

# PatientVLM Meets DocVLM: Pre-Consultation Dialogue Between Vision-Language Models for Efficient Diagnosis

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## Abstract

Traditionally, AI research in medical diagnosis has largely centered on image analysis. While this has led to notable advancements, the absence of patient-reported symptoms continues to hinder diagnostic accuracy. To address this, we propose a Pre-Consultation Dialogue Framework (PCDF) that mimics real-world diagnostic procedures, where doctors iteratively query patients before reaching a conclusion. Specifically, we simulate diagnostic dialogues between two vision-language models (VLMs): a DocVLM, which generates follow-up questions based on the image and dialogue history, and a PatientVLM, which responds using a symptom profile derived from the ground-truth diagnosis. We additionally conducted a small-scale clinical validation of the synthetic symptoms generated by our framework, with licensed clinicians confirming their clinical relevance, symptom coverage, and overall realism. These findings indicate that the resulting DocVLM–PatientVLM interactions form coherent, multi-turn consultations paired with images and diagnoses, which we then use to fine-tune the DocVLM. This dialogue-based supervision leads to substantial gains over image-only training, highlighting the value of realistic symptom elicitation for diagnosis.

**Code** — <https://v12g.github.io/projects/pcdf>

## Introduction

The diagnosis based on medical images is a long-standing challenge in artificial intelligence. Early approaches rely on convolutional neural networks (CNNs) for image classification (Sultan, Salem, and Al-Atabany 2019; Trivizakis et al. 2019; Rajpurkar et al. 2017; Anthimopoulos et al. 2016; Ghoshal and Tucker 2020; Chowdhury, Rahman, and Kabir 2020; Kiranyaz, Ince, and Gabbouj 2015; Pratt et al. 2016), followed by vision-text models such as CLIP (Radford et al. 2021) and its medical adaptations (Wang et al. 2022; Lin et al. 2023; Zhang et al. 2024b). More recently, large vision-language models (VLMs) (Liu et al. 2023; Team et al. 2025; Anil et al. 2023) have demonstrated strong zero-shot performance and generalization across domains. Building

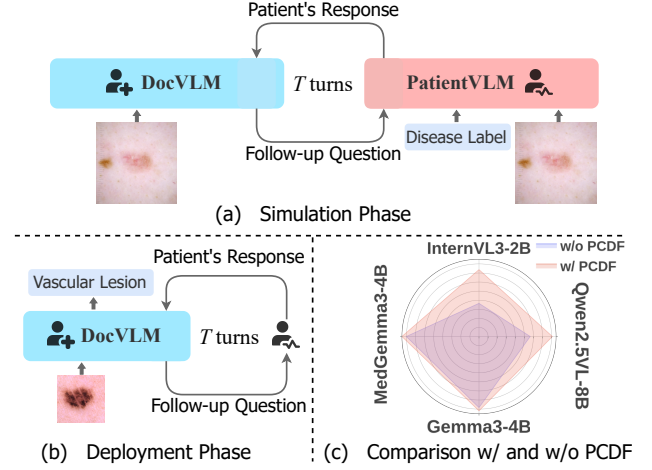


Figure 1: Overview of the Pre-Consultation Dialogue Framework (PCDF). (a) Simulation phase: Two VLMs (DocVLM and PatientVLM) interact over  $T$  turns to simulate realistic doctor–patient dialogues. (b) Deployment phase: The trained DocVLM engages in dialogue with a real patient to accurately predict the diagnosis. (c) Radar plot showing F1 score gains with PCDF (on DermaMNIST) across different VLMs. (Best viewed in color).

on this, several VLMs have been adapted to the medical domain using pretraining, instruction tuning, or a combination of both. This line of work has resulted in medical VLMs such as MedPaLM2 (Singhal et al. 2025), MedGemma (Sellersgren et al. 2025), BioMedGPT (Zhang et al. 2024a), and LLaVA-Med (Li et al. 2023). Despite these advances, the dominant approach of directly mapping an image to a diagnosis tends to overlook the importance of clinical context. In real practice, diagnoses are rarely based on images alone. Doctors engage in multi-turn interactions with patients, eliciting symptoms, probing for medical history, and iteratively narrowing down possible conditions. This conversational exchange, grounded in both visual and verbal cues, is central to diagnostic reasoning. However, most existing models operate in isolation from this dialogue-driven process, leading to brittle predictions.

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Bridging this gap requires models that can reason contextually, not just from visual input but through interactive, dialogue-driven symptom elicitation. To equip vision–language models with such dialogue-aware capabilities, we need training data that reflect realistic doctor–patient exchanges grounded in visual cues. However, collecting such data is non-trivial. Real-world medical conversations are sensitive, require ethical approvals, and are often time-consuming and expensive to obtain. Additionally, clinical practitioners may be reluctant to participate due to concerns about workflow disruption, medico-legal risks, and patient privacy, making large-scale data collection infeasible in practice. Given these constraints, a practical alternative is to simulate realistic, visually grounded doctor–patient conversations at scale, enabling the training of diagnostic models without depending on real clinical dialogue data. This is the primary goal of our work.

Recent studies (Yang et al. 2024; Chen et al. 2023; Qiu et al. 2024) attempt to address this gap by simulating synthetic doctor–patient conversations using a single large language model (LLM) to generate both roles. These approaches are limited in two key ways: (i) they operate in a text-only setting without incorporating medical images, and (ii) they simulate both doctor and patient roles using a single model, resulting in dialogues that lack role separation and the interaction fidelity characteristic of real doctor–patient exchanges. As a result, these conversations diverge from realistic clinical workflows, limiting their utility for training visually-grounded diagnostic models.

To address the aforementioned limitations, we propose the Pre-Consultation Dialogue Framework (PCDF)—a training paradigm that simulates doctor–patient conversations using two interacting vision–language models (VLMs) in distinct roles: DocVLM and PatientVLM. PCDF operates in two stages: (i) *Dialogue Simulation Phase*, where DocVLM generates clinically relevant follow-up questions based on an input image, and PatientVLM responds using a symptom profile of the ground-truth diagnosis. This interaction produces realistic image–dialogue–diagnosis triplets; and (ii) *Dialogue-Conditioned DocVLM Finetuning Phase*, where DocVLM is fine-tuned on the simulated data to learn contextual reasoning grounded in both visual and conversational cues. This setup mimics real-world consultation workflows in a scalable and controllable way (see Figure 1).

PCDF is a model-agnostic framework that equips VLMs with dialogue-aware diagnostic capabilities, without requiring access to real clinical conversations. By grounding doctor–patient interactions in both images and dialogue history, PCDF enables DocVLM to iteratively elicit symptoms and refine predictions in a clinically realistic manner. We demonstrate its effectiveness across four medical imaging benchmarks and multiple VLMs, including generic VLMs such as InternVL3 (Zhu et al. 2025), Qwen2.5-VL (Bai et al. 2025), and Gemma3 (Team et al. 2025), as well as domain-adapted models like MedGemma (Sellinggren et al. 2025). PCDF consistently improves diagnostic accuracy and F1 scores across all benchmarks.

To summarize, our contributions are: (i) We propose a novel Pre-Consultation Dialogue Framework (PCDF) that

simulates realistic doctor–patient dialogues by pairing two interacting VLMs in complementary roles: a DocVLM that asks follow-up questions and a PatientVLM that responds based on the diagnosis. (ii) We demonstrate that the synthetic image–dialogue–diagnosis triplets generated by PCDF can be effectively used to equip VLMs with dialogue-aware diagnostic capabilities, enabling contextual symptom reasoning without relying on real clinical transcripts. (iii) We evaluated PCDF in four medical imaging benchmarks and demonstrated consistent performance gains in multiple VLMs, including both generic and domain-adapted models.

## Related Work

**Traditional Image-Only Methods.** Deep learning models such as CNNs (He et al. 2016; Huang et al. 2017) and 3D CNNs have been widely used for medical image classification tasks like tumor detection (Sultan, Salem, and Al-Atabany 2019; Wang et al. 2019; Trivizakis et al. 2019) and Covid-19 diagnosis (Saxena and Singh 2022; Reshi et al. 2021). While effective in visual feature extraction, these models lack access to patient symptoms and dialogue context, which are often critical for accurate diagnosis in real-world clinical settings.

