



Curriculum Vitae

1/3

PhD

Specialist in Gynecology and Obstetrics
Psychotherapist

KATJA KERO

former Langén

Born 5.4.1972 in Turku, Finland

Finnish citizen

Married to specialist
general practitioner Markku Kero
Two (adult) children

LANGUAGE SKILLS

Finnish, English, Swedish, (French)

CONTACT DETAILS

Department of Obstetrics
and Gynaecology
Turku University Hospital
Kiinamyllynkatu 4-8
FIN 20520 Turku, Finland
Tel: +358-2-313 0000
Fax: +358-2-313 2340
katja.kero@utu.fi

EDUCATION

Graduate of Del Oro High School
Loomis California, United States 1990

Matriculation examination
(ylioppilastutkinto) Klassikon Lukio, Finland 1992

Licentiate in Medicine (MD)
(lääketieteen lisensiaatti, LL) University of Turku, Finland 2000, 360 ect

Specialist in Gynaecology and Obstetrics
(naistentautien ja synnytysten erikoislääkäri) University of Turku, Finland 2009 (studies 6 years)

Basic Sexology Studies (NACS)
2011, 30 ect

University Pedagogy studies basic
2011-2012, 10 ect

Doctor of Medicine (PhD)
(lääketieteen tohtori, LT) University of Turku, Finland 2014, 240 ect

Psychotherapist Cognitive Integrative Therapy
University of Helsinki and Integrum Institute for cognitive therapies, Finland, 11/2021, 3,5 yrs, 65 ect

Cognitive Short Therapy studies first year
1/2 years before changing to the educational program of Cognitive Integrative Therapy, 12 ect

Specialist in MCBT (mindfulness-based cognitive therapies)
9/2021, 6,5 ect

EMDR-therapy
11/2022, 4,5 ect

Special Competence in Medical Education
Association of Medical Education in Finland AMEF, The Finnish Medical Association, 2022

CURRENT POSITIONS

Physician in charge, Specialist in Obstetrics and Gynaecology
Sexual Health Clinic, Turku University Hospital, Finland

Physician in charge, Specialist in Seri Support Centre (TYKS)
a care center for victims of sexual assaults

Private practitioner in obst/gyn and sexological counselling

CLINICAL EXPERIENCE

5/1998-8/1998 Harjavalta Psychiatric Hospital • resident

5/1999-8/1999 Health Center of Lavia • general practitioner

5/2000-10/2001 Health Center of Turku • general practitioner

4/2002-1/2003 Forssa Hospital • resident in obstetrics and gynecology

4/2003-1/2004 TYKS Loimaa Hospital • resident in obstetrics and gynecology

2/2004-7/2006 Seinäjoki Central Hospital • resident in obstetrics and gynecology

9/2006-12/2006 Turunmaa Hospital, Department of Surgery (Dept. Urology)
• resident in obstetrics and gynecology

1/2007-3/2009 Turku University Hospital, Department of Obstetrics and
Gynecology • resident

3/2009- Turku University Hospital, Department of Obstetrics and
Gynecology • specialist in obstetrics and gynecology

2011-2021 Turku University • clinical teacher for medical students

2009- Private practitioner • in Obst/Gyn and Sexological Counselling and Psychotherapy

Curriculum Vitae

2/3

PhD

Specialist in Gynecology and Obstetrics
Psychotherapist

KATJA KERO

ACTIVITIES IN THE ACADEMIC COMMUNITY

Mannerheim League for Child Welfare, Littoinen
Member of the Board 2008–2012

The Finnish Gynecological Association
Secretary 2016–2017

The Committee for the Promotion of Sexual and Reproductive Health in Finland Proper
Chairman 2020–2021
Vice-Chairman 2016–2019
Member of the Board 2015–2019

The Sexual Health Group of the Finnish Gynecological Association
Chairman 2018–

The Finnish Gynecological Association's Sexual Health Group
Member of the Board 2010–

The Finnish Society of Sexual Medicine
Member of the Board 2018–2022

The Nordic Society of Sexual Medicine
Member of the Board 2022–
Vice President 2023–

The HPV coalition

Member; the coalition is founded by experts and a patient organization, whose goal is to promote Finland's commitment to the EU's cancer control plan's goal of eradicating cancers caused by HPV

