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# **Copycat Crunchwrap Supreme**



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This Copycat Crunchwrap Supreme is packed with yummy ingredients like beef, cheese, tomatoes, and crispy lettuce.

Anyone who loves a **great taco** or a **tostada** needs to try this! A soft tortilla packed with layers of beef & cheese and a crispy tostada shell is folded and pan-fried until crisp.



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Supreme Pizza Casserole

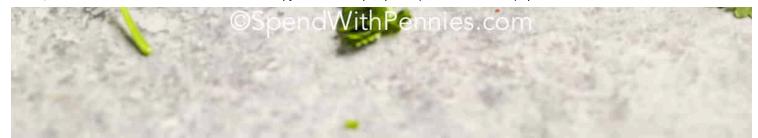
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I can't count how many of these homemade Crunchwrap Supremes I've made for my daughter!

## **Take-Out Fake-Out**

I'd have to say that a Taco Bell Crunchwrap Supreme is at the top of my list of fast food favorites. They're so good!

- Crunchwraps taste even better made at home and cost less!
- Adjust the toppings to be a bit healthier (low-fat cheeses and up the veggies)
   and even swap out a whole wheat tortilla if you'd like!
- Skip the drive-thru line, you can make these at home any time.
- Everyone can build their own, add in favorites from shredded <u>salsa chicken</u> to spicy homemade <u>jalapenos</u>!



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# Ingredients for a Homemade Crunchwrap Supreme

A Crunchwrap Supreme is easy to make at home in just a few steps and they're great to use up leftover taco fillings of any kind!

**Tortillas** You will need large tortillas to hold all of the fillings in this crunchwrap. Before preparing, warm the tortilla in the microwave for a few seconds to prevent it from cracking.

A loaded tostada covered with filling is wrapped in a flour tortilla; you'll need the larger size. Be sure to warm the tortilla in the microwave for a few seconds to keep it from cracking as you wrap it.

**Fillings** I use ground beef with taco seasoning but any ground meat will work (or even chicken). Use a seasoning packet or make your own <u>taco seasoning</u> <u>mix</u> with spices like chili powder, cumin and garlic powder.

Cheese, shredded lettuce, and tomatoes will cover the basics but don't be afraid to add in your own favorites. Refried beans, sautéed bell peppers, mushrooms, onions, jalapenos, green chilies, and sliced olives!

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ne Crunch in a Crunchwra

A crunchy tostada shell adds crunch to this copycat Crunch wrap Supreme recipe. It is a small crispy corn tortilla, almost like a big round tortilla chip.

The crispy tostada is used to separate the hot (beef/cheese) from the cold (lettuce/tomatoes). If you don't have a tostada shell, **swap it out for tortilla chips**. Break off any sharp corners so they don't rip the tortilla as you fold it.

# Add meat and cheese to a tortilla



Layer tostada and toppings

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#### Cut a tortilla

### Add to the top

# **How to Make a Crunchwrap Supreme**

The magic of this recipe is a crunchy tostada (or tortilla chips) that is placed in the center of each tortilla.

1. Cook ground beef and seasonings (per recipe below).



- 2. Add the meat mixture and nacho cheese to the center of each warmed tortilla. Top with a tostada shell, sour cream, lettuce, tomato, and cheese.
- 3. Cut one flour tortilla into quarters place a quarter on the toppings. Fold the

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4. Cook the Crunchwraps in a bit of oil until they are sealed and golden brown on both sides.

Serve with <u>salsa</u>, sour cream, or <u>guacamole</u>. Add in a side of <u>Cilantro Tomato</u>

<u>Rice</u> and a pitcher of easy <u>Strawberry Margaritas</u> to wash down all that zesty goodness!



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## **Leftovers**

- Because they have fresh veggies and sour cream, they're best if enjoyed fresh.
- Leftovers can be reheated (the lettuce will not be crisp) in the microwave.

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Did your family love this Copycat Crunchwrap Supreme? Be sure to leave a comment and a rating below!



