A multi-faceted, open source, measure of personality

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12 Abstract

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1. Introduction

Over the last decades, the Five Factor Model as well as the Big Five model have 18 become widely accepted models for describing general attributes of personality. Often the terms are even used synonymously, which is why we will refer to the Big Five from here on. 20 The Big Five is a hierarchical model which describes human individual differences in 21 personality at the dispositional level: one of the most basic, universal, biologically-influenced 22 and stable layers of human inter-individual differences in behavior, cognition and feeling 23 (McAdams & Pals, 2006). Its hierarchical nature is relevant to acknowledge behavior from 24 the most specific (nuances), to the most broad differences in temperament and character 25 (dimensions), through a varying number of mid-level personality characteristics called facets. 26 Most of the research concerning criterion validity of the Big Five inventories has focused on 27 the covariation between the Big Five dimensions and relevant external outcomes. However, specific dispositional characteristics captured on the facet level might be of extreme utility to provide more complex descriptions of individuality and to predict life outcomes to a major extent (Lounsbury, Sundstrom, Loveland, & Gibson, 2002; Paunonen & Ashton, 2001; Ziegler et al., 2014). Unfortunately, the number and nature of the facets below the Big Five and being measured by different personality instruments is far from being consensual. In 33 fact, different facet level models have been proposed (XXXX). One potential reason for this could be that many facet level models were developed after a questionnaire version without such a level had been published. Thus, the facets were developed as an elaboration. While this has many theoretical advantages it also has the disadvantage of potentially limiting the search space of possible facets. In this work we aim at maximizing this search space and present a personality questionnaire which is broad at the facet level, open-access, and 39 measurement invariant across two different cultures.

1.2. A short history of the Big Five

Francis Galton proposed the fundamental lexical hypothesis as a ground from where to describe interpersonal differences in personality. The hypothesis states that every apprehended characteristic in the realm of personality should have its place in the natural language, a corollary derived from this first statement is that the essential features must represent a unique word in the lexical universe of this language. Galton (1884) himself, and later Allport and Odbert (1936) and still later Norman (1967) used English dictionaries for a systematic collection of all adjectives which could be related to human personality characteristics. Using exploratory factor analyses on self- and other ratings five broad factors could repeatedly be extracted from the data. These efforts were also replicated in different languages, such as in German (Klages....), Baumgartner....

Cattell was one of the first researchers who systematically applied exploratory factor
analysis in order to explore personality structure. He inspected the correlation structure of
the items in the word lists of his predecessors, finding 16 personality oblique factors,
including one factor specifically for intelligence, these factors form the 16-PF. These 16
factors were the primary factors in a hierarchical structure for Cattell (coetany to L.L.
Thurstone and undoubtedly influenced by him). Cattell himself viewed personality as a
hierarchical structure, containing three layers (Cattell, 1956). The second order factors
resemble the Big Five dimensions (Digman, 1990).

Different researchers followed Cattell in the study of dispositional traits of personality.
One of the most influential models was Eysenck's Big Three. Grounded on a strong
biological basis, Eysenck's theory supposed a link between temperament and personality. Its
structural proposal concerned at first two big factors, named Neuroticism vs. Emotional
stability and Extraversion vs. Introversion. These two dimensions were later joined by a third
factor that Eysenck called Psychoticism. This label was criticized by others who suggested

that a more appropriate term would be psychopathy (Digman, 1990). Eysenck's big two are still "alive" today in the Big Five, and his third factor, psychoticism, can be operationalized as two dimensions of the Big Five: Agreeableness (or ...) and Conscientiousness (or ...).

A large number of studies have focused on the problem of personality structure 69 resulting in a five factor solution (Fiske (1949); Norman (1967); Tupes and Christal (1961); 70 Borgatta (1964)). Possibly the two most widely cited works relating to the foundations of 71 the Big Five are those by Goldberg et al. (2006) and Costa and McCrae (1995). Goldberg can be seen as one of the first who extended research concerning the Big Five, while McRae 73 and Costa's importance rests on popularizing the terminology (OCEAN) and the development of one of the most used tools to assess personality based on the Big Five: the 75 NEO-PI. The Big Five dimensions are labeled as follows: I) Extraversion vs. Introversion. II) Agreeableness or Friendliness. III) Conscientiousness or Achievement or Will. IV) Emotional 77 Stability vs. Neuroticism. V) Openness or Intellect or Culture.