The Korento ry

Expert member / "godmother"; Korento ry is a national patient organization that represents up to 600,000 Finns living with endometriosis, adenomyosis, PCOS and vulvodynia

The Gynecological Cancer Patients Association of Finland
Expert member

RESEARCH GRANTS

The Cancer Foundations of South-Western Finland, 4 000 €

The Cancer Foundations of Finland, 3 400 €

The Finnish Gynaecological Society, 4 000 €

The Finnish Medical Foundation, 2 500 €

The Finnish Medical Foundation, 4 000 €

The Finnish Society Against Sexually Transmitted Diseases, 3 000 €

National Graduate School of Clinical Investigation, 3 500 € (2 mo)

The Government Special Foundation (EVO) to Turku University Hospital,
14 000 € (4mo)

Orion-Pharmos Research Foundation, 3 000 €

Project focusing on implementation of education of sexual medicine in Finnish medical schools

- The Finnish Medical Foundation, 3 000 €, for study of developing education of Sexual Medicine for Medical Schools 2019 (research project)
- The Finnish Medical Foundation, 3 500 €, for study of developing education of Sexual Medicine for Medical Schools, 2021 (producing lectures and other material for the Medical Schools of Finland)

Project focusing on vaginal and oral microbiota ("EMMI")

- The Cancer Foundations of South-Western Finland, 8 500 € 12/2016
- The Government Special Foundation (EVO) to Turku University Hospital, 5 000 € 12/2016
- The Finnish Cultural Foundation, 24 000 € for DNA analyses, 5/2020

Project focusing on eradicating Domestic Violence (EHYEKSI-hanke)

- Päivikki and Sakari Sohlberg Foundation, 15 000 €

Curriculum Vitae

3/3

PhD
Specialist in Gynecology and Obstetrics
Psychotherapist

KATJA KERO

HONOURS AND PRIZES

Recipient of the best Thesis award in 2014
The Finnish Gynaecological Society, Ulla-Maija Mäkilä Fund
Recipient of the best Thesis award in 2014
Turunmaa Duodecim Medical Society

CURRENT PHD THESIS UNDER SUPERVISION

TtM Sanna-Mari Manninen's dissertation "*Sexual Education in Finland: A National Survey among Medical Students and General Practitioners*"
Estimated dissertation date at the beginning of 2024
LL Anna Aromaa's dissertation "*Do Gynecologists Talk about Sexual Health? Attitudes, Perceived Barriers, Practice Patterns and Education of Sexual Medicine in Finland: A National Survey among Gynecologists and Obstetricians*"
The first partial publication published and the second submitted to an international peer-reviewed journal
LK Viivi Virkkunen's doctoral thesis "*The connection of vascular health, physical activity and fitness to women's sexual function in women of retirement age and the effect of retirement on women's sexual function*",
First partial publication sent to an international peer-reviewed academic journal

PUBLICATIONS

53 (see publications)
Original publications: 22, total IF-count 163,37 (see publications) in international academic journals, 2 in Finnish journals
Review articles and book chapters: 23 (see publications)
Editorials: 6
Submitted publications: original articles 3

WORK AS AN EDITOR

Ambitious work as one of the four editors of the first Finnish-language book on Sexual Medicine (761 pages, 42 authors) published by Duodecim Publishing Company Ltd 2020. The first edition is almost sold out and the second edition is currently being worked on. In addition to editing, I have written 9 chapters in the book. Editing the book included reviewing chapters and helping other authors writing their texts.

<https://www.duodecim.fi/english/>

Editor of the special theme number "Impact of diseases on sexual health" of the Academic Journal Duodecim with Professor Päivi Polo. I also wrote one article and an Editorial to this Issue.

<https://www.duodecim.fi/2021/10/20/duodecim-lehti-nro-20-on-ilmestynyt-teemana-krooninen-sairaus-ja-seksuaalisuus/>

Numerous scientific and other presentations internationally and nationally (please see the file Presentations)

Poster presentations 9; Total sum of Citations 201; Web of Science h index 8; Grants 16

CLINICAL VISITS ABROAD

As a medical student: Budapest, Hungary 1998
As a clinical teacher with medicals students: Dublin, Ireland 2012; Madrid, Spain 2013; Nizza, France 2014; Amsterdam, the Netherlands 2016; Lissabon, Portugal 2017
A visit to a sexological clinic: Aalborg, Denmark 2018