

BẢNG TỔNG HỢP KIẾN THỨC INTER TUẦN 07.05 -13.05



MỤC LỤC

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07.05.2018 - Vegetarianism, a growing trend

VOCABULARY

Words	Meanings
1. Nutrition (n) /nu' ^t rɪʃn/	The process of providing or obtaining the food necessary for health and growth.
2. Obesity (n) /oʊ' ^b i: ^s e ^t i/	The state of being grossly fat or overweight.
3. Recipe (n) /' ^r esəpi/	A set of instructions for preparing a particular dish, including a list of the ingredients required
4. Protein (n) /' ^p roʊtɪ:n/	Any of a class of nitrogenous organic compounds which have large molecules composed of one or more long chains of amino acids and are an essential part of all living organisms, especially as structural components of body tissues such as muscle, hair, etc., and as enzymes and antibodies.
5. Balanced (adj) /' ^b ælənst/ [/]	Keeping or showing a balance; in good proportions.
6. Fruitarian (n) /fru: ^x 'teriən/	A person who eats only fruit.

WEAR YOUR WORD

- **Cut something out:** to stop doing, using or eating something
- **Heat something up:** to make something hot or warm

STRUCTURE

S + be + of + (adj) benefit + to + O

RECOMMENDATION

- 141-fine dining vocabulary (#0244)
- 35-body and health vocabulary (#0073)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Talking About Being Vegetarian](#)

08.05.2018 - Working mothers

VOCABULARY

Words	Meanings
1. Childcare (n) /'tʃaɪldkər/	The care of children, especially by a crèche, nursery, or childminder while parents are working.
2. Responsible (adj) /rɪ'spoʊnsəbl/	Having an obligation to do something, or having control over or care for someone, as part of one's job or role
3. Thoughtful (adj) /'θɔ:tfl/	Absorbed in or involving thought
4. Fatigued (adj) /fə'ti:gɪd/	Weakness in metal or other materials caused by repeated variations of stress
5. Independent (adj) /ɪndɪ'pendənt/	Not depending on another for livelihood or subsistence
6. Harassment (n) /hærəsmənt/	Aggressive pressure or intimidation.

WEAR YOUR WORD

- **Live on something:** to have enough money for the basic things you need to live
- **At your mother's knee (idiom):** when you were very young

STRUCTURE

S + want + someone + to + V-infinitive

RECOMMENDATION

- [158-pronunciation: /f/ vs. /v/ \(#0310\)](#)
- [34-our family in past tense \(#0079\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Can You Hang With Your Baby and Hang On to Your Career?](#)

09.05.2018 - Common leadership and management mistakes

VOCABULARY

Words	Meanings
1. Delegate (v) /'dɛlɪɡeɪt/	Entrust (a task or responsibility) to another person, typically one who is less senior than oneself.
2. Motivation (n) /mə'teɪveɪʃn/	A reason or reasons for acting or behaving in a particular way.
3. Praise (n) /preɪz/	Express warm approval or admiration of
4. Execute (v) /'eksɪkju:t/	Put (a plan, order, or course of action) into effect.
5. Bossy (adj) /'bɔ:sɪ/	Fond of giving people orders; domineering.
6. Cooperative (adj) /kʊ'ə:pərətɪv/	Involving mutual assistance in working towards a common goal.

WEAR YOUR WORD

- **To mind/watch your language:** to be careful what to say so as not to upset or offend anyone
- **To put someone down:** to make somebody look or feel stupid, especially in front of other people

STRUCTURE

It comes as no surprise that + S + V + O.

RECOMMENDATION

- [Business vocabulary \(#0191\)](#)
- [Pronunciation: words ending in /t/ & /θ/ \(#0317\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Don't Replace Regular Feedback With Mind Reading](#)

10.05.2018 - Dealing with conflicts in the workplace

VOCABULARY

Words	Meanings
Disrupt (v) /dɪs'rʌpt/	Interrupt (an event, activity, or process) by causing a disturbance or problem.
Oppose (v) /ə'poʊz/	Disagree with and attempt to prevent, especially by argument.
Contrary (adj) /'kɔ:ntrəri/	Opposite in nature, direction, or meaning.
Assertive (adj) /ə'sɜ:tɪv/	Having or showing a confident and forceful personality.
Clash (n) /klæʃ/	A violent confrontation
Unpleasant (adj) /ʌn'pleznt/	Causing discomfort, unhappiness, or revulsion; disagreeable.