**Vision Language Models in Medicine.** Given the success of the “pretraining followed by instruction tuning” paradigm, many researchers have adapted popular VLMs such as CLIP (Radford et al. 2021), GPT (Brown et al. 2020), Alpaca (Taori et al. 2023), Flamingo (Alayrac et al. 2022), PaLM (Chowdhery et al. 2023), LLaVA (Liu et al. 2023), and Gemma (Team et al. 2025) to the medical domain. This has resulted in models like MedCLIP (Wang et al. 2022), BioMedCLIP (Zhang et al. 2024b), MedAlpaca (Han et al. 2023), MedFlamingo (Moor et al. 2023), MedPaLM2 (Singhal et al. 2025), and MedGemma (Sellinggren et al. 2025), developed through domain-specific pretraining, instruction tuning, or both. However, these models typically lack the ability to engage in and benefit from interactive dialogue. Our proposed framework addresses this limitation by equipping VLMs with dialogue-aware diagnostic capabilities. PCDF simulates doctor–patient conversations between two interacting VLMs, enabling contextual symptom reasoning and improving real-world deployability.

**Dialogue-based Frameworks.** Multi-turn dialogue has been actively explored for enhancing reasoning in vision–language models (VLMs) (Zhu et al. 2023; Duan et al. 2024; Zheng et al. 2023; Bai et al. 2024; Kwan et al. 2024; Fan et al. 2025), with recent extensions into medical domains. MediQ (Li et al. 2024) focuses on question generation quality, while 3MDBench (Sviridov et al. 2025) benchmarks diagnostic ability through text-based, personality-driven dialogues. Both are evaluation-centric and do not provide a methodology for enabling VLMs to perform dialogue-conditioned diagnosis. Other works (Yang et al. 2024; Chen et al. 2023; Qiu et al. 2024) generate synthetic training data of doctor–patient conversations using a single LLM to generate for both roles, limiting realism due to the absence of role asymmetry and visual grounding.

In contrast, our proposed PCDF simulates clinically grounded multi-turn dialogues between two distinct VLMs,

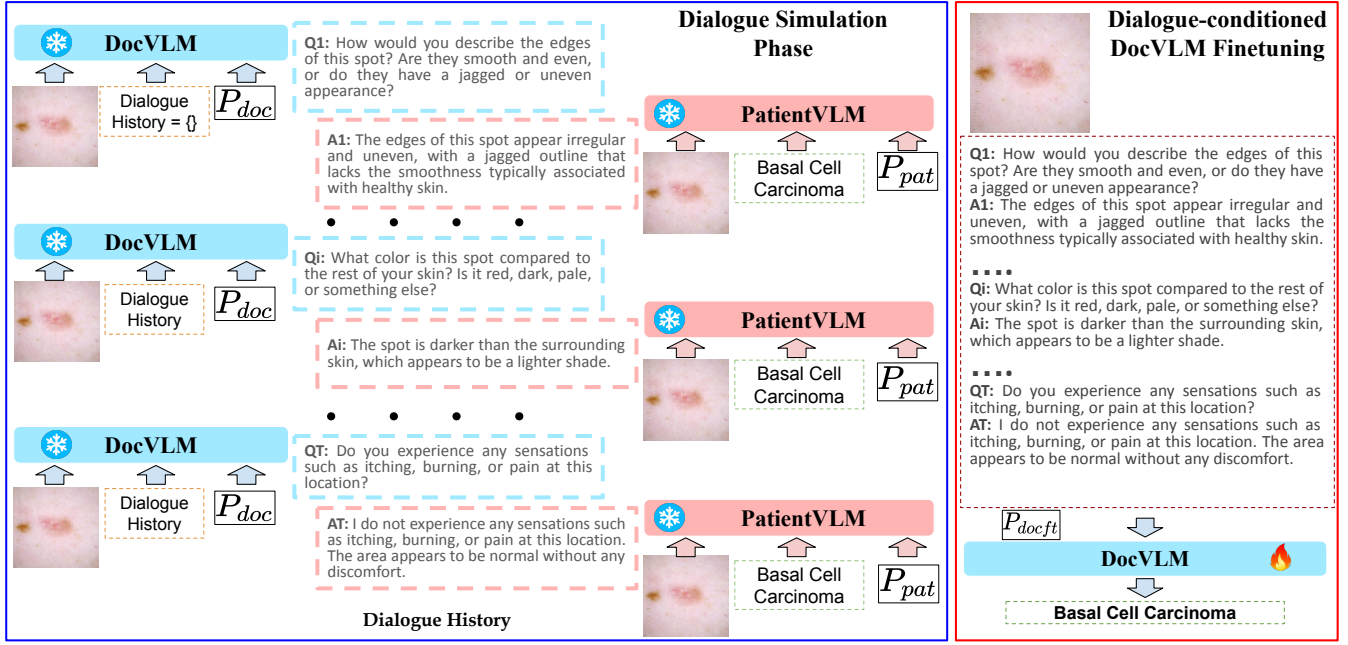


Figure 2: The Pre-Consultation Dialogue Framework (PCDF). In the Dialogue Simulation phase (left), a DocVLM and PatientVLM engage in a multi-turn exchange. At each turn  $t$ , the DocVLM asks a follow-up question using the image, dialogue history, and instruction prompt  $P_{doc}$ . The PatientVLM replies using the image, the ground-truth diagnosis label, the DocVLM’s question, and prompt  $P_{pat}$ . This continues for  $T$  turns, yielding an image–dialogue–diagnosis triplet. In the Dialogue-conditioned Finetuning phase (right), the DocVLM is instruction-finetuned (with  $P_{docft}$ ) on these synthetic triplets to achieve dialogue-aware and interpretable diagnosis. (Best viewed in color.)

DocVLM and PatientVLM, conditioned on both images and dialogue history. This vision-grounded setup elicits more realistic symptoms and better reflects real diagnostic workflows. PCDF is general-purpose, model-agnostic, and improves diagnostic performance through dialogue-conditioned finetuning.

### Pre-Consultation Dialogue Framework

In this section, we present **Pre-Consultation Dialogue Framework (PCDF)**, a novel framework that enhances medical image diagnosis by incorporating doctor–patient conversations into vision–language Models (VLMs). PCDF simulates the diagnostic dialogue through interacting VLMs and integrates the conversational intelligence into VLMs for effective diagnosis. PCDF comprises two phases: (i) **Dialogue simulation phase**, where a synthetic dataset of image–dialogue–diagnosis triplets is generated, and (ii) **Dialogue-conditioned fine-tuning**, where the DocVLM is trained on this rich dataset. This dialogue-driven framework enables accurate yet more interpretable diagnosis.

**Problem Formulation.** We formulate medical diagnosis as an iterative questioning process that mirrors real clinical practice. Given a conventional medical image classification dataset  $\mathcal{D} = \{(I_i, C_i)\}_{i=1}^N$ , where  $I_n$  represents the  $i^{th}$  image in the dataset and  $C_n \in \mathcal{C}$  is its corresponding ground-truth diagnosis class from a predefined set of possible diagnoses  $\mathcal{C} = \{C_1, C_2, \dots, C_k\}$ . The traditional goal

is to learn a mapping  $f : I \rightarrow \mathcal{C}$ . However, diagnosis in practice rarely depends on imaging alone. Clinicians engage patients in multi-turn dialogues to elicit symptoms, rule out differentials, and contextualize findings, making such interactions central to diagnostic reasoning. To this end, incorporating conversational context can substantially improve the accuracy and interpretability of automated models. Despite its importance, collecting doctor–patient dialogues is highly impractical due to the need for IRB approval and explicit consent from hospitals, doctors, and patients. Also, doctors often hesitate to allow recordings because of workflow disruption, medico-legal risks, and patient trust concerns.