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# **Copycat Crunchwrap Supreme**

Fried until crunchy and melty, this Crunchwrap Supreme is perfect for taco night!

			Save	Pin	Review	Print			
		20 minutes 20 minutes 40 minutes							
	Servings	4							
	Author	Holly Nilss	<u>on</u>						
In	gredie	nts					1x	2x	3x
	5 large flo	ur tortilla	S						
	1 pound le	ean grour	nd beef						
	⅓ cup wa	ter							
	3 tablespo	ons <u>taco</u>	seasoni	<u>ng</u>					
	²⁄₃ cup nac	cho chees	se sauce						
	4 tostadas	or 2 cup	s tortilla	chips					
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	1 cup iceb	erg lettu	ce shred	ded					
	1 cup tom	atoes dic	ed						

2 cups Mexican cheese blend shredded

### **Instructions**

- <sup>1</sup> In a large skillet, cook ground beef over medium-high heat until no pink remains. Drain any excess fat.
- <sup>2</sup> Add <sup>1</sup>/<sub>3</sub> cup of water and taco seasoning to the skillet. Stir and simmer uncovered for 5 minutes or until thickened.
- Meanwhile, cut one of the flour tortillas into quarters. Use kitchen scissors or a knife to round the corners.
- <sup>4</sup> Place the remaining four tortillas on a plate and cover them with a damp paper towel. Microwave them for 20-30 seconds or until they are warm.
- 5 Add ¼ cup ground beef to the center of each tortilla. Top with cheese sauce. Add tostada shell, sour cream, lettuce, tomato, and cheese blend.
- <sup>6</sup> Place the quartered tortilla in the center and gently fold the larger tortilla around it to seal.
- <sup>7</sup> In a large skillet, heat 1 tablespoon of vegetable oil over medium heat.
- 8 In batches, add the folded tortillas seam side down, to the skillet and cook until golden, about 3-4 minutes. Flip and cook the other side.

#### Video

#### **Notes**

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other side. Keep the lettuce in the center so it doesn't cook.

Ground beef can be substituted with any ground meat or even pulled chicken.

If you don't have tostada shells, substitute a handful of crispy tortilla chips (break off any sharp corners to keep from ripping the tortilla).

Heating the tortillas keeps them from cracking.

Lightly oil a large griddle to cook all of the Crunchwraps at once.



#### 4.98 from 147 votes

#### **Nutrition Information**

Serving: 1crunchwrap | Calories: 799 | Carbohydrates: 38g | Protein: 41g | Fat: 54g | Saturated Fat: 24g | Cholesterol: 154mg | Sodium: 1341mg | Potassium: 646mg | Fiber: 3g | Sugar: 7g | Vitamin A: 1396IU | Vitamin C: 7mg | Calcium: 516mg | Iron: 5mg

Nutrition information provided is an estimate and will vary based on cooking methods and brands of ingredients used.

Course	Appetizer, Beef, Dinner, Lunch, Party Food, Snack
Cuisine	American, Mexican

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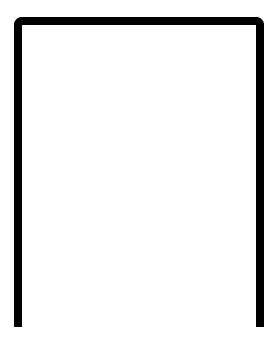


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## **About the author**

Holly is a wine and cheese lover, recipe creator, shopping enthusiast and self appointed foodie. Her greatest passion is creating in the kitchen and making deliciously comforting recipes for the everyday home cook!

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### **Comments**

Carrie Reply

September 30, 2023 at 9:45 pm

delicious! thank you for the great easier than I thought it would be meal! I love copycat recipes and making it at home a lot less expensively, especially when it's easy! always love your recipes!

Spend With Pennies SN Reply

October 2, 2023 at 9:13 am

Glad you enjoyed it, Carrie! We love copycat recipes at home too.

