

BẢNG TỔNG HỢP KIẾN THỨC INTER TUẦN 07.05 -13.05



MỤC LỤC

07.05.2018 - Vegetarianism, a growing trend	03
08.05.2018 - Working mothers	04
09.05.2018 - Common leadership and management mistakes	05
10.05.2018 - Dealing with conflicts in the workplace	06
11.05.2018 - Effects of abusive parents on children	07
12.05.2018 - Family values	08
13.05.2018 - How to advance your career	09

07.05.2018 - Vegetarianism, a growing trend

VOCABULARY

Words	Meanings
1. Nutrition (n) /nuˈtriʃn/	The process of providing or obtaining the food necessary for health and growth.
2. Obesity (n) /oʊˈbiːsəti/	The state of being grossly fat or overweight.
3. Recipe (n) /ˈresəpi/	A set of instructions for preparing a particular dish, including a list of the ingredients required
4. Protein (n) /ˈproʊtiːn/	Any of a class of nitrogenous organic compounds which have large molecules composed of one or more long chains of amino acids and are an essential part of all living organisms, especially as structural components of body tissues such as muscle, hair, etc., and as enzymes and antibodies.
5. Balanced (adj) /ˈbælənst/	Keeping or showing a balance; in good proportions.
6. Fruitarian (n) /fruːˈteriən/	A person who eats only fruit.

WEAR YOUR WORD

- **Cut something out:** to stop doing, using or eating something
- **Heat something up:** to make something hot or warm

STRUCTURE

S + be + of + (adj) benefit + to + O

RECOMMENDATION

- 141-fine dining vocabulary (#0244)
- 35-body and health vocabulary (#0073)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Talking About Being Vegetarian](#)

08.05.2018 - Working mothers

VOCABULARY

Words	Meanings
1. Childcare (n) / ¹ tʃaɪldker/	The care of children, especially by a crèche, nursery, or childminder while parents are working.
2. Responsible (adj) /rɪ ¹ spɑːnsəbl/	Having an obligation to do something, or having control over or care for someone, as part of one's job or role
3. Thoughtful (adj) / ¹ θɔːtfl/	Absorbed in or involving thought
4. Fatigued (adj) /fə ¹ tiːgd/	Weakness in metal or other materials caused by repeated variations of stress
5. Independent (adj) /ɪ ¹ ndɪ ¹ pendənt/	Not depending on another for livelihood or subsistence
6. Harassment (n) / ¹ hærəsmənt/	Aggressive pressure or intimidation.

WEAR YOUR WORD

- **Live on something:** to have enough money for the basic things you need to live
- **At your mother's knee (idiom):** when you were very young

STRUCTURE

S + want + someone + to + V-infinitive

RECOMMENDATION

- [158-pronunciation: /f/ vs. /v/ \(#0310\)](#)
- [34-our family in past tense \(#0079\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Can You Hang With Your Baby and Hang On to Your Career?](#)

09.05.2018 - Common leadership and management mistakes	
VOCABULARY	
Words	Meanings
1. Delegate (v) / ^l deɪʒeɪt/	Entrust (a task or responsibility) to another person, typically one who is less senior than oneself.
2. Motivation (n) / ₁ moʊtɪˈveɪʃn/	A reason or reasons for acting or behaving in a particular way.
3. Praise (n) /preɪz/	Express warm approval or admiration of
4. Execute (v) / ^l eksɪkjuːt/	Put (a plan, order, or course of action) into effect.
5. Bossy (adj) / ^l bɒːsi/	Fond of giving people orders; domineering.
6. Cooperative (adj) /koʊˈɑːpəreɪv/	Involving mutual assistance in working towards a common goal.
WEAR YOUR WORD	
<ul style="list-style-type: none"> • To mind/watch your language: to be careful what to say so as not to upset or offend anyone • To put someone down: to make somebody look or feel stupid, especially in front of other people 	
STRUCTURE	
It comes as no surprise that + S + V + O.	
RECOMMENDATION	
<ul style="list-style-type: none"> • Business vocabulary (#0191) • Pronunciation: words ending in /t/ & /θ/ (#0317) 	
THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)	
Don't Replace Regular Feedback With Mind Reading	

