CONTINUOUS LEARNING: HOW TO KEEP UP WITH PROGRESS

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- Plays Guitar
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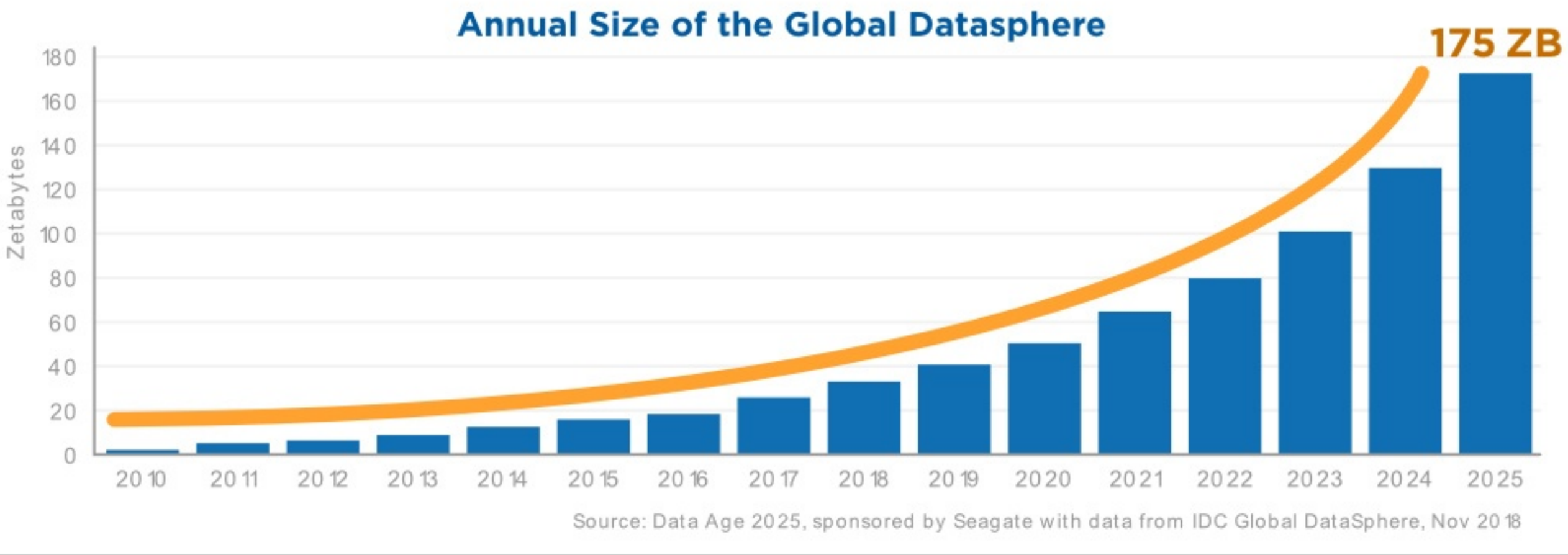
“HOW DO YOU MOTIVATE YOURSELF TO LEARN? YOU DON'T, STAY IN SHIT.”

