

ADVANTAGES AND DISADVANTAGES OF EXTREME SPORTS

CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



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Technical support



Use headphones



No speaker

1. **Vocabulary game:** In 30 seconds, list as many words related to the topic: **“Extreme sports”** as possible. Who gets the most correct words will be the winner. Your words must be different from others’.



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2. What are some popular extreme sports in your country?

3. In your opinion, what is the most extreme sport? Do you like extreme sports? Why or why not?



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4. Role-play

A: You are going to do some extreme sports. Invite your friend to join your team.

B: You're A's friend. You want to join A but you are quite confused about the safety of extreme sports. Talk with him/her.



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A top-down view of a white octagonal cup of coffee with a latte art design, a white wristwatch with a white strap, and an open notebook with a wooden cover, all on a light gray surface.

Wrap-up

- Topic: **Advantages and disadvantages of extreme sports**
- Have some talks about extreme sports
- **Please don't forget to rate our lesson today**
- Finish your homework [here \(It doesn't apply to all students\)](#)