

WORKING HOURS AND PRODUCTIVITY

In 30 seconds, answer the following questions:

- 1. How many hours do you work per week?**
- 2. In your opinion, how many working hours per week are optimal?**

Watch the video, then answer the given questions in 60 seconds:

1. What do you think about the man's working time?
2. What should you do to balance work and leisure?

Video



Source:

<http://www.dailymotion.com/video/x44eief>



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Use headphones



No speaker

Wear Your Words

Listen and repeat. Then, choose a word to define.

1. **Legislation (n)** /ˌledʒɪsˈleɪʃn/

2. **Assume (v)** /əˈsu:m/

3. **Counterproductive (adj)** /ˌkaʊntərprəˈdʌktɪv/

4. **Adapt (v)** /əˈdæpt/

5. **Meanwhile (adv)** /ˈmi:nwaɪl/

6. **Stroke (n)** /stroʊk/

Make a sentence using that word.

Example: *Legislation on this issue is urgently needed.*



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Wear Your Words

Explanation of two useful phrasal verbs:

Stress out

to become too anxious or tired to be able to relax



Get around/round to sth

to find the time to do something



Examples:

- I try not to **stress out** when things go wrong.
- I meant to do the ironing but I didn't **get round to** it.

Make a sentence using one of the given phrasal verbs.



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Structure:

Be fed up with something/doing something

Example: I'm fed up with waiting for her.

Make a sentence using the given structure.



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Pair Work: In 180 seconds, discuss some reasons why people should work less with your partner.

Suggestions:

- ✓ Long work hours are often counterproductive
- ✓ Increased fatigue
- ✓ Higher safety risks
- ✓ Neglected social life
- ✓ More stress
- ✓ Brain damage
- ✓ Risk of obesity
- ✓ Etc.



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Assessment Form

Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

Feel free to ask if you have any questions!



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- ✓ Vocabulary related to working hours
- ✓ **Two phrasal verbs:**
 - ✓ **Stress out**
 - ✓ **Get around/round to something**
- ✓ **Structure: Be fed up with something/doing something**
- ✓ Discussion about why people should work less



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Homework

Complete your mission and find more in related lessons.

Your mission

- ✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)
- ✓ Practice the related lessons in the course browser [here \(It doesn't apply to all students\)](#)
- ✓ Take those lessons

Recommendations

- ✓ [48-working lunch \(#0354\)](#)
- ✓ [106-intonation \(#0169\)](#)

Rất hài lòng



Nhấn vào ngôi sao để đánh giá

Tôi hài lòng nhất



Giảng viên



Chất lượng kỹ thuật



Học liệu

- ✓ Please don't forget to rate our lesson today



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