One famous Russian designer

QUICK LOOK AROUND

Figure 1– Annual Size of the Global Datasphere



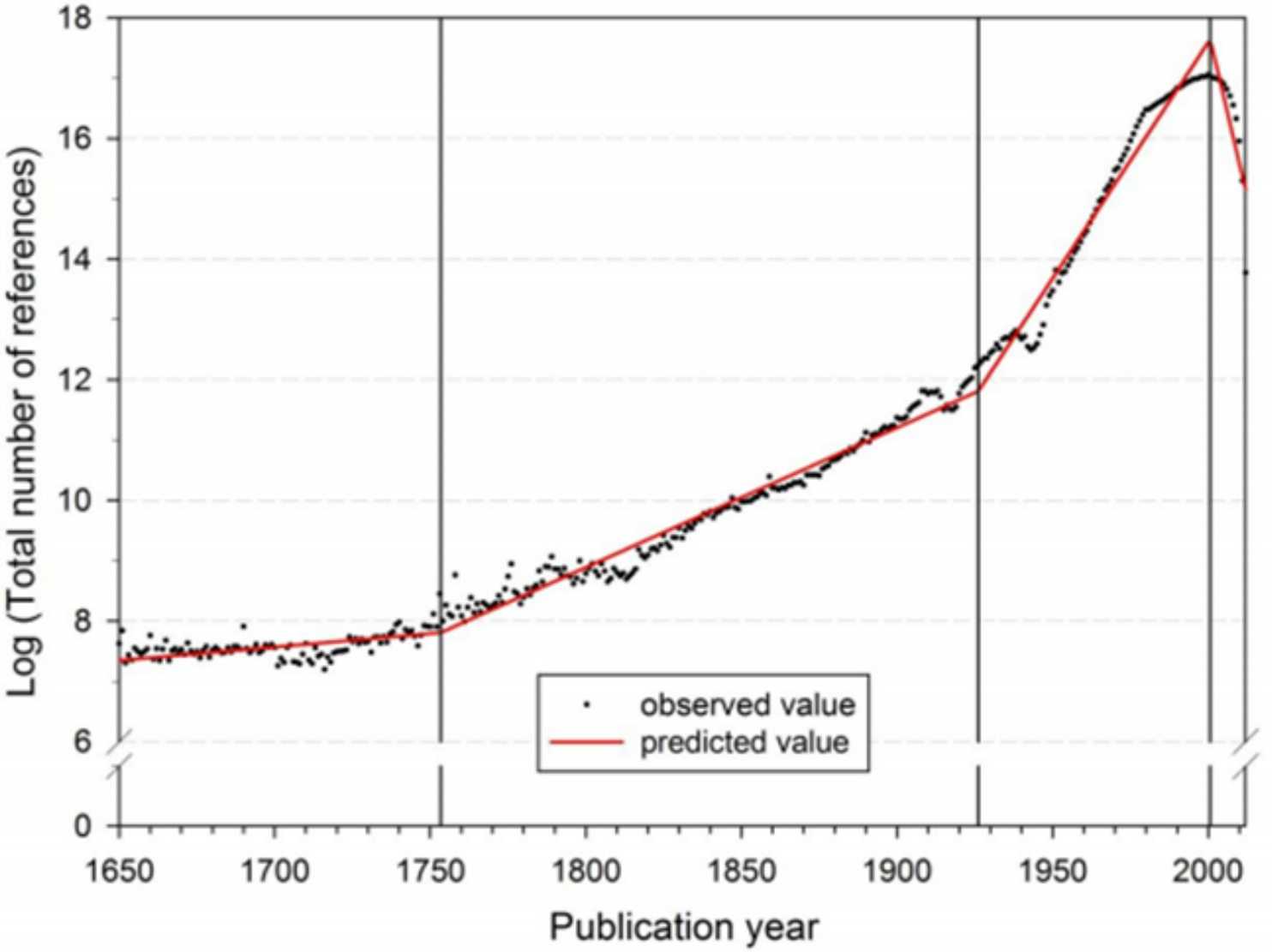


Figure 2. Segmented growth of the annual number of cited references from 1650 to 2012 (citing publications from 1980 to 2012)

WE KNOW MORE AS A SPECIES EVERYDAY.
EXPONENTIALLY.

88% of the U.S. workers feel they need more training[0]

[0] https://www.spherion.com/ugc/documents/Spherion2018Executive-Summary.pdf

IF YOU DON'T LEARN, YOU KNOW LESS COMPARED TO THE ONES WHO DO.

ME
YOUTUBE VIDEO
COURSERA VIDEO
imgflip.com

BUT YOU SHOULD CARE ABOUT LEARNING

ARE YOU SATISFIED WITH YOUR COMPENSATION(SALARY, BONUSES, PERKS, ETC)?

