4358.90	37.30	122.20	18.80	57.80	6.07	130.20	544.90	4.70	15.20	2.40	7.30	0.76
Margherita - large skinny	1240.20	5189.30	50.70	125.10	19.50	73.90	7.23	124.00	519.00	5.10	12.50	1.90	7.40	0.72
Margherita - large-original	1457.30	6097.00	53.10	168.00	25.90	81.50	8.55	145.70	609.70	5.30	16.80	2.60	8.20	0.86

MEDITARRANEAN (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Meditarranean - small - skinny	721.00	3017.40	38.20	65.20	11.90	31.30	3.73	120.10	503.00	6.40	10.90	1.90	5.20	0.62
Meditarranean - small-original	807.60	3380.00	39.10	82.40	14.40	34.30	4.25	134.70	563.30	6.50	13.80	2.40	5.70	0.71
Meditarranean - medium-skinny	975.90	4084.40	52.30	85.90	15.80	43.20	5.04	122.00	510.60	6.60	10.80	1.90	5.50	0.63
Meditarranean - medium-original	1193.00	4992.50	54.80	128.90	22.20	50.80	6.36	149.10	624.10	6.80	16.10	2.70	6.40	0.80
Meditarranean - large skinny	596.50	2496.00	27.40	64.40	11.10	25.50	3.20	59.70	249.50	2.70	6.50	1.10	2.50	0.32
Meditarranean - large-original	1646.30	6889.30	74.90	176.50	30.10	72.70	8.92	164.70	689.00	7.50	17.60	3.10	7.30	0.89

Nutritional Information - Pizzas

OMNIVORE (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Omnivore - small - skinny	794.80	3325.60	44.20	66.50	10.30	38.00	4.26	132.50	554.20	7.40	11.00	1.70	6.40	0.71
Omnivore - small-original	870.70	3643.00	45.10	81.50	12.60	40.60	4.72	145.10	607.20	7.50	13.50	2.00	6.80	0.79
Omnivore - medium-skinny	1079.00	4514.70	61.90	85.10	13.40	52.70	5.74	134.90	564.30	7.70	10.70	1.70	6.60	0.72
Omnivore - medium-original	1295.80	5421.90	64.30	128.00	19.70	60.20	7.06	161.90	677.70	8.10	16.00	2.50	7.50	0.88
Omnivore - large skinny	1572.50	6579.80	85.90	132.80	20.80	77.70	8.53	157.30	658.00	8.60	13.30	2.00	7.70	0.85
Omnivore - large-original	1789.30	7486.70	88.20	175.70	27.00	85.30	9.85	179.00	748.60	8.90	17.60	2.70	8.50	0.99

PEPPERONI (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Pepperoni - small - skinny	673.30	2816.80	32.60	62.30	9.80	34.80	4.58	112.20	469.40	5.50	10.30	1.60	5.80	0.76
Pepperoni - small-original	749.10	3134.30	33.40	77.30	12.00	37.50	5.04	124.90	522.40	5.60	12.80	2.00	6.30	0.84
Pepperoni - medium-skinny	929.30	3888.20	47.70	78.80	12.50	48.80	6.39	116.10	486.00	6.00	9.90	1.60	6.10	0.80
Pepperoni - medium-original	1146.40	4796.40	50.20	121.70	18.80	56.30	7.71	143.30	599.50	6.30	15.20	2.40	7.00	0.96
Pepperoni - large skinny	1422.00	5949.70	71.60	124.70	19.70	74.00	9.74	142.20	595.00	7.20	12.50	1.90	7.40	0.97
Pepperoni - large-original	1639.20	6858.10	74.00	167.50	25.90	81.60	11.06	163.90	685.80	7.40	16.70	2.60	8.20	1.11

Nutritional Information - Pizzas

SMOKEHOUSE (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Smokehouse - small - skinny	667.40	2792.60	25.50	74.10	0.20	39.40	4.04	111.30	465.50	4.20	12.40	0.00	6.60	0.67
Smokehouse - small-original	743.40	3111.00	26.30	89.10	0.20	42.00	4.50	123.90	518.50	4.40	14.90	0.00	7.00	0.75
Smokehouse - medium-skinny	916.00	3833.30	36.30	97.30	0.50	55.50	5.54	114.50	479.20	4.50	12.20	0.00	6.90	0.69
Smokehouse - medium-original	1133.00	4740.90	38.60	140.20	0.50	63.10	6.86	141.60	592.60	4.90	17.50	0.00	7.80	0.86
Smokehouse - large skinny	1366.30	5717.50	53.10	148.40	0.60	81.50	8.26	136.60	571.70	5.30	14.90	0.10	8.20	0.83
Smokehouse - large-original	1583.30	6625.20	55.60	191.30	0.60	89.10	9.58	158.30	662.50	5.60	19.10	0.10	8.90	0.96

