

Immunization

Immunization is very critical aspect in the US. It is required that you follow strict guidelines for immunization right from your homeland. More often than not our parents are smart enough to get all the major vaccines right from childhood. US has defined diseases and a cure to all of them (hope at least if not cure!). Without health clearance nod from University Health Counseling Services ([UHCS](#)), you may not be permitted to attend any of the registered coursework.

Back in INDIA, it is not a mandate to complete these formalities before you join a university, but here in the US, they expect you to have complete immunization and health insurance before you begin your coursework. This is a pretty good reason why the world's best research and scholars are from this very country. Everything in US is inter-related!

With getting immunized what we mean is the following -

Hair-cut

Hair-cut may sound a little weird understanding why is it included in this list! If you plan to have long hair it can cause cold, cough, head-ache, etc., due to the cold nature of climatic conditions out in the US. Also, let us warn you with the fact that, it is indeed pretty expensive to have a haircut here. Let us price an average cheap hair cut may cost you anywhere between \$13 - \$18 including tips.

Comprehensive Health Check Up

This is a must and highly recommended by Boston ISA for your good health and of course monetary benefit. You surely don't want to cough up an additional 10,000 USD up your sleeve. It may barely cost you 5,000 INR if you do a comprehensive health check up from any good hospital. You folks, would be intelligent enough to do the math and figure out which is more viable for you.

Dental Care

Dental care in the US is pretty expensive and may cost a fortune to undergo a minor treatment. A root canal treatment in the US may cost you upto \$10,000 while it may be affordable in INDIA at INR 5,000. Boston ISA strongly recommends a complete dental check up before you hit that 24 hour journey from INDIA.

Immunization

Prescribed immunization list that is to be complied by any active student at Northeastern can be found on this [link](#).

| | |
|---|---|
| 2 MMR | (measles/mumps/rubella immunizations) ¹ |
| or | 2 Measles/Rubeola Immunizations or positive antibody titre |
| and | 2 Mumps immunization or positive antibody titre |
| and | 2 Rubella/German Measles immunization or positive antibody titre |
| Tetanus/Diphtheria/Pertussis | immunization within the last 10 years |
| Hepatitis B | immunization ² series(of three)or positive antibody titre |
| Meningitis | immunization or signed waiver. Massachusetts Declination* ; DPH Fact Sheet* |
| Varicella/Chicken pox | immunization series(of two) or positive antibody titre |

¹Immunization must have been administered in 1968 or later, on or after the first birthday, i.e., no earlier than at 12 months of age, and no sooner than four weeks apart.

²Hepatitis B immunization must be administered at appropriate intervals (i.e., the second at least one month after the first — and the third at least two months after the second and four months after the first).

#The above mentioned information is what is prescribed by Northeastern University and is from the UHCS website.

Health Report

As a mandate for every enrolled student at Northeastern, you are required to complete the Northeastern University [Health Report](#) by *certified physician before the commencement of the course.

*Certified Physician may be any doctor (MD) or personal family doctor (MD).

Form Submission

Your [Health Report](#) if submitted in person needs to be handed over at the following address -

University Health and Counseling Services (UHCS)

135 Forsyth Building, Northeastern University

360 Huntington Avenue, Boston, MA 02115

Incase of -

e-Mail - UHCS@neu.edu <<mailto:uhcs@neu.edu>>

fax (+1-617-373-2601)

Additional Medical History

Here in US, incase you visit a hospital a general questionnaire about your medical history can be asked and hence we have compiled the below spreadsheets for your benefit -

[Immunization Annexure - Personal History](#)

[Immunization Annexure - Family History](#)

THESE SPREADSHEETS ARE SOLELY FOR PERSONAL USE AND YOU ARE NOT REQUIRED TO FORWARD THESE TO UHCS OR BOSTON ISA OR ANY OTHER ASSOCIATION/ENTITY.