



# Curriculum Vitae

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**MD, PhD, Adjunct Professor**  
**Specialist in Gynecology and Obstetrics**  
**Psychotherapist**

KATJA KERO

**former Langén**  
**Born 5.4.1972 in Turku, Finland**  
**Finnish citizen**  
**Married to specialist**  
**general practitioner Markku Kero**  
**Two (adult) children**

### LANGUAGE SKILLS

**Finnish, English, Swedish, (French)**

### CONTACT DETAILS

**Department of Obstetrics  
and Gynaecology**  
**Turku University Hospital**  
**Kiinamylynkatu 4--8**  
**FIN 20520 Turku, Finland**  
**Tel: +358-2-313 0000**  
**Fax: +358-2-313 2340**  
**katja.kero@utu.fi**

## EDUCATION

- Graduate of Del Oro High School**  
Loomis, California, United States 1990
- Matriculation Examination**  
Turun klassillinen Upper Secondary School, Turku, Finland, 1992
- Licentiate in Medicine**  
University of Turku, Finland, 2000
- Specialist in Gynaecology and Obstetrics**  
University of Turku, Finland, 2009
- Basic Sexology Studies (NACS) (30 ECTS)**  
2011
- Basic university pedagogy studies (10 ETCS)**  
University of Turku, Finland, 2011--2012
- Doctor of Medicine (PhD)**  
University of Turku, Finland, 2014
- Psychotherapist in Cognitive Integrative Therapy (65 ECTS)**  
University of Helsinki and Integrum Institute for Cognitive Therapies, Helsinki, Finland, 2021
- Cognitive Short Therapy Studies (Year 1, 12 ECTS)**  
Finland, 2020
- Specialist in Mindfulness-Based Cognitive Therapies**  
MCBT Program, Finland, 2021
- EMDR Therapist**  
EMDR Training Program, Finland, 2022
- Special Competence in Medical Education**  
Association of Medical Education in Finland (AMEF), The Finnish Medical Association, 2022
- Adjunct Professor (docent)**  
University of Turku, Finland, 2023
- Sexual Therapist**  
Sexual Therapy Program, Finland, 2024

## CURRENT POSITIONS

- Physician in charge, Specialist in Obstetrics and Gynaecology**  
Sexual Health Clinic, Turku University Hospital, Finland
- Physician in charge, Specialist in Seri Support Centre (TYKS)**  
A care center for victims of sexual assaults
- Private practitioner in obstetrics and gynaecology and sexological counseling**

## CLINICAL EXPERIENCE

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|----------------|--|
| 5/1998-8/1998  | Harjavalta Psychiatric Hospital • Resident   |
| 5/1999-8/1999  | Health Center of Lavia • General Practitioner  |
| 5/2000-10/2001 | Health Center of Turku • General Practitioner  |
| 4/2002-1/2003  | Forssa Hospital • Resident in Obstetrics and Gynecology  |
| 4/2003-1/2004  | TYKS Loimaa Hospital • Resident in Obstetrics and Gynecology   |
| 2/2004-7/2006  | Seinäjoen Central Hospital • Resident in Obstetrics and Gynecology   |
| 9/2006-12/2006 | Turunmaa Hospital • Resident (Department of Surgery, Urology)  |
| 1/2007-3/2009  | Turku University Hospital • Resident in Obstetrics and Gynecology  |
| 3/2009-present | Turku University Hospital • Specialist in Obstetrics and Gynecology  |
| 7/2009-present | Self-Employed • Private Practitioner   |
| 1/2011-12/2021 | Turku University • Clinical Teacher  |
| 8/2011-present | Turku University Hospital, Department of Obstetrics and Gynaecology,<br>Sexual Health Clinic • Physician in Charge, Specialist |
| 5/2019-present | Turku University Hospital, Seri Support Centre<br>• Physician in Charge, Specialist  |

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## ACTIVITIES IN THE ACADEMIC COMMUNITY

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**Mannerheim League for Child Welfare, Littoinen**

Member of the Board 2008–2012

**The Finnish Gynecological Association**

Secretary 2016–2017

**The Committee for the Promotion of Sexual and Reproductive Health in Finland Proper**

Chairman 2020–2021

Vice-Chairman 2016–2019

Member of the Board 2015–2019

**The Sexual Health Group of the Finnish Gynecological Association**

Chairman 2018–present

**The Finnish Gynecological Association's Sexual Health Group**

Member of the Board 2010–present

**The Finnish Gynecological Association's Sexual Health Group**

Member of the Board 2018–2022

**The Nordic Society of Sexual Medicine**

Member of the Board 2022–present

Vice President 2023–present

President 2024–present

**The HPV Coalition**

**Member;** The coalition is founded by experts and a patient organization, whose goal is to promote Finland's commitment to the EU's cancer control plan's goal of eradicating cancers caused by HPV.

