Project Description:

1. Initialization (Pose Config):
2. Frame Extraction:
   1. Function Call
   2. Extraction Method:
   3. Number of Frames:
   4. Time Elapsed:
3. Frame Labeling:
   1. Function Call
   2. Comments (frames skipped, ambiguity, labels)
4. Train Network:
   1. Function Call:
   2. Iteration: