A multi-faceted, open source, measure of personality

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12 Abstract

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#### 1. Introduction

# 1.1. Short history and relevance of the Big Five

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Over the last decades, the Five Factor Model as well as the Big Five model have 19 become widely accepted models for describing general attributes of personality. Often the terms are even used synonymously, which is why we will refer to the Big Five from here on. 21 The Big Five is a hierarchical model which describes human individual differences in personality at the dispositional level: one of the most basic, universal, biologically-influenced 23 and stable layers of human inter-individual differences in behavior, cognition and feeling (McAdams & Pals, 2006). Its hierarchical nature is relevant to acknowledge behavior from 25 the most specific (nuances), to the most broad differences in temperament and character 26 (dimensions), through a varying number of mid-level personality characteristics called facets. 27 Most of the research concerning criterion validity of the Big Five inventories has focused on 28 the covariation between the Big Five dimensions and relevant external outcomes. However, specific dispositional characteristics captured on the facet level might be of extreme utility to provide more complex descriptions of individuality and to predict life outcomes to a major 31 extent (John et al., 2014; Lounsbury, Sundstrom, Loveland, & Gibson, 2002; Paunonen & Ashton, 2001). Unfortunately, the number and nature of the facets below the Big Five and 33 being measured by different personality instruments is far from being consensual. In fact, different facet level models have been proposed (XXXX). One potential reason for this could 35 be that many facet level models were developed after a questionnaire version without such a level had been published. Thus, the facets were developed as an elaboration. While this has many theoretical advantages it also has the disadvantage of potentially limiting the search space of possible facets. In this work we aim at maximizing this search space and present a personality questionnaire which is broad at the facet level, open-access, and measurement invariant across two different cultures.

## 1.2. A short history of the Big Five

Francis Galton proposed the fundamental lexical hypothesis as a ground from where to describe interpersonal differences in personality. The hypothesis states that every apprehended characteristic in the realm of personality should have its place in the natural language, a corollary derived from this first statement is that the essential features must represent a unique word in the lexical universe of this language. Galton himself (1884), and later Allport and Odbert (1936) and still later Norman (1967) used English dictionaries for a systematic collection of all adjectives which could be related to human personality 49 characteristics. Using exploratory factor analyses on self- and other ratings five broad factors could repeatedly be extracted from the data. These efforts were also replicated in different 51 languages, such as in German (Klages,...), Baumgartner,... Cattell was one of the first researchers who systematically applied exploratory factor 53 analysis in order to explore personality structure. He inspected the correlation structure of the items in the word lists of his predecessors, finding 16 personality oblique factors, 55 including one factor specifically for intelligence, these factors form the 16-PF. These 16 factors were the primary factors in a hierarchical structure for Cattell (coetany to L.L. Thurstone and undoubtedly influenced by him). Cattell himself viewed personality as a hierarchical structure, containing three layers (Cattell, 1956). The second order factors resemble the Big Five dimensions (Digman, 1990). 60 Different researchers followed Cattell in the study of dispositional traits of personality. 61 One of the most influential models was Eysenck's Big Three. Grounded on a strong biological basis, Eysenck's theory supposed a link between temperament and personality. Its structural proposal concerned at first two big factors, named Neuroticism vs. Emotional stability and Extraversion vs. Introversion. These two dimensions were later joined by a third factor that Eysenck called Psychoticism. This label was criticized by others who suggested that a more appropriate term would be psychopathy (Digman, 1990). Eysenck's big two are still "alive" today in the Big Five, and his third factor, psychoticism, can be operationalized

