

# Package ‘CortSineScore’

October 20, 2025

**Title** Compute Cortisol Sine Score (CSS) for Diurnal Cortisol Analysis

**Version** 0.1.0

**Description** Computes a single scalar metric for diurnal cortisol cycle analysis, the Cortisol Sine Score (CSS). The score is calculated as the sum over time points of concentration multiplied by  $\sin(2 * \pi * \text{time} / 24)$ , giving positive weights to morning time points and negative weights to evening ones. The method is model-free, robust, and suitable for regression, classification, clustering, and biomarker research.

**License** MIT + file LICENSE

**Encoding** UTF-8

**Language** en-US

**RoxygenNote** 7.3.2

**Depends** R (>= 4.1.0)

**Imports** purrr, magrittr, dplyr

**Suggests** tibble

**URL** <https://github.com/simone-anza/CortSineScore>

**BugReports** <https://github.com/simone-anza/CortSineScore/issues>

**NeedsCompilation** no

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**Repository** CRAN

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`compute_css`*Compute Cortisol Sine Score (CSS)*

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## Description

Calculates the Cortisol Sine Score using timepoint-specific sine weights extracted from column names like "time\_0200", "time\_1400", etc.

## Usage

```
compute_css(data, verbose = FALSE)
```

## Arguments

<code>data</code>	A <code>data.frame</code> or <code>tibble</code> with subject ID in the first column and cortisol values in <code>time_*</code> columns. The time columns must be named using 24-hour format, e.g. <code>time_0200</code> , <code>time_1400</code> , etc.
<code>verbose</code>	Logical; if <code>TRUE</code> , returns the contribution of each timepoint to the CSS.

## Value

A `tibble` with subject ID and `cortisol_sin_score`. If `verbose = TRUE`, includes individual contributions.

## Examples

```
# Minimal, always-runnable example using base data.frame
df <- data.frame(
  subject_ID = c("S1", "S2"),
  time_0200 = c(2, 1),
  time_0600 = c(5, 2),
  time_1000 = c(4, 3),
  time_1400 = c(3, 2),
  time_1800 = c(1, 1),
  time_2200 = c(0.5, 0.3),
  stringsAsFactors = FALSE
)
compute_css(df)
```

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