One of the most important features of the Big Five is the fact that it could be
replicated in different languages. Research is available in Japanese, Vietnamese, German,
Spanish, Greek, (refs)... This finding suggests that the way human beings construe
personality is at some point universal and that its basic features are retained within the Big
Five. Another essential characteristic relies on its hierarchical nature. The five domains are
useful to retain the big picture of personality, maximize the situation consistency and
reliably assess difficult subjects such as children. Nonetheless, each dimension is
conceptualized as a latent construct formed by more specific narrow factors called facets,
which in turn are useful to depict the impact of personality characteristics into specific
behaviors and concrete life outcomes.

The Big Five has proven to be a valid theoretical and empirical model to predict relevant life outcomes. Research such as Ozer and Benet-Martínez (2006) or Roberts, Kuncel, Shiner, Caspi, and Goldberg (2007) has shown that scores for the Five Dimensions (and their

related facets) are able to explain outcomes such as Academic and work performance, health,
personality disorders, political attitudes and many more. The empirical findings linking Big
Five measures to life outcomes have reinforced the concurrent validity of the test scores
interpretations. At the same time, the broad nature of the domains has spurned research
into the more fine-grained lower order structure of facets.

1.3. Facet Structures

There are a number of models that include a facet structure below the five broad
domains. The most widely known model is the one suggested by Costa and McCrae (1995).

Other popular models have been suggested for the Big Five Inventory 2 (BFI-2; Soto & John,
2016), the IPIP (Goldberg et al., 2006), and the HEXACO model (Lee & Ashton, 2016),
which assumes six broad domains. Table 1 gives an overview of these different models listing
their facets per domain as well as some information regarding their psychometric properties.

< Table 1 >

As shown in table 1, there are many different possibilities of facets forming the 105 domains. However, there is still a degree of overlap on the facets covered by the different 106 instruments. So and John (2009) inspected the convergences between the NEO-PI-R and 107 the first version of the BFI, suggesting that two constructs per domain were measured at the 108 facet level by both inventories. The constructs defined by Soto and John (2009) were: Assertiveness and Activity for Extraversion; Altruism and Compliance for Agreeableness; 110 Order and Self-Discipline for Conscientiousness; Anxiety and Depression for Neuroticism; 111 and Aesthetics and Ideas for Openness. The convergence holds for the four instruments 112 listed in table 1, as these ten constructs are covered within the facets for every instrument. 113 Some of the constructs are explicitly covered at the facet level (e.g. Anxiety); meanwhile 114

others are mainly covered though the four instruments, although sometimes implicitly
(e.g. Liveliness in HEXACO resembles the "core" construct Activity, present in all other
instruments). The reverse is not always true, not every facet within the four instruments is
covered by the constructs proposed by Soto and John (2009). As an example we find
Self-Consciousness, a Neuroticism facet defined by the NEO-PI-R and the IPIP-NEO-120,
which is clearly tapping at a construct different from Anxiety or Depression.

The nomological network commonly assumed in Big Five questionnaires is drawn from 121 nuances through facets to domains, from more specific to more general. Relying in domains 122 to explain and predict behavior can benefit from ease of interpretability. However, optimal predictions for specific contexts can be enhanced if a more specific set of traits is used. On the other hand, using nuances to predict behavior might yield even stronger predictive 125 ability (Seeboth & Mõttus, 2018), but as the number of predictors grows the interpretations 126 become more complex. Facets are on a middle ground between nuances and domains, in a 127 compromise between specificity and sensitivity in the bandwidth-fidelity dilemma. This 128 narrow aggregation both satisfies the specificity of predictions to concrete situations and 129 environments and also enhances the ease of interpretability when summarizing individual 130 personality characteristics. 131