as two dimensions of the Big Five: Agreeableness (or ...) and Conscientiousness (or ...). A large number of studies have focused on the problem of personality structure 70 resulting in a five factor solution (Fiske, 1949; Norman, 1963; Tupes & Christal, 1961; 71 Borgatta, 1964). Possibly the two most widely cited works relating to the foundations of the Big Five are those by Goldberg (...) and McRae Costa (...). Goldberg can be seen as one 73 of the first who extended research concerning the Big Five, while McRae and Costa's importance rests on popularizing the terminology (OCEAN) and the development of one of 75 the most used tools to assess personality based on the Big Five: the NEO-PI. The Big Five dimensions are labeled as follows: I) Extraversion vs. Introversion. II) Agreeableness or 77 Friendliness. III) Conscientiousness or Achievement or Will. IV) Emotional Stability vs. Neuroticism. V) Openness or Intellect or Culture. One of the most important features of the Big Five is the fact that it could be 80 replicated in different languages. Research is available in Japanese, Vietnamese, German, 81 Spanish, Greek, (refs)... This finding suggests that the way human beings construe personality is at some point universal and that its basic features are retained within the Big Five. Another essential characteristic relies on its hierarchical nature. The five domains are useful to retain the big picture of personality, maximize the situation consistency and reliably assess difficult subjects such as children. Nonetheless, each dimension is conceptualized as a latent construct formed by more specific narrow factors called facets, which in turn are useful to depict the impact of personality characteristics into specific behaviors and concrete life outcomes. The Big Five has proven to be a valid theoretical and empirical model to predict relevant life outcomes. Research such as Ozer and Benet-Martinez (2006) or Roberts; Kuncel; Shiner; Caspi & Goldberg (2007) has shown that scores for the Five Dimensions (and their related facets) are able to explain outcomes such as Academic and work performance, health, personality disorders, political attitudes and many more. The empirical findings linking Big Five measures to life outcomes have reinforced the concurrent validity of

the test scores interpretations. At the same time, the broad nature of the domains has spurned research into the more fine-grained lower order structure of facets.

#### 98 1.3. Facet Structures

There are a number of models that include a facet structure below the five broad
domains. The most widely known model is the one suggested by Costa and McCrae (XXX).
Other popular models have been suggested for the Big Five Inventory 2 (BFI-2, Soto & John,
2017), the IPIP (JRP paper), and the HEXACO model (XXX), which assumes six broad
domains. Table 1 gives an overview of these different models listing their facets per domain
as well as some information regarding their psychometric properties.

table 1

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As shown in table 1, there are many different possibilities of facets forming the 106 domains. However, there is still a degree of overlap on the facets covered by the different 107 instruments. So and John (2009) inspected the convergences between the NEO-PI-R and 108 the first version of the BFI, suggesting that two constructs per domain were measured at the 109 facet level by both inventories. The constructs defined by Soto and John (2009) were: 110 Assertiveness and Activity for Extraversion; Altruism and Compliance for Agreeableness; 111 Order and Self-Discipline for Conscientiousness; Anxiety and Depression for Neuroticism; 112 and Aesthetics and Ideas for Openness. The convergence holds for the four instruments 113 listed in table 1, as these ten constructs are covered within the facets for every instrument. 114 Some of the constructs are explicitly covered at the facet level (e.g. Anxiety); meanwhile 115 others are mainly covered though the four instruments, although sometimes implicitly (e.g. Liveliness in HEXACO resembles the "core" construct Activity, present in all other 117 instruments). The reverse is not always true, not every facet within the four instruments is 118 covered by the constructs proposed by Soto & John (2008). As an example we find 119 Self-Consciousness, a Neuroticism facet defined by the NEO-PI-R and the IPIP-NEO-120, 120 which is clearly tapping at a construct different from Anxiety or Depression. 121

The nomological network commonly assumed in Big Five questionnaires is drawn from 122 nuances through facets to domains, from more specific to more general. Relying in domains 123 to explain and predict behavior can benefit from ease of interpretability. However, optimal 124 predictions for specific contexts can be enhanced if a more specific set of traits is used. On 125 the other hand, using nuances to predict behavior might yield even stronger predictive 126 ability (Seeboth & Mottus, 2018), but as the number of predictors grows the interpretations 127 become more complex. Facets are on a middle ground between nuances and domains, in a 128 compromise between specificity and sensitivity in the bandwidth-fidelity dilemma. This 129 narrow aggregation both satisfies the specificity of predictions to concrete situations and 130 environments and also enhances the ease of interpretability when summarizing individual 131 personality characteristics. 132