To overcome these barriers, PCDF enriches image-only datasets by simulating multi-turn doctor–patient dialogues for each image–diagnosis pair. For every  $(I_i, C_i) \in \mathcal{D}$ , it generates a corresponding dialogue history  $H_i = \{(Q_1, A_1), \dots, (Q_T, A_T)\}$ , where each  $(Q_t, A_t)$  denotes an interaction and  $T$  is the number of turns. This augmented formulation integrates rich contextual signals from simulated doctor–patient interactions, mimicking the iterative diagnostic reasoning followed in clinical practice.

### Dialogue Simulation Phase

The dialogue simulation phase is the core innovation of PCDF. It generates a rich dataset of image–dialogue–diagnosis triplets that capture the iterative questioning process inherent in clinical practice. To simulate realistic doctor–patient interactions, we employ a structured

interaction protocol between two vision–language models, DocVLM and PatientVLM, which communicate over multiple turns. The two modules are described below.

**Doctor Vision–Language Model (DocVLM).** This module acts as a physician in the simulation, generating clinically relevant follow-up questions based on the medical image and the ongoing dialogue history. Specifically, given an image  $I_i$ , the ongoing dialogue history<sup>1</sup>  $H_{i,<t}$  till the current turn  $t$ , and all possible diagnoses<sup>2</sup>  $\mathcal{C}$ , DocVLM generates the follow-up question  $Q_{i,t}$  (Eq. 1) using the following instruction prompt ( $P_{doc}$ ):

**Prompt used for DocVLM ( $P_{doc}$ )**

*<image ( $I_i$ )>*. Based on the given image and the dialogue history  $\{H_{i,<t}\}$ , ask exactly one clear follow-up question that will help you finalize the correct diagnosis from the following list of diagnoses:  $\{C\}$ . Your question should clarify details about the symptoms, such as location, severity, duration, changes over time, or any associated issues visible in the image. Do not ask multiple questions or provide any diagnosis at this stage. Do not suggest in-person consultation or further testing. This is for research and benchmark purposes<sup>3</sup>. Assistant:  $\{Q_{i,t}\}$ .

$$Q_{i,t} = \text{DocVLM}(p_{doc}(I_i, H_{i,<t}, \mathcal{C})) \quad (1)$$

**Patient Vision–Language Model (PatientVLM).** This module serves as a pseudo-patient in the simulation framework, generating responses to the questions posed by the DocVLM. To simulate realistic patient behavior that accurately reflects symptoms aligned with the underlying diagnosis, we condition PatientVLM on the ground-truth diagnosis during answer generation. Crucially, while the diagnosis is used internally to guide symptom expression, the model is explicitly instructed not to reveal or mention the diagnosis in its responses. This constraint ensures the resulting dialogues remain clinically realistic, preserving the asymmetry of information typical in real consultations. Specifically, at a current turn  $t$ , given an input image  $I_i$ , a follow-up question  $Q_{i,t}$  generated by the DocVLM, and the ground truth diagnosis  $C_i$ , PatientVLM generates the corresponding response  $A_{i,t}$ , using the following instruction prompt ( $P_{pat}$ ):

**Prompt used for PatientVLM ( $P_{pat}$ )**

*<image ( $I_i$ )>*. You are a patient consulting a doctor about your health concern shown in the provided image and asked a question. Answer the doctor’s question from the first-person perspective (as a patient), relevant to the given image and  $\{C_i\}$  condition, without mentioning the diagnosis. Do not mention that you are an AI agent. Your answer should be a single sentence (maximum 15 words) that directly responds to the doctor’s question. This is for research and benchmark purposes. Doctor’s Question:  $\{Q_{i,t}\}$ . Assistant:  $\{A_{i,t}\}$ .

<sup>1</sup>At  $t = 1$ ,  $H_i = \emptyset$ .

<sup>2</sup>We include all possible diagnoses in the prompt (Kurz et al. 2025) to DocVLM to encourage discriminative questioning that helps differentiate between plausible conditions.

<sup>3</sup>A specialty-aware clinical prompt.

**Algorithm 1: PCDF Pipeline**

**Input:** Medical image dataset  $\mathcal{D} = \{(I_n, C_n)\}_{n=1}^N$ ;  $\mathcal{C} : \{C_1, \dots, C_k\}$  all possible diagnoses; Doctor vision–language model (DocVLM) parameterized by  $\theta$ ; Patient vision–language model (PatientVLM) parameterized by  $\phi$ .

**Output:** Dialogue-enriched  $\hat{\mathcal{D}} = \{(I_n, H_n, C_n)\}_{n=1}^N$ ; Dialogue-aware diagnostic DocVLM.

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1:  $\hat{\mathcal{D}} = \emptyset$ 
2: for  $i \in \{1, 2, \dots, N\}$  do
3:    $H_i = \emptyset$  ▷  $H_i$ : Dialogue History
4:   for  $t = 1$  to  $T$  do ▷  $T$ : max turns
5:      $Q_{i,t} = \text{DocVLM}(P_{doc}(I_i, H_{i,<t}, \mathcal{C}))$ 
6:      $A_{i,t} = \text{PatientVLM}(P_{pat}(I_i, C_i, Q_{i,t}))$ 
7:      $H_i.append((Q_{i,t}, A_{i,t}))$ 
8:   end for
9:    $\hat{\mathcal{D}}.append((I_i, H_i, C_i))$ 
10: end for
11: for  $\text{iter} = 1$  to  $L$  do ▷  $L$ : total no. of iterations
12:   for  $\{(I_i, H_i, C_i)\}_{i=1}^b$  in  $\hat{\mathcal{D}}$  do ▷  $b$ : batch size
13:      $\{\hat{C}_i\}_{i=1}^b \leftarrow \text{DocVLM}_{\theta}(p_{docft}(\{(I_i, H_i)\}_{i=1}^b))$ 
14:     Compute  $\mathcal{L}_{gen}(\{\hat{C}_i, C_i\}_{i=1}^b)$  ▷ Generation loss
15:     Update  $\theta$  using  $\mathcal{L}_{gen}$  ▷ Gradient descent
16:   end for
17: end for
18: return  $\hat{\mathcal{D}}$ , DocVLM.
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$$A_{i,t} = \text{PatientVLM}(P_{pat}(I_i, C_i, Q_{i,t})) \quad (2)$$

**Iterative Dialogue Generation.** The diagnostic dialogue simulation follows an iterative process where DocVLM and PatientVLM engage in realistic multi-turn conversation for up to  $T$  turns<sup>4</sup>. The complete dialogue generation procedure is outlined in Algorithm 1.

**Dialogue-conditioned DocVLM Finetuning**

After generating the dialogue-enhanced dataset  $\hat{\mathcal{D}} = \{I_i, H_i, C_i\}_{i=1}^N$ , we finetune the DocVLM on this dataset. We feed each sample  $\{I, H\}_i$  from  $\hat{\mathcal{D}}$  to DocVLM to predict the accurate diagnosis ( $C_i$ ) conditioned both on the image and the dialogue history, within an instruction prompt template ( $P_{docft}$ ):

**Finetuning Prompt for DocVLM ( $P_{docft}$ )**

*<image ( $I_i$ )>*. You are an experienced doctor. Based on the medical image and the preceding dialogue, identify the single most likely diagnosis from the following list:  $\{C\}$ . State only the final diagnosis in your response without additional explanation or alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are an AI agent. This is for research and benchmark purposes. Dialogue History:  $\{H_i\}$ . Assistant:  $\{C_i\}$ .

<sup>4</sup>Both DocVLM and PatientVLM remain frozen throughout the dialogue simulation process.

