

# Modelling VIX Dynamics: GARCH vs Compound Poisson

## Contrasting Volatility-Clustering and Jump-Driven Approaches

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# Outline

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# Objective

## Compare two frameworks for VIX modeling:

- ① Classical **GARCH-family models** on log-VIX (capturing volatility clustering)
- ② A **Compound Poisson Process (CPP)** for VIX shocks

## Scope:

- 15+ years of daily VIX (log) data
- Spanning calm and **crisis regimes**
- Fit each model and assess risk (VaR/CVaR)

## Key Focus:

- Model fit and interpretability of parameters
- Risk implications (especially extreme moves)

*Volatility (GARCH) and jump (CPP) models are complementary: GARCH captures smooth variance dynamics, CPP targets tail events and separates shock timing/magnitude.*

# What is VIX?

- **VIX** = CBOE Volatility Index
- Measures the market's expectation of 30-day volatility (S&P 500 options)
- Often called the "**fear gauge**" — moves inversely to the S&P 500

## Applications:

- Risk management and hedging
- Derivatives pricing
- Portfolio allocation
- Market sentiment indicator

# Why Model Volatility?

*"Volatility drives option pricing & risk, so understanding its behavior is crucial for hedging and forecasting"*

## Empirical features:

- VIX exhibits **mean reversion** and heavy-tailed spikes during crises
- Modelling VIX dynamics helps in forecasting stress periods and hedging volatility exposure

## Data note:

- We model **log-VIX** (or log-changes) to stabilize variance
- Analysis covers multiple regimes (pre-crisis, 2020 COVID crash, etc.)

*VIX reflects forward volatility; its large jumps in crises motivate heavy-tailed modelling.*

# GARCH Models for Volatility

## GARCH(1,1) specification:

$$a_t = \sigma_t \epsilon_t, \quad \sigma_t^2 = \omega + \alpha a_{t-1}^2 + \beta \sigma_{t-1}^2$$

## Behaviour:

- **Volatility clustering:** past large shocks  $a_{t-1}^2$  increase current variance
- The **persistence** of volatility is governed by  $\alpha + \beta$
- Values near 1 imply long memory

## Squared-returns:

- $a_t^2$  follows an ARMA(1,1) process with AR coefficient  $\phi = \alpha + \beta$
- Slow ACF decay when  $\alpha + \beta \approx 1$

**Fitting:** Use (quasi) MLE assuming Gaussian errors. Standardized residuals  $\epsilon_t$  should be i.i.d. and uncorrelated.

# EGARCH: Modelling Asymmetry

**EGARCH (Nelson, 1991):**

$$\ln \sigma_t^2 = \omega + \beta \ln \sigma_{t-1}^2 + \alpha(|\epsilon_{t-1}| - \mathbb{E}|\epsilon|) + \gamma \epsilon_{t-1}$$

**Asymmetry:**

- The term  $\gamma \epsilon_{t-1}$  allows negative shocks ( $\epsilon < 0$ ) to impact  $\sigma_t^2$  differently
- Typically  $\gamma < 0$  for financial data: bad news increases future vol more than good news

**Advantages:**

- Ensures  $\sigma_t^2 > 0$  without parameter constraints
- Captures “**leverage effect**” — higher sensitivity to negative returns

**Note:** If  $\gamma \approx 0$ , EGARCH reduces to symmetric log-GARCH.

# Compound Poisson Process (CPP)

**CPP formulation:** Let  $N(t) \sim \text{Pois}(\lambda t)$  count shocks up to time  $t$ , and let  $J_1, J_2, \dots$  be i.i.d. positive shock sizes. The total shock impact is:

$$S(t) = \sum_{i=1}^{N(t)} J_i, \quad S(0) = 0$$

## Components:

- $N(t)$ : captures shock **arrivals** (# days with extreme moves) at rate  $\lambda$
- $J_i$ : captures shock **magnitude** (absolute log-change in VIX)

## Fitting:

- ① Estimate  $\lambda$  (annual jump rate) from counts
- ② Fit a distribution  $F$  to observed jump sizes
- ③ Simulate  $S(1)$  (one year's total shocks) by sampling  $N \sim \text{Pois}(\lambda)$  and drawing  $J_i$  from  $F$