Furthermore, there is a large corpus of research which points towards facets as 133 important criterion predictors showing incremental validity to domains. For academic 134 achievement, Paunonen and Ashton (2001) showed that the facets achievement motivation 135 and intellectual curiosity increased the variance accounted for by college students' grades, 136 above and beyond its respective dimensions: Conscientiousness and Openness to experience. 137 Similarly, Lounsbury et al. (2002) provided evidence regarding the facets work drive and aggression, which added an extra 12% of explained variance over the Big Five domains on 10th grade students' GPA. Ziegler, Danay, Schölmerich, and Bühner (2010) showed that better performance in college grades was associated with low gregariousness, excitement 141 seeking and order as well as high activity, openness to ideas and openness to values. Often 142 different facets within the same domain can have effects in opposite directions, partially 143 canceling out the predictive ability when only paying attention to the domain score. This is 144 the case for Openness to ideas vs. Openness to fantasy, as the former is related positively to 145 academic achievement whereas the latter is related negatively (???), resulting in a potential 146 masking effect on the ability of Openness predicting the academic achievement. 147

As described above, facet measures often yield scores that have stronger test-criterion

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correlations than their respective domain scores (e.g., Ziegler et al., 2012; ...). However, facet scores have also been shown to be related to personality disorders. Thus, the combination of a higher fidelity along with the potential clinical relevance of facet scores might open up unique advantages for clinical research.

Personality disorders are steadily shifting from a categorical definition into a continua

## 3 1.4. The Big Five and Personality Disorders

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conceptualization within the clinical realm. This process is not new for personality science 155 history, as the subject itself moved from a qualitatively distinct set of definitions, called 156 types, into a subset of continuous domains in which both normality and extreme tendencies 157 were moving along, named traits. In fact, the new version of the Diagnostic and Statistical 158 Manual of mental disorders, DSM-V, now proposes two different ways of assessing 159 personality disorders: 1) A descriptive model of personality disorders in section II which 160 mimics the former model of assessing personality disorders and; 2) A novel trait model that 161 follows research on the personality scientific domain (In section III), which conceptualizes personality disorders as extreme tendencies located in the continuum of the Big Five domains 163 and facets (American Psychiatric Association, 2013; Widiger & Mullins-Sweatt, 2009) 164 This paradigm shift in clinical assessment of personality has led to the construction of 165 the Personality Disorder Inventory (PID-5; Krueger, Derringer, Markon, Watson, & Skodol, 166 2013), a 25-facet and five-dimension self-report inventory, with an informant-report version 167 (Markon, Quilty, Bagby, & Krueger, 2013). The big five dimensions mirror the Big Five 168 domains, although with a focus on the maladaptative end of the continuum,: I) Detachment (Big Five's introversion), II) Antagonism (absence of Big Five's Agreeableness), III) 170 Disinhibition (absence of Big Five's Conscientiousness), IV) Negative affect (Big Five's Neuroticism) and V) Psychoticism (Absence of Big Five's Openness). The PID-5 has shown 172 satisfying evidences of criterion validity (... summary). However, the limited number of 173 facets on the PID-5 has already raised some concerns due to the low reliability when

studying developmental phenomena of personality disorders (Clercq et al., 2014), and may also limit the capacity of portraying vivid personality profiles which are suitable for explanatory purposes in the clinical domain.

