

BẢNG TỔNG HỢP KIẾN THỨC INTER
TUẦN 18.06-25.06



MỤC LỤC

| | |
|--|----|
| 18.06.2018 - SCHOOL UNIFORMS | 3 |
| 19.06.2018 - FOOD SAFETY | 4 |
| 20.06.2018 - BENEFITS OF TO-DO LISTS | 5 |
| 21.06.2018 - HEALTH BENEFITS OF OWNING A PET | 7 |
| 22.06.2018 - THE HARMFUL EFFECTS OF WATCHING TELEVISION | 8 |
| 23.06.2018 - OBEYING TRAFFIC RULES | 9 |
| 24.06.2018 - HOW TO STOP PROCRASTINATING | 11 |

18.06.2018 - SCHOOL UNIFORMS

VOCABULARY

| Words | Meanings |
|---|---|
| 1. Discipline (n) / ¹ dɪsəplɪn/ | the practice of training people to obey rules and orders and punishing them if they do not |
| 2. Distracted (adj) /dɪ ¹ stræktɪd/ | unable to pay attention to somebody/something because you are worried or thinking about something else |
| 3. Difference (n) / ¹ dɪfrəns/ difference (between A and B) difference (in something) | the way in which two people or things are not like each other; the way in which somebody/something has changed |
| 4. Pride (n) /praɪd/ | a feeling of pleasure or satisfaction that you get when you or people who are connected with you have done something well or own something that other people admire |
| 5. Enforce (v) /ɪn ¹ fɔːrs/ enforce something (on/against somebody/something) | to make sure that people obey a particular law or rule |
| 6. Prohibit (v) /prə ¹ hɪbɪt/ | [often passive] to stop something from being done or used especially by law |

WEAR YOUR WORD

- **Fling sth on/off:** to quickly put on/remove something, especially a piece of clothing
- **Try sth on:** to put on a piece of clothing to see if it fits and how it looks

STRUCTURE

S + prohibit + somebody + from + V-ing.

RECOMMENDATION

- [4-adjectives for clothing and colors \(#0058\)](#)
- [121-clothing \(#0353\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Talking About School Uniforms](#)

19.06.2018 - FOOD SAFETY

VOCABULARY

| Words | Meanings |
|---------------------------------|--|
| 1. Sanitation (n) /ˌsæniˈteɪʃn/ | the equipment and systems that keep places clean, especially by removing human waste |
| 2. Hygiene (n) /ˈhaɪdʒiːn/ | the practice of keeping yourself and your living and working areas clean in order to prevent illness and disease |
| 3. Poisonous (adj) /ˈpɔɪzənəs/ | causing death or illness if swallowed or absorbed into the body |
| 4. Organic (adj) /ɔːrˈɡæniːk/ | produced or practised without using artificial chemicals |
| 5. Processing (n) /ˈprəʊsesɪŋ/ | the treatment of raw material, food, etc. in order to change it, preserve it, etc. |
| 6. Hazard (n) /ˈhæzəd/ | a thing that can be dangerous or cause damage |

WEAR YOUR WORD

- **Whip something up:** to quickly make a meal or something to eat
- **Pig out (on something):** to eat too much food

STRUCTURE

| |
|---|
| S1 + advise + that + S2 + V-infinitive. |
| RECOMMENDATION |
| <ul style="list-style-type: none"> • 141-healthcare (#0374) • 87-pronunciation: the /v/ (#0272) |
| THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên) |
| Tips for Food Safety |

| 20.06.2018 - BENEFITS OF TO-DO LISTS | |
|--|--|
| VOCABULARY | |
| Words | Meanings |
| 1. Notepad (n) / ¹ noʊtpæd/ | sheets of paper that are held together at the top and used for writing notes on |
| 2. Sidetrack (v) / ¹ saɪdtræk/ | to make somebody start to talk about or do something that is different from the main thing that they are supposed to be talking about or doing |
| 3. Priority (n) /praɪˈɔːrəti/ | something that you think is more important than other things and should be dealt with first |
| 4. Urgent (adj) / ¹ ɜːrdʒənt/ | that needs to be dealt with or happen immediately |
| 5. Record (n) / ¹ rekərd/ | a written account of something that is kept so that it can be looked at and used in the future |
| 6. Frequent (adj) / ¹ friːkwənt/ | happening or doing something often |
| WEAR YOUR WORD | |

- **Miss the boat (idiom):** (informal) to be unable to take advantage of something because you are too late
- **Screw (sth) up (phrasal verb):** (slang) to do something badly or spoil something

STRUCTURE

The more.... the more/less....