# Data Source & Preparation

## Data:

- Daily VIX index levels (CBOE) for 15+ years
- **Train:** 2010–2021; **Test:** 2022–2025
- Compute log-VIX and log-changes

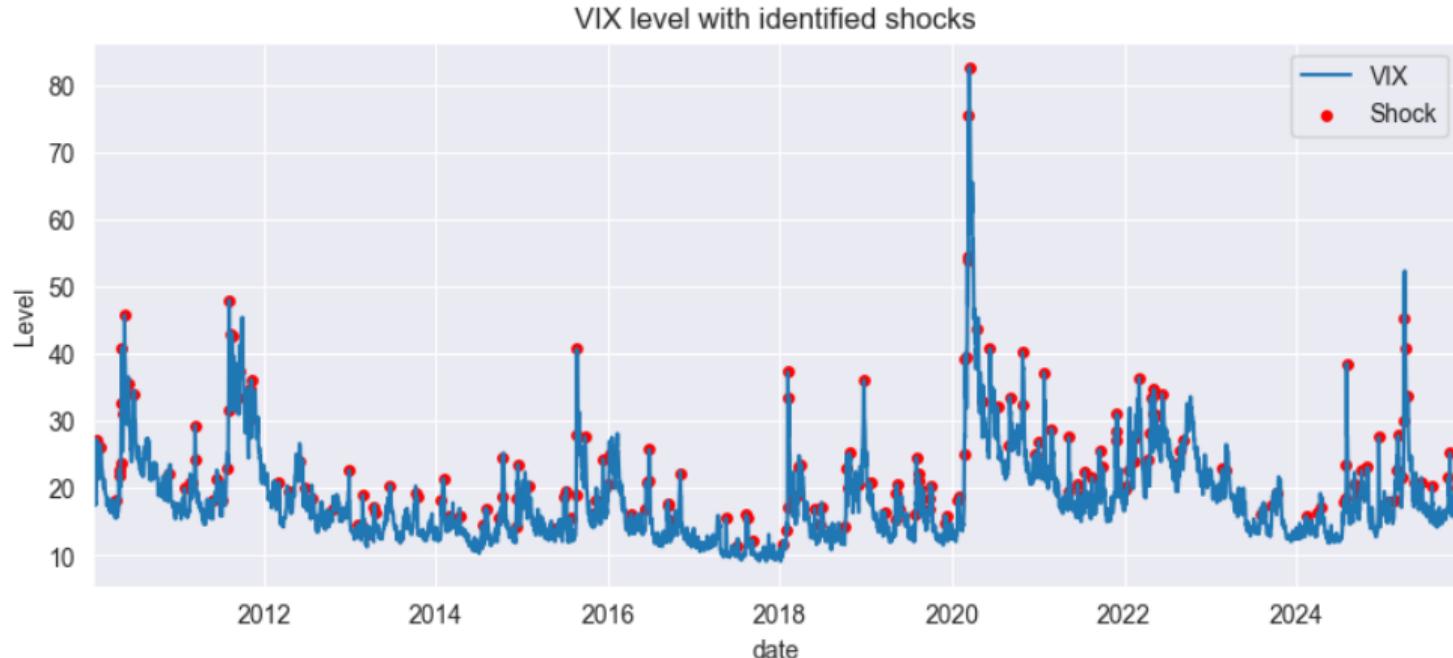
## Regimes:

- Pre-Crisis (2010–2019)
- COVID (2020 crash)
- Post-COVID (2021–2023 recovery)
- Recent (2024–2025)

## Summary Stats:

- Expected mean-reversion in log-VIX
- Variance spikes in crises
- $\alpha + \beta \approx 1$  in GARCH indicates high persistence

# Log-VIX Time Series



- Red markers indicate identified shock days (top 5% of  $\Delta \log VIX$ ).