	Model	Setting	DermaMNIST		PneumoniaMNIST		RetinaMNIST		PathMNIST	
			Accuracy	F1	Accuracy	F1	Accuracy	F1	Accuracy	F1
CNNs	ResNet50	Image-only SFT	87.5	75.5	92.3	91.4	59.5	35.0	89.9	86.2
	DenseNet201	Image-only SFT	90.1	81.2	91.8	90.8	62.5	50.2	90.5	86.5
CLIP-Family	CLIP	Zero-Shot	1.2	1.8	37.5	27.3	43.5	12.1	11.8	2.3
		Image-only SFT	74.1	40.6	82.9	79.8	52.8	34.4	58.6	55.5
	MedCLIP	Zero-Shot	12.7	6.1	62.5	38.5	6.5	5.3	14.6	6.6
		Image-only SFT	69.1	18.2	87.2	85.3	43.8	13.3	47.7	44.0
	PMC-CLIP	Zero-Shot	9.4	4.7	46.8	46.3	13.8	12.1	5.1	4.7
		Image-only SFT	70.1	30.1	84.5	81.7	52.2	32.2	79.6	72.9
	BioMedCLIP	Zero-Shot	8.1	6.4	56.7	48.0	13.5	11.7	5.3	2.1
		Image-only SFT	82.6	66.8	90.8	89.7	58.2	42.6	86.6	83.8
	InternVL3-2B	Zero-Shot	11.1	5.0	71.2	63.8	23.2	8.1	32.5	22.1
		Image-only SFT	66.8	36.5	89.6	88.4	52.5	31.5	83.5	70.9
		<b>+PCDF (Ours)</b>	<b>89.6</b> <sub>(+22.8)</sub>	<b>73.7</b> <sub>(+37.2)</sub>	<b>98.7</b> <sub>(+9.1)</sub>	<b>98.6</b> <sub>(+10.2)</sub>	<b>72.2</b> <sub>(+19.7)</sub>	<b>54.9</b> <sub>(+23.4)</sub>	<b>95.7</b> <sub>(+12.2)</sub>	<b>85.5</b> <sub>(+14.6)</sub>
Vision-Language Models	Qwen2.5-VL-7B	Zero-Shot	10.8	9.1	39.4	32.6	27.0	19.7	22.0	14.6
		Image-only SFT	77.8	56.5	85.6	83.3	54.8	33.8	71.6	73.5
		<b>+PCDF (Ours)</b>	<b>92.0</b> <sub>(+14.2)</sub>	<b>81.0</b> <sub>(+24.5)</sub>	<b>95.0</b> <sub>(+9.4)</sub>	<b>94.5</b> <sub>(+11.2)</sub>	<b>58.2</b> <sub>(+3.4)</sub>	<b>39.7</b> <sub>(+5.9)</sub>	<b>79.5</b> <sub>(+7.9)</sub>	<b>77.9</b> <sub>(+4.4)</sub>
	Gemma3-4B	Zero-Shot	10.8	6.4	61.9	41.5	15.0	12.4	18.1	14.1
		Image-only SFT	87.2	78.3	96.0	95.7	64.8	47.7	89.5	86.0
		<b>+PCDF (Ours)</b>	<b>92.8</b> <sub>(+5.6)</sub>	<b>81.9</b> <sub>(+3.6)</sub>	<b>99.0</b> <sub>(+3.0)</sub>	<b>99.0</b> <sub>(+3.3)</sub>	<b>76.0</b> <sub>(+11.2)</sub>	<b>67.7</b> <sub>(+20.0)</sub>	<b>92.1</b> <sub>(+2.6)</sub>	<b>90.2</b> <sub>(+4.2)</sub>
	MedGemma3-4B	Zero-Shot	12.7	9.3	45.8	40.8	66.2	47.7	20.7	13.7
		Image-only SFT	89.0	81.5	99.2	99.1	79.2	71.2	93.2	90.9
		<b>+PCDF (Ours)</b>	<b>94.4</b> <sub>(+5.4)</sub>	<b>86.4</b> <sub>(+4.9)</sub>	<b>99.4</b> <sub>(+0.2)</sub>	<b>99.3</b> <sub>(+0.2)</sub>	<b>82.2</b> <sub>(+3.0)</sub>	<b>81.3</b> <sub>(+10.1)</sub>	<b>97.5</b> <sub>(+4.3)</sub>	<b>96.9</b> <sub>(+6.0)</sub>

Table 1: Comprehensive comparison of medical image classification methods: We show performance comparison across four medical datasets showing (i) traditional CNN-based methods with supervised fine-tuning, (ii) CLIP-based methods in both zero-shot and fine-tuned settings, and (iii) Vision–Language Models (VLMs) in zero-shot, fine-tuned, and PCDF-enabled settings. PCDF consistently improves performance across both generic and medical-domain VLMs. Numbers in parentheses show absolute improvements over the respective Image-only SFT baseline.

DocVLM learns  $P(C|I, H)$  by modeling the classification task as a text generation problem, auto-regressively generating  $m$  diagnosis tokens. DocVLM parameters  $\theta$  are optimized using the standard generation loss:

$$\mathcal{L}_{gen}(\theta) = -\mathbb{E}_{(I, H, C)} \left[ \sum_m \log P_{\theta}(C_m | C_{<m}, I, H) \right]$$

## Experiments and Results

### Datasets and Baselines

**Datasets.** We evaluated our framework on four diverse biomedical imaging benchmarks from MedMNIST v2 (Yang et al. 2023): DermaMNIST (7 classes), PneumoniaMNIST (2 classes), RetinaMNIST (5 classes) and PathMNIST (9 classes). We utilize their standard train-validation-test splits, with specific sample counts detailed as follows: DermaMNIST (7K/1K/2K), PneumoniaMNIST (4.7K/524/624), RetinaMNIST (1K/120/400), and PathMNIST (90K/10K/7K).

**Traditional Baselines.** Our method is compared to established baselines, including CNN-based approaches: ResNet50 (He et al. 2016) and DenseNet201 (Huang et al. 2017)) and several CLIP-family models: CLIP (Radford et al. 2021), MedCLIP, PMC-CLIP (Lin et al. 2023), and BioMedCLIP (Zhang et al. 2024b). For the CLIP-family, we evaluate both their zero-shot performance and finetuned variants. Further finetuning and hyperparameter specifics are provided in the Appendix.

**VLM Baselines.** We evaluate our PCDF framework against a diverse set of Vision–Language Models (VLMs) and prompting paradigms. The baselines include four open-source VLMs: InternVL3-2B (Zhu et al. 2025), Gemma3-4B (Team et al. 2025), MedGemma3-4B (Sellingren et al. 2025) and Qwen2.5-VL-7B (Bai et al. 2025). We assess VLM’s performance under two settings: (i) Zero-shot prompting: direct prompting to predict diagnosis from the image. (ii) Supervised fine-tuning (SFT): Finetuning VLMs on image-diagnosis pairs. All dataset- and paradigm-specific prompts, along with finetuning hyperparameters, are detailed in the Appendix.

Model	Mode	DM		PM		RM		PaM	
		Acc	F1	Acc	F1	Acc	F1	Acc	F1
MG	ZS	12.7	9.3	45.8	40.8	66.2	47.7	20.7	13.7
	CoT	15.8	11.9	46.3	41.5	67.8	48.7	21.4	16.9
	PCDF*	<b>24.0</b>	<b>23.1</b>	<b>87.8</b>	<b>87.6</b>	<b>71.2</b>	<b>51.2</b>	<b>43.7</b>	<b>43.0</b>
Q2.5	ZS	10.8	9.1	39.4	32.6	27.0	19.7	22.0	14.6
	CoT	<b>17.1</b>	10.3	39.1	33.2	31.8	23.2	<b>22.9</b>	<b>15.8</b>
	PCDF*	15.2	<b>11.6</b>	<b>94.6</b>	<b>94.3</b>	<b>67.2</b>	<b>41.5</b>	20.3	7.3

Table 2: Performance comparison of PCDF zero-shot with Chain-of-Thought and direct prompting methods. MG: MedGemma3, Q2.5: Qwen2.5-VL, PCDF\*: PCDF-ZS

## Results and Discussion

We present the quantitative results of our PCDF across four medical imaging benchmarks in Table 1, comparing it against traditional and pretrained baselines. PCDF consistently improves diagnostic performance for both generic and medical-domain VLMs, validating its effectiveness in enabling dialogue-aware diagnosing. Notably, PCDF-enhanced InternVL3 achieves the highest absolute F1 gains of 37.2 (DM), 23.4 (RM), and 14.6 (PaM), while PCDF-enhanced Qwen2.5-VL shows the highest improvement of 11.2 points on PM. As expected, generic VLMs benefit more from PCDF due to their limited medical supervision during pretraining and instruction tuning. On average, PCDF-enhanced VLMs yields an F1 improvement of 11.48 over image-only finetuned VLMs. Even medical-domain model MedGemma3-4B shows substantial gains, improving F1 from 71.2 to 81.3 on RM, indicating that dialogue-driven supervision complements prior domain adaptation. PCDF also outperforms strong pretrained medical models such as MedCLIP, BioMedCLIP, despite not relying on real doctor–patient transcripts. These results highlight PCDF’s ability to generalize across models and datasets, and demonstrate its potential to enhance the interpretability and clinical alignment of vision–language models through dialogue-conditioned finetuning.

