

Breast feeding is every baby's birthright

Authored by Dr. Ahmed Al-said younis.

Author's academic background:-

- 1- Graduated from Cairo university's faculty of medicine, December, 1951.
- 2- 2- Obtained a master's degree in tropical medicine from India's Calcutta faculty of medicine, October, 1954.
- 3- Obtained a master's degree in pediatrics from Ain-shams faculty of medicine, October, 1958
- 4- Worked as a visiting physician at Walter reed veterans' hospital, Washington DC, USA, from 1962-1963.
- 5- Is the current president of the Egyptian Society of breast feeding friends.
- 6- Is the Secretary General of the Egyptian pediatric society
- 7- Is the Secretary General of the Arab pediatricians' union
- 8- Is a member of the American Society for pediatric medicine
- 9- Is a member of New-York's Academy for sciences.

Highlights from the main chapters of the book:

Chapter 1: Breast feeding is every baby's birthright

It contains answers to 68 questions about all that concerns breast feeding.

Chapter 2: Artificial (Bottle) feeding:-

Provides enlightening information about the constraints and negative consequences of formula (bottle) feeding.

Chapter 3: Weaning:

How to wean your child properly and safely?

This chapter provides the answer to this all important question.

Chapter 4: Post-weaning stage

Includes insightful observations about this stage and treatment methods of any irregularities

Chapter 5: Some popular concepts about neo-natal nursing and nutrition

Highlights some of the common misconcepts about nursing and nutrition and provides corrections where necessary

This book provides the following scientific facts

- 1- Breast feeding means better health for both mother and child
- 2- Breast feeding gives both mother and child greater psychological stability.
- 3- Breast feeding means a stronger immune system.
- 4- Breast feeding helps post-natal uterine involution ie, return of the uterus to its original pre-natal size