Furthermore, there is a large corpus of research which points towards facets as 132 important criterion predictors showing incremental validity to domains. For academic 133 achievement, Paunonen and Ashton (2001) showed that the facets achievement motivation 134 and intellectual curiosity increased the variance accounted for by college students' grades, 135 above and beyond its respective dimensions: Conscientiousness and Openness to experience. 136 Similarly, Lounsbury et al. (2002) provided evidence regarding the facets work drive and 137 aggression, which added an extra 12% of explained variance over the Big Five domains on 138 10th grade students' GPA. Ziegler, Danay, Schölmerich, and Bühner (2010) showed that 130 better performance in college grades was associated with low gregariousness, excitement

seeking and order as well as high activity, openness to ideas and openness to values. Often
different facets within the same domain can have effects in opposite directions, partially
canceling out the predictive ability when only paying attention to the domain score. This is
the case for Openness to ideas vs. Openness to fantasy, as the former is related positively to
academic achievement whereas the latter is related negatively (Ziegler et al., 2014), resulting
in a potential masking effect on the ability of Openness predicting the academic achievement.

As described above, facet measures often yield scores that have stronger test-criterion correlations than their respective domain scores (e.g., Ziegler et al., 2012; ...). However, facet scores have also been shown to be related to personality disorders. Thus, the combination of a higher fidelity along with the potential clinical relevance of facet scores might open up unique advantages for clinical research.

52 1.4. The Big Five and Personality Disorders

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Personality disorders are steadily shifting from a categorical definition into a continua 153 conceptualization within the clinical realm. This process is not new for personality science 154 history, as the subject itself moved from a qualitatively distinct set of definitions, called 155 types, into a subset of continuous domains in which both normality and extreme tendencies 156 were moving along, named traits. In fact, the new version of the Diagnostic and Statistical 157 Manual of mental disorders, DSM-V, now proposes two different ways of assessing 158 personality disorders: 1) A descriptive model of personality disorders in section II which 159 mimics the former model of assessing personality disorders and; 2) A novel trait model that 160 follows research on the personality scientific domain (In section III), which conceptualizes 161 personality disorders as extreme tendencies located in the continuum of the Big Five domains 162 and facets (American Psychiatric Association, 2013; Widiger & Mullins-Sweatt, 2009) 163

This paradigm shift in clinical assessment of personality has led to the construction of

the Personality Disorder Inventory (PID-5; Krueger, Derringer, Markon, Watson, & Skodol, 165 2012), a 25-facet and five-dimension self-report inventory, with an informant-report version 166 (Markon, Quilty, Bagby, & Krueger, 2013). The big five dimensions mirror the Big Five 167 domains, although with a focus on the maladaptative end of the continuum,: I) Detachment 168 (Big Five's introversion), II) Antagonism (absence of Big Five's Agreeableness), III) 169 Disinhibition (absence of Big Five's Conscientiousness), IV) Negative affect (Big Five's 170 Neuroticism) and V) Psychoticism (Absence of Big Five's Openness). The PID-5 has shown 171 satisfying evidences of criterion validity (... summary). However, the limited number of 172 facets on the PID-5 has already raised some concerns due to the low reliability when 173 studying developmental phenomena of personality disorders (Clercq et al., 2014), and may 174 also limit the capacity of portraying vivid personality profiles which are suitable for 175 explanatory purposes in the clinical domain.

In line with what has been stated previously for academic achievement, the 177 examination of facets may result in an enhancement of the specificity of assessment when 178 looking at the nature of PDs (Clark, 2005; Samuel & Widiger, 2008). This improvement of 179 specificity resulted in a predictive gain ranging from 3% to 16% when comparing facets to 180 domains predicting PD in the Reynolds and Clark (2001) study. Furthermore, the use of 181 facets may be of extreme utility for those PD whose personality profile is less clear at the 182 domain level. As Saulsman and Page (2004) point out, Schizotypal and 183 Obsessive-Compulsive disorders are examples of PD which are not well covered by Big Five 184 domains. A reason for it may be found in a pattern inconsistency of facets within the same 185 dimension or in a lack of coverage for essential characteristics of the PD. For example, aberrant cognitions are essential characteristics of schizotypal disorder and are not covered by some instrument's facets like the NEO-PI-R (Samuel & Widiger, 2008; Saulsman & Page, 2004). Likewise, the expected high scores on warmth and low scores on assertiveness could 189 mask the effects of extraversion when predicting Dependent Personality Disorder, following 190 the theoretical correspondence between PD and Big Five facets proposed by Costa Jr. and 191

Widiger (1994). Moreover, the PID-5 has prompted the elaboration of a number of Five Factor Model Personality Disorders (FFMPD) scales to maximize the facet coverage in relation to specific PDs (Bagby & Widiger, 2018).

