

VALERIA MORA-HERNÁNDEZ

COACH & PH.D.

PROFILE

Supports students in developing the skills that help them to accomplish their personal and professional goals while considering their unique life stories. **Believes** that well-being is the best strategy available to achieve success. **Committed to** creating inclusive growth environments and intellectual independence.

CONTACT

Email: vnmorah@gmail.com

SKILLS

- Building trust
- Creating awareness
- Finding and nurturing other's strengths
- Motivating groups and individuals to complete projects
- Articulating overall goals & creating mini-goals for others
- Giving positive feedback
- Active listening
- Verbal & Written communication
- International and multicultural awareness
- Bilingual Spanish & English

RELEVANT EXPERIENCE

Academic Coaching

Freelance | Remote | 2019- present

- Worked mainly with college and graduate students in achieving their professional and personal goals.
- Held clients accountable in the process of completing their graduation requirements (class projects, thesis, dissertations, etc.).
- Promoted well-being as a strategy to achieve success.

Instructor of Record

University of Notre Dame | South Bend, IN | Fall 2017 - December 2020

- Designed and/or instructed courses across levels for the Spanish department.
- Created an inclusive learning environment.
- Supported the students' learning process while encouraging their intellectual independence.

Teaching Assistant & Tutor

Pontificia Universidad Católica de Chile | Santiago, Chile | 2012-2015

- Designed and instructed review sessions for students across levels.
- Motivated students to achieve the course goals through positive feedback.
- Supported the students' learning process while encouraging their intellectual independence.

EDUCATION

Foundations: ICF Accredited Coach Training Program

Mentor Coach®

Exp.: 2022

Ph.D. in Spanish

University of Notre Dame

South Bend, IN

Graduated: 2021

M.A. in Hispanic Literature

Pontificia Universidad Católica de Chile

Santiago, Chile

Graduated: 2016

B.A. in Hispanic Literature and Linguistics

Pontificia Universidad Católica de Chile

Santiago, Chile

Graduated: 2014