Performance Report for:

http://pv.lactoflow.com.br/

Report generated: Mon, Jul 3, 2023 11:59 AM -0700
Test Server Location: Vancouver, Canada
Using: Chrome (Desktop) 103.0.5060.134, Lighthouse 9.6.4

	Performance	Structure	L. Contentful Paint	T. Blocking Time	C. Layout Shift
A	100%	98%	172ms	0ms	0

Top Issues

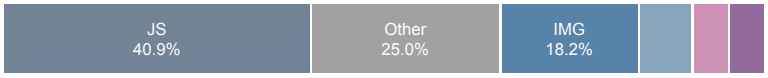
IMPACT	AUDIT	
Med-Low	**Lazy load third-party resources with facades** TBT	1 facade alternative available
Low	**Serve static assets with an efficient cache policy**	Potential savings of 73.6KB
Low	**Reduce unused JavaScript** LCP	Potential savings of 95.9KB
Low	**Avoid enormous network payloads** LCP	Total size was 1.41MB
Low	**Avoid multiple page redirects** FCP LCP	Potential savings of 42ms

Page Details

2.9s
Fully Loaded Time

Total Page Size - 1.41MB

Total Page Requests - 44



HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

About GTmetrix

CARBON 60
THE MANAGED CLOUD COMPANY

GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 27 years experience in web technology.

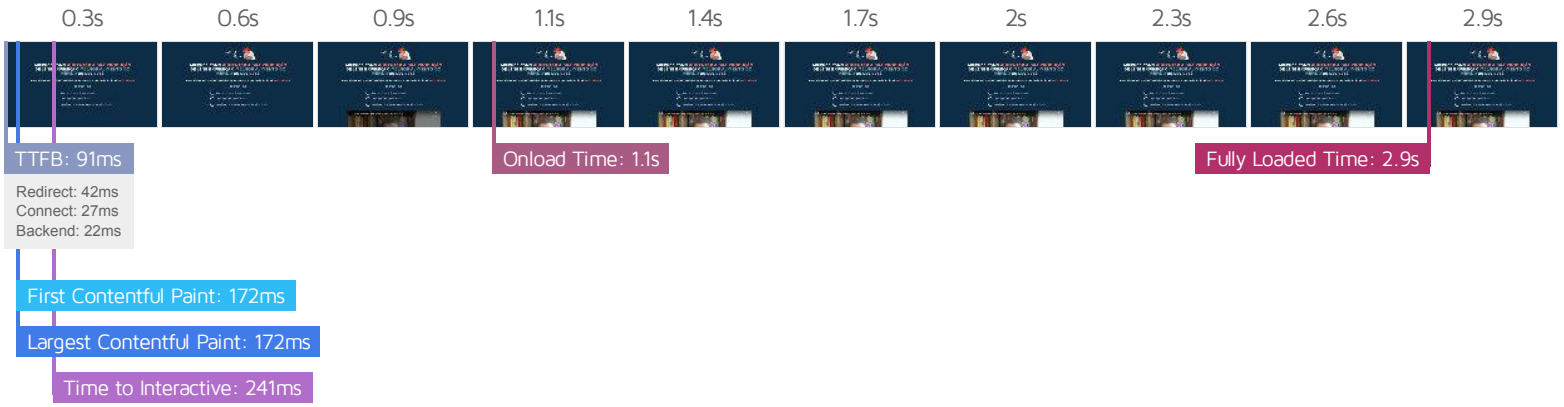
https://carbon60.com/

The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

LactoFlow

/	301	pv.lactoflow.com.br	0	42ms
/	200	pv.lactoflow.com.br	1.94KB	50ms
b99df5db18071aec.css	200	pv.lactoflow.com.br	3.12KB	20ms
69cc9dc15dfbf8b9.css	200	pv.lactoflow.com.br	772B	21ms
webpack-87b3a303122f2f0d.js	200	pv.lactoflow.com.br	1.05KB	29ms
framework-305cb810cde7afac.js	200	pv.lactoflow.com.br	44.4KB	62ms
main-b5ed3aa9791010a9.js	200	pv.lactoflow.com.br	27.8KB	48ms
_app-353467a87ef74d3c.js	200	pv.lactoflow.com.br	35.6KB	59ms
293-5a9cb648b86c0b68.js	200	pv.lactoflow.com.br	59.3KB	67ms
index-4080944270052601.js	200	pv.lactoflow.com.br	2.37KB	36ms
_buildManifest.js	200	pv.lactoflow.com.br	356B	33ms
_ssgManifest.js	200	pv.lactoflow.com.br	77B	32ms
IVKkQA9p7go	301	youtube.com	0	63ms
logo3.svg	200	pv.lactoflow.com.br	13.7KB	38ms
1.svg	200	pv.lactoflow.com.br	874B	23ms
2.svg	200	pv.lactoflow.com.br	600B	25ms
3.svg	200	pv.lactoflow.com.br	898B	25ms
pagamentos.svg	200	pv.lactoflow.com.br	11.4KB	36ms
IVKkQA9p7go	200	youtube.com	29.6KB	112ms
js?id=G-6T6HHESNG2	200	googletagmanager.com	87.9KB	61ms
session	200	pv.lactoflow.com.br	344B	24ms
www-player.css	200	youtube.com	46.6KB	20ms
www-embed-player.js	200	youtube.com	93.2KB	27ms
base.js	200	youtube.com	747KB	62ms
fetch-polyfill.js	200	youtube.com	2.56KB	17ms
KFOmCnqEu92Fr1Mu4mxK.woff2	200	fonts.gstatic.com	15.0KB	54ms
KFOlCnqEu92Fr1MmEU9fBBc4.woff2	200	fonts.gstatic.com	15.2KB	70ms
id	302	googleads.g.doublecli…	0	41ms
ad_status.js	200	static.doubleclick.net	29B	38ms
POST Create	200	jnn-pa.googleapis.com	31.3KB	81ms
OPTIONS Create	200	jnn-pa.googleapis.com	0	43ms
remote.js	200	youtube.com	32.6KB	15ms
7hBuaXuld1K_9xY5B6KNETn_lwk4P…	200	google.com	14.4KB	37ms
maxresdefault.jpg?sqp=-oaymwEmCI…	200	i.ytimg.com	87.5KB	102ms
embed.js	200	youtube.com	7.94KB	8ms
GuDly_ZiraVc7zeHN3BFptUROCr17Iv…	200	yt3.ggpht.com	2.98KB	146ms
id?slf_rd=1	200	googleads.g.doublecli…	146B	50ms
POST GenerateIT	200	jnn-pa.googleapis.com	134B	40ms
OPTIONS GenerateIT	200	jnn-pa.googleapis.com	0	14ms
cast_sender.js	200	gstatic.com	1.96KB	64ms
generate_204?yfjkdw	204	youtube.com	0	22ms
cast_sender.js	200	gstatic.com	14.8KB	29ms
favicon.ico	200	pv.lactoflow.com.br	1.25KB	20ms
POST log_event?alt=json&key=AIzaS…	200	youtube.com	50B	20ms

44 Requests **1.40MB (4.39MB Uncompressed)** **2.9s (Onload 1.1s)**



Performance Metrics

First Contentful Paint

Good - Nothing to do here

How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.

172ms

Time to Interactive

Good - Nothing to do here

How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.

240ms

Speed Index

Good - Nothing to do here

How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.

373ms

Total Blocking Time

Good - Nothing to do here

How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.

0ms

Largest Contentful Paint

Good - Nothing to do here

How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.

172ms

Cumulative Layout Shift

Good - Nothing to do here

How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.

0

Browser Timings

Redirect	42ms	Connect	27ms	Backend	22ms
TTFB	91ms	DOM Int.	108ms	First Paint	172ms
DOM Loaded	241ms	Onload	1.1s	Fully Loaded	2.9s

IMPACT	AUDIT	
Med-Low	**Lazy load third-party resources with facades** TBT	1 facade alternative available
Low	**Serve static assets with an efficient cache policy**	Potential savings of 73.6KB
Low	**Reduce unused JavaScript** LCP	Potential savings of 95.9KB
Low	**Avoid enormous network payloads** LCP	Total size was 1.41MB
Low	**Avoid multiple page redirects** FCP LCP	Potential savings of 42ms
Low	**Reduce JavaScript execution time** TBT	80ms spent executing JavaScript
Low	**Avoid serving legacy JavaScript to modern browsers** TBT	Potential savings of 132B
Low	**Avoid chaining critical requests** FCP LCP	1 chain found
N/A	**Avoid an excessive DOM size** TBT	45 elements
N/A	**Largest Contentful Paint element** LCP	1 element found
N/A	**Reduce initial server response time** FCP LCP	Root document took 22ms
N/A	**Minimize main-thread work** TBT	Main-thread busy for 272ms
N/A	**User Timing marks and measures**	4 user timings
N/A	**Reduce the impact of third-party code** TBT	Total size was 1.18MB
N/A	**Avoid large layout shifts** CLS	