

## BẢNG TỔNG HỢP KIẾN THỨC INTER TUẦN 18.06-25.06



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18.06.2018 - SCHOOL UNIFORMS

VOCABULARY

Words	Meanings
<b>1. Discipline (n)</b> /'dɪsəplɪn/	the practice of training people to obey rules and orders and punishing them if they do not
<b>2. Distracted (adj)</b> /dɪ'stræktɪd/	unable to pay attention to somebody/something because you are worried or thinking about something else
<b>3. Difference (n)</b> /'dɪfrəns/ <b>difference (between A and B)</b> <b>difference (in something)</b>	the way in which two people or things are not like each other; the way in which somebody/something has changed
<b>4. Pride (n)</b> /praɪd/	a feeling of pleasure or satisfaction that you get when you or people who are connected with you have done something well or own something that other people admire
<b>5. Enforce (v)</b> /ɪn'fɔːrs/ <b>enforce something (on/against somebody/something)</b>	to make sure that people obey a particular law or rule
<b>6. Prohibit (v)</b> /prə'hɪbɪt/	[often passive] to stop something from being done or used especially by law

WEAR YOUR WORD

- **Fling sth on/off:** to quickly put on/remove something, especially a piece of clothing
- **Try sth on:** to put on a piece of clothing to see if it fits and how it looks

STRUCTURE

S + prohibit + somebody + from + V-ing.

RECOMMENDATION

- [4-adjectives for clothing and colors \(#0058\)](#)
- [121-clothing \(#0353\)](#)

## THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Talking About School Uniforms](#)

### 19.06.2018 - FOOD SAFETY

#### VOCABULARY

Words	Meanings
1. Sanitation (n) /sænɪ'teɪʃn/	the equipment and systems that keep places clean, especially by removing human waste
2. Hygiene (n) /'haɪdrʒɪ:n/	the practice of keeping yourself and your living and working areas clean in order to prevent illness and disease
3. Poisonous (adj) /'pɔɪzənəs/	causing death or illness if swallowed or absorbed into the body
4. Organic (adj) /'ɔ:k'gænɪk/	produced or practised without using artificial chemicals
5. Processing (n) /'præ:sesɪŋ/	the treatment of raw material, food, etc. in order to change it, preserve it, etc.
6. Hazard (n) /'hæzərd/	a thing that can be dangerous or cause damage

#### WEAR YOUR WORD

- **Whip something up:** to quickly make a meal or something to eat
- **Pig out (on something):** to eat too much food

#### STRUCTURE

<b>S1 + advise + that + S2 + V-infinitive.</b>
<b>RECOMMENDATION</b>
<ul style="list-style-type: none"> <li>• <a href="#">141-healthcare (#0374)</a></li> <li>• <a href="#">87-pronunciation: the /v/ (#0272)</a></li> </ul>
<b>THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)</b>
<a href="#"><b>Tips for Food Safety</b></a>

<b>20.06.2018 - BENEFITS OF TO-DO LISTS</b>	
<b>VOCABULARY</b>	
<b>Words</b>	<b>Meanings</b>
<b>1. Notepad (n) /'nəutpæd/</b>	sheets of paper that are held together at the top and used for writing notes on
<b>2. Sidetrack (v) /'saɪdtræk/</b>	to make somebody start to talk about or do something that is different from the main thing that they are supposed to be talking about or doing
<b>3. Priority (n) /prɔɪ'ɔ:rəti/</b>	something that you think is more important than other things and should be dealt with first
<b>4. Urgent (adj) /'ɜ:rdʒənt/</b>	that needs to be dealt with or happen immediately
<b>5. Record (n) /'rekərd/</b>	a written account of something that is kept so that it can be looked at and used in the future
<b>6. Frequent (adj) /'fri:kwənt/</b>	happening or doing something often
<b>WEAR YOUR WORD</b>	

- **Miss the boat (idiom):** (informal) to be unable to take advantage of something because you are too late
- **Screw (sth) up (phrasal verb):** (slang) to do something badly or spoil something

### STRUCTURE

The more.... the more/less....

### RECOMMENDATION

- [56-planning \(#0337\)](#)
- [55-making plans \(#0340\)](#)
- [125-who wants to plan the party? \(#0436\)](#)

### THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Here's a Great Way to Conquer Your Fear of Your To-Do List](#)

**21.06.2018 - HEALTH BENEFITS OF OWNING A PET**

**VOCABULARY**

Words	Meanings
<b>1. Companionship (n)</b> <i>/kəm'pæniənʃɪp/</i>	the pleasant feeling that you have when you have a friendly relationship with somebody and are not alone
<b>2. Anxiety (n)</b> /æn'ɪətɪ/	the state of feeling nervous or worried that something bad is going to happen
<b>3. Socialization (n)</b> <i>/səʊʃələ'zeɪʃn/</i>	the process by which somebody, especially a child, learns to behave in a way that is acceptable in their society
<b>4. Immunity (n)</b> /ɪ'mju:nəti/	the body's ability to avoid or not be affected by infection and disease
<b>5. Active (adj)</b> /'æktɪv/	always busy doing things, especially physical activities
<b>6. Allergy (n)</b> /'ælərdʒi/	a medical condition that causes you to react badly or feel ill/sick when you eat or touch a particular substance