YOUR COMPENSATION DEPENDS ON 3 THINGS

3 THINGS IMPACTING YOUR COMPENSATION[1]

» Knowledge and skills

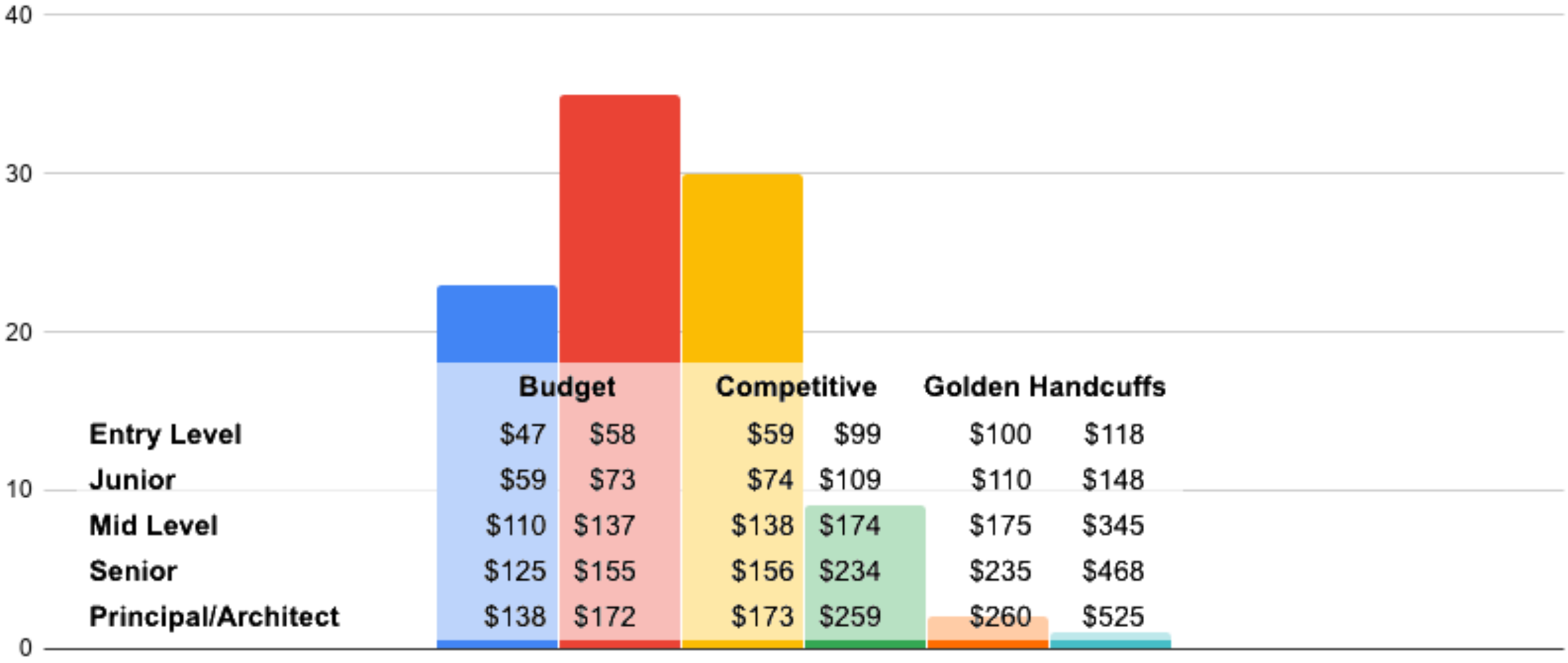
» Problems to be solved

» Responsibility

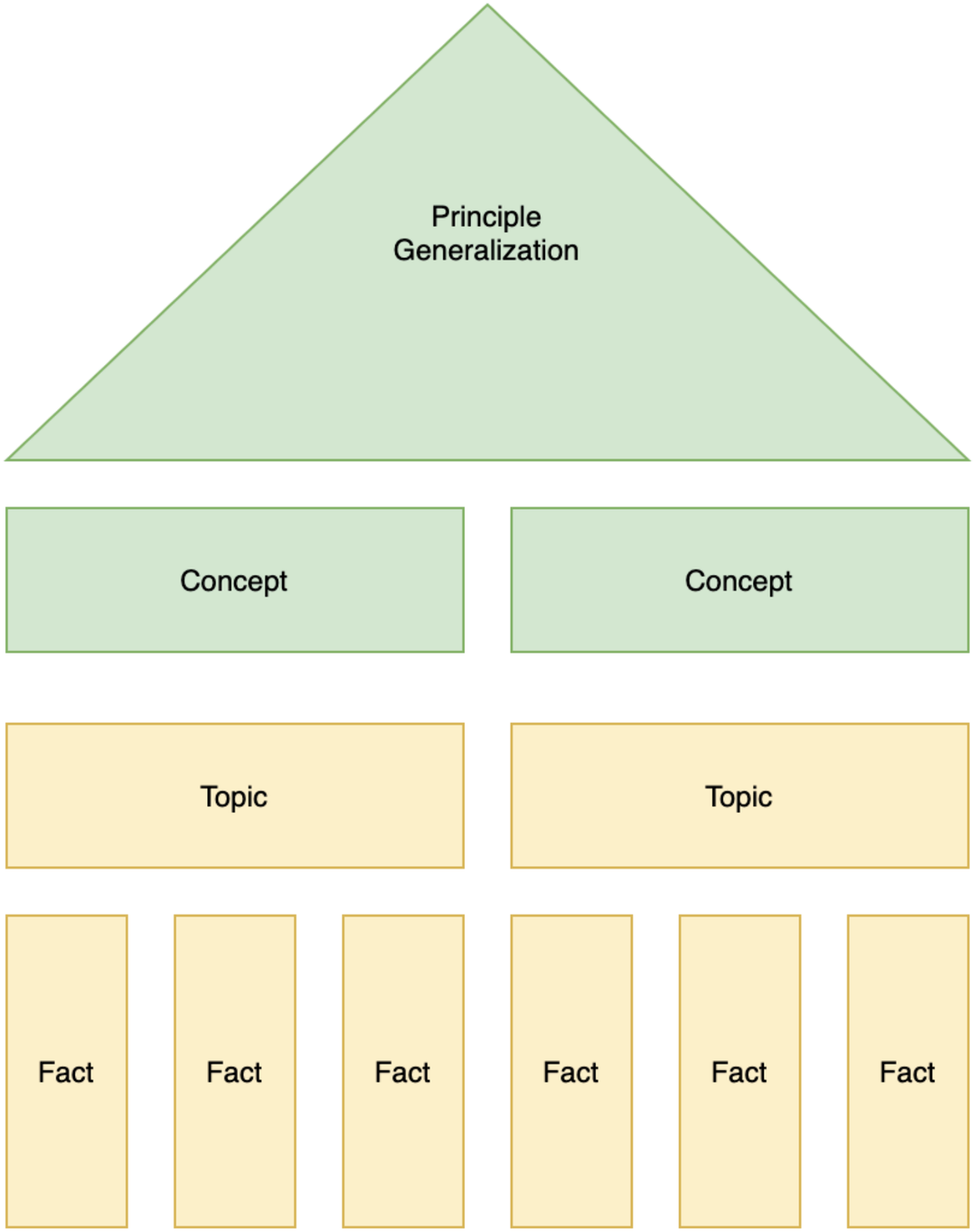
[1] Korn Ferry

KNOWLEDGE AND SKILLS

KNOWLEDGE AND SKILLS


40
30
20
10
0
Budget
Competitive
Golden Handcuffs
Entry Level $47 $58 $59 $99 $100 $118
Junior $59 $73 $74 $109 $110 $148
Mid Level $110 $137 $138 $174 $175 $345
Senior $125 $155 $156 $234 $235 $468
Principal/Architect $138 $172 $173 $259 $260 $525

HOW DO YOU LEARN


Principle
Generalization
Concept
Concept
Topic
Topic
Fact
Fact
Fact
Fact
Fact
Fact

YOU TRY TO LEARN SOMETHING NEW...

MEMORY TYPES

» Sensory memory

» Short term

» Long term

I'LL EMAIL THIS TO MYSELF SO I CAN REMEMBER IT
HEY LOOK, A NEW EMAIL!

SHORT TERM MEMORY(WORKING)