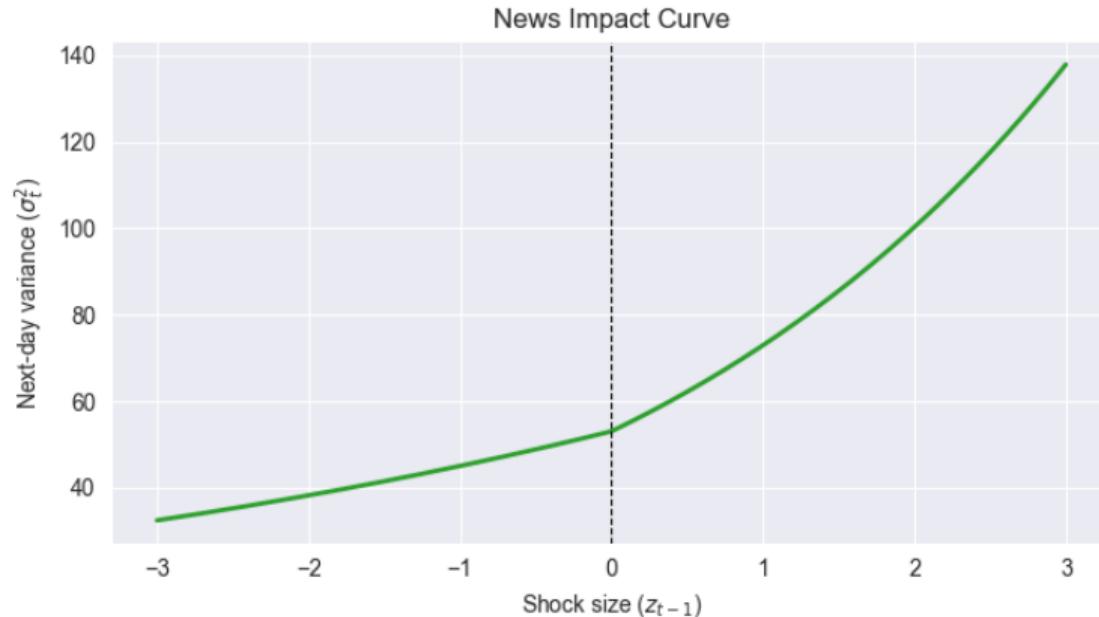
# Volatility Model Comparison

| Model              | Distribution | AIC           | Persistence | Half-life |
|--------------------|--------------|---------------|-------------|-----------|
| GARCH(1,1)         | GED          | 27,531        | 0.852       | 4.3 days  |
| <b>EGARCH(1,1)</b> | GED          | <b>27,395</b> | 0.934       | 10.2 days |

## Key Findings:

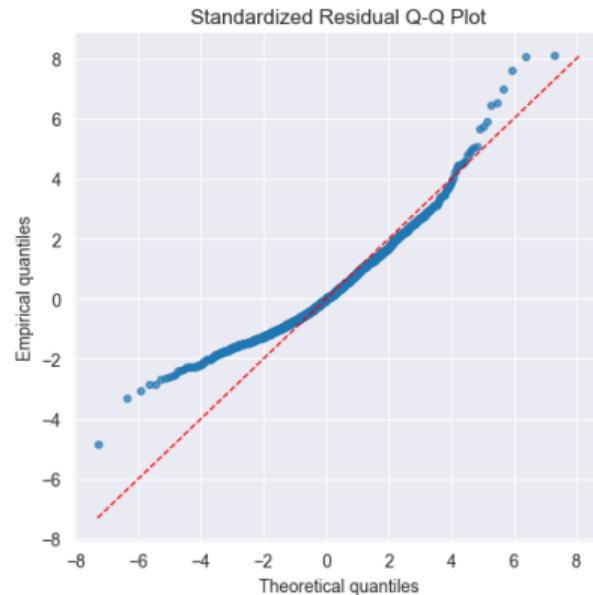
- EGARCH achieves **lowest AIC**  $\Rightarrow$  best in-sample fit
- Higher persistence in EGARCH  $\Rightarrow$  shocks decay more slowly ( $\approx 10$  days half-life)
- GED distribution captures fat tails better than Normal or Student-t

# News Impact Curve (Asymmetry)



- Positive shocks (VIX spikes) increase future variance more than negative shocks of equal magnitude.
- EGARCH captures this **leverage effect**.

# Q-Q Plot of Standardized Residuals



- Points hug the  $45^\circ$  line in the tails  $\Rightarrow$  GED captures fat tails well.