SWEET HEAT (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Sweet Heat - small - skinny	565.10	2364.90	19.30	69.00	9.20	29.80	4.41	94.20	394.10	3.20	11.50	1.60	5.00	0.74
Sweet Heat - small-original	641.10	2683.10	20.20	84.00	11.50	32.50	4.87	106.80	447.20	3.40	14.00	1.90	5.50	0.81
Sweet Heat - medium-skinny	760.90	3184.50	27.20	89.30	11.90	40.90	6.08	95.10	398.10	3.40	11.10	1.50	5.10	0.76
Sweet Heat - medium-original	977.80	4092.40	29.50	132.20	18.20	48.40	7.40	122.30	511.60	3.60	16.50	2.30	6.00	0.93
Sweet Heat - large skinny	1158.50	4848.40	40.90	137.60	18.60	62.00	8.97	115.80	484.90	4.10	13.80	1.80	6.30	0.90
Sweet Heat - large-original	1375.60	5756.70	43.30	180.50	24.90	69.70	10.29	137.60	575.70	4.30	18.10	2.50	6.90	1.03

Nutritional Information - Pizzas

TRICOLORE (size - crust)	WHOLE PIZZA							PER SLICE						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
Tricolore - small - skinny	764.00	3196.60	38.50	63.00	10.60	41.10	5.38	127.30	532.70	6.40	10.50	1.70	6.80	0.90
Tricolore - small-original	839.80	3514.00	39.30	78.00	12.70	43.80	5.85	140.00	585.70	6.60	13.00	2.20	7.30	0.97
Tricolore - medium-skinny	1043.30	4365.50	54.70	79.80	13.50	57.40	7.38	130.50	545.70	6.80	10.00	1.70	7.20	0.92
Tricolore - medium-original	1260.30	5273.40	57.00	122.70	19.80	64.90	8.70	157.50	659.20	7.20	15.30	2.50	8.10	1.09
Tricolore - large skinny	1532.80	6413.80	76.80	125.80	20.90	84.00	10.67	153.30	641.40	7.70	12.60	2.00	8.40	1.07
Tricolore - large-original	1749.90	7321.70	79.20	168.80	27.30	91.60	11.99	175.00	732.20	8.00	16.90	2.70	9.20	1.20

Nutritional Information - Sides

ITEMS	PER PRODUCT							PORTION						
	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT	ENERGY	ENERGY	FAT	CARBOHYDRATE	DIETARY FIBRE	PROTIEN	SALT
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	SALT
barbecue wings	642.70	2689.50	36.90	17.30	1.40	59.20	3.01	321.40	1344.70	18.40	8.60	0.60	29.60	1.50
sesame sriracha wings	633.90	2650.90	39.10	8.10	1.40	60.30	3.98	316.90	1325.50	19.50	4.00	0.60	30.10	1.99
chicken tenders	309.20	1294.00	13.00	20.30	0.50	31.50	1.89	154.60	647.00	6.50	10.20	0.30	15.70	0.94
pesto focaccia	674.00	2820.10	28.90	73.90	0.10	32.20	3.75	337.00	1410.00	14.40	37.00	0.10	16.10	1.88
sweet potato waffle fries	348.00	1456.00	16.40	45.00	5.40	2.40	0.90	174.00	728.00	8.20	22.60	2.70	1.20	0.45
caprese salad	266.30	1116.80	20.00	6.50	2.00	15.40	0.70	133.10	558.40	10.00	3.30	1.00	7.70	0.35
caesar salad	385.10	1610.60	28.10	9.90	2.10	21.40	2.02	385.10	1610.60	28.10	9.90	2.10	21.40	2.02
barbecue sauce	107.70	450.80	0.00	26.20	0.00	0.00	0.45	107.70	450.80	0.00	26.20	0.00	0.00	0.45
Chipotle Mayo	312.40	1306.90	33.90	2.00	0.00	0.80	0.68	312.40	1306.90	33.90	2.00	0.00	0.80	0.68
nkd signature sauce	29.10	121.60	0.40	4.40	1.70	1.10	0.34	29.10	121.60	0.40	4.40	1.70	1.10	0.34
pesto mayo	390.30	1633.10	42.50	0.90	0.10	1.80	0.75	390.30	1633.10	42.50	0.90	0.10	1.80	0.75

