

XPLORE World — Processing Document

THE CROSSING (April 5–15, 2026)

Traveler: Jeyarani Venkatasamy (DOB: 20/05/1974) **Program:** Active Detox **Room:** Single – Lake View
Retreat: MAYRLIFE Medical Health Resort, Altaussee, Austria

STEP 1 — Retreat Reservation

Action: Email sent to reservations@mayrlife.com with booking request.

Documents expected from MAYRLIFE: - Invitation letter (for visa) - Hotel confirmation (dates + address) - Program confirmation (Active Detox) - Invoice / deposit receipt

(Simulated versions already prepared in chat.)

STEP 2 — Travel Window (Locked)

- **Arrival in Austria:** Sat, 05 April 2026
 - **Retreat:** 05–14 April (10 nights)
 - **Return:** Tue, 15 April 2026
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STEP 3 — Schengen Visa (Austria) — VFS Bengaluru

3.1 Where to apply

Create application at: VFS Global Austria portal → Schengen Short Stay (C).

3.2 Visa Form — Key Entries

Main destination: Austria **Purpose:** Medical / Wellness **Arrival:** 05/04/2026 **Departure:** 15/04/2026
Accommodation: MAYRLIFE Medical Health Resort, Fischerndorf 222, 8992 Altaussee, Austria **Who pays:** Self
Means of support: Bank account

3.3 Travel Insurance (MANDATORY)

Chosen Plan: TATA AIG – Schengen Travel Insurance **Coverage:** Minimum €30,000 **Validity:** 05 April 2026 – 15 April 2026 **Includes:** Emergency medical, hospitalisation, evacuation & repatriation **Estimated Premium:** ₹1,000–₹2,500 (pay online)

Insurance documents to include: - Insurance certificate with your name - Policy schedule showing €30,000+ coverage - Validity dates matching trip

3.4 Visa File Checklist

- Passport (6+ months validity)
 - 2 passport photos
 - Printed & signed Schengen form
 - MAYRLIFE invitation letter
 - Hotel confirmation
 - Travel itinerary (BLR ↔ Austria)
 - **Travel insurance certificate**
 - 6-month bank statement
 - Employment / business proof
 - Cover letter
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3.5 VFS Bengaluru

Submit at: VFS Global, Gopalan Innovation Mall, Bannerghatta Main Rd, JP Nagar, Bengaluru Biometrics + fee → wait 7-15 working days.

STEP 4 — Flights & Arrival (After Visa)

Routing: BLR → Vienna (or Salzburg) on 05 Apr; Return 15 Apr **You receive:** E-ticket, PNR, seat, baggage rules

Pickup: Private driver at arrivals with board "Jeyarani Venkatasamy" **Transfer:** To Altaussee → MAYRLIFE

STEP 5 — The 10 Days

Daily doctor check, gut-reset nutrition, herbal therapies, lymphatic & full-body massage, sauna/steam, silence, lake walks, deep sleep.

STEP 6 — Return & Re-entry

Phone returned → private transfer → flight home → re-entry guide (food, calm, routine).

SIMULATED DOCUMENTS (FOR REFERENCE)

Invitation Letter (Simulated)

MAYRLIFE Medical Health Resort, Fischerndorf 222, 8992 Altaussee, Austria

To whom it may concern, We confirm that Ms. Jeyarani Venkatasamy (DOB 20/05/1974) is booked for an Active Detox program from 05 April 2026 to 15 April 2026 in a Single Lake View room. This letter is issued for visa purposes.

Hotel Confirmation (Simulated)

Guest: Jeyarani Venkatasamy | Room: Single Lake View | Check-in 05 Apr | Check-out 15 Apr | Address: Fischerndorf 222, 8992 Altaussee, Austria

Travel Itinerary (Simulated)

BLR → Vienna → Altaussee (05 Apr) | Altaussee → Vienna → BLR (15 Apr)

Cover Letter (Visa)

To the Visa Officer, I am travelling to Austria for a 10-day medical wellness retreat at MAYRLIFE from 05-15 April 2026 and will return to India thereafter. All bookings and insurance are attached.