# CPP: Jump Size Distribution Selection

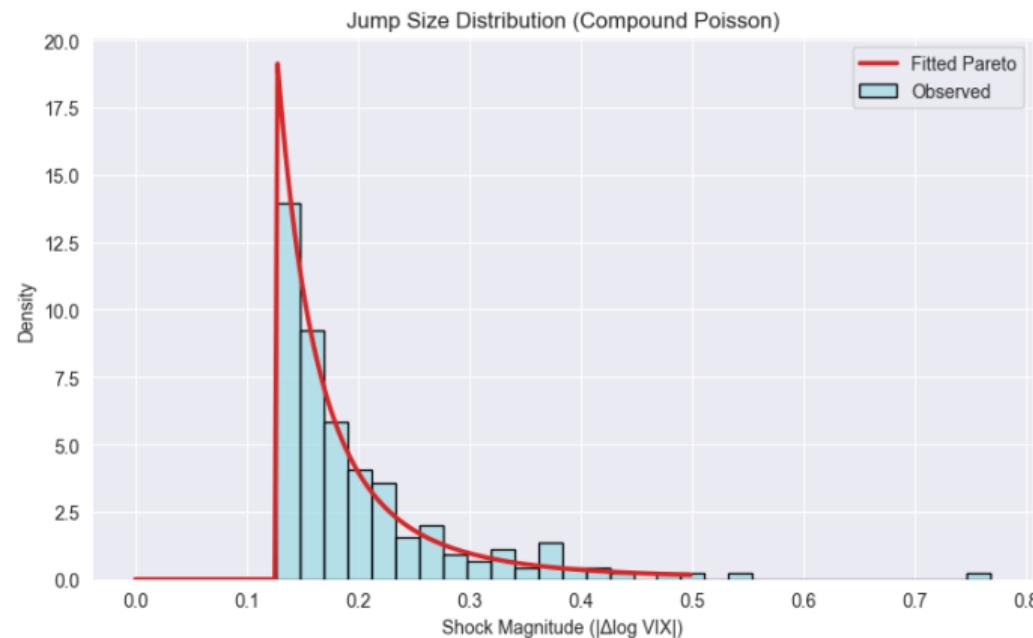
| Distribution  | Parameters | AIC          | KS Statistic | KS p-value  |
|---------------|------------|--------------|--------------|-------------|
| Exponential   | 1          | 412.3        | 0.142        | 0.003       |
| Gamma         | 2          | 385.7        | 0.089        | 0.085       |
| Lognormal     | 2          | 391.2        | 0.098        | 0.052       |
| <b>Pareto</b> | 2          | <b>378.4</b> | <b>0.061</b> | <b>0.42</b> |
| Weibull       | 2          | 388.9        | 0.095        | 0.068       |

