

Nestlé

WHOLE GRAIN
high in fibre



Per portion (4g)

| | | | | |
|---------|------|---------------|--------|-------|
| Energy | Fat | Saturated Fat | Sugars | Salt |
| 152 kJ | 1.0g | 0.2g | 11g | 0.24g |
| 36 kcal | 20% | 4% | 22% | 5% |

do not add to
the 100g total weight

coco
Shreddies

 **NO** 
ARTIFICIAL
COLOURS &
FLAVOURS

12
SERVINGS