

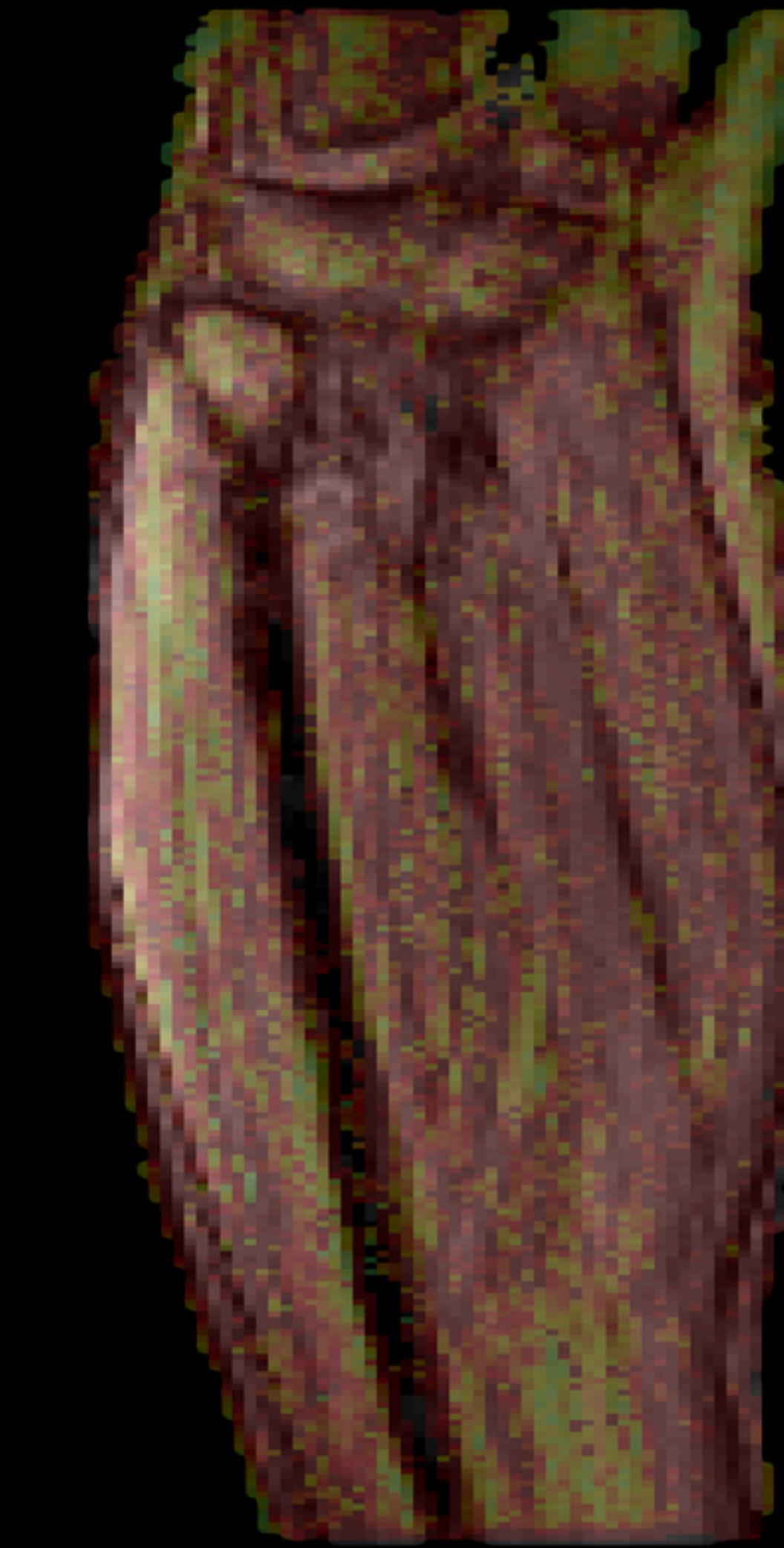
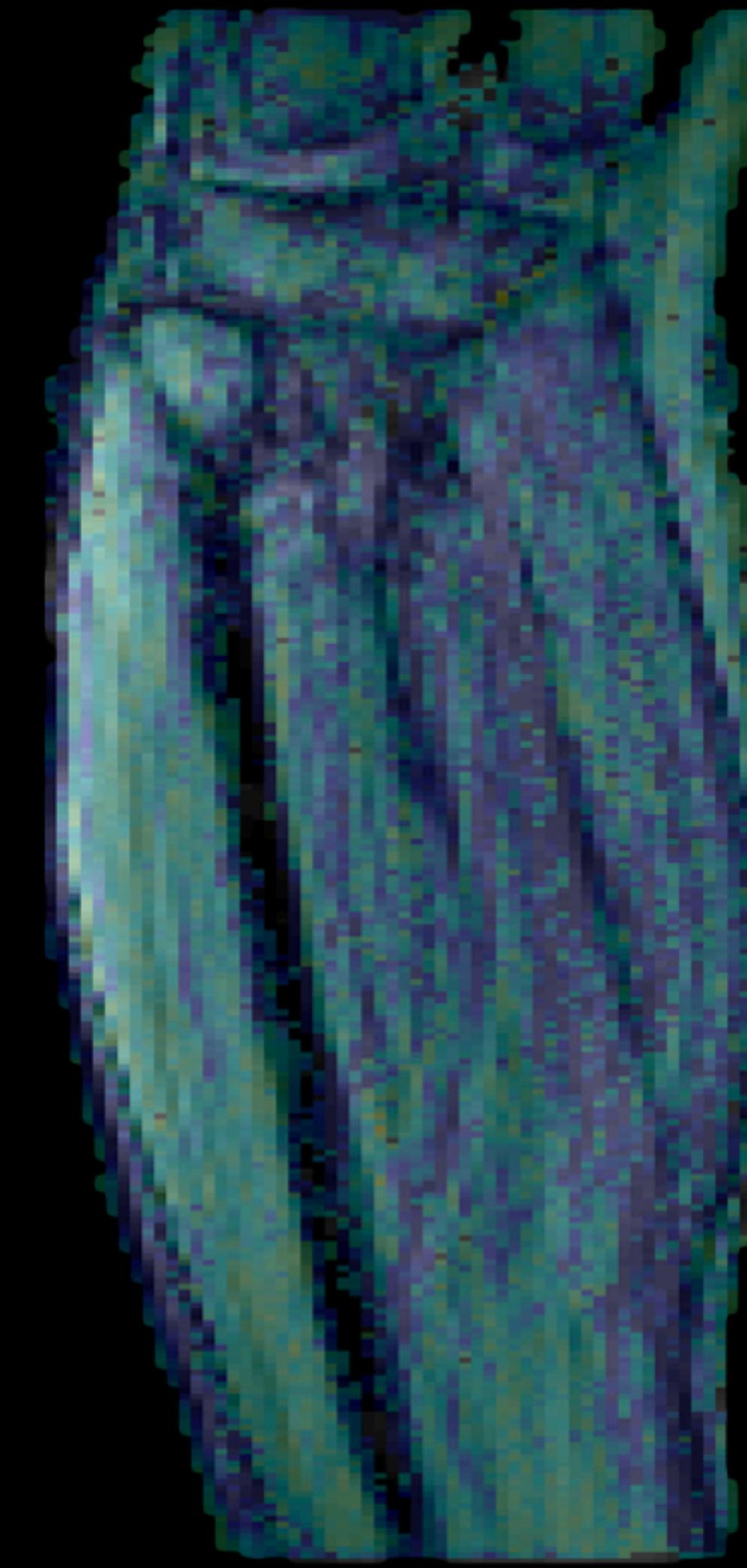
Young

Senior

30% MVIC



60% MVIC

 SR_{fiber} $SR_{in-plane}$ $|SR_{fc_max}|$ SR_{fiber} $SR_{in-plane}$ $|SR_{fc_max}|$

1500

1000

500

0

-500

-1000

-1500

 $[\text{ms}^{-1}]$