**WEAR YOUR WORD**

- **Drink like a fish:** to drink a lot of alcohol regularly
- **Not harm/hurt a fly:** to be kind and gentle and unwilling to cause unhappiness

**STRUCTURE**

**S1 + be + such + (a/an) + adjective + noun + that + S2 + V**

**RECOMMENDATION**

- [40-simple present tense- at the park \(#0007\)](#)
- [149-rent or own \(#0364\)](#)

## THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Bond Between Seniors and Their Dogs Boosts Health](#)22.06.2018 - THE HARMFUL EFFECTS OF  
WATCHING TELEVISION

## VOCABULARY

Words	Meanings
1. <b>Inactivity</b> (n) <i>/ɪnæk'tɪvəti/</i>	the state of not doing anything or of not being active
2. <b>Deaf</b> (adj) /def/	unable to hear anything or unable to hear very well
3. <b>Hinder</b> (v) /'hɪndər/	to make it difficult for somebody to do something or for something to happen
4. <b>Manipulate</b> (v) <i>/mə'nipjuleɪt/</i>	to control or influence somebody/something, often in a dishonest way so that they do not realize it
5. <b>Enormous</b> (adj) <i>/ɪ'nɔːrməs/</i>	extremely large
6. <b>Unceasingly</b> (adv) <i>/ʌn'siːsɪŋli/</i>	without stopping

## WEAR YOUR WORD

- **Be on about something:** (informal) to talk about something; to mean something
- **Act on something:** to do something because you have been advised or told to do it

STRUCTURE
<b>S + indulge in + something.</b>
RECOMMENDATION
<ul style="list-style-type: none"> <li>• <a href="#">43-present progressive and activities (#0106)</a></li> <li>• <a href="#">113-booking accommodations (#0696)</a></li> </ul>
THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)
<a href="#">Less TV Time Linked to Health Benefits</a>

23.06.2018 - OBEYING TRAFFIC RULES	
VOCABULARY	
Words	Meanings
<b>1. Redesign (v)</b> /'ri:dɪ'zaɪn/	the act of designing something again, in a different way; the thing that has been designed again
<b>2. Implement (v)</b> /ɪ'mplɪment/	to make something that has been officially decided start to happen or be used
<b>3. Intersection (n)</b> /ɪn'ter'sekʃn/	a place where two or more roads, lines, etc. meet or cross each other
<b>4. Especially (adv)</b> /ɪ'speʃəli/	more with one person, thing, etc. than with others, or more in particular circumstances than in other
<b>5. Knowledge (n)</b> /'nɔ:lıdʒ/	the information, understanding and skills that you gain through education or experience

**6. Strictly (adv) /'strɪktli/**

with a lot of control and rules that must be obeyed

**WEAR YOUR WORD**

- **Abide by something:** to accept and act according to a law, an agreement, etc.
- **Send somebody off:** to order a sports player to leave the playing area during a game because they have done something wrong

**STRUCTURE**

**S + adhere to + noun/V-ing**

**RECOMMENDATION**

- [151-contractions \(#0196\)](#)
- [153-fill in the blank: adjectives \(#0810\)](#)

**THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)**

[\*\*Discussing Traffic Problems\*\*](#)

**24.06.2018 - HOW TO STOP PROCRASTINATING**

**VOCABULARY**

Words	Meanings
<b>1. Manageable (adj)</b> /ˈmænɪdʒəbl/	possible to deal with or control
<b>2. Overwhelm (v)</b> /ˌoʊvərˈwelm/	to have such a strong emotional effect on somebody that it is difficult for them to resist or know how to react
<b>3. Productivity (n)</b> /ˌprɑːdʌkˈtɪvəti/	the rate at which a worker, a company or a country produces goods, and the amount produced, compared with how much time, work and money is needed to produce them
<b>4. Urgent (adj)</b> /ˈɜːrdʒənt/	that needs to be dealt with or happen immediately
<b>5. Eliminate (v)</b> /ɪˈlɪmɪneɪt/	to remove or get rid of something/somebody
<b>6. Overcome (v)</b> /ˌoʊvərˈkʌm/	to succeed in dealing with or controlling a problem that has been preventing you from achieving something

**WEAR YOUR WORD**

- **Turn sb/sth down:** to reject or refuse to consider an offer, a proposal, etc. or the person who makes it
- **Think back (to sth):** to think about something that happened in the past

**STRUCTURE**

**S + dedicate + oneself + to + noun/V-ing.**

**RECOMMENDATION**

- [100-adverbs of frequency \(#0223\)](#)
- [100-learn adverbs \(#0225\)](#)

**THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)**

[How Can a Tomato Help You Stop Procrastinating?](#)