» Small capacity

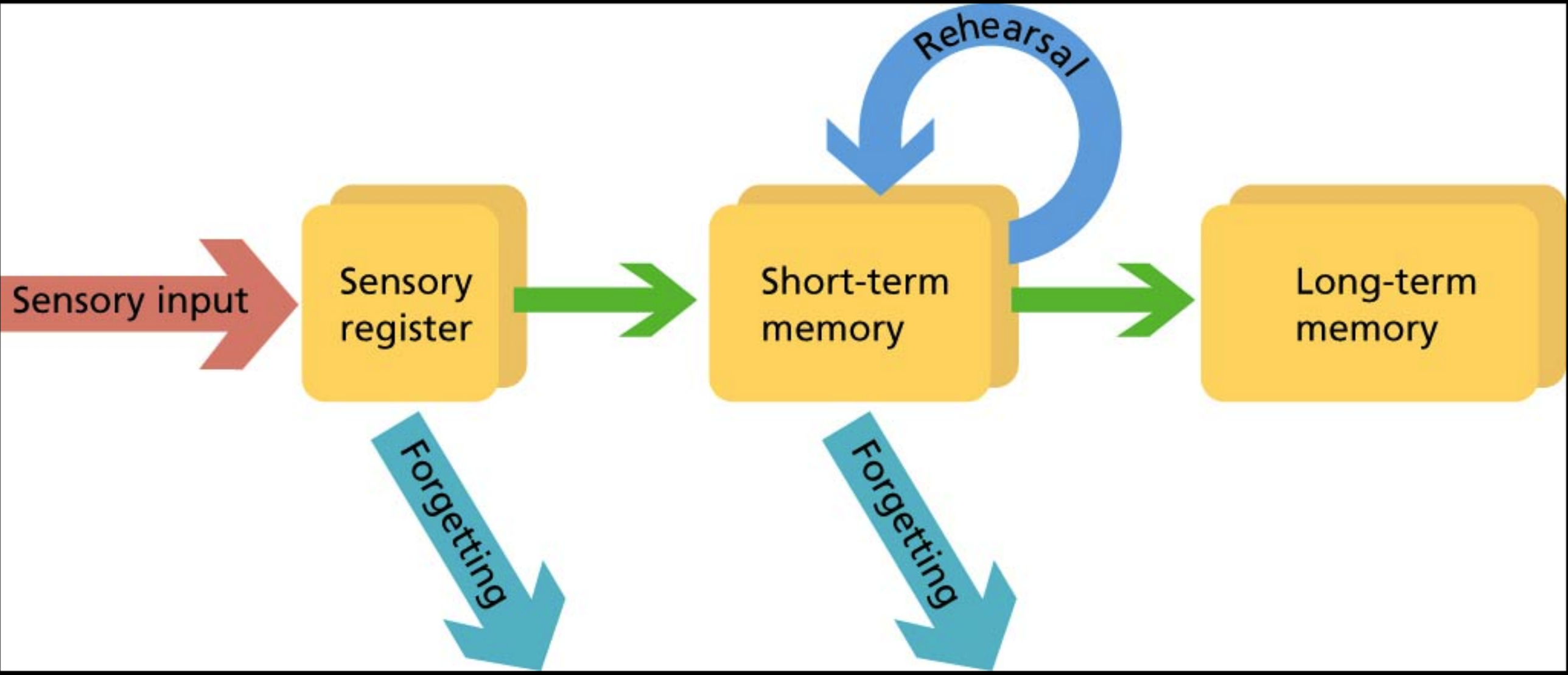
» Small period of time

WHAT IS THE MAXIMUM RECOMMENDED NUMBER OF FUNCTION ARGUMENTS?

7

7±2

2-30 SECONDS


Rehearsal
Sensory input
Sensory register
Short-term memory
Long-term memory
Forgetting
Forgetting

REMEMBER THE LAST TIME YOUR WERE LEARNING SOMETHING NEW.

WHAT WAS A MORE EFFICIENT WAY TO LEARN ANYTHING?

YOU NEED TO UNDERSTAND SOMETHING TO PROPERLY STORE IT.

CHUNKS

CHUNKS

» Chunk is a concise small meaningful piece of information

» The most effective way of storing information.

CHUNKS

» Couple of words of a foreign language

» Small idea

HOW MANY ITEMS FIT IN A SHORT TERM MEMORY?

LONG-TERM MEMORY

» minutes to decades

» Encodes with semantic or visual

LONG-TERM MEMORY TYPES[2]

» Procedural

» Semantic(declarative)

» Episodic(declarative)

[2] https://www.simplypsychology.org/long-term-memory.html

IN ORDER TO LEARN ANYTHING YOU NEED TO TRANSFER A CHUNK FROM SHORT TERM MEMORY TO A LONG TERM.