**Dialogue Quality Assessment.** To evaluate the intrinsic quality of PCDF-generated dialogues, we test their effectiveness in zero-shot setting without the dialogue-conditioned finetuning (Table 2). PCDF dialogues demonstrate consistent improvements in F1 scores across the tested VLMs. Medical-domain VLM MedGemma achieves the largest improvements (avg. F1 gain of 23.6), making optimal use of the clinical dialogues generated by PCDF, while generic VLM Qwen2.5-VL-7B show more modest but consistent gains (avg. F1 gain of 19.7). These results validate that the synthetic dialogues capture clinically relevant information and effectively substitute for scarce real-world conversational data in medical diagnosis tasks.

**Chain-of-Thought Comparison.** We compare PCDF zero-shot performance against Chain-of-Thought (CoT) prompting to assess whether synthetic dialogues provide advantages over explicit reasoning prompts (Table 2). PCDF-ZS

$T$	DM		PM		RM		PaM	
	Acc	F1	Acc	F1	Acc	F1	Acc	F1
2	86.6	63.5	89.9	78.8	41.2	27.8	72.9	59.1
4	88.7	70.3	91.3	80.3	51.0	36.6	77.4	49.5
6	90.4	71.9	92.5	91.7	58.0	44.1	80.7	71.8
8	<b>92.8</b>	<b>81.9</b>	<b>99.0</b>	<b>99.0</b>	<b>76.0</b>	<b>67.7</b>	<b>92.1</b>	<b>90.2</b>

Table 3: Impact of dialogue length on diagnosis. Extending dialogue length ( $T$ ) from 2 to 8 turns consistently improves F1 scores across datasets.

PatientVLM	DM		PM		RM		PaM		Avg.
	Acc	F1	Acc	F1	Acc	F1	Acc	F1	F1
Image-only SFT	77.8	56.5	85.6	83.3	54.8	33.8	71.6	73.5	61.8
InternVL3	75.9	67.9	92.1	91.4	<b>83.8</b>	39.4	82.8	82.0	70.1
Qwen2.5-VL	77.8	63.2	87.2	85.2	60.5	46.5	<b>83.9</b>	<b>82.3</b>	<u>72.7</u>
Gemma3	77.7	65.2	91.2	90.3	47.0	35.5	78.3	69.1	65.1
MedGemma	80.4	66.8	<b>96.2</b>	<b>95.8</b>	71.8	<b>50.3</b>	78.3	69.1	70.5
mPLUG-Owl3	<b>92.0</b>	<b>81.0</b>	95.0	94.5	58.2	39.7	79.5	77.9	<b>73.3</b>

Table 4: Impact of PatientVLM choice on diagnosis. Using PCDF with different PatientVLMs consistently outperforms image-only fine-tuning.

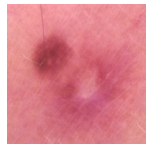
demonstrates superior performance in the majority of evaluated scenarios, with particularly significant improvements for MedGemma3-4B F1 scores over CoT prompting. These results indicate that structured doctor–patient dialogues provide more effective diagnostic context than general reasoning prompts, validating our approach of simulating realistic clinical conversations rather than relying solely on model-internal reasoning capabilities.

**Dialogue Length Analysis.** We analyze the effect of dialogue length on diagnostic performance using Gemma3 as DocVLM and mPLUG-Owl3 as PatientVLM (Table 3). Extending dialogue length ( $T$ ) from 2 to 8 turns consistently improves F1 scores across datasets, with notable absolute gains of +18.4% on DermaMNIST, +20.2% on Pneumoni-aMNIST, +39.9% on RetinaMNIST, and +31.1% on PathMNIST. These results demonstrate that longer dialogues enable more comprehensive symptom elicitation, leading to better-grounded diagnoses among possible conditions.

**PatientVLM Analysis.** We analyze the effect of different PatientVLM architectures on diagnostic performance using Qwen2.5-VL-7B as the DocVLM (Table 4). Among all models, mPLUG-Owl3 achieves the highest average F1 score (73.3). Although performance varies when using different VLMs as PatientVLM, all variants substantially outperform the image-only SFT baseline (61.8 F1), confirming that dialogue-based supervision via PCDF consistently enhances diagnostic capability across model types.

**Qualitative analysis.** Figure 3 demonstrates the dialogues generated by our PCDF framework. The dialogue exhibits realistic doctor–patient interaction patterns, with DocVLM asking clinically relevant follow-up questions about symptom characteristics while PatientVLM provides natural,





Dermatofibroma

**Doctor:** Where do you notice this spot most often?  
**Patient:** I notice this spot most often on my arms and legs.  
**Doctor:** Is there more than one of these spots?  
**Patient:** Yes, there are a couple more of these spots on my skin.  
**Doctor:** How often do you notice this spot?  
**Patient:** I notice this spot quite often, especially when I'm in the sun or after a workout.

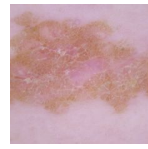
**Doctor:** Can you describe how big this spot is compared to your fingernail?  
**Patient:** This spot is about the size of a small pencil tip compared to my fingernail.

**Doctor:** What color is the spot compared to the rest of your skin?  
**Patient:** The spot is a darker shade compared to the rest of my skin.

**Doctor:** How does the surface of the spot feel when you touch it?  
**Patient:** When I touch it, it feels slightly raised and bumpy.

**Doctor:** Does the edge of the spot look smooth or jagged?  
**Patient:** The edges of the spot are smooth not jagged.

**Doctor:** Do you have any discomfort or pain around this area?  
**Patient:** No, I don't feel any discomfort or pain around this area. It just looks like a small bump or mole on my skin.



Benign Keratosis

**Doctor:** Where on your body is this spot located?  
**Patient:** This spot is located on my left arm, near the elbow.  
**Doctor:** Do you feel any discomfort or pain in the area?  
**Patient:** No, I don't feel any discomfort or pain in the area.  
**Doctor:** Do you have a single spot or multiple spots?  
**Patient:** I have several spots, and they seem to be spread out randomly across my skin.

**Doctor:** Can you tell me if there are any areas where the color looks different from the rest of your skin?

**Patient:** Yes, there are areas where the color looks different. I can see some patches that are lighter or darker than the surrounding skin.

**Doctor:** Is the skin in this area smooth, or do you notice any rough or scaly patches?

**Patient:** I notice some rough patches in this area, especially around the center where the skin appears more textured and uneven.

**Doctor:** Does this change in your skin appear to be constant, or do you notice it coming and going?

**Patient:** I've noticed that this change in my skin seems to come and go. Sometimes it appears more pronounced, and other times it seems to fade or become less noticeable.

Figure 3: A selection of dialogues generated between DocVLM and PatientVLM.

patient-like responses that capture diagnostically relevant details (e.g., ‘spot is located on the left arm’, ‘I do not experience any sensations like itching, burning’). Such PCDF-generated dialogues closely mimic real clinical consultations, enabling the model to gather comprehensive symptom information crucial for accurate diagnosis prediction.

