

SIDE EFFECTS OF LOSING WEIGHT TOO FAST

In 30 seconds, answer the following questions:

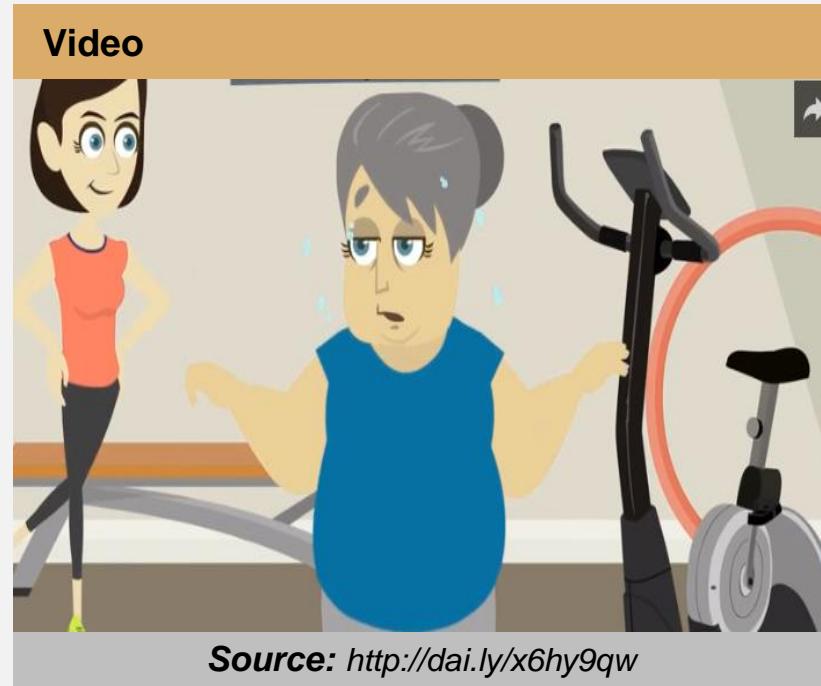
- Would you have liked to lose weight? Why?

Speak Up

TOPICA NATIVE

Watch the video, then answer the given questions in 60 seconds:

What do you think about weight loss products? Do they really work without diet or exercise?



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Wear Your Words

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Listen and repeat. Then, choose a word to define.

1. **Charlatan (n)** /'ʃɑ:rlətən/ _____
2. **Supplement (n)** /'sʌplɪmənt/ _____
3. **Miracle (n)** /'mɪrəkl/ _____
4. **Skinny (adj)** /'skɪni/ _____
5. **Desperate (adj)** /'despərət/ _____
6. **Gallstone (n)** /'gɔ:lstoun/ _____

Make a sentence using that word.

Example: *He knows nothing about medicine - he's a complete charlatan.*



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Wear Your Words

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Explanation of two useful phrasal verbs:



Throw something away to get rid of something



Try something out

to test or use sb/sth in order to see how good or effective he/she/it is



Examples:

- ✓ *That old chair should be **thrown away**.*
- ✓ *She wants to **try out** some products.*

Make a sentence using one of the given phrasal verbs.



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Structure:

S + be aware/conscious of + Noun/V-ing.

Example: *The police are well aware of the dangers.*

Make a sentence using the given structure.



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Pair Work: In 180 seconds, discuss with your partner the side effects of losing weight too fast.

Suggestions:

- ✓ The risk of accelerating diabetes
- ✓ Stomach pain
- ✓ Possibility of gallstones
- ✓ Stress
- ✓ Etc.



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Assessment Form

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Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

Feel free to ask if you have any questions!



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- ✓ Vocabulary related to losing weight

- ✓ **Two phrasal verbs:**

Throw something away

Try something out

- ✓ **Structure:**

S + be aware/conscious of + Noun/V-ing.

- ✓ Discussion about the side effects of losing weight too fast



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Homework

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Complete your mission and find more in related lessons.

Your mission

- ✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)
- ✓ Practice the related lessons in the course browser [here](#) ([It doesn't apply to all students](#))
- ✓ Take those lessons

Recommendations

- ✓ [177-phrasal verbs at the office \(#0097\)](#)

Rất hài lòng



Nhấn vào ngôi sao để đánh giá

Tôi hài lòng nhất



Giảng viên



Chất lượng kỹ thuật



Học liệu

- ✓ Please don't forget to rate our lesson today

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