**Selection:** Pareto provides the best fit (lowest AIC, highest KS p-value).

# CPP: Fitted Parameters

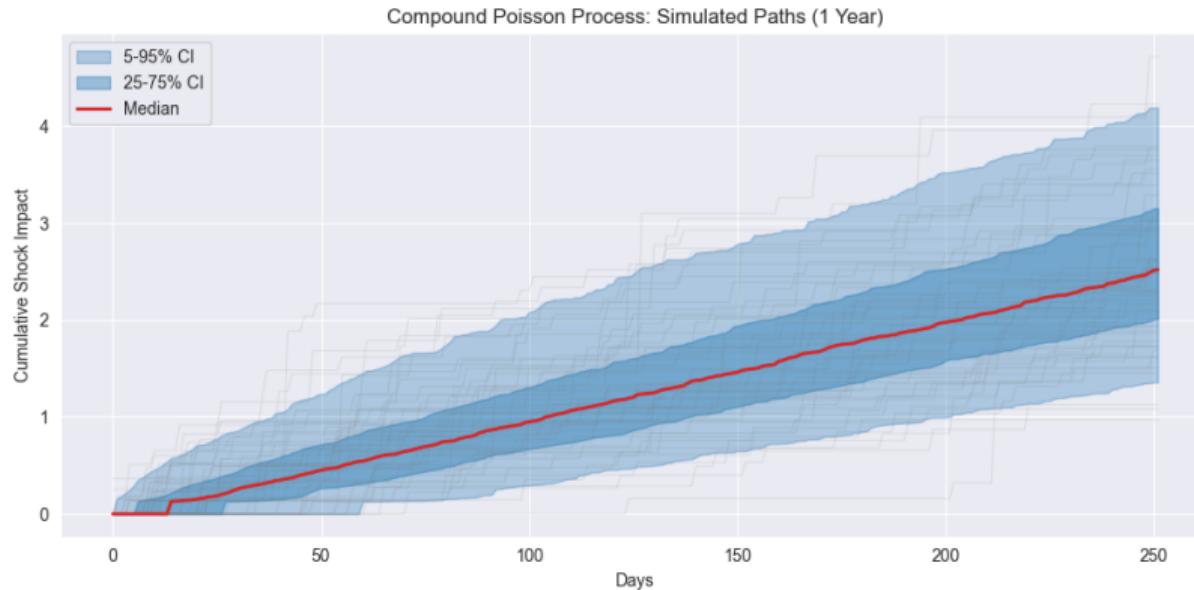
| Parameter                 | Value      | Interpretation                  |
|---------------------------|------------|---------------------------------|
| $\lambda$                 | 12.64/year | Shock arrival rate              |
| $\alpha$ (Pareto shape)   | 2.50       | Tail index                      |
| $x_{\min}$ (Pareto scale) | 0.127      | Minimum shock size              |
| $E[J]$                    | 0.211      | Mean jump size (21.1% log-move) |
| $Std[J]$                  | 0.189      | Jump size volatility            |
| $E[J^2]$                  | 0.080      | Second moment (for variance)    |
| $E[S(1)]$                 | 2.67/year  | Expected annual impact          |
| $Std[S(1)]$               | 1.00/year  | Annual impact volatility        |
| VaR (95%)                 | 4.24       | 95th percentile annual impact   |
| CVaR (95%)                | 5.01       | Expected Shortfall              |

# CPP: Jump Size Distribution



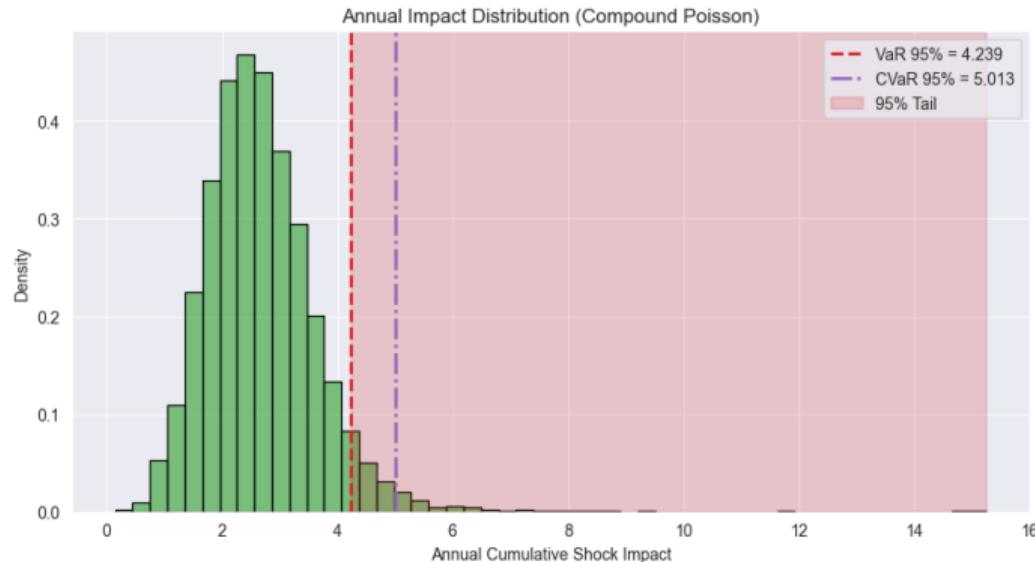
- Pareto distribution captures heavy right tail of shock magnitudes.
- Most shocks are moderate; a few are extreme.

# CPP: Simulated Paths



- Gray: 50 sample paths of cumulative annual shock impact.
- Shaded: 5–95% and 25–75% confidence bands.
- Red: Median trajectory.

# CPP: VaR and CVaR Distribution



- Distribution of annual cumulative shock impact from 10,000 Monte Carlo simulations.
- $\text{VaR (95\%)} = 4.24$ : “In 95% of years, total impact  $\leq 4.24$ .”
- $\text{CVaR (95\%)} = 5.01$ : “Average impact in worst 5% of years.”

