

HELPING OUR PEOPLE END SUICIDE STUDY

HOPES SCREENER

UNIVERSITY OF CALIFORNIA, BERKELEY

	Yes	No	
1. Did you eat breakfast today?	<input type="checkbox"/>	<input type="checkbox"/>	
2. Do you have one person in your life you can talk to for support?	<input type="checkbox"/>	<input type="checkbox"/>	
	Not at all	Several Days	More than half the days
	Nearly every day		
3. Over the past <u>month</u> , how often have you participated in any of these activities?			
a. Spoken your tribal language	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Learned more about your cultural practices	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Not at all	Several Days	More than half the days
	Nearly every day		
4. Over the past <u>month</u> , how often have you been bothered by any of these problems?			
a. Felt lonely even when you were with other people	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Felt bad about yourself—like feeling like a failure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Experienced bullying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Used anything to get high	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Yes	No	
5. Over the past <u>year</u> , have you lost someone you knew to suicide?	<input type="checkbox"/>	<input type="checkbox"/>	
6. Over the past <u>year</u> , have you experienced thoughts of suicide?	<input type="checkbox"/>	<input type="checkbox"/>	
	Yes	No	
7. Would you like to be connected to resources that celebrate the Two-Spirit or LGBT+ community?	<input type="checkbox"/>	<input type="checkbox"/>	
8. Is there anything else you would like to tell me?			