WEAR YOUR WORD

- **I beg to differ:** used to say politely that you do not agree with something that has just been said
- **As against sth:** in contrast with something

STRUCTURE

S + envy + someone + something.

S + envy + something.

RECOMMENDATION

- [133-business vocabulary \(#0191\)](#)
- [151-contractions \(#0196\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[**Describing Overcoming a Conflict at Work**](#)

11.05.2018 - Effects of abusive parents on children

VOCABULARY

Words	Meanings
1. Abuse (n) /ə'bju:s/	The improper use of something.
2. Neglect (v) /nɪ'glekt/	Fail to care for properly
3. Awareness (n) /ə'wernəs/	Knowledge or perception of a situation or fact.
4. Self-esteem (n) /self ɪ'sti:m/	Confidence in one's own worth or abilities; self-respect.
5. Suffer (v) /'sʌfər/	Experience or be subjected to (something bad or unpleasant)
6. Maltreatment (n) /mæl'tri:tment/	Cruel or violent treatment of a person or animal; mistreatment.

WEAR YOUR WORD

- **Love child:** a child born to parents who are not married to each other
- **Latchkey child:** a child who is at home alone after school because both parents are

STRUCTURE

S + point out + (to someone) + that clause

RECOMMENDATION

- [162-compare short /o/ and schwa /θ/ \(#0222\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[The Effects of Childhood Abuse](#)

12.05.2018 - Family values

VOCABULARY

Words	Meanings
1. Moral (adj) /'mɑːrəl/	Concerned with the principles of right and wrong behaviour
2. Fidelity (n) /fɪ'deləti/	Faithfulness to a person, cause, or belief, demonstrated by continuing loyalty and support.
3. Misconception (n) /mɪskən'sepʃn/	A view or opinion that is incorrect because based on faulty thinking or understanding.
4. Rigid (adj) /'rɪdʒɪd/	Unable to bend or be forced out of shape; not flexible.
5. Nostalgia (n) /nə'stælɪdʒə/	A sentimental longing or wistful affection for a period in the past.
6. Linchpin (n) /'lɪntʃpɪn/	A person or thing vital to an enterprise or organization.

WEAR YOUR WORD

- **Blood is thicker than water:** relationships and loyalties within a family are the strongest and most important ones
- **Your own flesh and blood:** your family or relations

STRUCTURE

S + show + affection + to + someone/something

RECOMMENDATION

- [159-conjunctions \(#0246\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Instilling Good Family Values](#)

13.05.2018 - How to advance your career

VOCABULARY

Words	Meanings
1. Accountability (n) <i>/ə'kaʊntə'bɪləti/</i>	The fact or condition of being accountable; responsibility
2. Assessment (n) <i>/ə'sesmənt/</i>	The action of assessing someone or something.
3. Pursue (v) /pər'su:/	Follow or chase (someone or something)
4. Achieve (v) /ə'tʃi:v/	Successfully bring about or reach (a desired objective or result) by effort, skill, or courage.
5. Improve (v) /ɪm'pru:v/	Make or become better.
6. Commit (v) /kə'mit/	Perpetrate or carry out (a mistake, crime, or immoral act)

WEAR YOUR WORD

- **On the back of something:** as a result of an achievement or a success
- **Put your back into something:** to use a lot of effort and energy on a particular task

STRUCTURE

S + have a chance + of + V-ing

RECOMMENDATION

- [158-pronunciation: /f/ vs. /v/ \(#0310\)](#)

THỰC HÀNH VỚI HỌC LIỆU QUỐC TẾ (Chỉ áp dụng với một số học viên)

[Planning for Career Advancement](#)