

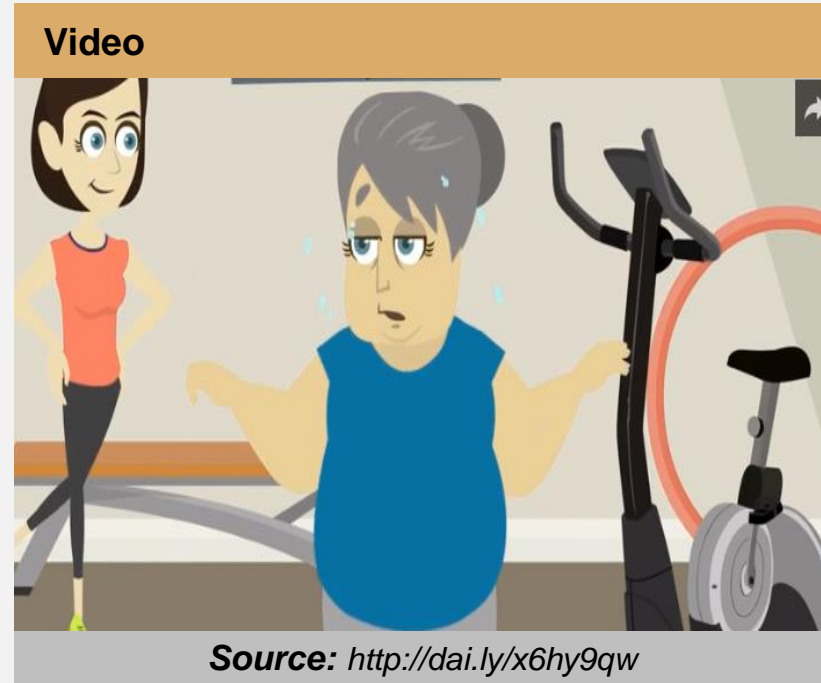
SIDE EFFECTS OF LOSING WEIGHT TOO FAST

In 30 seconds, answer the following questions:

- **Would you have liked to lose weight? Why?**

Watch the video, then answer the given questions in 60 seconds:

What do you think about weight loss products? Do they really work without diet or exercise?



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Wear Your Words

Listen and repeat. Then, choose a word to define.

1. **Charlatan (n)** /'ʃɑːrlətən/

2. **Supplement (n)** /'sʌplɪmənt/

3. **Miracle (n)** /'mɪrəkl/

4. **Skinny (adj)** /'skɪni/

5. **Desperate (adj)** /'despərət/

6. **Gallstone (n)** /'gɔːlstəʊn/

Make a sentence using that word.

Example: *He knows nothing about medicine - he's a complete charlatan.*



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Wear Your Words

Explanation of two useful phrasal verbs:

Throw something away to get rid of something

Try something out to test or use sb/sth in order to see how good or effective he/she/it is



Examples:

- ✓ That old chair should be **thrown away**.
- ✓ She wants to **try out** some products.

Make a sentence using one of the given phrasal verbs.



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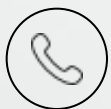
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Structure:

S + be aware/conscious of + Noun/V-ing.

Example: *The police are well **aware of** the dangers.*

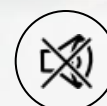
Make a sentence using the given structure.



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Pair Work: In 180 seconds, discuss with your partner the side effects of losing weight too fast.

Suggestions:

- ✓ The risk of accelerating diabetes
- ✓ Stomach pain
- ✓ Possibility of gallstones
- ✓ Stress
- ✓ Etc.



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Assessment Form

Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

Feel free to ask if you have any questions!



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- ✓ Vocabulary related to losing weight

- ✓ **Two phrasal verbs:**

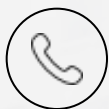
Throw something away

Try something out

- ✓ **Structure:**

S + be aware/conscious of + Noun/V-ing.

- ✓ Discussion about the side effects of losing weight too fast



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Homework

Complete your mission and find more in related lessons.

Your mission

- ✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)
- ✓ Practice the related lessons in the course browser [here \(It doesn't apply to all students\)](#)
- ✓ Take those lessons

Recommendations

- ✓ [177-phrasal verbs at the office \(#0097\)](#)

Rất hài lòng



Nhấn vào ngôi sao để đánh giá

Tôi hài lòng nhất



Giảng viên



Chất lượng kĩ
thuật



Học liệu

- ✓ Please don't forget to rate our lesson today



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