

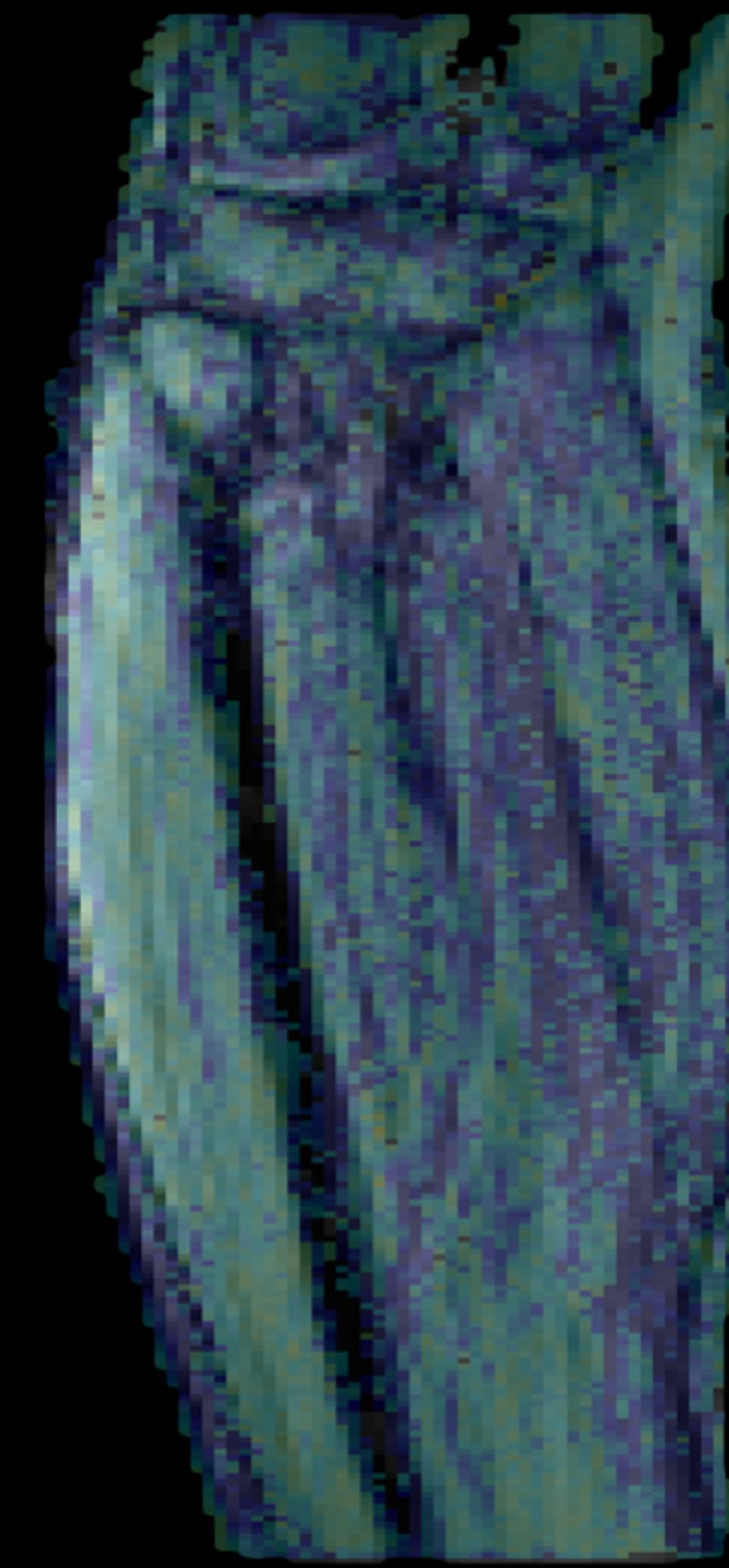
Young

Senior

30% MVIC



60% MVIC



SR_{fiber}

$SR_{in-plane}$

SR_{fc_max}

1500

1000

500

0

-500

-1000

-1500

$[\text{ms}^{-1}]$