In line with what has been stated previously for academic achievement, the 178 examination of facets may result in an enhancement of the specificity of assessment when 179 looking at the nature of PDs (Clark, 2005; Samuel & Widiger, 2008). This improvement of 180 specificity resulted in a predictive gain ranging from 3% to 16% when comparing facets to 181 domains predicting PD in the Reynolds and Clark (2001) study. Furthermore, the use of 182 facets may be of extreme utility for those PD whose personality profile is less clear at the 183 domain level. As Saulsman and Page (2004) point out, Schizotypal and 184 Obsessive-Compulsive disorders are examples of PD which are not well covered by Big Five 185 domains. A reason for it may be found in a pattern inconsistency of facets within the same 186 dimension or in a lack of coverage for essential characteristics of the PD. For example, 187 aberrant cognitions are essential characteristics of schizotypal disorder and are not covered 188 by some instrument's facets like the NEO-PI-R (Samuel & Widiger, 2008; Saulsman & Page, 189 2004). Likewise, the expected high scores on warmth and low scores on assertiveness could mask the effects of extraversion when predicting Dependent Personality Disorder, following 191 the theoretical correspondence between PD and Big Five facets proposed by Costa Jr. and Widiger (1994). Moreover, the PID-5 has prompted the elaboration of a number of Five 193 Factor Model Personality Disorders (FFMPD) scales to maximize the facet coverage in 194 relation to specific PDs (Bagby & Widiger, 2018).

Facet analysis and dedicated Big Five questionnaires have been used to solve issues like those mentioned in the last paragraph. We propose to base such research on a broader facet basis. To this end we suggest a general instrument to cover a broad number of facets which could aim for fine grained assessments.

## $_{00}$ 1.5. This study

We present in this paper an instrument for personality assessment which aims to cover 201 the need for an internationally usable, open source, and differentiated measure at the facet 202 level. Two studies are presented, for each one inspects the factor structure of the instrument 203 in a different sample drawn from a different culture (American vs. German). Measurement 204 invariance across samples will be examined. Internal consistency and test-criterion 205 correlations will be estimated for all scores. To sum up, the aim for this research project was 206 to provide an instrument that can be used in non-clinical but also in clinical research which 207 emphasizes the facet level of the Big Five. 208

209 2. Methods

Two different studies are presented in this work. The first study uses sample drawn 210 from a USA bachellor student population. The aim is to detect and confirm a measurement 211 model that maximizes the facet space of the IPIP instrument. An Exploratory Factor 212 Analysis (EFA) is used to identify the number of facets per domain. A Confirmatory Factor 213 Analysis per facet is modelled in order to confirm the item - facet relationship. Finally, an 214 Exploratory Structural Equation Model (ESEM) is fitted to integrate the measurement 215 model of the facets with the dimensions. ESEM is a somewhat novel method which allows 216 the researcher to use Structural Equation Modelling (SEM) without the need of imposing an 217 independent cluster solution, as its common in the CFA procedure. ESEM has gained 218 reputation in the personality field, where the independent cluster model may not capture the 219 complexity of the constructs measured (Marsh et al., 2010). 220

The second sample is drawn again from a graduate student population, albeit based in Germany. The aim for the second study is to replicate the structure found in study one, plus assess the degree of measurement invariance of the proposed model.

## 2. Study 1 - US-American Sample

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2.1.1. Participants. The sample consisted of 726 American undergraduate students (59.3% male) who participated voluntarily. The mean age was 21.6 years (SD=5.9). Students were emailed a link to a computerized assessment battery that included the IPIP items as well as several other tests not reported in this paper.

At a first data preparation the data set was randomly split in two equally sized samples. Both samples were matched in relation to missing values, outliers and extreme values. In Sample 1 the mean age was 21.8 years (SD=6.3), in Sample 2 the mean age was 21.5 years (SD=5.6).

## 233 **2.1.2.** Measures.

International Personality Item Pool (IPIP). Altogether, 525 items from the

International Personality Item Pool (IPIP) were used to measure Neuroticism, Extraversion,
Openness (to experience), Agreeableness and Conscientiousness. The IPIP is an open source
database of personality items, which was launched in 1996, and contains over 2000 items (L.
R. Goldberg et al., 2006). Participants were asked to rate themselves on typical behaviors or
reactions on a 5-point Likert scale, ranging from 1 ("Not all like me") to 5 ("Very much like
me").