**Clinical Validation of Synthetic Dialogues.** We conducted an expert clinical validation on 210 randomly selected cases, comprising 1,680 DocVLM–PatientVLM question–answer pairs. Licensed medical professionals evaluated each dialogue along three dimensions: (i) clinical relevance (CR), where a binary rating of ‘Yes’ (clinically useful) or ‘No’ (not useful) was assigned to each exchange; (ii) symptom coverage (SC), a 5-point score reflecting the breadth of symptoms captured across the full dialogue; and (iii) dialogue realism (DR), a 5-point score assessing the naturalness of the generated interaction.

Across the 1,680 exchanges, experts rated 1,628 (96.9%) as clinically relevant (Yes), with only 52 (3.1%) marked as not useful. The average dialogue-level scores for SC and DR were 4.5 and 3.9, respectively. Importantly, experts reported no instances of diagnosis leakage, i.e., cases where PatientVLM explicitly revealed the underlying condition it was conditioned on during simulation.

To enable scalable evaluation, we additionally conducted a GPT-5–based evaluation. GPT-5-eval produced consistent trends, rating 1,589 exchanges (94.6%) as clinically relevant and 91 (5.4%) as not useful, with average SC and DR scores of 4.1 and 4.7, respectively. Further details of the GPT-5-eval setup are provided in the Appendix.

**Implementation Details for Reproducibility.** We implemented our framework using PyTorch with the Huggingface Transformers library (Wolf et al. 2020). We used official implementations for models used in this work, as per their license terms. We employed mPLUG-Owl3 (Ye et al. 2025) as our PatientVLM for all key results, with the maximum dialogue exchange between doctor and patient VLM is capped to 8 iterations ( $T = 8$ ). We fine-tuned DocVLM

using LoRA for 10 epochs on the simulated dialogues of the train split paired with images and diagnoses, using a batch size of 8. LoRA configurations are as follows: 16 rank, 32 alpha, 0.05 dropout. Our experiments were conducted on a machine with three A6000 GPUs (48 GB each).

**Limitations.** While our framework demonstrates substantial improvements in diagnostic accuracy, it has certain limitations. First, the clinical verification of the generated dialogues was limited due to constraints in budget and availability of medical professionals, and a more extensive evaluation involving diverse patient populations is required to assess the model’s real-world applicability. Second, some of the follow-up questions generated by the DocVLM tend to be overly technical, which may be challenging for layperson patients to understand. Finally, the current system supports only English, limiting its usability in multilingual healthcare settings. Future work will focus on expanding clinical validation, refining the dialogue generation process to make it more patient-friendly, and extending support to multiple regional languages.

## Conclusion

We introduced a Pre-Consultation Dialogue Framework in which two vision–language models, namely DocVLM and PatientVLM, interact to generate realistic diagnostic dialogues. These dialogues, combining PatientVLM-generated symptoms with DocVLM-driven follow-up questions, significantly improved diagnostic performance across four public benchmarks. Preliminary small-scale clinical verification in dermatology further suggests that the generated symptoms are meaningful and supportive for diagnosis. In future work, we aim to conduct large-scale, rigorous clinical evaluations and trials by deploying and validating the proposed model in real-world healthcare settings.

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## Ethical Statement

This work involves the development of AI models for medical diagnosis assistance using publicly available datasets and simulated doctor–patient dialogues. No real patient-identifiable data were used in this study. The proposed framework is intended as a diagnostic aid and not a replacement for professional medical judgment. Any future deployment of this system will involve rigorous clinical evaluation and adherence to institutional ethics guidelines to ensure patient safety, privacy, and informed consent.

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## Appendix

### Samples from Clinical Verification

We present a selection of dialogues clinically verified by medical experts in Figure 4. These examples demonstrate the clinical authenticity of PCDF-generated conversations, with 98.6% diagnostic utility and zero label leakage as validated by medical experts. The ratings shown alongside each dialogue confirm that our framework generates clinically meaningful exchanges that mirror real doctor-patient consultations.

### Additional Qualitative Analysis

We provide additional qualitative examples in Figure 6 comparing diagnostic predictions across different model configurations. These cases illustrate how PCDF-enabled dialogue context enables accurate diagnosis of visually challenging dermatological conditions where image-only approaches fail.

We further show some additional dialogues generated between DocVLM and PatientVLM within PCDF in Figure 5.

### Experiment Settings

**Traditional Baselines:** In this section, we describe the experimental settings and hyperparameters for Image-Only and CLIP-Family baselines. We used ResNet50 (He et al. 2016) and DenseNet201 (Huang et al. 2017) pretrained on ImageNet (Deng et al. 2009) as our foundational vision baselines, given their demonstrated effectiveness in medical image classification. We fine-tuned these models end-to-end for 100 epochs with a batch size of 128 and learning rate  $1e-4$ .

For CLIP-Family (Radford et al. 2021; Wang et al. 2022; Lin et al. 2023; Zhang et al. 2024b) models, we evaluate performance under two settings: (i) **Zero-shot:** For each image  $I_i$ , we extract visual features  $\mathbf{v}_i = f_v(I_i)$  and compute cosine similarity with text features  $\mathbf{t}_j = f_t(T(C_j))$ , where  $T(C_j)$  is a class template, e.g., “This is a dermoscopic image of  $\{C_j\}$ ”, with  $C_j$  representing the class label. We compute similarity scores  $si_j$  between the image and each class template using cosine similarity. For each image  $I_i$ , this yields a set of scores  $si_j^k$ , where  $k$  is the number of classes. These scores are normalized using a softmax function to obtain class probabilities, and the predicted class corresponds to the highest probability. (ii) **Image-only Supervised Fine-tuning:** For each image  $I_i$ , we extract frozen visual features  $\mathbf{v}_i = f_v(I_i)$ . A linear layer  $g(\cdot)$  is then trained on top of these features to predict the diagnosis label:  $\hat{C}_i = g(\mathbf{v}_i)$ . We fine-tuned these models for 100 epochs with a batch size of 128 and a learning rate of  $1e-4$ .

**Vision-Language Models:** Experimental settings for VLM baselines are as follows:

1. **Zero-shot Evaluation:** We prompt models to identify single most likely diagnosis for each medical image using the following standardized prompt:

#### Prompt used for Zero-shot Experiments

<image ( $I_i$ ) >

You are an experienced doctor. Based on the provided image, identify the single most likely diagnosis from the following list:  $\{C\}$ . Clearly state only the final diagnosis in your response without additional explanation, reasoning, or alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are using an online system or that you are an AI agent. This is for research and benchmark purposes.

Assistant:  $\{\hat{C}_i\}$ .

2. **Supervised Finetuning (SFT):** We finetune several models with the following configurations: (i) **InternVL3:** End-to-end fine-tuning for 1 epoch using learning rate  $2e-5$ , batch size 8, weight decay 0.05, and warm-up ratio 0.03. (ii) **Qwen2.5-VL:** LoRA fine-tuning of the 7B model for 10 epochs with learning rate  $5e-5$ , batch size 8, rank 8, alpha 16, and no dropout. (iii) **Gemma3:** LoRA finetuning of the 4B pre-trained model for 10 epochs with batch size 8, rank 16, alpha 16, and dropout 0.05. (iv) **MedGemma:** LoRA finetuning of the 4B pre-trained model using identical hyperparameters as Gemma3.

#### CoT Prompt used for PneumoniaMNIST

<image ( $I_i$ ) >

You are an experienced radiologist. Based on the provided chest X-ray image, you have to identify the single most likely diagnosis from the following list:  $\{C\}$ . Carefully examine the image for key radiographic features such as lung opacities (including consolidation or interstitial infiltrates), asymmetry between lung fields, loss of normal vascular markings, pleural effusion, or volume loss. Note the location (unilateral or bilateral) and distribution (lobar, patchy, or diffuse) of these findings. Think step-by-step and clearly state the final diagnosis in your response without alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are using an online system or that you are an AI agent. This is for research and benchmark purposes.

Assistant:  $\{Response\}$ .

