



# COVID-19 Measures – ABSC Quick Reference Guide

## 1. Physical Distancing

- Stay at least 1.5 metres away from everyone else at all times – **this is the most important measure.**
- Minimum of 4 square metres per person in the room – or more per person if the venue decides.
- Players and venue managers only at present. No referees or spectators
- Strictly observe all social distancing measures put in place at your venue
- Leave the venue as soon as you have finished playing. Don't hang around.

## 2. Sanitise and Minimise the Use of Shared Equipment

- Bring your own cue and chalk if possible. Use one cross rest for the duration of your session.
- Bring and use your own water bottle – don't share glasses.
- Players should consider using a glove on their bridge hand.
- Clean and disinfect all shared equipment (including cross rests, long rests and jiggers, triangles, balls and rack cues) before play begins (either players or venue operator) – this is important for your health and safety, as well as that of other players.
- Ideally, clean and disinfect all shared equipment after play as well.
- Tables:
  - venue operators should iron tables regularly during opening hours;
  - disinfectant cannot be used effectively on cushions and cushion rails, so between sessions, cushions should be vacuumed lightly with a HEPA filter vacuum cleaner, and cushion rails should be cleaned with a damp cloth and detergent, then dried off.

## 3. Hygiene, Cleaning and Disinfecting

### Personal

- Hand sanitiser should be readily available in the venue.
- Sanitise your hands upon arrival, departure and re-entry to the room, and regularly during the course of play.
- Avoid using your hands to cover your mouth and nose if you sneeze or cough. Use a tissue and deposit it in a bin lined with a plastic bin liner. If a tissue is not available you should sneeze or cough into their upper arm or elbow region. You should use hand sanitiser after you touch your face, sneeze or cough.
- If anyone sneezes or coughs over a table, stop using it until it is disinfected or quarantined for 48 hours.
- Consider wearing a mask, but remember that it needs to be worn and disposed of properly to be effective.

### Billiard Rooms

- Billiard rooms should be cleaned thoroughly at least once daily with special attention to areas such as door knobs, benchtops, bathrooms and seating.
- Cleaning includes vacuuming carpets and washing hard surfaces with detergent and a wet cloth or mop. Leather or fabric seats may need to be fitted with removable covers that can be laundered.
- Following cleaning, hard surfaces which are frequently touched or handled by multiple people should be disinfected using commercial disinfectants. Fabric surfaces cannot be effectively disinfected other than by washing.

## 4. Stay Home If Unwell

- Stay at home if you are unwell or display any symptoms of COVID-19 infection.
- Players should not attend venues if they suspect they may have been infected with COVID-19 (including close contact with a person diagnosed with COVID-19) or have been advised by health authorities to self-isolate.
- If a player is noted to be unwell with symptoms of COVID-19, the venue operator can request that the person leaves immediately.

## 5. Contact Tracing

- All venues must maintain a Register of Attendance (sign-in and sign out) either digitally or manually of all persons attending the premises.
- This should include full name, time of attendance (arrival and leaving) and a contact phone number.
- You must sign-in and sign-out of the venue using the attendance register provided
- The ABSC supports the Australian government COVIDsafe App and strongly recommends that all players to download the app and have it turned on whilst playing.

## 6. Vulnerable Players

- Vulnerable players are people who are at increased risk of infection and /or severe illness if they contract COVID19. They include:
  - Aboriginal and Torres Strait Islander people 50 years and older with one or more chronic medical conditions;
  - people 65 years and older with one or more chronic medical conditions;
  - people 70 years and older; and
  - people with compromised immune systems.
- All players who may be vulnerable or are concerned about their own personal health risk should check with their own doctor regarding the resumption of leisure activities such as billiards and snooker.

If you have any questions on these guidelines, please contact either **Frank Dewens (President, ABSC)** – [kindew1@bigpond.com](mailto:kindew1@bigpond.com) or

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