

Few things I've learned as a designer and a person

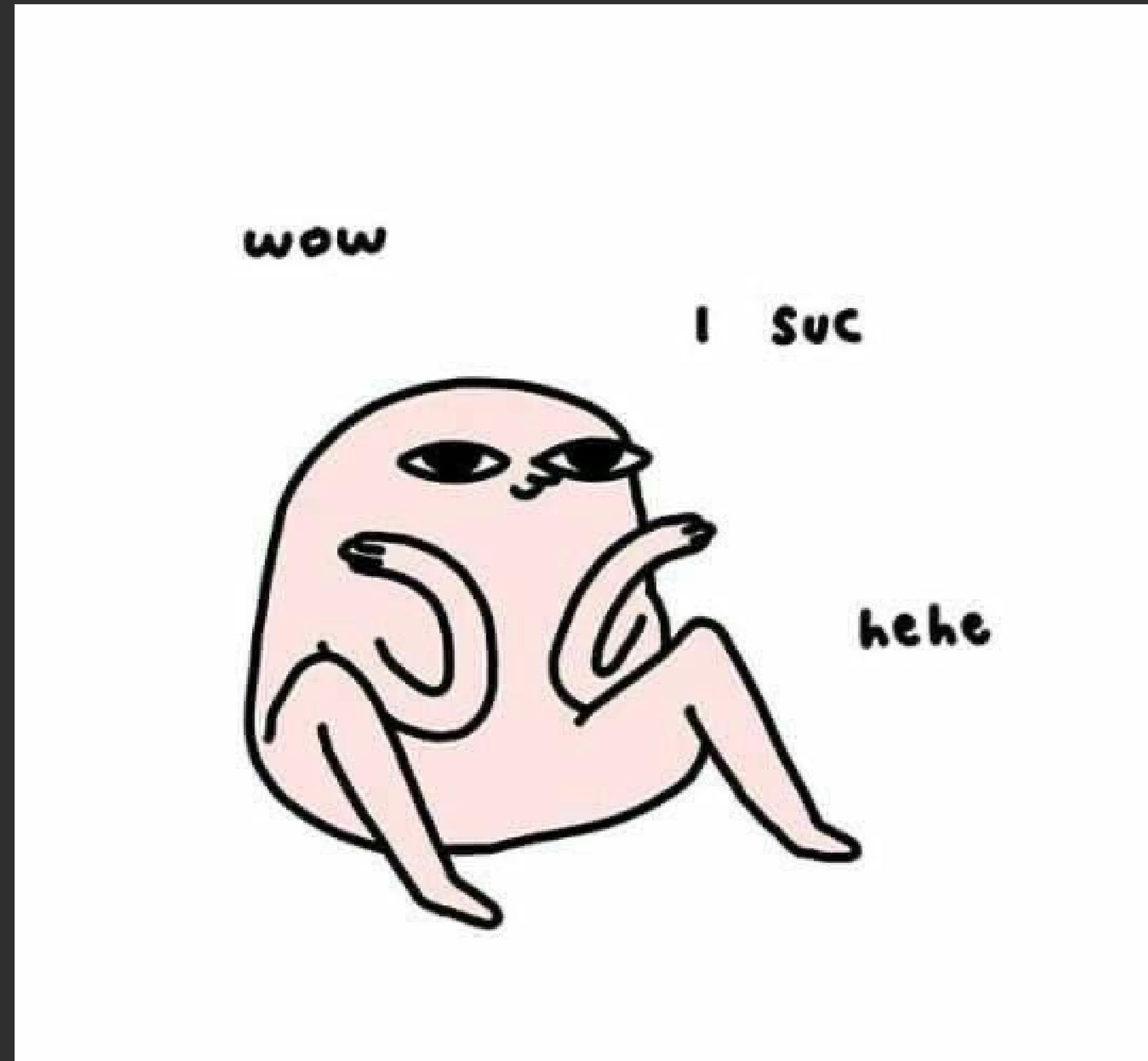
Anna Vokounová
AJOVT



20s

but sometimes even
this doesn't comfort
me

And I still feel like



but I think that's okay 😊

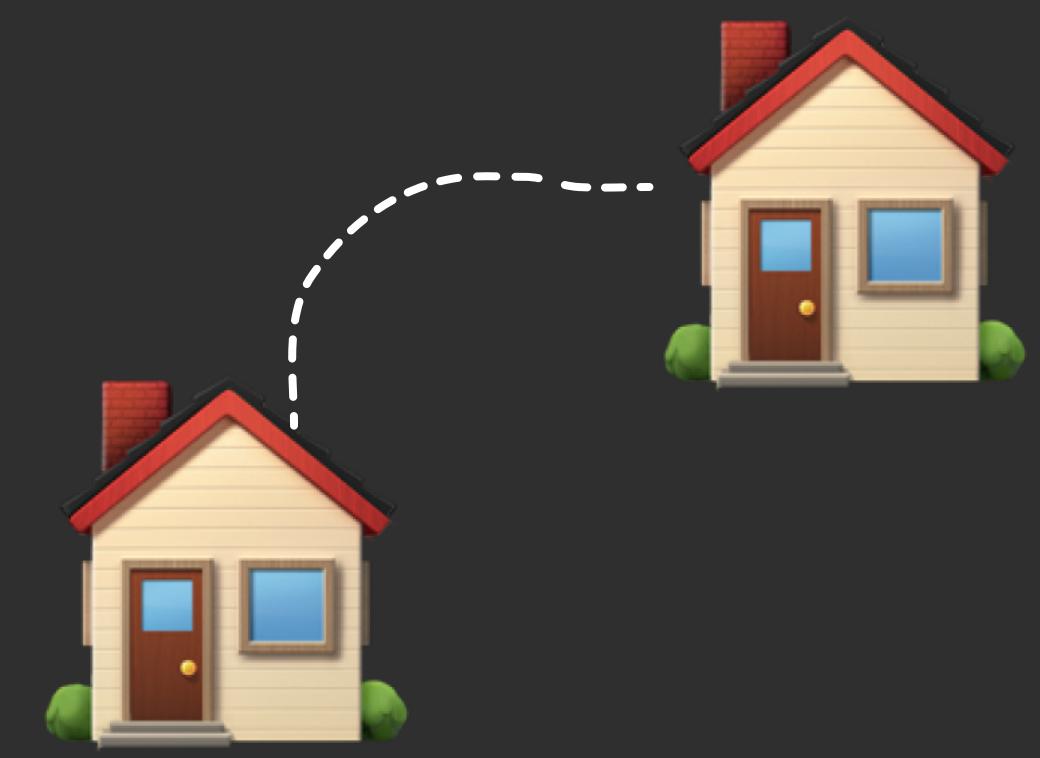
my first work experience

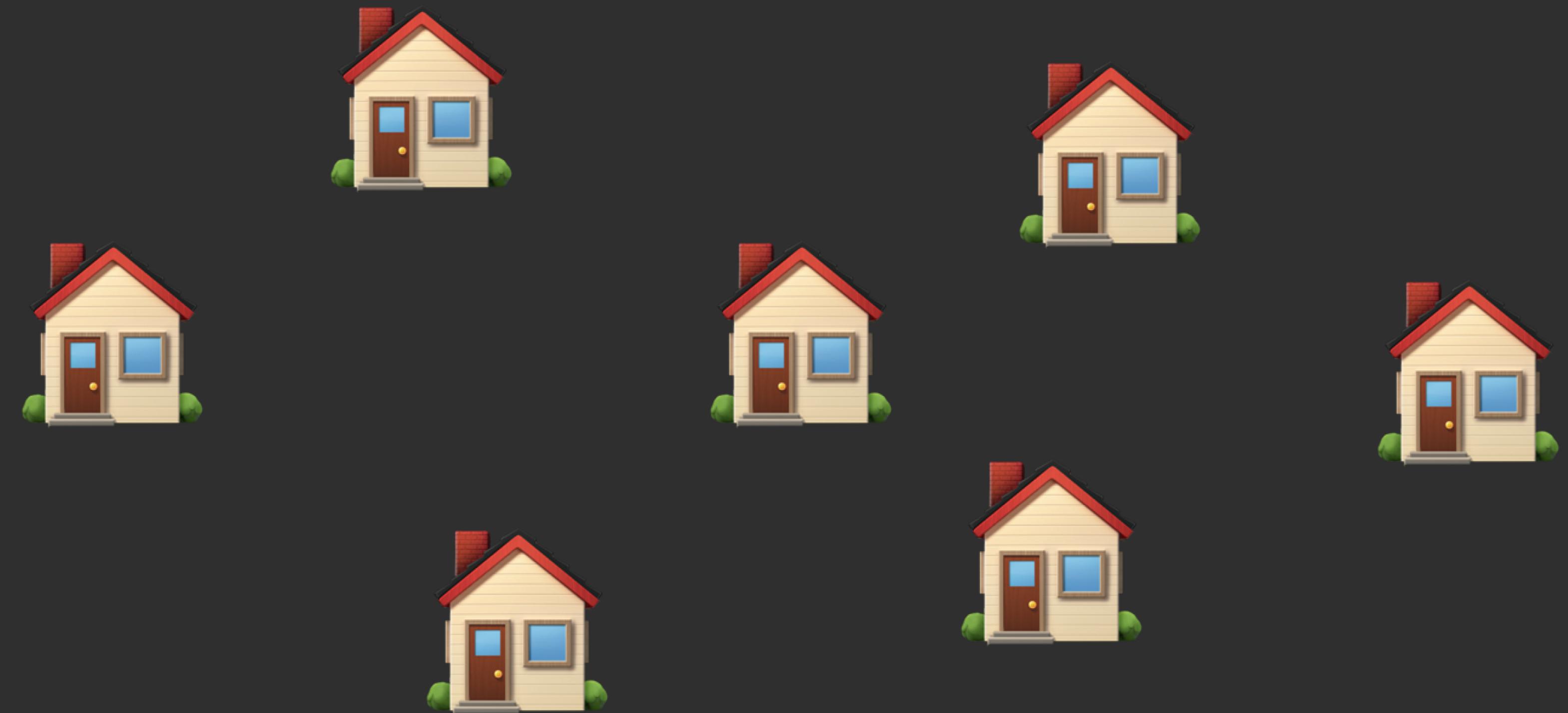


confidence









So what stands in our way?
(at least in mine most of the time)

let's talk yoga





I didn't
do this
perfectly



feel a bit
like I'm
going to
fall apart
and burst
into flames
but
otherwise I'm doing
just fantastic

beth evans



PERFECTIONISM

**Perfectionism is not the same thing as
striving to be your best. Perfection is not
about healthy achievement and growth.**



