

IS ORGANIC FOOD WORTH THE EXTRA COST?

In 30 seconds, answer the following question:

- What does “organic” mean?

Speak Up

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Answer the given questions in 60 seconds:

- 1. Do you think that the foods you eat every day are healthy?**
- 2. Why or why not?**



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Wear Your Words

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Listen and repeat. Then, choose a word to define.

1. **Perishable** (adj) /'perɪʃəbl/

2. **Rancid** (adj) /'rænsɪd/

3. **Preservative** (n) /prɪ'zɜːrvətɪv/

4. **Vermin** (n) /'vɜːrmɪn/

5. **Nutrient** (n) /'nuːtrɪənt/

6. **Stale** (adj) /steɪl/

Make a sentence using that word.

Example: Foods without preservatives go **stale** easily.



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Wear Your Words

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Explanation of two useful idioms:



Better (to be) safe than sorry

it's better to take precautions rather than risks



To take something with a pinch of salt

to not completely believe something that you are told, because you think it is unlikely to be true

Examples:

- *I think we should buy organic foods, even if they're a little expensive. It's **better to be safe than sorry**.*
- *You have to **take everything she says with a pinch of salt**, because she tends to exaggerate.*

Make a sentence using one of the given idioms.



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Structure:

It + to be + (not) worth + V-ing.

Example: *It is worth using organic foods even if they cost us extra money.*

Make a sentence using the given structure.



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Pair Work: In 180 seconds, discuss with your partner whether organic food is worth the extra cost.

Suggestions:

- ✓ They're healthier, fresher
- ✓ Organic foods have higher nutrient levels
- ✓ Chemical pesticides are prohibited in organic growing
- ✓ No added growth hormones
- ✓ Environmental responsibility
- ✓ Etc.



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Assessment Form

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Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

Feel free to ask if you have any questions!



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- ✓ Vocabulary related to organic food
- ✓ **Two idioms:**
 - ✓ **Better (to be) safe than sorry**
 - ✓ **To take something with a pinch of salt**
- ✓ **Structure:**

It + to be + (not) worth + V-ing.
- ✓ Discussion about the reasons why organic food is worth the extra cost



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Homework

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Complete your mission and find more in related lessons.

Your mission	<ul style="list-style-type: none">✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)✓ Practice the related lessons in the course browser here (It doesn't apply to all students)✓ Take those lessons
Recommendations	<ul style="list-style-type: none">✓ 179-Pronunciation: /y/ vs. /j/ (0315)

Rất hài lòng



Nhấn vào ngôi sao để đánh giá

Tôi hài lòng nhất



Giảng viên



Chất lượng Kỹ thuật



Học liệu

- ✓ Please don't forget to rate our lesson today



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