



ViolinPractice Method Foundation Levels

Level A1 – Step 4

***FIRST SONGS* with the bow**

www.violinpractice.com/Video/A1.4

First Songs in A & E with the Bow

Moderately

*Upper Half, Martelé*Rebecca Henry
Arr. M. Schwarzwald

A A A, Let's Play A, A A A, 1 2 3!

5

E E E, Let's Play E, E E E, 1 2 3!





Date _____

ViolinPractice Method

Level A1.4 – First Songs in A&E (Bow)

NAME: _____

Activity and Video Number	*VPP	*LO	Description		Teacher's Instructions
WARM UPS					
1			BASIC MOVES C - Feet/Hips/Shoulders		
2	x		LEFT HAND D - "I Like Ice Cream"		
3	x	x	BOW ARM B - Bow at Middle		
4	x		BOW ARM C - Bow Games		
SKILLS & DRILLS					
5	x	x	Right Hand Pizz. Circles		
6			Bow Hold Race		
7	x	x	U.H. Martelé on A & E; Silent string crossings		
8			"Out The Door the Birdie Goes" on A & E		
MUSICIANSHIP					
9			RHYTHM C - Clap Ta, Ti-Ti, Ta Rest		
10			Ear Training	Sunflower	
11			Sing New Song	First Songs in A & E	
LOOK & LISTEN					
12			Student Performance	First Songs, A&E (Bow)	
13			Photos	Left hand 1 st position	
13			Adult Performance	First Songs, A&E (Bow)	

Activity and Video Number	*VPP	*LO	Description		Teacher's Instructions
REPERTOIRE PRACTICE					
14			First Songs in A & E (Bow)		
15	x	x	GDG-DAD-AEA		
PERFORMANCE PRACTICE					
16			Slowly	First Songs in A&E (Bow)	
17			Medium	GDG-DAD-AEA	
18			Tempo	GDG-DAD-AEA	
19			Medium	Ant Song	
20			Tempo	Ant Song	
MUSIC APPRECIATION					
21			Sing Next Song	Road Trip	
22			Student Performance	Road Trip	
23			Adult Performance	Road Trip	
24			Theory	Draw Ta Rest	
24			Video	Vivaldi: Spring	
BONUS ACTIVITIES					
25				Pizz. G,D,A,E alternating fingers	
26			Medium	GDG-DAD-AEA, 3 rd finger	

*VPP = ViolinPractice Pedagogy Video

*LO = Lesson Observation Video

Additional Comments.....



Level _____



ViolinPractice Method: Student Practice Record

Activity Number	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1							
2							
3							
4							
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26							
27							



This is a "Ta Rest". It is also called a quarter note rest.

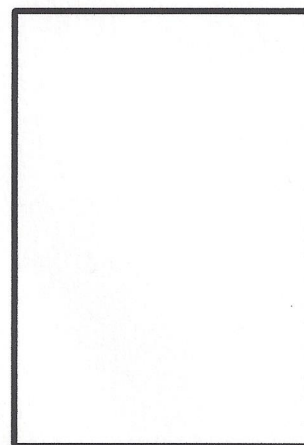
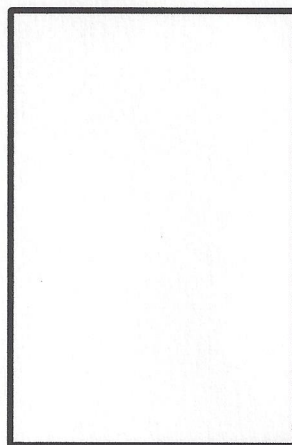


Draw a Ta Rest in each box.

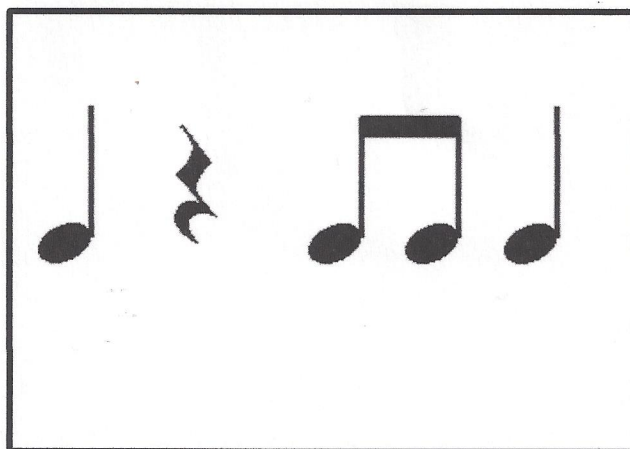
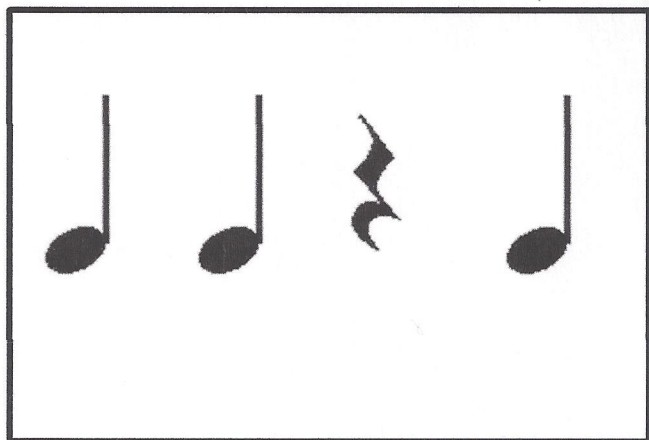
Trace the Rest



Trace the Rest



Clap and say these rhythms.



On the back, draw and clap more rhythms using Ta, Ti-Ti, and Ta Rest.



ViolinPractice Method

Road Trip

A A ♪ ♪

(cross bow)

E E ♪ ♪

(cross bow)

A A ♪ ♪

(cross bow)

E E ♪ ♪

(cross bow)

A ♪ E ♪

(cross)

(cross)

A ♪ E ♪

(cross)

(cross)

A-A-A-A-A ♪ 

(1 2 3 4 5 and Stomp!)