RECOMMENDATION

- [56-planning \(#0337\)](#)
- [55-making plans \(#0340\)](#)
- [125-who wants to plan the party? \(#0436\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Here's a Great Way to Conquer Your Fear of Your To-Do List](#)

21.06.2018 - HEALTH BENEFITS OF OWNING A PET

VOCABULARY

| Words | Meanings |
|--|--|
| 1. Companionship (n) /kəmˈpæniənʃɪp/ | the pleasant feeling that you have when you have a friendly relationship with somebody and are not alone |
| 2. Anxiety (n) /æŋˈzaɪəti/ | the state of feeling nervous or worried that something bad is going to happen |
| 3. Socialization (n) /ˌsoʊʃəleɪˈzeɪʃn/ | the process by which somebody, especially a child, learns to behave in a way that is acceptable in their society |
| 4. Immunity (n) /ɪˈmjuːnəti/ | the body's ability to avoid or not be affected by infection and disease |
| 5. Active (adj) /ˈæktɪv/ | always busy doing things, especially physical activities |
| 6. Allergy (n) /ˈælərdʒi/ | a medical condition that causes you to react badly or feel ill/sick when you eat or touch a particular substance |

WEAR YOUR WORD

- **Drink like a fish:** to drink a lot of alcohol regularly
- **Not harm/hurt a fly:** to be kind and gentle and unwilling to cause unhappiness

STRUCTURE

S1 + be + such + (a/an) + adjective + noun + that + S2 + V

RECOMMENDATION

- [40-simple present tense- at the park \(#0007\)](#)
- [149-rent or own \(#0364\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Bond Between Seniors and Their Dogs Boosts Health](#)

**22.06.2018 - THE HARMFUL EFFECTS OF
WATCHING TELEVISION**

VOCABULARY

| Words | Meanings |
|--|---|
| 1. Inactivity (n) /ɪˈnæktɪvəti/ | the state of not doing anything or of not being active |
| 2. Deaf (adj) /def/ | unable to hear anything or unable to hear very well |
| 3. Hinder (v) /ˈhɪndər/ | to make it difficult for somebody to do something or for something to happen |
| 4. Manipulate (v) /məˈnɪpjuleɪt/ | to control or influence somebody/something, often in a dishonest way so that they do not realize it |
| 5. Enormous (adj) /ɪˈnɔːrməs/ | extremely large |
| 6. Unceasingly (adv) /ʌnˈsiːsɪŋli/ | without stopping |

WEAR YOUR WORD

- **Be on about something:** (informal) to talk about something; to mean something
- **Act on something:** to do something because you have been advised or told to do it

| |
|---|
| |
| STRUCTURE |
| S + indulge in + something. |
| RECOMMENDATION |
| <ul style="list-style-type: none"> • 43-present progressive and activities (#0106) • 113-booking accommodations (#0696) |
| THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên) |
| Less TV Time Linked to Health Benefits |

| 23.06.2018 - OBEYING TRAFFIC RULES | |
|--|---|
| VOCABULARY | |
| Words | Meanings |
| 1. Redesign (v) /ˌriːdɪˈzaɪn/ | the act of designing something again, in a different way; the thing that has been designed again |
| 2. Implement (v) /ˈɪmplɪment/ | to make something that has been officially decided start to happen or be used |
| 3. Intersection (n) /ˌɪntərˈsekʃn/ | a place where two or more roads, lines, etc. meet or cross each other |
| 4. Especially (adv) /ɪˈspeʃəli/ | more with one person, thing, etc. than with others, or more in particular circumstances than in other |
| 5. Knowledge (n) /ˈnɒːlɪdʒ/ | the information, understanding and skills that you gain through education or experience |

| | |
|--|---|
| 6. Strictly (adv) / ^l striktli/ | with a lot of control and rules that must be obeyed |
| WEAR YOUR WORD | |
| <ul style="list-style-type: none"> • Abide by something: to accept and act according to a law, an agreement, etc. • Send somebody off: to order a sports player to leave the playing area during a game because they have done something wrong | |
| STRUCTURE | |
| S + adhere to + noun/V-ing | |
| RECOMMENDATION | |
| <ul style="list-style-type: none"> • 151-contractions (#0196) • 153-fill in the blank: adjectives (#0810) | |
| THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên) | |
| Discussing Traffic Problems | |

24.06.2018 - HOW TO STOP PROCRASTINATING

VOCABULARY

| Words | Meanings |
|---|---|
| 1. Manageable (adj) /ˈmænɪdʒəbl/ | possible to deal with or control |
| 2. Overwhelm (v) /ˌoʊvərˈwelɪ/ | to have such a strong emotional effect on somebody that it is difficult for them to resist or know how to react |
| 3. Productivity (n) /ˌprɒdʌktɪvəti/ | the rate at which a worker, a company or a country produces goods, and the amount produced, compared with how much time, work and money is needed to produce them |
| 4. Urgent (adj) /ˈɜːrdʒənt/ | that needs to be dealt with or happen immediately |
| 5. Eliminate (v) /ɪˈlɪmɪneɪt/ | to remove or get rid of something/somebody |
| 6. Overcome (v) /ˌoʊvərˈkʌm/ | to succeed in dealing with or controlling a problem that has been preventing you from achieving something |

WEAR YOUR WORD

- **Turn sb/sth down:** to reject or refuse to consider an offer, a proposal, etc. or the person who makes it
- **Think back (to sth):** to think about something that happened in the past

STRUCTURE

S + dedicate + oneself + to + noun/V-ing.

RECOMMENDATION

- [100-adverbs of frequency \(#0223\)](#)
- [100-learn adverbs \(#0225\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[How Can a Tomato Help You Stop Procrastinating?](#)