

WAYS TO PROTECT YOURSELF FROM AIR POLLUTION

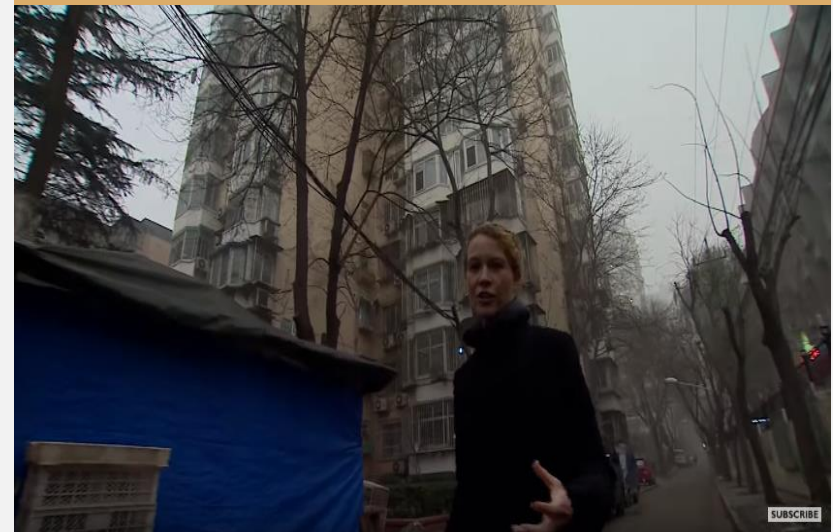
In 30 seconds, answer the following questions:

- Which do you prefer, living in the countryside or living in the city?
- What do you think about air pollution in cities?

Watch the video and answer the given question in 60 seconds:

What do people in the video do to protect themselves from air pollution?

Video



Source:

<http://www.dailymotion.com/video/x49bs2p>



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Wear Your Words

Listen and repeat. Then, choose a word to define.

1. **Exposure (n)** /ɪk'spəʊʒər/

2. **Purifier (n)** /'pjʊrɪfaɪər/

3. **Asthma (n)** /'æzmə/

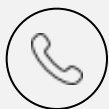
4. **Volatile (adj)** /'vɔːlətɪl/

5. **Mask (n)** /mæsk/

6. **Hazardous (adj)** /'hæzərdəs/

Make a sentence using that word.

Example: *Petrol is a **volatile** substance.*



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Wear Your Words

Explanation of two useful idioms:

Live and breathe something

to be very enthusiastic about something

Save your breath

(informal) used to tell somebody that it is not worth wasting time and effort saying something because it will not change anything



Examples:

- He just **lives and breathes** soccer.
- **Save your breath**—you'll never persuade her.

Make a sentence using one of the given idioms.



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Structure:

If I were you, I + would/could + V-infinitive.

Example: If I were you, I would buy a new purifier because this one is too old.

Make a sentence using the given structure.



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Pair Work: In 180 seconds, discuss the ways to protect your health from air pollution with your partner.

Suggestions:

- ✓ Consider purchasing an indoor air purifier
- ✓ Avoid polluting air fresheners and candles
- ✓ Keep filters on air conditioners and heaters clean
- ✓ Vacuum often
- ✓ Wash sheets and stuffed toys to get rid of dust mites
- ✓ Open the windows on good-quality days to circulate the air
- ✓ Etc.



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Assessment Form

Here are some comments on your performance.

Student	Pronunciation	Vocabulary	Grammar
1.			
2.			
3.			
4.			
5.			
6.			

Feel free to ask if you have any questions!



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- ✓ Vocabulary related to air pollution
- ✓ **Two idioms:**
 - ✓ **Live and breathe something**
 - ✓ **Save your breath**
- ✓ **Structure: If I were you, I + would/ could + V-infinitive.**
- ✓ Discussion about the ways to protect your health from air pollution



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Homework

Complete your mission and find more in related lessons.

Your mission	<ul style="list-style-type: none">✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)✓ Practice the related lessons in the course browser here (It doesn't apply to all students)✓ Take those lessons
Recommendations	<ul style="list-style-type: none">✓ 141-suffixes (#0236)✓ 35-body and health vocabulary (#0073)
<div><p>Rất hài lòng</p><p>★★★★★</p><p>Nhấn vào ngôi sao để đánh giá</p><p>Tôi hài lòng nhất</p><div><div><p>Giảng viên</p></div><div><p>Chất lượng kĩ thuật</p></div><div><p>Học liệu</p></div></div></div>	<ul style="list-style-type: none">✓ Please don't forget to rate our lesson today



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