**wait... is this
good enough?**

creative work flow





do a scribble and make character out of it

forget about right atonomy rules

fit a character into a certain letter

**drawing people in the street and
exagarate their feature**

don't worry about it too
much

or at least *THAT* much

try to shut the negative
self talk



and sometimes do
things just to get it
done ✓

and maybe you can
edit later 😊

(because now you have SOMETHING that you can edit)

you

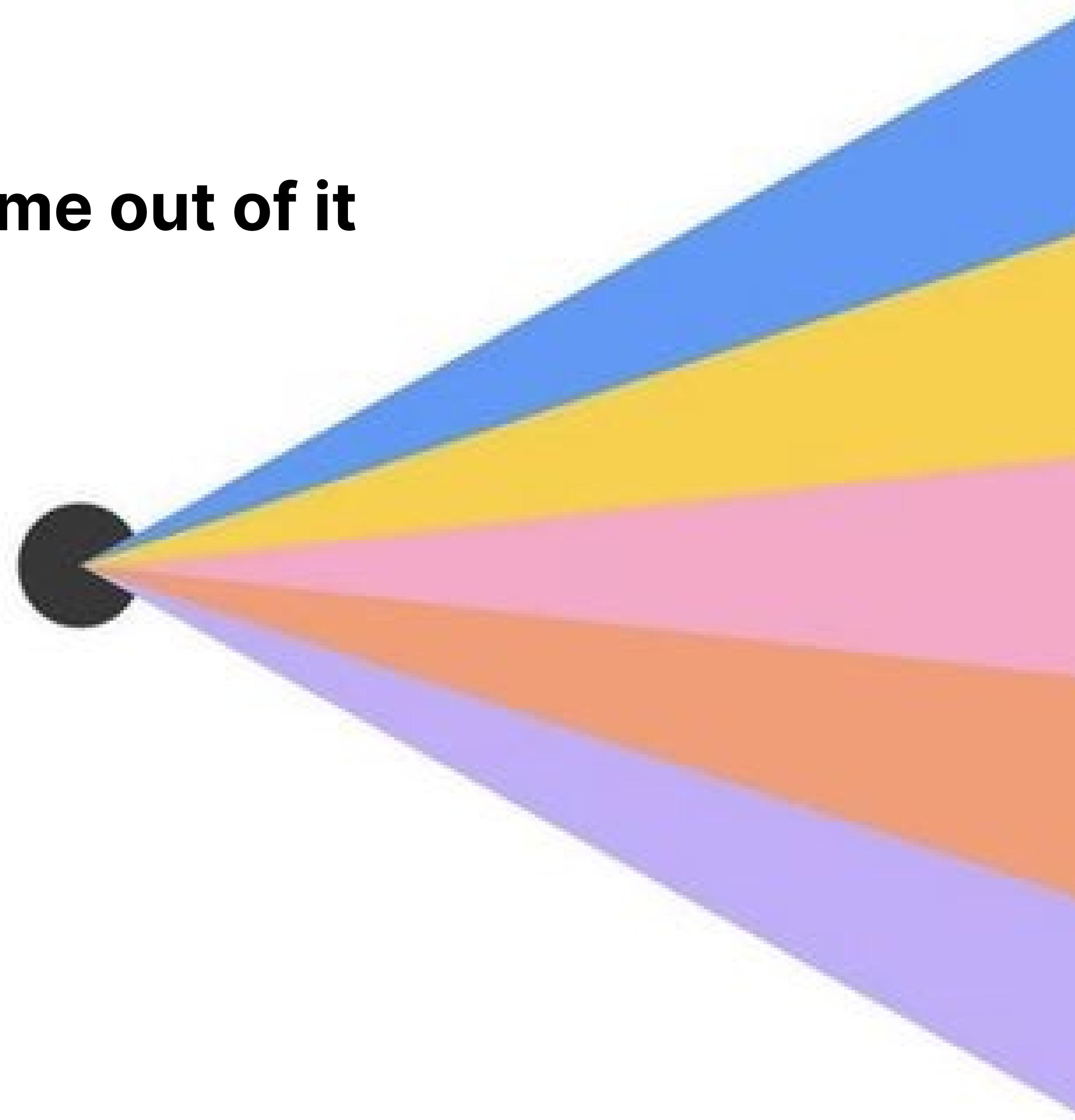
+

your work

be brave

be brave
over perfect

And something will come out of it





-

Thank you for your attention 😊