Package 'ItemRest'

October 9, 2025

Title Automated Item Removal Strategies for Exploratory Factor
Analysis
Version 0.2.3
Description Automates the identification and comparative evaluation of item-removal strategies in exploratory factor analysis, producing transparent summaries (explained variance, loading ranges, reliability) to support comfortable, reproducible decisions. The criteria are based on best practices and established heuristics (e.g., Costello & Osborne (2005) <doi:10.7275 jyj1-4868="">, Howard (2016) <doi:10.1080 10447318.2015.1087664="">).</doi:10.1080></doi:10.7275>
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itemrest	Evaluate Item Removal Strategies for Exploratory Factor Analysis
	(EFA)

Description

This function automates the process of identifying low-quality items (those with low factor loadings or significant cross-loadings) in an Exploratory Factor Analysis (EFA). It systematically tests various combinations of removing these problematic items and evaluates the impact on model fit, returning a comprehensive summary of all tested strategies.

Usage

```
itemrest(
  data,
  cor_method = "pearson",
  n_factors = NULL,
  extract = "uls",
  rotate = "oblimin"
)
```

Arguments

A numeric data.frame or matrix for the analysis.

The correlation method to use, e.g., "pearson" or "polychoric".

The number of factors. If NULL, it's determined automatically by parallel analysis.

extract

The factor extraction (estimation) method. See psych::fa. Default is "uls".

The rotation method. See psych::fa. Default is "oblimin".

Value

An object of class itemrest_result. This is a list containing the following components:

```
descriptive_stats
```

Basic descriptive statistics of the input data.

initial_efa The results of the initial EFA before any items are removed.

problem_items A list of items identified as low-loading or cross-loading.

removal_summary

A data.frame summarizing the results of all tested removal strategies.

optimal_strategy

The best-performing strategy that resulted in a clean factor structure (no cross-loadings).

A list of the settings used for the analysis.

settings

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Examples

```
# We will use the 'bfi' dataset from the 'psych' package.
# This requires the 'psych' package to be installed.
if (requireNamespace("psych", quietly = TRUE)) {
 data(bfi, package = "psych")
 # 1. Prepare the data: Select the personality items (first 25 columns)
      and remove rows with missing values for this example.
 example_data <- bfi[, 1:25]</pre>
 example_data <- na.omit(example_data)</pre>
 # 2. Run the item removal analysis.
 # Based on theory, the Big Five model has 5 factors.
 results <- itemrest(</pre>
   data = example_data,
   n_factors = 5,
   cor_method = "pearson" # Data is not ordinal, so pearson is appropriate
 # 3. Print the report for optimal strategies (default).
 print(results)
 # 4. Print the report for all tested strategies.
 print(results, report = "all")
```

 $print.itemrest_result \ \textit{Print method for} \ itemrest_result \ \textit{class}$

Description

Print method for itemrest_result class

Usage

```
## S3 method for class 'itemrest_result'
print(x, report = "optimal", ...)
```

Arguments

```
x An object of class itemrest_result.report The type of report to generate: "optimal" (default) or "all".... Other arguments (not used).
```

Value

No return value, called for side effects (prints the report to the console).

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Examples

```
if (requireNamespace("psych", quietly = TRUE)) {
  data(bfi, package = "psych")
  example_data <- na.omit(bfi[, 1:25])
  results <- itemrest(example_data, n_factors = 5)

# Print the default optimal report
  print(results)

# Print the report of all strategies
  print(results, report = "all")
}</pre>
```

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