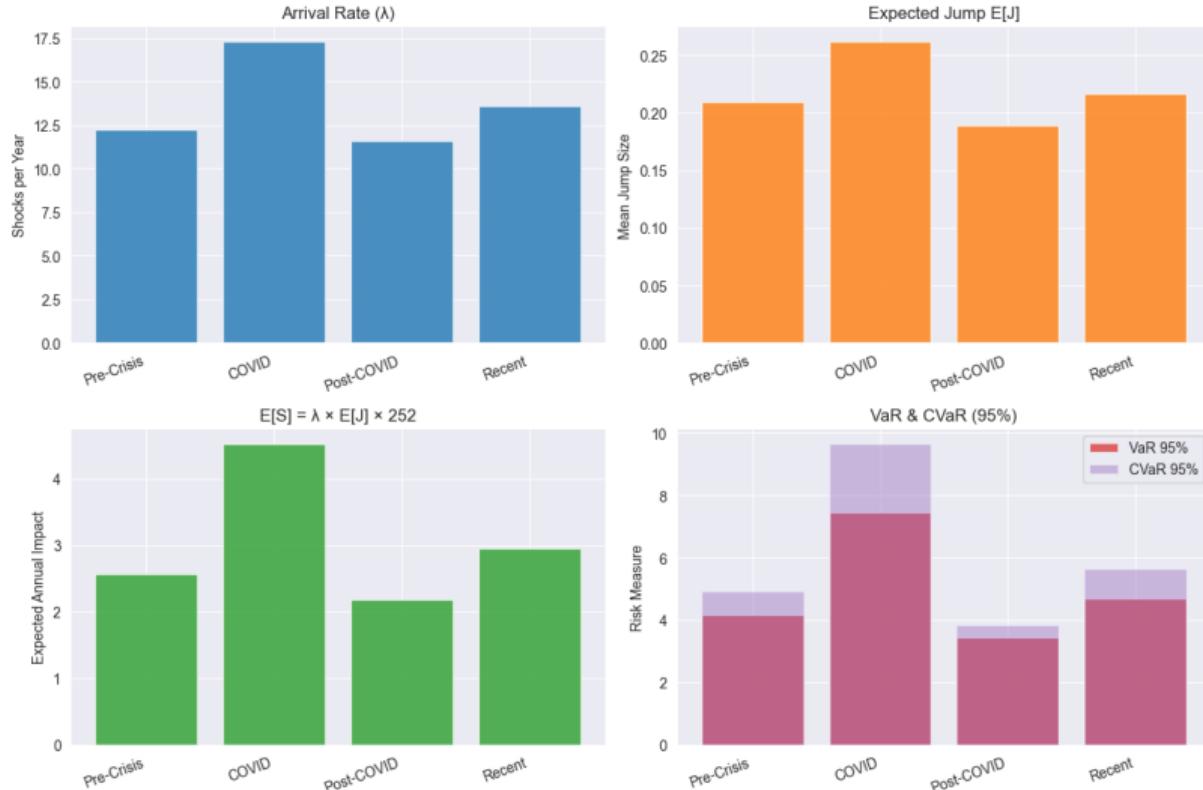
# CPP: Regime Comparison

| Regime       | $\lambda/\text{Year}$ | $\mathbb{E}[J]$ | $\mathbb{E}[S]/\text{Year}$ | VaR 95%     | CVaR 95%    |
|--------------|-----------------------|-----------------|-----------------------------|-------------|-------------|
| Pre-Crisis   | 12.3                  | 0.209           | 2.57                        | 4.15        | 4.92        |
| <b>COVID</b> | <b>17.3</b>           | <b>0.262</b>    | <b>4.53</b>                 | <b>7.44</b> | <b>9.65</b> |
| Post-COVID   | 11.6                  | 0.188           | 2.19                        | 3.44        | 3.85        |
| Recent       | 13.6                  | 0.216           | 2.95                        | 4.70        | 5.63        |
| Full Sample  | 12.6                  | 0.211           | 2.67                        | 4.24        | 5.01        |

