



# Gobi Tikka

Cooking Time \_\_\_\_\_

On2Cook: 3:30 mins    Normal Cooking: 15 mins

Accessories: Pan Honeycomb (Non-Stick)

Ingredients \_\_\_\_\_

- 415 g      Marinated Cauliflower
- 300 g Cauliflower Florets
- 40 g Bhuna Tikka Masala
- 70 g Hung Curd, 5 ml Lemon Juice
- 20 ml      Oil for Brushing

Step 1

1:00 min

Marinated Cauliflower

I 50 M 100

Step 2

0:30 secs

Turnover

I 50 M 100

Step 3

0:30 secs

Turnover

I 50 M 100

Step 4

0:30 secs

Turnover

I 50 M 100

Step 5

0:30 secs

Turnover

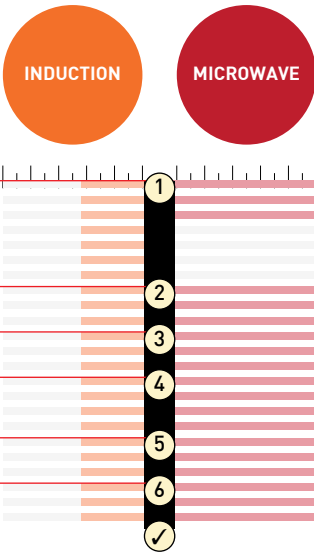
I 50 M 100

Step 6

0:30 secs

Turnover

I 50 M 100



Total Output:  
350 G