



Cheese Omelette

Cooking Time _____

On2Cook: 1:40 mins Normal Cooking: 8 mins

Accessories: Pan Honeycomb (Non-Stick)

Ingredients _____

- 30 g Butter
- 40 g Chopped Vegetables
 - 10 g Onion, 10 g Red Bell Pepper
 - 10 g Green Capsicum
 - 10 g Yellow Bell Pepper
- 126 g Egg Mix
 - 120 g Whole Egg, 3 g Salt
 - 1 g Oregano, 1 g Chilli Flakes
 - 1 g Black Pepper
- 30 g Grated Cheese

Step 1 0:20 secs

30 g Butter

I 100 M 0

Step 2 0:20 secs

40 g Chopped Vegetables

I 100 M 0

Step 3 0:30 secs

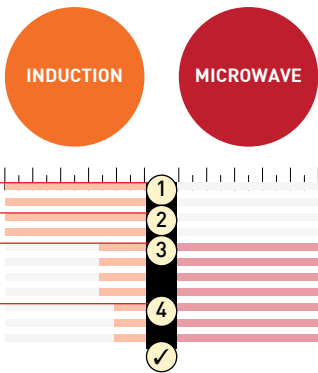
Egg Mix

I 40 M 100

Step 4 0:30 secs

30 g Grated Cheese

I 30 M 100



Total Output:
120 g