



# ishvara

## *And Now Yoga*

Chapter 1 of the Yoga Sutras  
by Patanjali, Father of Modern Yoga



# Isha



Isha Yoga  
Program Finder



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Inner Engineering...



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Isha Rejuvenation



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## Program Finder



**Hata Yoga Teacher Training**  
4 March - 17 December, 2012  
Isha Yoga Center, India

Helvetica Neue  
Bold  
26 Point  
Hex Color  
#333333  
Press color  
white



**Inner Engineering**  
14 - 17 December, 2012  
Hyderabad, India

Helvetica Neue  
Bold  
22 Point  
Hex Color  
#333333  
Press Color  
White



**Leela - Path of the Playful**  
12-18 October, 2012  
New Delhi, India

Helvetica Neue  
Bold  
24 Point  
Hex Color  
#75614f  
on Press  
color #d2bfaf



**Bhava Spandana Program**  
22-26 January, 2012  
Isha Yoga Center, India



**Isha Yoga (Tamil)**  
12-18 March, 2012  
Isha Yoga Center, India



Program Search



Location Search



Quick Search



Sadhg..

Inner Engineering...



# Inner Engineering with Sadhguru

This program is conducted by Sadhguru  
Some other text to put here 2 lines

Helvetica Neue  
Bold  
38 Point  
color: #333333  
White drop  
shadow

DATE **14 - 17 Dec 2012**

Helvetica Neue  
Regular  
26 Point  
Black

VENUE N. Convention  
2-92/1,  
Land opp. Shilpa Raman,  
High Tech City,  
Hyderabad, India

Helvetica Neue  
Bold  
28 Point  
color: Black

Helvetica Neue  
Regular  
26 Point  
Black  
All CAPS  
White Drop Shade

Helvetica Neue  
Regular  
26 Point  
color: Black

CONTACT +91 9866661196

hyderabad@ishayoga.org

Helvetica Neue  
Bold  
26 Point  
color: Black

Registration  
Assistance

Info  
on Site



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What's Happening



Jun 2 - A Tree Can Save the World >

Jun 5 - Project GreenHands World... >

Jul 12 - Inner Engineering with Sadh... >

Jul 23 - Buddha Pournami at Isha... >

Jul 12 - Dhyan Yatra 2012 Registrat... >

Aug 8 - Sadhguru in London >

Aug 25 - BSP at iii USA - Register... >

Oct 12 - Samyama Sadhana at Isha... >



What's Happening



Isha Blog





**Jun 2 - A Tree Can Save the World**



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**Oct 12 - Samyama Sadhana at Isha...**



Helvetica Neue  
Bold  
34 Point  
Black  
Pressed color  
White

Helvetica Neue  
Bold  
26 point  
Color: #2a5361  
Pressed color  
White





What's

June 5 Project Green...

**June 5**

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Bold  
38 Point  
Black

Project GreenHands World  
Environment Day Campaign

Helvetica Neue  
Bold  
26 Point  
Color: #2a5361

**Join the World  
Environment Day  
Campaign**

(June 5<sup>th</sup>)

Project GreenHands plants trees  
for you. You track the exact  
location of your trees!



What's Happening



Isha Blog





If you live your life burning  
for the highest possibility, in  
that burning itself, there is  
liberation. This is another  
line that makes 140.

*Sadhguru*

Cochin  
Regular  
36 Point  
White drop  
shadow 1pt

Cochin  
Regular  
44 Point  
48 Point  
leading/line  
spacing

Today Amavasya

Cochin  
Regular  
50 Point  
White drop  
shadow 1pt

Saturday, 21 May







## Isha-USA Going into Overdrive

In this week's Spot, Sadhguru writes about the Houston program which attracted 64 participants – the most to date in the US. He also reflects upon the upcoming elections and the current political state. "Dear USA is once again heading for an Election. When the nation is in need of some steady nurturing, when the people of the nation need to work as one, it is being put through

Georgia  
Regular  
30 Point  
39 Point line  
spacing

Cochin  
Regular  
44 Point  
White drop  
shadow 1pt

Wednesday, 19 May



Cochin  
Regular  
50 Point  
White drop  
shadow 1pt



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Sadhguru Spot



## Isha-USA Going into Overdrive

heading for an Election. When the nation is in need of some steady nurturing, when the people of the nation need to work as one, it is being put through throes of an election campaign – pains of democracy.” Enjoy!

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Wednesday, 19 May

[Daily Message](#)[Sadhguru Spot](#)



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### You are absolutely complete. Sadhguru

Sadhguru

1,213,343 | 7:42



### Leela - the path of the playful

Ishafoundation

13,343 | 4:33



### Kailash Manasarovar Isha Sojourn 2012

Ishafoundation

5,343 | 5:12



### In Conversation with the Mystic - Anupam Kher with...

Inconversations

8,664 | 1:33:12



### You are absolutely complete.



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Discovery





You are absolutely  
Sadhguru

Sadhguru 1,213,343 | 7:42

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Bold  
36 Point  
Color: #333333  
Press Color: White



Leela - of  
Ishafoundation

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Bold  
20 Point  
Color: #75614f  
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Helvetica Neue  
Regular  
24 Point  
Color: #4b4b4b  
Press color: #d1beaf



Kailash Manasarovar Isha  
Sojourn 2012

Ishafoundation 5,343 | 5:12



In Conversation with the  
Mystic - Anupam Kher with...

Inconversations 8,664 | 1:33:12



You are absolutely complete.



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Recommended



Discovery





Helvetica Neue  
Bold  
26 Point  
White  
Black Drop  
Shadow

In Conversation with the Mystic  
- Anupam Kher with Sadhguru

Inconversations 8,664 | 1:33:12

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Bold  
20 Point  
Color: #df8b3d

Helvetica Neue  
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24 Point  
Color: #cfb29a

"In Conversation with the Mystic" is an exclusive series exploring topics that are vital to the world we live in. Questioning existing models and bringing about real solutions are what form the essence of these interactive

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Regular  
24 Point  
Color #bdc7ca



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# Program Finder



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Featured Programs



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# Inner Engineering with Sadhguru

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