Facet analysis and dedicated Big Five questionnaires have been used to solve issues like those mentioned in the last paragraph. We propose to base such research on a broader facet basis. To this end we suggest a general instrument to cover a broad number of facets which could aim for fine grained assessments.

$_{99}$ 1.5. This study

We present in this paper an instrument for personality assessment which aims to cover 200 the need for an internationally usable, open source, and differentiated measure at the facet 201 level. Two studies are presented, for each one inspects the factor structure of the instrument 202 in a different sample drawn from a different culture (American vs. German). Measurement 203 invariance across samples will be examined. Internal consistency and test-criterion 204 correlations will be estimated for all scores. To sum up, the aim for this research project was 205 to provide an instrument that can be used in non-clinical but also in clinical research which 206 emphasizes the facet level of the Big Five. 207

208 2. Methods

Two different studies are presented in this work. The first study uses a sample drawn from a USA bachellor student population. The aim was to detect and confirm a measurement model that maximizes the facet space of the IPIP instrument. An Exploratory Factor Analysis (EFA) was used to identify the number of facets per domain. A Confirmatory Factor Analysis per facet was modelled in order to confirm the item - facet relationship. Finally, an Exploratory Strucutural Equation Model (ESEM) was fitted to

integrate the measurement model of the facets with the dimensions. ESEM is a novel method which allows the researcher to use Structural Equation Modelling (SEM) without the need of imposing an independent cluster solution, as its common in the CFA procedure. ESEM has gained reputation in the personality field, where the independent cluster model may not capture the complexity of the constructs measured (Marsh et al., 2010).

The second sample was drawn again from a graduate student population, albeit this time based in Germany. The aim for the second study is to replicate the structure found in study one, plus assess the degree of measurement invariance of the proposed model.

223 2. Study 1 - US-American Sample

2.1.1. Participants. The sample consisted of 726 American undergraduate students (59.3% male) who participated voluntarily. The mean age was 21.6 years (SD=5.9). Students were emailed a link to a computerized assessment battery that included the IPIP items as well as several other tests not reported in this paper. The data set was randomly splitted in two equally sized samples. Both samples were matched in relation to missing values, outliers and extreme values. In Sample 1 the mean age was 21.8 years (SD=6.3), in Sample 2 the mean age was 21.5 years (SD=5.6).

2.1.2. Measures.

International Personality Item Pool (IPIP). Altogether, 525 items from the
International Personality Item Pool (IPIP) were used to measure Neuroticism, Extraversion,
Openness (to experience), Agreeableness and Conscientiousness. The IPIP is an open source
database of personality items, which was launched in 1996, and contains over 2000 items
(Goldberg et al., 2006). Participants were asked to rate themselves on typical behaviors or
reactions on a 5-point Likert scale, ranging from 1 ("Not all like me") to 5 ("Very much like

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238 me").
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GPA. This measures academic achievement.

Satisfaction With Life (SWL). Scale of satisfaction with life

2.1.3. Procedure

EFA with subsample 1. To determine the number of possible facets per domain 242 Velicer (1976) Minimum Average Partial (MAP) method and Horn (1965) parallel analysis 243 (PA) were employed for every domain. Based on these results an exploratory factor analysis 244 was calculated for each domain via Mplus using a geomin rotation (Quelle) and a maximum 245 likelihood estimator (ML). The decision for the preferred number of facets per domain was 246 based partly on comparing model fits (CFI, RMSEA, SRMR). More importantly though was 247 the interpretability of the facet solution. After all facet solutions of other personality 248 measures were looked at to compare it to the found facet structure. If there were important 240 parts missing to present the domain with regards to content, new facets would be added 250 afterwards. 251

