

Arts-based Inquiry and Therapeutic Presence: Enhancing Clinician Research (3 CMTEs)

Saturday, September 24, 2022

Begins promptly at 9:30 AM – plan to arrive no later than 9:00 AM to register and greet your friends. MTASC business meeting to follow CMTE.

If music is our primary means of engaging clients in the therapeutic process, why couldn't it be our primary means of engaging in the research process? Arts-based inquiry (aka arts-based research) offers music therapists the opportunity to conceptualize, design, and disseminate their research using the arts. Music and other art forms can be used to guide research design, to refine methodology, as data to be analyzed, as results, and as a means of communicating research findings. Examples of these will be shared using a current arts-based study on therapeutic presence. This interactive course will offer opportunities to explore therapeutic presence, arts-based inquiry, design arts-based inquiries in clinical practice, and do all three with and through music.

Course evaluation will include the CMTE Course Evaluation Form and participant demonstration of understanding during experiential components of this course.

Learner Objectives:

- 1. Participants will learn and practice at least two strategies for enhancing therapeutic presence with clients. (III.A.1)
- 2. Participants will be able to articulate at least two ways they musically communicate therapeutic presence with clients. (III.A.5.hh)
- 3. Participants will be able to identify at least one way they can apply arts-based inquiry to their clinical practice. (V.A.1)

There are no prerequisites to attend this CMTE event. Students are welcome and encouraged to come and learn with MT-BCs.

MT-BCs - REMEMBER TO BRING YOUR CBMT # WITH YOU.

About the presenter:

Liz Eggerding, M.S., MT-BC, is Assistant Professor of Music Therapy at Converse University in Spartanburg, SC. Prior to Converse, Liz taught at Mississippi University for Women. She has extensive clinical experience with adults and children, specializing in mental health. She serves the music therapy community as secretary for the Southeastern region and is a member of the MTASC Task Force. Professor Eggerding is currently a doctoral candidate at Lesley University investigating therapeutic presence.

CMTE Schedule:

Schedule for the day

9:30 – 10:20 (50) Arts-based inquiry: defining, experiencing, and incorporating
10:20 – 10:30 (10) Break
10:30-11:20 (50) Therapeutic presence: defining, experiencing, enhancing, and teaching

11:20-11:30 (10)	Break
11:30-12:20 (50)	Exploring therapeutic presence through arts-based inquiry
	Designing arts-based inquiries in clinical practice
12:20-12:30 (10)	Questions and evaluation forms
12:30 - 2:30	Lunch & MTASC Business Meeting

Free to MTASC members, non-members, \$25 (payable at registration, see link below) Should this CMTE be cancelled, all registered participants will be notified and any fees paid will be refunded. (MTASC membership can be paid on-site. Reminder - annual dues \$25 for professionals \$15 for first year professionals, \$10 students)

Lunch: Will be catered by Roly Poly. Assorted lunch wrap trays including a vegetarian option will be available. The lunch will include a side of salad, and cookies. Beverage choices include water, tea, and lemonade.

Cost for lunch is \$10. You must pre-register for lunch by Monday, September 19 as the order must be placed on Tuesday AM (9/20). Please pay online via scmusictherapy.com/dues

BE SURE TO ORDER YOUR LUNCH WHEN REGISTERING FOR THE MEETING/CMTE

You can bring your own lunch if you desire.

Finding the CMTE: Prisma Health Baptist Hospital, Columbia, SC. Please ask for driving directions when registering if needed and it will be sent to your email. Alternately, you may navigate directions using the address for the parking garage:1333 Taylor Street.

You should park in the hospital garage located at 1333 Taylor Street. From the Garage, enter the hospital from the 3rd floor of the garage. Before crossing the elevated walkway, you will receive a mask that must be worn at all times while in the hospital. We will have Prisma MT interns placed near the entrance (on the 3rd floor of the garage) to direct members to the meeting room (elevator B- 5th floor).

Registration: Email intention to attend and lunch plans (see above for lunch information) to Carol.shultis@converse.edu by September 19. Registration after Monday, 9/19 is possible but you will need to bring your lunch. This presentation will be recorded via Zoom and available to **Preregistered** participants until October 30, 2022.

Questions? Contact Carol by email. Questions? Call (864) 596-9621. Registration after the above date or on site is possible but lunch may not be available.

Click here to register: https://forms.gle/sowaprshyZu2UD8x6

Arts-based Inquiry and Therapeutic Presence: Enhancing Clinician Research Responsibility (CBMT) for 3 Continuing Music Therapy Education credits. The SER-AMTA #P-024, maintains responsibility for program quality and adherence to CBMT polices and criteria.