Mary Pifer Reply

September 1, 2023 at 3:35 pm

love this recipe for a quick go to supper!

Mike B Reply

August 22, 2023 at 5:03 pm

first time making these and my wife and daughter loved it. Couldn't find big enough gluten tortillas

to make myself some but will make again! Super easy

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L. Brown Reply

3/19/24, 2:01 AM

August 1, 2023 at 2:12 pm

Made these tonight and my teenagers loved them! I had a bit of trouble keeping the folds together when frying so I used some water to wet the tortillas until they became a little bit sticky and it worked like a charm.

Glinda Reply

July 15, 2023 at 7:57 pm

Tonight was the 3rd time I've made these crunch wraps but I've never left a review. I haven't eaten at Taco Bell in years so I had never heard of a Crunch Wrap. I love Tex Mex and this sounded really good, so I decided to give it a try. Delicious! The only thing I did different was that I didn't want to buy nacho cheese so I just used shredded cheddar cheese. Added some on top of the ground beef before adding the tostado as well as some on top of the shredded lettuce and chopped tomatoes. Thanks for introducing me to a new dish!

#### **Spend With Pennies AO**

<u>Reply</u>

July 17, 2023 at 10:08 am

I am so happy to hear you loved this recipe Glinda!

Tamara <u>Reply</u>

March 12, 2023 at 9:03 pm

Great recipes for home cooked, but with options. My resource when I need a quick recipe. Thank you, Holly!

nk

**Spend With Pennies AO** 

<u>Reply</u>

March 12 2022 at 8.26 am

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3/19/24, 2:01 AM

Shelli Willman Reply

March 8, 2023 at 7:23 pm

Found this recipe today and made it tonight. Oh my goodness! I will never buy another Crunchwrap supreme. Recipe is spot on. They look exactly like the ones you buy.

**Spend With Pennies AO** 

<u>Reply</u>

March 9, 2023 at 7:40 am

I am so happy to hear you loved this recipe Shelli!

Donn Treece Reply

March 2, 2023 at 4:25 pm

Made these tonight. I used the burrito grande-sized tortillas, and the street taco-sized ones to cover the top. Seemed to work well, until time to put them in the oil. All of my carefully pleated folds came out, so they looked atrocious. But they tasted better than the originals.

Lessons learned, don't stuff them too tall, you'll get a better fold and perhaps emulate the fast food place and use an electric sandwich maker/panini maker to cook them instead of oil. Good recipe, will make it again.

Barb Reply

March 1, 2023 at 1:57 pm

I made these and they were delicious! I'm planning on making them for my grandkids visit because I'm sure they will love them. Thanks for the recipe.

Dooly

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Can't wait to try these recipes! Thank You

Gracie Reply

February 23, 2023 at 8:06 am

I love your recipes, but they never print dark enough to read. My computer is in the office, but naturally I cook in the kitchen and want a print copy to use while making dinner. Your name prints dark enough and a referral to another of your recipes prints dark as well. Can you advise me hown to get a readable print copy?

**Spend With Pennies AO** 

<u>Reply</u>

March 2, 2023 at 10:03 am

I have not had this issue so I can't say for sure what the problem is Gracie!

Michael Reply

March 16, 2023 at 5:07 am

I suggest making sure the printer is set to "black and white" when printing. Some default to "color" and even if the text is black will try to use some weird grey scale which makes it come out very light due to the way websites do text coloring in my experience.

Anita Reply

February 2, 2023 at 1:42 pm

Excellent recipe. Just made this tonight and everyone loved it better than takeout. 2/2/23

Carla J Reply

September 29, 2022 at 11:58 am

These are so good! Better than take out! I like that you've suggested the option of using tortilla chips in place of tostada shells as I always have the chips on hand. The tip on cutting a large tortilla into 4

nieces is great too. It's normally just hubby and I so I really don't want to be buying extra plac of

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**Reply** 

September 29, 2022 at 1:33 pm

I am so glad you enjoyed this recipe Carla!

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