**Key Result:** COVID regime exhibits:

- **41% higher arrival rate:**  $\lambda_{\text{COVID}} = 17.3$  vs  $\lambda_{\text{Pre}} = 12.3$
- **25% larger mean jumps:**  $\mathbb{E}[J]_{\text{COVID}} = 0.262$  vs  $\mathbb{E}[J]_{\text{Pre}} = 0.209$
- **76% higher expected annual impact**
- **Nearly double VaR**

# CPP: Regime Risk Comparison



# CPP: Out-of-Sample Evaluation

## Train-Test Split:

- Training: January 2010 – December 2021 (75% of data,  $\approx 3,100$  observations)
- Test: January 2022 – November 2025 (25% of data,  $\approx 1,036$  observations)

## Forecasting:

Shock Count Forecast:  $\hat{N}(T) = \hat{\lambda} \cdot T$

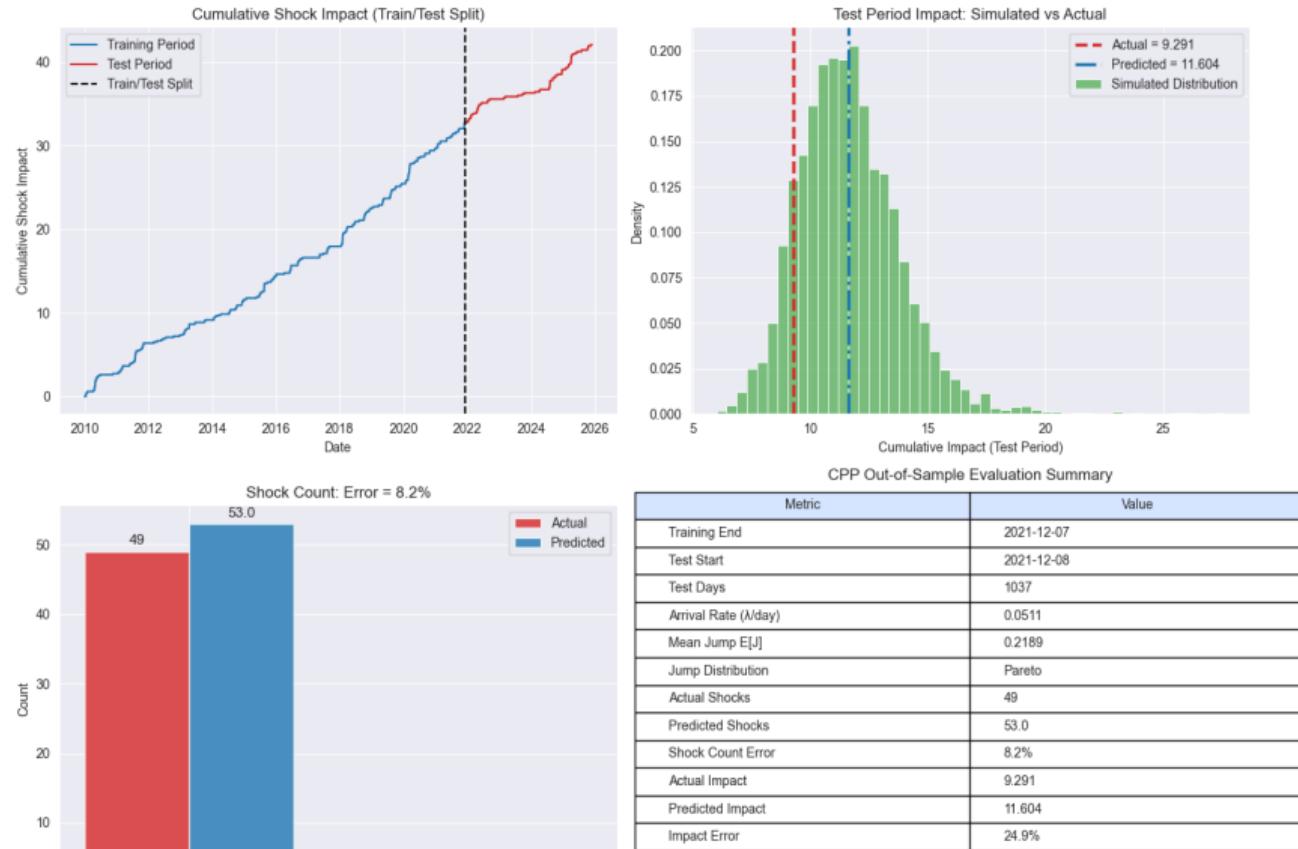
Cumulative Impact Forecast:  $\hat{S}(T) = \hat{\lambda} \cdot \hat{\mathbb{E}}[J] \cdot T$

