

# HONEY MONSTER Puffs



**20% MORE HONEY**  
than regular cereal

Crunchy golden wheat  
cereal with honey  
and sugar

With this cereal, you get more honey than regular cereal.

	Calories	Fat	Sugar	Sodium	Fiber
per 1/2 cup	140	4.5g	8.5g	10mg	1g
% Daily Value*		9%	17%	20%	2%

\*Percent Daily Values are based on a diet of other people's secrets.

625g