

IS THERE A LIMIT TO HUMAN POTENTIAL?

CLASS INTRODUCTION

In turn introduce yourself using the following information:

- ✓ Name
- ✓ Age
- ✓ Job
- ✓ Address
- ✓ Hobby

Class Rules

1. Use English only
2. Practice speaking on a topic under the guidance of the teacher
3. Don't do personal things in the class



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Technical support



Use headphones



No speaker

1. Vocabulary game: Fill in the blanks using the given words. (capacity, overcame, progression, nurtured, powerful, endurance)

- A) Limited resources are restricting our _____ for developing new products.
- B) My father _____ a love of art in me.
- C) He _____ all obstacles in his path to the top.
- D) The pain was bad beyond _____.
- E) Her _____ through the grades of the civil service have been rapid.
- F) He is one of the most _____ directors in Hollywood.



2. **“The idea that certain things are beyond us is quite a bleak one and history does show that we can eventually overcome the most difficult problems.” - Dr. Brian Cox. What do you think about this quote?**
3. **Discuss some ways to nurture your mind and to overcome your limitations with your partner.**



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4. Role-play

A: Your child has to deal with many difficulties in studying for an exam. Give your child some advice to overcome these difficulties to reach the highest result.

B: You are the child. You feel very stressed about the upcoming Math exam because you're bad at this subject. Talk with him/her.



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A cup of coffee, a watch, and a notebook in the background.

Wrap-up

Topic: **Is there a limit to human potential?**

- Have discussions about:
 - ✓ Some ways to nurture your mind and overcome your limitations
 - ✓ Motivate someone to do something
- **Please don't forget to rate our lesson today**
- Finish your homework [here \(It doesn't apply to all students\)](#)