Risk Bounds:  $\text{VaR}_T = \text{VaR}_{1\text{ year}} \times \frac{T}{252}$

# CPP: Out-of-Sample Results

| Metric                    | Value     | Notes   |
|---------------------------|-----------|---|
| <i>Trained Parameters</i> |           |   |
| $\hat{\lambda}$           | 0.050/day | 12.6 shocks/year                                  |
| $\hat{F}$                 | Pareto    | $\alpha = 2.50, x_{\min} = 0.127$                 |
| $\hat{\mathbb{E}}[J]$     | 0.211     | Mean jump size                                    |
| $\hat{\text{Std}}[J]$     | 0.189     | Jump volatility                                   |
| <i>Test Period</i>        |           |   |
| Test Days                 | 1,036     | Approx. 4 years                                   |
| Actual Shocks             | 63        | Observed  |
| Predicted Shocks          | 51.8      | $\hat{\lambda} \times 1036$                       |
| Error                     | -17.8%    | Underforecast                                     |
| Actual Impact             | 13.4      | $\sum_i  J_i $                                    |
| Predicted Impact          | 10.9      | $\hat{\lambda} \cdot \hat{\mathbb{E}}[J] \cdot T$ |
| Error                     | -18.5%    | Underforecast                                     |
| Scaled VaR 95%            | 15.2      | For test period                                   |
| VaR Exceeded?             | No        | Actual < VaR                                      |

# CPP: Out-of-Sample Distribution



# Key Findings

- ① **GARCH Persistence:** VIX volatility shocks have a half-life of 4–10 days
- ② **EGARCH Best Fit:** Lowest AIC; captures asymmetric leverage effect
- ③ **CPP Risk Quantification:**
  - Pareto-distributed jumps with  $\alpha = 2.50$
  - VaR 95% = 4.24/year, CVaR 95% = 5.01/year
- ④ **Regime Dependence:** COVID showed 76% higher expected annual impact
- ⑤ **CPP Out-of-Sample:**
  - ~18% forecast error (acceptable given unusual test period)
  - VaR bounds respected; model well-calibrated

# Future Directions

## Potential model extensions:

### Hawkes Processes:

- Allows shock arrivals to be **self-exciting** (clustering of jumps)
- Model aftershocks explicitly

### Hybrid Models:

- Combine GARCH with jump processes in one framework

### High-Frequency Data:

- Use intraday VIX futures or realized volatility to refine jump detection

### Multivariate VIX:

- Extend to joint modeling of VIX and other volatility indices for co-movements and contagion

### Machine Learning:

- Employ regime-switching ML or nonparametric methods to detect shifts in  $\lambda$  and  $\alpha$

- VIX exhibits **persistent, asymmetric volatility clustering** well captured by EGARCH
- **Compound Poisson Process** quantifies aggregate shock risk:
  - VaR 95% = 4.24/year
  - CVaR 95% = 5.01/year
- **COVID regime** showed 76% higher expected annual impact than baseline
- **CPP out-of-sample**: ~18% forecast error; VaR bounds respected; well-calibrated
- GARCH and CPP are **complementary**: GARCH for smooth variance dynamics, CPP for tail events

**Thank you!**

Questions?

# Appendix: Key Equations

**GARCH(1,1):**

$$\sigma_t^2 = \omega + \alpha a_{t-1}^2 + \beta \sigma_{t-1}^2$$

**EGARCH(1,1):**

$$\ln \sigma_t^2 = \omega + \beta \ln \sigma_{t-1}^2 + \alpha(|\epsilon_{t-1}| - \mathbb{E}|\epsilon|) + \gamma \epsilon_{t-1}$$

**Compound Poisson Process:**

$$S(T) = \sum_{i=1}^{N(T)} J_i, \quad N(T) \sim \text{Poisson}(\lambda T), \quad J_i \sim F$$

**Expected Annual Impact:**

$$\mathbb{E}[S] = \lambda \cdot \mathbb{E}[J] \cdot T$$

# Appendix: References

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