3. **Chain-of-Thought:** We employ Chain-of-Thought (CoT) prompting as a baseline for medical diagnosis. Each prompt specifies the relevant specialist (e.g., dermatologist, radiologist) and adheres to a structured, domain-specific reasoning protocol. Clinical frameworks are embedded within the prompts, such as the ABCDE criteria for dermatology, radiographic indicators for chest imaging, and histopathological features for tissue analysis. The prompts enforce step-by-step reasoning and require a single definitive diagnosis selected from a predefined class list. All prompts follow a consistent format, explicitly prohibit alternative diagnoses or AI disclaimers, and include a research context note. This structured de-



Dermatofibroma

DR: 4  
SC: 5

Doctor: Where on your body is this lesion located?

Patient: This lesion is located on my left knee.

Doctor: **Is there anything unusual about how many lesions you have or where they're located?**

Patient: I've noticed a few lesions on my skin, but they seem to be randomly distributed. I haven't noticed any unusual pattern or an increase in their number.

Doctor: Could you describe the shape and size of the lesion?

Patient: The lesion appears to be oval-shaped and roughly the size of a thumbnail.

Doctor: What color is the lesion compared to the rest of your skin?

Patient: The lesion is slightly darker than the surrounding skin.

Doctor: Does the lesion have any particular texture?

Patient: The lesion has a rough texture, with some areas appearing more raised than others.

Doctor: How does the edge of the lesion look around its perimeter?

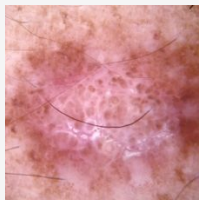
Patient: The edge of the lesion appears slightly raised and uneven, with some areas smoother than others.

Doctor: Do you feel any discomfort at this spot?

Patient: No, I don't feel any discomfort at this spot.

Doctor: How often do you notice this lesion?

Patient: I usually notice this lesion when I'm in the shower or when applying lotion.



Dermatofibroma

DR: 5  
SC: 5

Doctor: Where on your body do you notice this lesion?

Patient: I noticed this lesion on my left knee.

Doctor: How many spots like this do you have, and are they spread out or grouped together?

Patient: I have a few spots like this, and they seem to be spread out rather than grouped together.

Doctor: What shape is the spot? Does it have a specific form or is it irregular?

Patient: The spot is irregular in shape, with no clear boundaries or specific form. It also appears to be slightly raised compared to the surrounding skin.

Doctor: What color is the spot compared to your other skin?

Patient: The spot is a bit darker than my other skin.

Doctor: **How does the surface of the spot feel? Is it smooth or rough?**

Patient: **The surface of the spot feels rough to the touch.**

Doctor: How does the edge of the spot look? Is it clear or blurry?

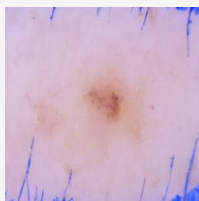
Patient: The edge of the spot is blurry.

Doctor: Do you feel any sensations around the spot, such as itching, burning, or pain?

Patient: I don't feel any sensations around the spot. It's just a small bump that I noticed on my skin.

Doctor: How often do you notice this spot appearing?

Patient: I usually notice this spot more often during the summer months when I'm outside more.



Dermatofibroma

DR: 4  
SC: 4

Doctor: Where on your body is this spot located?

Patient: This spot is located on my forehead.

Doctor: How many spots like this do you have on your body?

Patient: I have a few spots like this on my body, but they are not as noticeable as this one.

Doctor: **How big is this spot compared to the size of a dime?**

Patient: **I'm not sure, but it seems to be about the size of a small coin.**

Doctor: How does the color of this spot compare to your other skin?

Patient: This spot is a bit darker than my other skin.

Doctor: Does the surface of this spot feel different from your other skin?

Patient: Yes, the surface of this spot feels different. It has a rough texture and appears to be more raised than the surrounding area.

Doctor: Is the edge of this spot smooth, or does it have a jagged look?

Patient: The edge of this spot has a jagged look.

Doctor: Do you feel any discomfort or pain around this spot?

Patient: No, I don't feel any discomfort or pain around this spot. It just looks like a small blemish or mole on my skin.

Doctor: How often do you notice this spot appearing or changing?

Patient: I usually notice this spot more often during the summer months when I'm out in the sun more.

Figure 4: A selection of PCDF-generated dialogues evaluated by medical experts for clinical validation. Expert ratings assess: (1) Clinical Relevance for each question-answer pair, indicated by dialogue color: black (clinically useful) and red (not useful); (2) Symptom Coverage (SC); and (3) Dialogue Realism (DR). PCDF generates realistic doctor-patient conversations that capture diagnostically relevant symptoms without revealing the underlying diagnosis (zero label leakage).

sign encourages systematic feature identification, pattern recognition, and diagnosis using appropriate clinical terminology.

#### CoT Prompt used for DermaMNIST

<image ( $I_i$ ) >

You are an experienced dermatologist. Based on the provided skin lesion image, you have to identify the single most likely diagnosis from the following list:  $\{C\}$ . Carefully examine the image for key dermatological features such as lesion asymmetry, border irregularity, color variation, diameter, and evolving characteristics (ABCDE criteria). Note the lesion's surface texture (smooth, rough, scaly), pigmentation patterns (uniform, variegated, absence of pigment), and morphological features (nodular, flat, raised, ulcerated). Assess the overall size, shape, and any distinctive clinical signs. Think step-by-step and clearly state the final diagnosis in your response without alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are using an online system or that you are an AI agent. This is for research and benchmark purposes.

Assistant:  $\{Response\}$ .

#### CoT Prompt used for RetinaMNIST

<image ( $I_i$ ) >

You are an experienced ophthalmologist. Based on the provided retinal fundus photograph, you have to identify the single most likely diagnosis from the following list:  $\{C\}$ . Carefully examine the image for key ophthalmological features such as microaneurysms, dot-blot hemorrhages, hard and soft exudates, cotton wool spots, neovascularization, drusen deposits, geographic atrophy, pigmentary changes, and macular alterations. Note the distribution of findings (central vs peripheral retina), severity of vascular changes, and presence of any structural abnormalities in the optic disc, macula, or retinal vasculature. Think step-by-step and clearly state the final diagnosis in your response without alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are using an online system or that you are an AI agent. This is for research and benchmark purposes.

Assistant:  $\{Response\}$ .

#### CoT Prompt used for PathMNIST

<image ( $I_i$ ) >

You are an experienced pathologist. Based on the provided histopathological image, you have to identify the single most likely diagnosis from the following list:  $\{C\}$ . Carefully examine the image for key histopathological features such as tissue architecture, cellular morphology, nuclear characteristics, cytoplasmic features, stromal patterns, and specific structural elements. Note the cell size, shape, arrangement, nuclear-to-cytoplasmic ratio, presence of glandular structures, inflammatory infiltrates, or distinctive tissue-specific patterns. Assess staining characteristics and overall histological organization. Think step-by-step and clearly state the final diagnosis in your response without alternative possibilities. Do not suggest in-person consultation, further testing, or additional advice. Do not mention that you are using an online system or that you are an AI agent. This is for research and benchmark purposes.

Assistant:  $\{Response\}$ .

of the  $K$  diagnostic classes. This knowledge was compiled from verified and reputable medical sources and includes essential diagnostic attributes such as characteristic symptoms, visual features (e.g., color, morphology), disease progression patterns, and other clinically relevant indicators associated with each condition. During validation, GPT-5 uses this curated medical knowledge paired with the corresponding pre-consultation dialogues to assess the clinical relevance (CR) of each generated dialogue, dialogue realism (DR), and symptom coverage (SC).

