



Veg Quesadilla

Cooking Time _____

On2Cook: 2:50 mins Normal Cooking: 8 mins

Accessories: Pan Honeycomb (Non-Stick)

Ingredients _____

- | | |
|----------|----------------------------------|
| 1 number | Tortilla |
| 30 g | Vegetable Mix |
| | 10 g Onion, 6 g Green Capsicum |
| | 7 g Red Capsicum |
| | 7 g Yellow Capsicum |
| 63 g | Vegetable & Cheese |
| | 15 g Chopped Broccoli |
| | 15 g Chopped Mushroom |
| | 30 g Mozzarella Cheese Shredded |
| | 1 g Black Pepper, 1 g Peri Peri |
| | 1 g Salt |
| 10 g | Oil 5g, Butter 5g (For Brushing) |

Step 1 0:30 secs

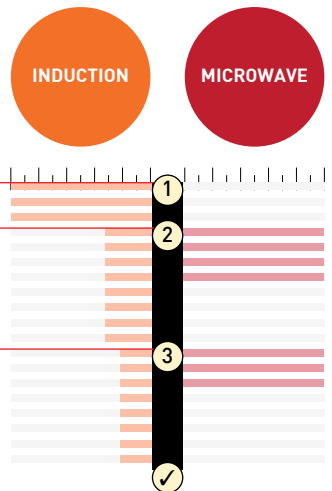
Brushing)
Oil 5g, Butter 5g (For
I 100 M 0

Step 2 1:10 mins

1 number Assembled Quesadilla
I 40 M 100

Step 3 1:10 mins

Assembled Quesadilla Flip
I 30 M 100



Total Output:
1 PORTION