



# Veg Mac Cheese

Cooking Time \_\_\_\_\_

On2Cook: 7:05 mins    Normal Cooking: 35 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients \_\_\_\_\_

- 30 g

Butter
- 15 g

Garlic
- 15 g

All Purpose Flour
- 200 g

Vegetables & Macaroni
- 40 g Mix Bell Pepper, 40 g Broccoli
- 20 g BabuCorn, 100 g Macaroni Pasta
- 50 g

Cream
- 12 g

Dry Spice Mix
- 3 g Salt, 3 g Oregano, 4 g Sugar
- 2 g Black Pepper
- 150 g

Milk
- 70 g

Cheese
- 3 g

Chilli Flakes

Step 1 0:30 secs

30 g Butter

I 100

M 0

Step 2 0:15 secs

15 g Garlic

I 100

M 0

Step 3 0:20 secs

15 g All Purpose Flour

I 40

M 100

Step 4 5:00 mins

Mix, 150 g Milk

50 g Cream, 12 g Dry Spice

200 g Vegetables & Macaroni,

I 60

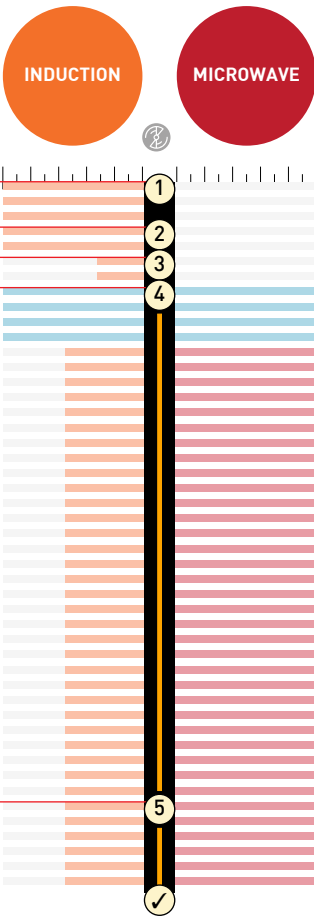
M 100

Step 5 1:00 min

3 g Chilli Flakes, 70 g Cheese

I 60

M 100



Total Output:  
650 G