

## THE HARMFUL EFFECTS OF WATCHING TELEVISION

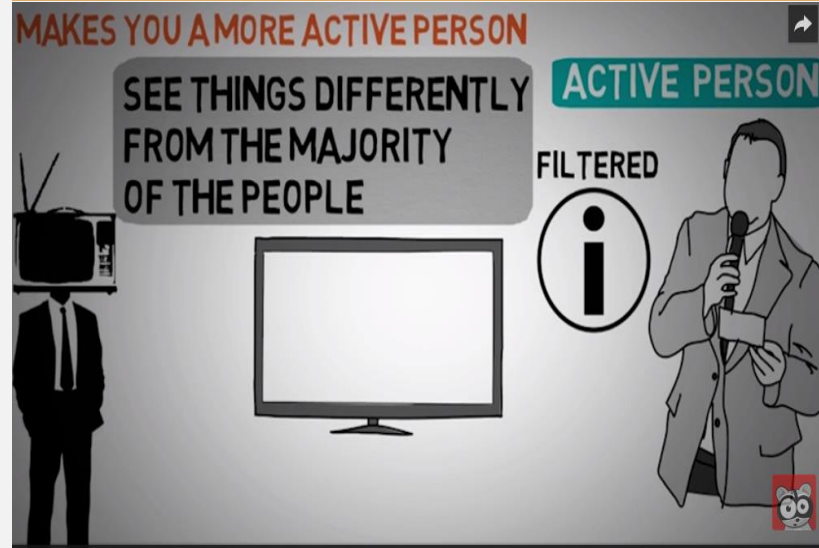
In 30 seconds, answer the following questions:

- Can you name some of your favorite TV shows?
- How many hours do you watch TV a day?

Watch the video, then answer the given question in 60 seconds:

**According to the video, what would life be like without television?**

**Video**



**Source:**  
<http://www.dailymotion.com/video/x5mwtce>



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Listen and repeat. Then, choose a word to define.

1. **Inactivity (n)** /ˌɪnæk'tɪvəti/

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2. **Deaf (adj)** /def/

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3. **Hinder (v)** /'hɪndər/

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4. **Manipulate (v)** /mə'nɪpjuleɪt/

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5. **Enormous (adj)** /ɪ'nɔːrməs/

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6. **Unceasingly (adv)** /ʌn'siːsɪŋli/

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**Make a sentence using that word.**

**Example:** She spends an **enormous** amount of time watching television every day.



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# Wear Your Words

Explanation of a useful idiom and phrasal verb:

## Be on about something

(informal) to talk about something;  
to mean something

## Act on something

to do something because you have  
been advised or told to do it



### Examples:

- I didn't know what he **was on about**. It didn't make sense.
- The board of directors will **act on** the findings in the report.

**Make a sentence using either the given idiom or phrasal verb.**



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**Structure:**

**S + indulge in + something.**

**Example:** *She was free to indulge in a little romantic daydreaming.*

**Make a sentence using the given structure.**



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**Pair Work: In 180 seconds, discuss some harmful effects of watching television with your partner.**

## Suggestions:

- ✓ Watching television means inactivity, and inactivity has been linked with obesity and heart disease
- ✓ Television can feed you false information
- ✓ Television wastes your time
- ✓ Watching television can affect brain development and behavior
- ✓ Etc.



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# Assessment Form

Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

**Feel free to ask if you have any questions!**



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- ✓ Vocabulary related to the effects of watching television
- ✓ **Idiom: Be on about something**
- ✓ **Phrasal verb: Act on something**
- ✓ **Structure: S + indulge in + something.**
- ✓ Discussion about some harmful effects of watching television



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# Homework

Complete your mission and find more in related lessons.

<b>Your mission</b>	<ul style="list-style-type: none"><li>✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)</li><li>✓ Practice the related lessons in the course browser <a href="#">at here (just apply to Voxy students)</a></li><li>✓ Take those lessons</li></ul>
<b>Recommendations</b>	<ul style="list-style-type: none"><li>✓ <a href="#">43-present progressive and activities (#0106)</a></li><li>✓ <a href="#">113-booking accommodations (#0696)</a></li></ul>
<div><p>Rất hài lòng</p><p>★★★★★</p><p>Nhấn vào ngôi sao để đánh giá</p><p>Tôi hài lòng nhất</p><div><div><p>Giảng viên</p></div><div><p>Chất lượng kĩ thuật</p></div><div><p>Học liệu</p></div></div></div>	<ul style="list-style-type: none"><li>✓ Please don't forget to rate our lesson today</li></ul>



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