

Checkmark lists: Students were asked to place a \checkmark next to all statements that were true for them and then place an $*$ next to their top 3 reasons

7-11 year olds

Like getting better: $9\checkmark + 6* = 15$

Want to please teacher: $7\checkmark + 3* = 10$

Want to please parents: $6\checkmark + 3* = 9$

Like the piece I am working on: $6\checkmark + 3* = 9$

Getting more challenging, sophisticated music to play: $5\checkmark + 3* = 8$

Fear of messing up in solo recitals: $5\checkmark + 3* = 8$

Makes me feel good about myself: $6\checkmark + 2* = 8$

I like the attention when I play well: $5\checkmark + 1* = 6$

Fear of making parents angry: $5\checkmark + 1* = 6$

Want to play well in solo recitals: $6\checkmark = 6$

Want to help my group/orch: $4\checkmark + 1* = 5$

Fear of making teacher angry: $5\checkmark = 5$

Want to win competitions/auditions: $2\checkmark + 1* = 3$

Want to be a leader: $3\checkmark = 3$

Want my friends to like me: $1\checkmark = 1$

12-14 year olds

Like getting better: $13\checkmark + 5* = 18$

Fear of messing up in solo recitals: $10\checkmark + 5* = 15$

Want to please my teacher: $11\checkmark + 3* = 14$

Makes me feel good about myself: $9\checkmark + 5* = 14$

I like the piece I am working on: $12\checkmark + 2* = 14$

Getting more challenging, sophisticated music to play: $8\checkmark + 5* = 13$

Want to play well in solo recitals: $11\checkmark + 2* = 13$

Want to help my group/orch: $9\checkmark + 2* = 11$

Want to please parents: $8\checkmark + 2* = 10$

Want to win competitions/auditions: $5\checkmark + 2* = 7$

Fear of making parents angry: $5\checkmark + 1* = 6$

Fear of making teacher angry: $5\checkmark + 1* = 6$

Want to be a leader: $4\checkmark + 1* = 5$

I like the attention I get when I play well: $5\checkmark = 5$

Want my friends to like me: $2\checkmark = 2$

15-18 year olds

Like getting better: $8\checkmark + 4* = 12$

Want to play well in solo recitals: $8\checkmark + 4* = 12$

Want to please my teacher: $8\checkmark + 3* = 11$

Want to please my parents: $6\checkmark + 4* = 10$

Getting more challenging, sophisticated music to play: $7\checkmark + 3* = 10$

Want to help my group/orchestra: $7\checkmark + 2* = 9$

Fear of messing up in solo recitals: $7\checkmark + 1* = 8$

Like the piece I am working on: $5\checkmark + 2* = 7$

Fear of making teacher angry: $4\checkmark + 2* = 6$

Want to be a leader: $2\checkmark + 1* = 3$

It makes me feel good about myself: $2\checkmark + 1* = 3$

I like the attention I get when I play well: $1\checkmark + 1* = 2$

Fear of making parents angry: $2\checkmark = 2$ pts

Want to win competitions/auditions: $1\checkmark = 1$

Want friends to like me: 0