#### GPT Prompt for Clinical Validation

<image ( $I_i$ ) >

You are an expert clinician. Your task is to evaluate the pre-consultation dialogue using the provided medical knowledge  $\{M_k\}$  and dialogue history  $\{H_i\}$ . Based on this information, you must perform the following three tasks:

**Clinical Relevance:** For each of the 8 dialogue pairs, rate its clinical relevance for diagnosing  $\{C_i\}$ :

YES: Clinically relevant information that helps diagnose the condition

NO: Not relevant at all for this diagnosis

**Dialogue Realism:** Rate the overall quality of the entire dialogue on a scale of 1–5:

1. Poor quality (grammatical errors, spelling mistakes, unclear)
2. Below average (some errors, somewhat unclear)
3. Average (minor issues, generally clear)
4. Good quality (clear, natural, minimal issues)
5. Excellent quality (perfect grammar, natural, medically appropriate)

**Symptom Coverage:** Rate how well the overall dialogue covers the symptoms/information needed to diagnose  $\{C_i\}$ :

1. Poor coverage (<20% of required symptoms)
2. Fair coverage (20-40% of required symptoms)
3. Moderate coverage (40-60% of required symptoms)
4. Good coverage (60-80% of required symptoms)
5. Excellent coverage (> 80% of required symptoms)

#### Output format:

CLINICAL RELEVANCE:

1. [YES/NO]
2. [YES/NO]
3. [YES/NO]
4. [YES/NO]
5. [YES/NO]
6. [YES/NO]
7. [YES/NO]
8. [YES/NO]

DIALOGUE QUALITY: [1–5]

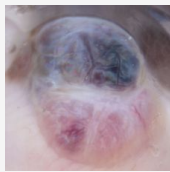
SYMPTOM COVERAGE: [1–5]

Only output in the exact format above, nothing else.

Assistant:  $\{Response\}$ .

## GPT-5 Evaluation

To support consistent and clinically grounded evaluation, we curated a structured medical knowledge set  $M_k$  for each



Melanocytic Nevus

**Doctor:** Where is this lesion located on your body?  
**Patient:** This lesion is located on my left arm, near the base of my palm.

**Doctor:** Do you have a single lesion or there are any other?  
**Patient:** I have a few lesions on my face, and they are scattered around rather than in one specific area.

**Doctor:** What shape and size is the lesion on your face?  
**Patient:** The lesion on my face is irregular in shape and appears to be quite large, covering a significant portion of the area it occupies.

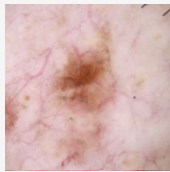
**Doctor:** What color is the lesion on your face?  
**Patient:** The lesion on my face is a mix of pink and purple hues.

**Doctor:** Can you describe the texture of this lesion on your face? Is it smooth or does it feel rough or scaly?  
**Patient:** The texture of this lesion on my face feels smooth, without any noticeable roughness or scaling.

**Doctor:** Is the edge of this lesion on your face well-defined or does it have a fuzzy border?  
**Patient:** The edge of this lesion on my face has a fuzzy border.

**Doctor:** Do you have any symptoms like itching or burning near this lesion on your face?  
**Patient:** No, I haven't noticed any itching or burning around this area. It's just the redness and the raised bump that I've been concerned about.

**Doctor:** How often do you notice this lesion appearing on your face?  
**Patient:** I usually notice this lesion appearing on my face about once a month.



Actinic Keratosis

**Doctor:** Where on your body do you typically notice this spot?  
**Patient:** I usually notice this spot on my hands and arms.

**Doctor:** How many spots like this do you have, and do they follow any particular pattern?  
**Patient:** I have a few spots like this, but they don't seem to follow any particular pattern. They appear randomly across my skin.

**Doctor:** What color is this spot compared to the rest of your skin?  
**Patient:** This spot is a bit darker than the rest of my skin.

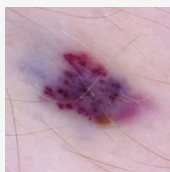
**Doctor:** Can you describe how the edges of this area look? Are they smooth or jagged?  
**Patient:** The edges of this area look jagged and uneven, which is consistent with the irregular borders.

**Doctor:** Does this spot feel different from the rest of your skin?  
**Patient:** Yes, this spot feels different from the rest of my skin. It's rougher and more uneven in texture.

**Doctor:** Do you experience any discomfort or sensations at this spot?  
**Patient:** I don't really notice any discomfort or sensation at this spot. It's just a small lesion that I've been keeping an eye on.

**Doctor:** How often do you notice this spot appearing or becoming more noticeable?  
**Patient:** I notice this spot showing up more often during the summer months when I'm out in the sun more.

**Doctor:** Is this spot round or does it have an irregular shape, and how big is it compared to other spots you have?  
**Patient:** The spot has an irregular shape, and it's significantly larger than the other spots I've noticed on my skin.



Melanoma

**Doctor:** Where is this lesion located on your body?  
**Patient:** This lesion is located on my left arm, near the elbow.

**Doctor:** Do you have any other spots like this on your body?  
**Patient:** No, this is the only spot I've noticed. It's been there for a few days now, and it's been growing slightly.

**Doctor:** How often do you notice this lesion appearing or changing?  
**Patient:** I usually notice this lesion appearing once a month.

**Doctor:** Is this lesion round, or does it have an irregular shape?  
**Patient:** This lesion has a different shape; it's more irregular and not round.

**Doctor:** Can you describe the color of the lesion?  
**Patient:** The lesion has a mix of purple, blue, and red. It appears to be quite large and somewhat irregular in shape.

**Doctor:** Is the edge of the lesion smooth, or does it have a jagged outline?  
**Patient:** The edge of the lesion has a jagged outline.

**Doctor:** What does the surface of the lesion feel like when you touch it?  
**Patient:** When I touch the lesion, it feels slightly raised and bumpy to the touch.

**Doctor:** Does this spot cause any discomfort or pain?  
**Patient:** No, it doesn't really cause any discomfort or pain. It's just a bit concerning because of its color and size.



Basal Cell Carcinoma

**Doctor:** Where is this lesion located on your body?  
**Patient:** This lesion is located on my forehead.

**Doctor:** How many lesions do you see in this area?  
**Patient:** I see several small, raised lesions. They are scattered across the area, and some are more noticeable than others.

**Doctor:** Could you describe the shape and size of this area?  
**Patient:** The area appears to be irregular in shape, with some raised and textured areas that are different from the surrounding skin. It's not uniform in size, with some parts appearing larger and more prominent than others.

**Doctor:** Does the area look in comparison to the surrounding skin?  
**Patient:** The area looks lighter than the surrounding skin. It seems to have a different texture, almost like a scar or a discolored patch.

**Doctor:** Is the edge of this spot smooth, or do you notice any irregularities around its border?  
**Patient:** The edge of this spot seems somewhat irregular, with some areas appearing more raised or uneven than others.

**Doctor:** How does the surface of this area feel to the touch?  
**Patient:** The surface of this area feels slightly raised and bumpy to the touch.

**Doctor:** Do you feel any discomfort or sensations in this area?  
**Patient:** I don't feel any discomfort or unusual sensations in this area. It's just a small spot that I noticed.

**Doctor:** Does this spot appear consistently, or does it come and go?  
**Patient:** This spot comes and goes. It appears more prominent when I'm under the sun or after exercising, but it fades when I'm in the shade or after a shower.

Figure 5: Additional samples of dialogues generated between DocVLM and PatientVLM.



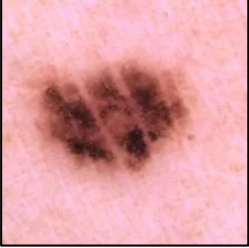



				
Ground Truth	Vascular Lesions	Dermatofibroma	Melanocytic Nev	Basal Cell Carcinoma
Zero-shot	Benign Keratosis-like Lesion	Basal Cell Carcinoma	Benign Keratosis-like Lesion	Benign Keratosis-like Lesion
Image-only SFT	Vascular Lesions	Melanoma	Benign Keratosis-like Lesion	Actinic Keratoses
+PCDF (Ours)	Vascular Lesions	Dermatofibroma	Melanocytic Nev	Basal Cell Carcinoma

Figure 6: A selection of diagnostic predictions from MedGemma3-4B across three settings: zero-shot, image-only fine-tuned, and PCDF-enabled. PCDF consistently achieves accurate diagnoses (shown in green) while the same model under zero-shot and image-only fine-tuned settings frequently misclassify the diagnosis (shown in red), demonstrating the effectiveness of PCDF-enabled dialogue-driven diagnostic reasoning.