**GPA.** This measures academic achievement.

Satisfaction With Life (SWL). Scale of satisfaction with life

## <sup>43</sup> 2.1.3. Procedure

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EFA with subsample 1. To determine the number of possible facets per domain
Velicer's (1976) Minimum Average Partial (MAP) method and Horn's (1965) parallel
analysis (PA) method were employed for every domain. Based on these results an
exploratory factor analysis was calculated for each domain via Mplus using a geomin
rotation (Quelle) and a maximum likelihood estimator (ML). The decision for the preferred
number of facets per domain was based partly on comparing model fits (CFI, RMSEA,
SRMR). More importantly though was the interpretability of the facet solution. After all

facet solutions of other personality measures were looked at to compare it to the found facet structure. If there were important parts missing to present the domain with regards to content, new facets would be added afterwards.

CFA and ESEM with subsample 2. To confirm the structure of facets the EFAs 254 delivered, multiple confirmatory factor analyses were calculated via Mplus. In a first step 255 measurement models were estimated for each of the facets. To obtain balance between the 256 facets, the items were reduced to five per facet based on item content and loading pattern in 257 a second step, afterwards the estimations for the measurement models on facet levels were repeated. For both steps estimators were WLSMV (weighted least squares adjusted for means and variances). Aim was to ensure an optimal breadth and sufficient reliability. In a final model, all five domain structural models were integrated using exploratory structural 261 equation modeling (ESEM) (Asparouhov & Muthén, 2009). Marsh et al. (2010) could show 262 that ESEM fits personality data better and results in substantially more differentiated 263 factors than it would using CFA, while using an EFA measurement model with rotations in a 264 structural equation model. All facets were able to load on all domains. If there would show 265 up facets that do not significantly load on the intended domain, this facets would get 266 eliminated subsequently. The estimators used were ML (maximum likelihood), factor scores 267 were used as indicators and the rotation was oblique (using Geomin). Model fit was 268 determined based on the guide lines by Hu and Bentler (1999) as well as Beauducel and 260 Wittmann (2005). Consequently, to consider a good fit of a proposed model, the 270 Comparative Fit Index (CFI) should be at or over .95, the standardized root mean squared 271 residual (SRMR) smaller than .08 and the root mean square error of approximation 272 (RMSEA) smaller than .06. 273

Criterion validity evidence. To examine the nomological structure of the facets
and domains to external constructs like life satisfaction and education, correlations and
multiple regression were computed.

#### 2.2. Results

Results of EFA. In *Table 2* you can see model fits for the chosen facet model for each domain as well as Eigenvalues and results from MAP and PA test.

To ensure that each facet is homogeneous and therefore, to reduce the risk of cross domain loadings, items with factor loadings less than .30 were eliminated. This was only done when item content was also judged as being non-central to the domain in question (Ziegler, 2014).

According to that Agreeableness consists of eight facets after two facets were
eliminated due to weakly loading and inconsistent items. The remaining facets are named
Appreciation, Integrity, Low Competitiveness, Readiness to Give Feedback, Search for
Support, Good Faith, Genuineness and Altruism.

Conscientiousness consists of nine facets after one facet with item factor loadings less
than .30 was excluded, which are named: Dominance, Persistence, Self-discipline, Task
planning, Goal orientation, Carefulness, Orderliness, Wish to work to capacity and
Productivity.

Extraversion comprises of nine facets, after a new facet (Energy) was added. The
original model with eight facets did not explain the physical part of Extraversion very well.
The facets are Sociability, Readiness to take risks, Wish for affiliation, Positive attitude,
Forcefulness, Communicativeness, Humor, Conviviality and Energy.

Neuroticism (here interpreted in the way of emotional stability) consists of seven facets.
One facet was dropped due to poor interpretability, and was therefore not included in the
subsequent analyses. The final set of facets are named Equanimity, Confidence, Carefreeness,
Mental balance, Drive, Emotional robustness and Self-attention.

Openness to experience comprises of nine facets. One facet was identified as a method
factor and eliminated, because it solely contained negatively formulated items and no
coherent underlying trait could be identified. Furthermore another facet (Intellect) was
added, because the remaining facets lacked an intellectual content. The facets of Openness

are named Creativity, Wish for variety, Open-mindedness, Interest in reading, Artistic interests, Wish to analyze, Willingness to learn, Sensitivity and Intellect.