CFA and ESEM with subsample 2. To confirm the structure of facets the EFAs 252 delivered, multiple confirmatory factor analyses were calculated via Mplus. In a first step 253 measurement models were estimated for each of the facets. To obtain balance between the 254 facets, the items were reduced to five per facet based on item content and loading pattern in 255 a second step, afterwards the estimations for the measurement models on facet levels were repeated. For both steps estimators were WLSMV (weighted least squares adjusted for 257 means and variances). Aim was to ensure an optimal breadth and sufficient reliability. In a final model, all five domain structural models were integrated using exploratory structural 259 equation modeling (ESEM) (Asparouhov & Muthén, 2009). Marsh et al. (2010) could show 260 that ESEM fits personality data better and results in substantially more differentiated 261

factors than it would using CFA, while using an EFA measurement model with rotations in a 262 structural equation model. All facets were able to load on all domains. If there would show 263 up facets that do not significantly load on the intended domain, this facets would get 264 eliminated subsequently. The estimators used were ML, factor scores were used as indicators 265 and the rotation was oblique (using Geomin). Model fit was determined based on the guide 266 lines by Hu and Bentler (1999) as well as Beauducel and Wittmann (2005). Consequently, to 267 consider a good fit of a proposed model, the Comparative Fit Index (CFI) should be at or 268 over .95, the standardized root mean squared residual (SRMR) smaller than .08 and the root 269 mean square error of approximation (RMSEA) smaller than .06. 270

Criterion validity evidence. To examine the nomological structure of the facets
and domains to external constructs like life satisfaction and education, correlations and
multiple regression were computed.

274 **2.2.** Results

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Results of EFA. In *Table 2* model fits for the chosen facet model for each domain are shown, as well as Eigenvalues and results from MAP and PA test. To ensure the homogeneity of the facets and to reduce the risk of cross domain loadings, items with factor loadings less than .30 were eliminated. This was only done when item content was also judged as being non-central to the domain in question (Ziegler et al., 2014).

< Table 2 here>

According to the exploratory model, **Agreeableness** consists of eight facets after two
facets were eliminated due to weakly loading and inconsistent items. The remaining facets
are named Appreciation, Integrity, Low Competitiveness, Readiness to Give Feedback,
Search for Support, Good Faith, Genuineness and Altruism. **Conscientiousness** consists of

nine facets after one facet with item factor loadings less than .30 was excluded, they are: 285 Dominance, Persistence, Self-discipline, Task planning, Goal orientation, Carefulness, 286 Orderliness, Wish to work to capacity and Productivity. Extraversion is formed by nine 287 facets. A new facet (Energy) was added in order to tap better the physical component of 288 Extraversion, which was missing in the eight facet solution. The facets are Sociability, 280 Readiness to take risks, Wish for affiliation, Positive attitude, Forcefulness, 290 Communicativeness, Humor, Conviviality and Energy. **Neuroticism** (interpreted here as 291 emotional stability) consists of seven facets. One facet was dropped due to poor 292 interpretability, and was therefore not included in the subsequent analyses. The final set of 293 facets are named Equanimity, Confidence, Carefreeness, Mental balance, Drive, Emotional 294 robustness and Self-attention. **Openness** to experience comprises of nine facets. One facet 295 was identified as a method factor and eliminated, because it solely contained negatively formulated items and no coherent underlying trait could be identified. Furthermore another facet (Intellect) was added, because the remaining facets lacked an intellectual content. The facets of Openness are named Creativity, Wish for variety, Open-mindedness, Interest in reading, Artistic interests, Wish to analyze, Willingness to learn, Sensitivity and Intellect. 300

The items to each facet are listed in the appendix (A).

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Results of CFA and ESEM. All measurement models for the facets were fitting
well, results can be found in *Table 3*. In this table both five-item facets and multiple-item
facets are presented with their respective model fit measures. The 5-item facets normally
outperform the multiple-item facet versions regarding model fit.

< Table 3 here caption="Model fit for each facet")>

The exploratory structural equation model (ESEM) of the final model with all five domains fits well with CFI = .87, RMSEA = .072, SRMR = .036. As you can see in Table 4

nearly all facets load significantly on their intended domain. Some cross loadings can be found as they are plausible with ESEM procedures. However, in any case the number of cross loadings is high nor against the facet content.

312 < Table 4 here caption="ESEM factor scores")>

Criterion validity evidence. < Table 5 here caption="Criterion correlations" >

314 Study 2 – German Sample

Participants. The representative sample consisted of 387 German speakers (49.1% male) with a mean age of 45.6 years (SD = 17.5). (How was the data collected?)

Measures. The five items per facet derived from Study 1 were translated and
back-translated by bilingual experts, creating a German version of the measure used there.
The translated items can be found on appendix B.