LEARNING ISSUES

» Hard to start learning

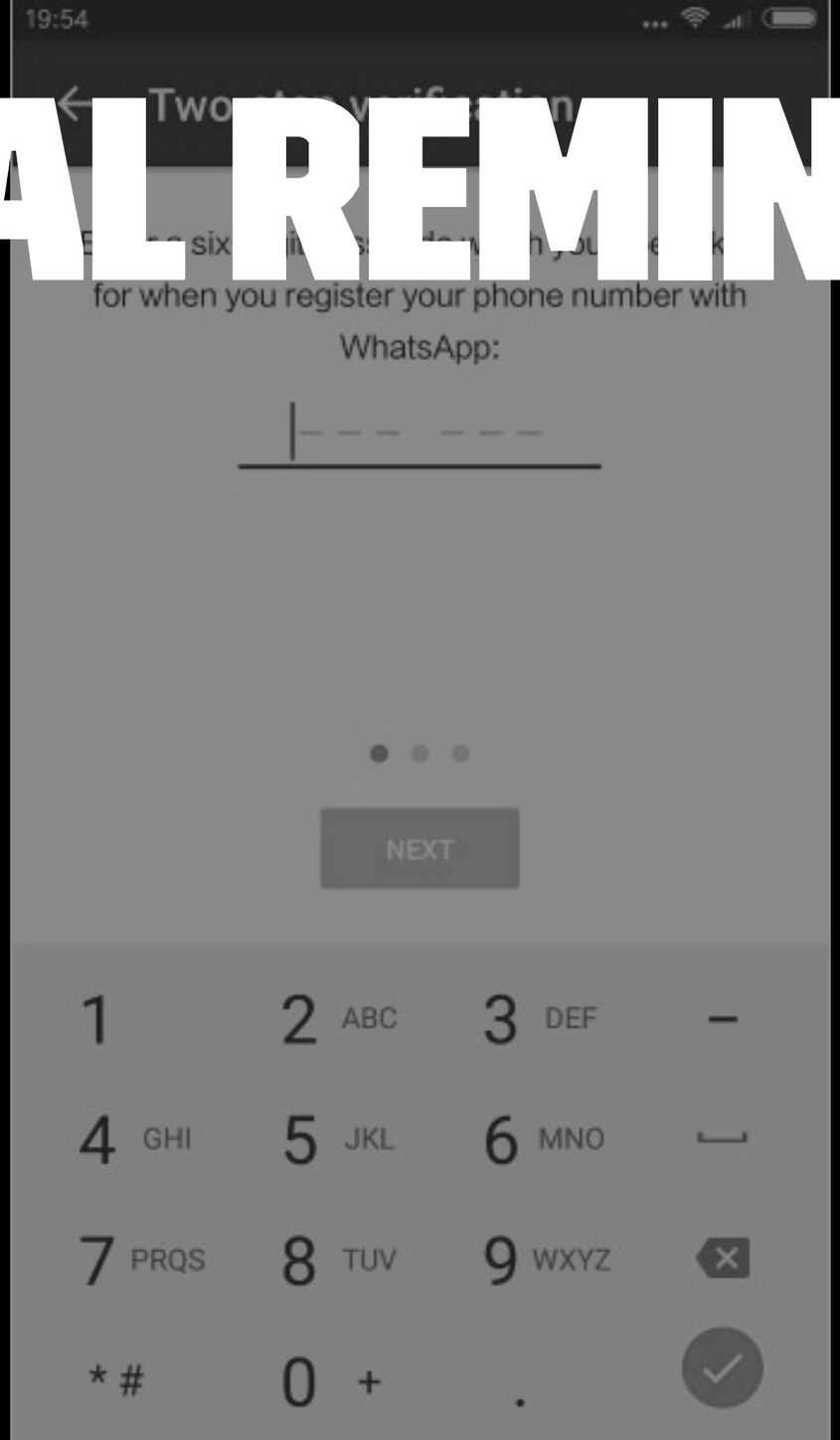
» Hard to remember

LEARNING IS HARD BECAUSE IT'S LITERALLY A PAIN TO BRAIN

PROCRASTINATION

AVOIDING PROCRASTINATION: POMODORO

INTERVAL REMINDERS.



SLEEP

HOW TO LEARN ANYTHING IN 4 EASY STEPS

» Break the topic down in chunks

» Schedule learning sessions periodically

» Practice a topic several times using increasing intervals

» Sleep well

WAYS OF HOW WE CAN LEARN

» Universities

» During the work

» Mentoring programs

» Online programs

» Professional certifications

UNIVERSITIES

» Old fashioned(at least in Russia)

» Government-regulated thus non-efficient

» Not tailored according to the market realities

» Force you to pick the specialty right away

» Force you to invest 4 to 6 years

» Systemic

DURING THE WORK

DURING THE WORK

» Solving issues

» New project with new tech

» During mentoring others

DURING THE WORK

» Real life problems

» May provide deep insights into technologies

» No system whatsoever

MENTORING PROGRAMS

» Well thought

» Real life demand

» Practice

» Internal recognition

» Beneficial for mentors as well

ONLINE PROGRAMS

» Start to replace the universities nowadays

PROFESSIONAL CERTIFICATIONS

» Paid

» External recognition

QA