- The items to each facet are listed in the appendix (A).
- Results of CFA and ESEM.. All measurement models for the facets were fitting well, results can be found in *Table 3*.
- Table 3

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The exploratory structural equation model (ESEM) of the final model with all five domains fits well with CFI = .87, RMSEA = .072, SRMR = .036. As you can see in *Table 4* nearly all facets load significantly on their intended domain, but sometimes have loadings on other domains also, which are conform with the theory and the facet content.

# Study 2 – German Translation

#### 315 Methods

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Participants. The representative sample consisted of 387 German speakers (49.1% male) with a mean age of 45.6 years (SD=17.5).

Measures. The five items per facet derived from Study 1 were translated and
back-translated by bilingual experts, creating a German version of the measure used there.

#### Procedure Procedure

- Step 1 Examining the structure. To check the facet structure Study 1
  delivered, multiple confirmatory factor analyses were calculated via Mplus following an
  analogue procedure to Study 1. First, measurement models were estimated for all facets,
  estimator was WLSMV. Model fit was determined based on the guide lines as before. In a
  final model, all five domain structural models were integrated using again exploratory
  structural equation modeling (ESEM).
- Step 2 Testing for measurement invariance. In a next step, measurement invariance between German and US samples was examined. We followed the procedure

suggested by Sass (2011) and tested configural, factorial and strong factorial invariance. The 329 cutoffs suggested by Chen (2007) were applied to compare model fits. According to this 330 configural measurement invariance can be assumed when the same item is associated with 331 the same factor in each domain, while the factor loadings can differ. If the factor loadings of 332 each item would not differ between the samples, factorial measurement invariance can be 333 assumed. Strong factorial measurement invariance can be assumed when on top of that the 334 intercepts of each item are equal. The limit to factorial measurement invariance was set to  $\Delta$ 335 CFI < .01,  $\Delta$  RMSEA < .015 and  $\Delta$  SRMR < .03, at which the limit to strong factorial 336 measurement invariance was set to  $\Delta$  CFI < .01,  $\Delta$  RMSEA < .015,  $\Delta$  SRMR < .01 (Chen, 337 2007). 338

## 339 Results

Results of CFA. The measurement models of the American sample were replicated for the reduced number of item per facet. Model fits can be seen in Table 4. The ESEM with all five domains fits well with CFI = .82, RMSEA = .078, SRMR = .044. Table 5 shows the ESEM factor loadings for the German sample. All facets load significantly on their intended domain but can have loadings on other domains as well.

## Results of MI

For analyzing the measurement invariance the latest facet model structure (with 346 additional facets) was taken. The results are shown in Table 6. Configural measurement 347 invariance is assumed for the facets Appreciation of others, Superiority/Grandiosity, Need to 348 be liked, Crybabiness, Manipulation, Altruism (facets of Agreeableness), Perseverance, Task Planning, Goal-orientation/Achievement striving, Preferred Load, Procrastination (facets of Conscientiousness), Assertiveness, Sociability/Gregariousness, Activity (facets of 351 Extraversion), Irritability, Self-serving Attention (facets of Neuroticism), Self-attributed 352 Inginuity, Openness to actions and activities, Openmindedness/Judgement, Love of Learning, 353 Openness to feelings and Intellect (facets of Openness). 354

Factorial measurement invariance is assumed for the facets Meanness, Trust (facets of 355 Agreeableness), Control of others, Lack of (Self-) Control, Deliberation/Caution, Lack of 356 Tidiness/Order (facets of Conscientiousness), Sensation Seeking, Reclusiveness, Emotionality, 357 Humor (facets of Extraversion), Depression, Anxiety, Self-assuredness, Lethargia, 358 Sentimentality (facets of Neuroticism), Openness to reading, Openness to arts and Need for 359 cognition (facets of Openness). 360 The only facet with strong factorial measurement invariance is Shyness, a facet of 361 Extraversion 362

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# Appendix