10.05.2018 - Dealing with conflicts in the workplace

VOCABULARY

Words	Meanings
Disrupt (v) /dɪsˈrʌpt/	Interrupt (an event, activity, or process) by causing a disturbance or problem.
Oppose (v) /əˈpoʊz/	Disagree with and attempt to prevent, especially by argument.
Contrary (adj) /ˈkɒntrəri/	Opposite in nature, direction, or meaning.
Assertive (adj) /əˈsɜːrtɪv/	Having or showing a confident and forceful personality.
Clash (n) /klæʃ/	A violent confrontation
Unpleasant (adj) /ʌnˈpleznt/	Causing discomfort, unhappiness, or revulsion; disagreeable.

WEAR YOUR WORD

- **I beg to differ:** used to say politely that you do not agree with something that has just been said
- **As against sth:** in contrast with something

STRUCTURE

S + envy + someone + something.
S + envy + something.

RECOMMENDATION

- [133-business vocabulary \(#0191\)](#)
- [151-contractions \(#0196\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Describing Overcoming a Conflict at Work](#)

11.05.2018 - Effects of abusive parents on children

VOCABULARY

Words	Meanings
1. Abuse (n) /əˈbjuːs/	The improper use of something.
2. Neglect (v) /nɪˈglekt/	Fail to care for properly
3. Awareness (n) /əˈwɛrnəs/	Knowledge or perception of a situation or fact.
4. Self-esteem (n) /ˌself ɪˈstiːm/	Confidence in one's own worth or abilities; self-respect.
5. Suffer (v) /ˈsʌfər/	Experience or be subjected to (something bad or unpleasant)
6. Maltreatment (n) /ˌmæltɹiːtmənt/	Cruel or violent treatment of a person or animal; mistreatment.

WEAR YOUR WORD

- **Love child:** a child born to parents who are not married to each other
- **Latchkey child:** a child who is at home alone after school because both parents are

STRUCTURE

S + point out + (to someone) + that clause

RECOMMENDATION

- [_162-compare short /o/ and schwa /ə/ \(#0222\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[The Effects of Childhood Abuse](#)

12.05.2018 - Family values

VOCABULARY

Words	Meanings
1. Moral (adj) / ^l maʔrəl/	Concerned with the principles of right and wrong behaviour
2. Fidelity (n) /fɪ ^l deləti/	Faithfulness to a person, cause, or belief, demonstrated by continuing loyalty and support.
3. Misconception (n) / ^l mɪskən ^l sepʃn/	A view or opinion that is incorrect because based on faulty thinking or understanding.
4. Rigid (adj) / ^l rɪdʒɪd/	Unable to bend or be forced out of shape; not flexible.
5. Nostalgia (n) /nə ^l stældʒə/	A sentimental longing or wistful affection for a period in the past.
6. Linchpin (n) / ^l lɪntʃpɪn/	A person or thing vital to an enterprise or organization.

WEAR YOUR WORD

- **Blood is thicker than water:** relationships and loyalties within a family are the strongest and most important ones
- **Your own flesh and blood:** your family or relations

STRUCTURE

S + show + affection + to + someone/something

RECOMMENDATION

- [159-conjunctions \(#0246\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Instilling Good Family Values](#)

13.05.2018 - How to advance your career

VOCABULARY

Words	Meanings
1. Accountability (n) /əˌkaʊntəˈbɪləti/	The fact or condition of being accountable; responsibility
2. Assessment (n) /əˈsesmənt/	The action of assessing someone or something.
3. Pursue (v) /pərˈsuː/	Follow or chase (someone or something)
4. Achieve (v) /əˈtʃiːv/	Successfully bring about or reach (a desired objective or result) by effort, skill, or courage.
5. Improve (v) /ɪmˈpruːv/	Make or become better.
6. Commit (v) /kəˈmɪt/	Perpetrate or carry out (a mistake, crime, or immoral act)

WEAR YOUR WORD

- **On the back of something:** as a result of an achievement or a success
- **Put your back into something:** to use a lot of effort and energy on a particular task

STRUCTURE

S + have a chance + of + V-ing

RECOMMENDATION

- [158-pronunciation: /f/ vs. /v/ \(#0310\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Planning for Career Advancement](#)