YOUR 2025 DECISION SYSTEM

in 15 mins

1/ REVIEW (5 mins)

"Efficiency is doing things right. Effectiveness is doing the right things."

- Peter Drucker

FRAMEWORK #1 80/20

1a). Which 20% of actions contributed to 80% of your results in 2024? (2 mins)

1b). Which 80% of actions contributed to 20% of your results in 2024? (2 mins)

FRAMEWORK #2 Via Negativa

2. Which 3 things do I NOT want to repeat in 2025? (1 min)
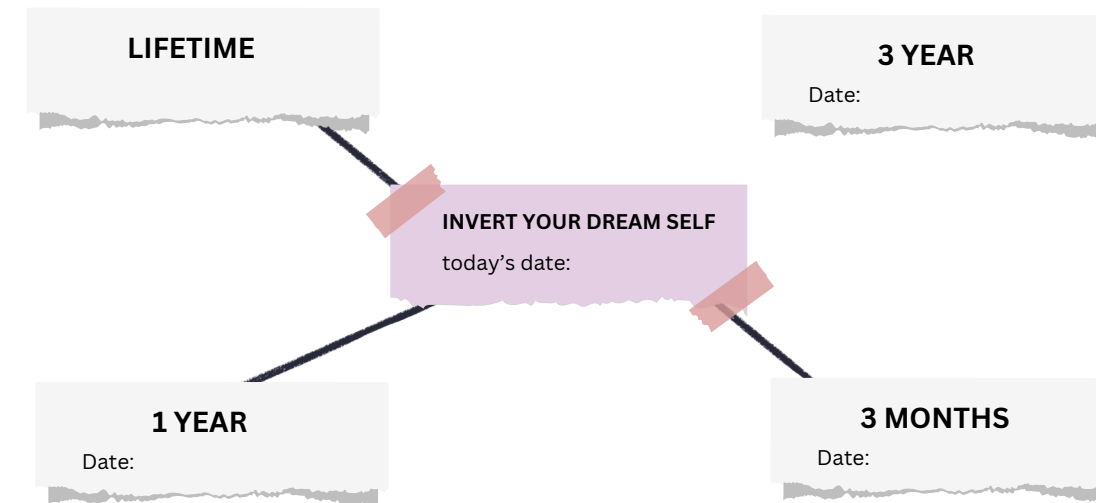
These will guide our actions for 2025

2/ PLAN (5 mins)

FRAMEWORK #3 INVERSION

3. Let's work backwards - who do you want to be in this life time if anything was possible?
In 3 years? In 1 year? In 3 months? Take 5 mins to fill this out

LIFETIME

3 YEAR
Date:

INVERT YOUR DREAM SELF
today's date:

1 YEAR
Date:

3 MONTHS
Date:

3/ PRIORITIZE (5 mins)

FRAMEWORK #4 THE ONE THING

4 a) Out of all the wonderful dreams and goals, circle ONE dream / goal for each category that matters the most to you. (1 min)

4 b) Out of the 4 dreams / goals you've circled, pick the ONE thing you want to focus on, such that by doing it, everything else will be easier or unnecessary? (1 min)

FRAMEWORK #5 EAT THE FROG

5. For your ONE thing, identify what "hard thing" you have to say YES or NO to in order to achieve the goal. (3 min)

It's hard, but I will say YES to (w/ time frame):

It's hard, but I will say NO to (w/ time frame):

"Everyone procrastinates. The difference between high performers and low performers is largely determined by what they choose to procrastinate on."

- Brian Tracy