SCORING

Rally scoring will be used

Must win by 2 points. A set is won by the team which first scores 21 points with a minimum lead of two points. In the case of a 20-20 tie, play is continued until a two-point lead is achieved. However, if neither team is able to win the game by two or more points, the first team to score 25 points shall win the game, even if they only have a one-point lead.

Each team will be ranked (till semi-finals) based on ranking criteria (Check Format Tab).

PLAYING THE GAME (VOLLEY)

Maximum of three hits per side.

Player may not hit the ball twice in succession (A block is not considered a hit).

Ball may be played off the net during a volley and on serve.

A ball touching a boundary line is good during a volley or serve

A legal hit is contact with the ball by a player body above and including the waist which does not allow the ball to visibly come to a rest. At the first hit of the team, the ball may contact various parts of the body consecutively provided that the contacts occur during one action

If two or more players contact the ball simultaneously, it is considered one play and the players involved may not participate in the next play.

A player must not block or attack a serve

Switching positions will be allowed only between front line players. (After the serve only).

PUSH is considered valid

There will be no antennas so the ball bouncing on the net outside of the boundary is still considered to be valid and in play.

ROTATION

Team will rotate each time they win the serve.

Players shall rotate in a clockwise manner.

There shall be 4-6 players on each side.

THE SERVE

Server Server must serve from behind the restraining line (end line) until after contact. Service area is anywhere behind the end line but still within the theoretical extension of the sidelines

Ball may be served underhand or overhand.

Ball must be clearly visible to opponents before serve.

Ball must be always tossed before the serve.

Served ball may graze the net and drop to the other side for point.

Ball touching the net is considred a valid serve.

A ball touching a boundary line is good during a volley or serve.

SUBSTITUTIONS

A player must be substituted only at the serving position (before the serve), but a player being replaced may only return once during the set.

The substitute may only enter the game once and, if replaced, must be replaced by the same player whose position he took.

Replacing an Injured player is an exceptional case and is not subject to these rules.

A player from another team IS NEVER ALLOWED as a substitute if he/she has played at least a single game for the other team.

COURT

Courts will be pre-allocated for Round 1, Quarter Final and Semi Final games and hence no change of court will be allowed (however committee has the final say) Courts will be chosen based on a toss for finals. For finals, toss can be ignored if both the captains opt for a particular ground.

BASIC VIOLATIONS

Stepping on or over the line on a serve.

Hitting the ball illegally (Carrying, Palming, Throwing, etc.).

Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.

Failure to serve in the correct order.

Blocks or spikes from a position which is clearly not behind the 10-foot line while in a back row position.

A back-row player spikes the ball while it is completely above the top of the net, unless he or she jumped from behind the attack line (the player is, however, allowed to land in front of the attack line)

A back-row player participates in a completed block of the opposing team's attack (completed means at least one blocker touched the ball)

A player blocks the serve or attacks the serve when the ball is in the front zone and above the top of the net

The ball is touched more than three times before being returned to the other team's court

The same player touches the ball twice in succession

A player touches the net with any part of his or her body or clothing while making a play on the ball (with the exception of the hair).

Penetration under the net with hands or feet is allowed only if a portion of the penetrating hands or feet remains in contact with or directly above the player's court or center line