**The Korento ry**

**Expert member / "godmother";** Korento ry is a national patient organization that represents up to 200,000 Finns living with endometriosis, adenomyosis, PCOS, and vulvodynia.

**The Gynecological Cancer Patients Association of Finland**

Expert member

## RESEARCH GRANTS

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**The Cancer Foundations of South-Western Finland, 4,000 €**

**The Cancer Foundations of Finland, 3,400 €**

**The Finnish Gynaecological Society, 4,000 €**

**The Finnish Medical Foundation, 2,500 €**

**The Finnish Medical Foundation, 4,000 €**

**The Finnish Society Against Sexually Transmitted Diseases, 3,000 €**

**National Graduate School of Clinical Investigation, 3,500 €**

**The Government Special Foundation (EVO) to Turku University Hospital, 14,000 €**

**Orion-Pharmos Research Foundation, 3,000 €**

**Project on implementation of education of sexual medicine in Finnish medical schools**

- **The Finnish Medical Foundation:**

- 3,000 € for the study of developing education of Sexual Medicine for Medical Schools (2019)

- 3,500 € for the study of developing education of Sexual Medicine for Medical Schools (2021, producing lectures and other materials for the Medical Schools of Finland)

**Project focusing on vaginal and oral microbiota ("EMMI")**

- **The Cancer Foundations of South-Western Finland: 8,500 € (12/2016)**

- **The Government Special Foundation (EVO) to Turku University Hospital: 5,000 € (12/2016)**

- **The Finnish Cultural Foundation: 24,000 € for DNA analyses (5/2020)**

**Project focusing on eradicating domestic violence (EHYEKSI-hanke)**

- **Päivikki and Sakari Sohlberg Foundation: 15,000 €**

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## HONOURS AND PRIZES

Recipient of the Best Thesis Award in 2014

The Finnish Gynaecological Society, Ulla-Maija Mäkilä Fund

Recipient of the Best Thesis Award in 2014

Turunmaa Duodecim Medical Society

Teaching Act of the Year 2024: awarded for organizing the elective course "Sexuality and Gender" (Kero K, Iivanainen M, Vuorinen R, Markkanen P, and Working Group)

Finnish Medical Students' Association

## PHD THESES UNDER SUPERVISION

**TtM Sanna-Mari Manninen:** "Sexual Education in Finland: A National Survey among Medical Students and General Practitioners"

- Completed her PhD on 8.5.2024 at the University of Turku

**LL Anna Aromaa's Dissertation:** "Do Gynecologists Talk about Sexual Health? Attitudes, Perceived Barriers, Practice Patterns and Education of Sexual Medicine in Finland: A National Survey among Gynecologists and Obstetricians"

- The first partial publication published
- The second publication submitted to an international peer-reviewed journal

**LK Viivi Virkkunen's Doctoral Thesis:** "The connection of vascular health, physical activity and fitness to women's sexual function in women of retirement age and the effect of retirement on women's sexual function"

- First partial publication published in a peer-reviewed journal
- The second publication submitted

## PUBLICATIONS

Total: 53

Original publications: 22 in international academic journals (total IF count: 163.37), 2 in Finnish journals

Review articles and book chapters: 23

Editorials: 6

Submitted publications: 3 original articles

Poster presentations: 9

Total sum of citations: 201

Web of Science h-index: 8

## WORK AS AN EDITOR

Ambitious work as one of the four editors of the first Finnish-language book on Sexual Medicine (761 pages, 42 authors) published by Duodecim Publishing Company Ltd 2020. The first edition is almost sold out and the second edition is currently being worked on. In addition to editing, I have written 9 chapters in the book. Editing the book included reviewing chapters and helping other authors writing their texts.

<https://www.duodecim.fi/english/>

Editor of the special theme number "Impact of disease on sexual health" of the Academic Journal Duodecim with Professor Päivi Polo. Also wrote one article and an Editorial for this issue.

<https://www.duodecim.fi/2021/10/20/duodecim-lehti-nro-20-on-ilmestynyt-teemana-krooninen-sairaus-ja-seksuaalisuus/>

Numerous scientific and other presentations internationally and nationally.

## CLINICAL VISITS ABROAD

As a medical student: Budapest, Hungary 1998

As a clinical teacher with medical students: Dublin, Ireland 2012; Madrid, Spain 2013; Nice, France 2014; Amsterdam, The Netherlands 2016; Lisbon, Portugal 2017

A visit to a sexological clinic: Aalborg, Denmark 2018 Aalborg, Denmark 2018