Procedure Procedure

Step 1 – Examining the structure. To check the facet structure Study 1
delivered, multiple confirmatory factor analyses were calculated via Mplus following an
analogue procedure to Study 1. First, measurement models were estimated for all facets,
estimator was WLSMV. Model fit was determined based on the guide lines as before. In a
final model, all five domain structural models were integrated using again exploratory
structural equation modeling (ESEM).

Step 2 – Testing for measurement invariance. In a next step, measurement 327 invariance between German and US samples was examined. We followed the procedure 328 suggested by Sass (2011) and tested configural, factorial and strong factorial invariance. The 329 cutoffs suggested by Chen (2007) were applied to compare model fits. According to this 330 configural measurement invariance can be assumed when the same item is associated with 331 the same factor in each domain, while the factor loadings can differ. If the factor loadings of 332 each item would not differ between the samples, factorial measurement invariance can be 333 assumed. Strong factorial measurement invariance can be assumed when on top of that the 334 intercepts of each item are equal. The limit to factorial measurement invariance was set to Δ 335 CFI < .01, \triangle RMSEA < .015 and \triangle SRMR < .03, at which the limit to strong factorial 336 measurement invariance was set to Δ CFI < .01, Δ RMSEA < .015, Δ SRMR < .01 (Chen, 337 2007).

339 Results

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Results of CFA. The measurement models of the American sample were replicated for the reduced number of item per facet. Model fits can be seen in Table 3. The ESEM with all five domains fits well with CFI = .82, RMSEA = .078, SRMR = .044. Table 6 shows the ESEM factor loadings for the German sample. All facets load significantly on their intended domain but can have loadings on other domains as well.

<Table 6 here >

Results of MI. For analyzing the measurement invariance the latest facet model structure (with additional facets) was taken. The results are shown in Table 7. Configural measurement invariance is assumed for the facets Appreciation of others,

Superiority/Grandiosity, Need to be liked, Crybabiness, Manipulation, Altruism (facets of

Agreeableness), Perseverance, Task Planning, Goal-orientation/Achievement striving,

- Preferred Load, Procrastination (facets of Conscientiousness), Assertiveness,
- Sociability/Gregariousness, Activity (facets of Extraversion), Irritability, Self-serving
- Attention (facets of Neuroticism), Self-attributed Inginuity, Openness to actions and
- activities, Openmindedness/Judgement, Love of Learning, Openness to feelings and Intellect
- 355 (facets of Openness).
- Factorial measurement invariance is assumed for the facets Meanness, Trust (facets of
- Agreeableness), Control of others, Lack of (Self-) Control, Deliberation/Caution, Lack of
- Tidiness/Order (facets of Conscientiousness), Sensation Seeking, Reclusiveness, Emotionality,
- Humor (facets of Extraversion), Depression, Anxiety, Self-assuredness, Lethargia,
- 360 Sentimentality (facets of Neuroticism), Openness to reading, Openness to arts and Need for
- cognition (facets of Openness).
- The only facet with strong factorial measurement invariance is Shyness, a facet of
- 363 Extraversion

<Table 7 here>

365 Discussion

We have presented an open access instrument for personality assessment within the Big
Five framework, which showed evidences of factorial validity in two different cultures and
maximized the space set of facets encompassed. Furthermore, evidences for external criteria
validity were attained

We cover all the "core" facets proposed by soto and john. We also cover all the facets proposed by the most influential Big Five measures as seen in table 1. In addition we

included even more facets.

The evidences for reliability and structural validity are retained. Like most of the Big
Five instruments, ours could not survive to the CFA independent cluster model. Even
though ESEM has been used to provide structural validity evidence of personality measures
recently. Here we show that the standards for a good ESEM model are met. Furthermore
the structural validity is robust between two different cultures.

We have collected some criterion validity evidences. Like bla bla bla. Nonetheless the multi - facetted nature of the instrument makes forthcoming evidences for criterion and predictive validity promising.

One limitation is the sample used. Students are not a representative population of society and results may not be generalized.

Future directions are to provide a tool with the subset of items for public use. Gather community sample, from more cultures and test the extent of the universality of the instrument. And use the instrument to predict important life outcomes so the links between specific behaviors and facets become richer.

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Table captions