

## IS ORGANIC FOOD WORTH THE EXTRA COST?

In 30 seconds, answer the following question:

- What does “organic” mean?

Answer the given questions in 60 seconds:

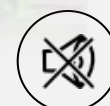
1. Do you think that the foods you eat every day are healthy?
2. Why or why not?



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

Listen and repeat. Then, choose a word to define.

1. **Perishable (adj)** /'perɪʃəbl/

---

2. **Rancid (adj)** /'rænsɪd/

---

3. **Preservative (n)** /prɪ'zɜːrvətɪv/

---

4. **Vermin (n)** /'vɜːrmɪn/

---

5. **Nutrient (n)** /'nuːtriənt/

---

6. **Stale (adj)** /steɪl/

---

**Make a sentence using that word.**

**Example:** Foods without preservatives go **stale** easily.



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

# Wear Your Words

Explanation of two useful idioms:

**Better (to be) safe than sorry**

it's better to take precautions rather than risks



**To take something with a pinch of salt**

to not completely believe something that you are told, because you think it is unlikely to be true

## Examples:

- *I think we should buy organic foods, even if they're a little expensive. It's **better to be safe than sorry**.*
- *You have to **take everything she says with a pinch of salt**, because she tends to exaggerate.*

**Make a sentence using one of the given idioms.**



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

## Structure:

**It + to be + (not) worth + V-ing.**

**Example:** *It is worth using organic foods even if they cost us extra money.*

**Make a sentence using the given structure.**



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

**Pair Work:** In 180 seconds, discuss with your partner whether organic food is worth the extra cost.

## Suggestions:

- ✓ They're healthier, fresher
- ✓ Organic foods have higher nutrient levels
- ✓ Chemical pesticides are prohibited in organic growing
- ✓ No added growth hormones
- ✓ Environmental responsibility
- ✓ Etc.



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

# Assessment Form

Here are some comments on your performance.

| Student | Pronunciation | Vocabulary | Grammar |
|---------|---------------|------------|---------|
| 1.      |               |            |         |
| 2.      |               |            |         |
| 3.      |               |            |         |
| 4.      |               |            |         |
| 5.      |               |            |         |
| 6.      |               |            |         |

**Feel free to ask if you have any questions!**



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker

- ✓ Vocabulary related to organic food
- ✓ **Two idioms:**
  - ✓ **Better (to be) safe than sorry**
  - ✓ **To take something with a pinch of salt**
- ✓ **Structure:**
  - It + to be + (not) worth + V-ing.**
- ✓ Discussion about the reasons why organic food is worth the extra cost



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support






Use headphones



No speaker

# Homework

Complete your mission and find more in related lessons.

|  |   |
|--|---|
| <b>Your mission</b>  | <ul style="list-style-type: none"><li>✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)</li><li>✓ Practice the related lessons in the course browser <a href="#">here (It doesn't apply to all students)</a></li><li>✓ Take those lessons</li></ul> |
| <b>Recommendations</b>   | <ul style="list-style-type: none"><li>✓ <a href="#">179-Pronunciation: /y/ vs. /j/ (0315)</a></li></ul>   |
| <div><p><b>Rất hài lòng</b></p><p>★★★★★</p><p>Nhấn vào ngôi sao để đánh giá</p><p>Tôi hài lòng nhất</p><div><div><br/>Giảng viên</div><div><br/>Chất lượng kĩ thuật</div><div><br/>Học liệu</div></div></div> | <ul style="list-style-type: none"><li>✓ Please don't forget to rate our lesson today</li></ul>  |



Vietnam: 1800 6885  
Thailand: 021 054 346  
Indo: +622 129 223 068  
Technical support



Use headphones



No speaker