VFS Appointment Steps

1. Create account on VFS Austria portal
 2. Fill Schengen form
 3. Book Bengaluru slot
 4. Visit with full file
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Travel Insurance (Sample)

Provider: TATA AIG Schengen Travel Insurance Policy Holder: Jeyarani Venkatasamy Coverage: €30,000
Validity: 05 Apr 2026 – 15 Apr 2026 Includes: Emergency medical, hospitalisation, evacuation & repatriation

(Attach insurance certificate PDF here when purchased)

Packing List

5 soft outfits, 1 warm jacket, walking shoes, sleepwear, personal toiletries, journal, minimal electronics.

VFS Form Quick Fields

Main destination: Austria Purpose: Medical / Wellness Hotel: MAYRLIFE Medical Health Resort, Altaussee
Dates: 05/04/2026 – 15/04/2026

Photo Specifications (Visa)

- Size: 35mm x 45mm
 - Background: Plain white
 - Face: 70–80% of frame, neutral expression, no glasses
 - Taken within last 6 months
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Stay Extension / Day Trip Policy

- Retreat is 10 nights. You may add **1 leisure day** before or after in Salzburg or Vienna if visa validity allows.
 - No multi-country travel recommended.
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FAQs

Q: Can I use phone? A: No during retreat. Emergency contact allowed. **Q: Is alcohol allowed?** A: No. **Q: Can I bring medicines?** A: Yes with prescription.

DOs and DON'Ts

DO: Carry passport copies, drink water, walk daily, journal. DON'T: Use phone, eat outside food, do intense workouts, stress.

Budget & Estimates (INR)

Item	Details	Estimated Cost
Retreat	10 nights, Active Detox, Single Lake View	₹3,50,000 – ₹4,20,000

Item	Details	Estimated Cost
Flights	BLR ↔ Vienna/Salzburg (round-trip)	₹85,000 – ₹1,25,000
Visa + VFS	Schengen fees & service	₹9,000 – ₹12,000
Insurance	€30,000 coverage	₹1,200 – ₹2,500
Transfers	Pre-paid private chauffeur	₹8,000 – ₹12,000
Meals	Outside retreat (1–2 meals)	₹5,000 – ₹10,000
Leisure Day (optional)	Vienna/Salzburg	₹8,000 – ₹20,000
Photos & Prints	Visa photos & copies	₹500 – ₹1,500
Misc Buffer	Tips & small expenses	₹10,000
Total	Estimated Overall Budget	₹4.75L – ₹5.15L

Pre-Paid Private Airport Transfer — How to Use

1. Check your MAYRLIFE confirmation: many packages include airport transfer; if included, it will be listed there.
2. If not included, request it from the **MAYRLIFE Concierge** using the contact details provided in your booking email (they assign an Austrian licensed chauffeur).
3. Share your **arrival airport (Vienna or Salzburg)** and **flight number + landing time**.
4. You will receive a **driver name, vehicle details, and meeting point**.
5. Driver waits at Arrivals with a name board: **“Jeyarani Venkatasamy.”**
6. No cash or taxi apps needed. Drive to **MAYRLIFE, Altaussee. MAYRLIFE, Altaussee.**

Payment Methods

- Retreat, flights, insurance, and transfers can be paid by **international credit card** or **net banking**.
- Keep 1–2 cards enabled for international transactions.

Payment Timeline

Stage	What to Pay	When
Retreat Deposit	As per MAYRLIFE invoice	Immediately after confirmation
Visa Fee	VFS + Embassy	At VFS appointment
Insurance	Online	After retreat confirmation, before VFS

Stage	What to Pay	When
Flights	Airline ticket	After visa approval
Transfers	Chauffeur service	After flight booking

Where to Book

- **Flights:** Official airline websites or trusted portals (IndiGo, Lufthansa, Swiss, MakeMyTrip).
 - **Insurance:** TATA AIG or HDFC ERGO official site.
 - **Transfers:** Booked via MAYRLIFE concierge or Austrian chauffeur partner.
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Safety & Comfort Protocol

- Female therapists available on request.
 - All sessions in private rooms.
 - Medical staff on site 24/7.
 - Emergency hospital access.
 - All payments & bookings done through secure official channels.
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Women's Comfort & Privacy

- Female therapists can be requested in advance.
- All treatments are conducted in private rooms with professional medical-spa standards.
- You are provided with robes, towels, and appropriate coverings for comfort and dignity.
- Therapists explain each treatment before starting and proceed only with your consent.
- You may pause or stop any session at any time.
- Medical staff is available on site for support and adjustments to your program.
- Your preferences and boundaries are respected throughout your stay.