Nutritional Information - Desserts

ITEMS	PER 100ml													
	ENERGY	ENERGY	FAT	CARBOHYDRATE	SUGARS	PROTIEN	SALT							
	(Kcal)	(KJ)	(g)	(g)	(g)	(g)	(g)							
jude's truly chocolate	144.00	604.00	7.10	15.90	15.90	3.50	0.14							
jude's salted caramel	137.00	571.00	7.10	14.40	13.80	3.20	0.27							
jude's very vanilla	137.00	571.00	7.10	14.40	13.80	3.20	0.27							
jude's strawberry tease	141.00	593.00	6.70	17.10	17.10	3.00	0.10							
nkd gluten free indulgent chocolate brownie	400.00	1657.00	22.60	45.90	37.20	5.20	0.20							

Allergen - Pizza

PIZZA	SIZE	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
MARGHERITA	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
MARGHERITA	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

PEPPERONI	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
PEPPERONI	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-



Allergen - Pizza

PIZZA	SIZE	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
SMOKEHOUSE	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SMOKEHOUSE	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

BACON & PINEAPPLE	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
BACON & PINEAPPLE	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

Allergen - Pizza

PIZZA	SIZE	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
OMNIVORE	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
OMNIVORE	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

CALABRIA	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
CALABRIA	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

Allergen - Pizza

PIZZA	SIZE	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
TRICOLORE	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
TRICOLORE	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	CONTAINS	-	-	-	-

SWEET HEAT	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	-	-	-	-	-
SWEET HEAT	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	-	-	-	-	-

Allergen - Pizza

PIZZA	SIZE	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
MEDITERRANEAN	PERSONAL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	REGULAR SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	REGULAR MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	REGULAR LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	SKINNY SMALL	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	SKINNY MEDIUM	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	SKINNY LARGE	-	-	-	CONTAINS		CONTAINS	-	-	-	CONTAINS	-	-	-	-
MEDITERRANEAN	GLUTEN FREE	-	-	-	CONTAINS			-	-	-	CONTAINS	-	-	-	-

## Allergen - Sides

ITEMS	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
Sesame Sriracha wings	-	-	-	-	-	CONTAINS	-	-	-	-		CONTAINS	-	-
Barbecue wings	-	-	-	-	-	CONTAINS	-	-	-	-	-	-	-	-
Chicken tenders	-	-	CONTAINS	-	-	CONTAINS	-	-	-	-	-	-	-	-
Pesto focaccia	-	-	-	CONTAINS	-	CONTAINS	-	-	-	CONTAINS	-	-	-	-
Caprese salad	-	-	-	CONTAINS	-		-	-	-	CONTAINS	-	-	-	-
Caesar Salad	-	-	CONTAINS	CONTAINS	CONTAINS	CONTAINS	-	-	CONTAINS	-	-	-	-	-
Sweet Potato waffle fries	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pizza sauce	-	-	-	-	-	-	-	-	-	-	-	-	-	-
BBQ sauce	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chipotle mayo	-	-	CONTAINS	-	-	-	-	-	-	-	-	-	-	-
Pesto mayo	-	-	CONTAINS	CONTAINS	-	-	-	-	-	CONTAINS	-	-	-	-

Allergen - Desserts

ITEMS	CELERY	CRUSTACEANS	EGG	MILK	FISH	GLUTEN	LUPIN	MOLLUSC	MUSTARD	NUTS	PEANUTS	SESAME	SOYBEANS	SULPHUR DIOXIDE
SIDOLI GF BROWNIE	-	-	CONTAINS	CONTAINS	-	-	-	-	-	-	-	-	CONTAINS	-
JUDE'S VANILLA ICE CREAM	-	-	CONTAINS	CONTAINS	-	-	-	-	-	-	-	-	-	-
JUDE'S CHOCOLATE ICE CREAM	-	-	CONTAINS	CONTAINS	-	-	-	-	-	-	-	-	-	-
JUDE'S STRAWBERRY ICE CREAM	-	-	CONTAINS	CONTAINS	-	-	-	-	-	-	-	-	-	-
JUDE'S SALTED CARAMEL ICE CREAM	-	-	CONTAINS	CONTAINS	-	-	-	-	-	-	-	-	-	-
JUDES BROWN BUTTER ICE CREAM	-	-	CONTAINS	CONTAINS	-	-	-	-	-	CONTAINS	-	-	CONTAINS	

## Allergen - Ingredients

[illegible]

[illegible]