

VEGETARIANISM, A GROWING TREND

CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



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Technical support



Use headphones



No speaker

1. Vocabulary game: Match each word to the right picture.

endive

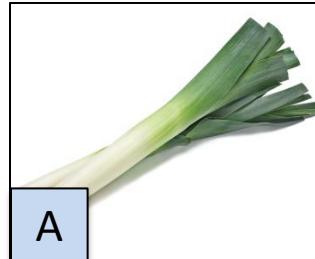
leek

mushroom

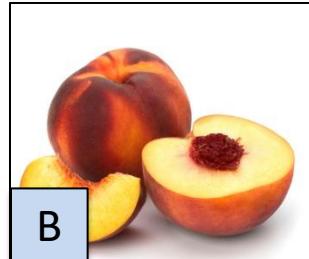
peach

pineapple

pepper



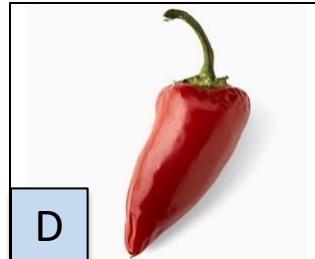
A



B



C



D



E



F



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2. Why do people become vegetarians?

3. Discuss with your partner the advantages and disadvantages of being a vegetarian.



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4. Role-play

A: You want to go on a vegetarian diet. Ask **B**, a nutritionist, for

some advice on how to stay healthy on a vegetarian diet.

B: You're the nutritionist. Give him/her some advice.



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Wrap-up

Topic: **Vegetarianism, A Growing Trend**

- Have discussions about:
 - ✓ Reasons for being a vegetarian
 - ✓ Advantages and disadvantages of being a vegetarian
 - ✓ Advice on how to stay healthy on a vegetarian diet
- **Please don't forget to rate our lesson today**
- ✓ Finish your homework [here \(It doesn't apply to all students\)](#)