



Saute Vegetables

Cooking Time _____

On2Cook: 4:30 mins Normal Cooking: 20 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

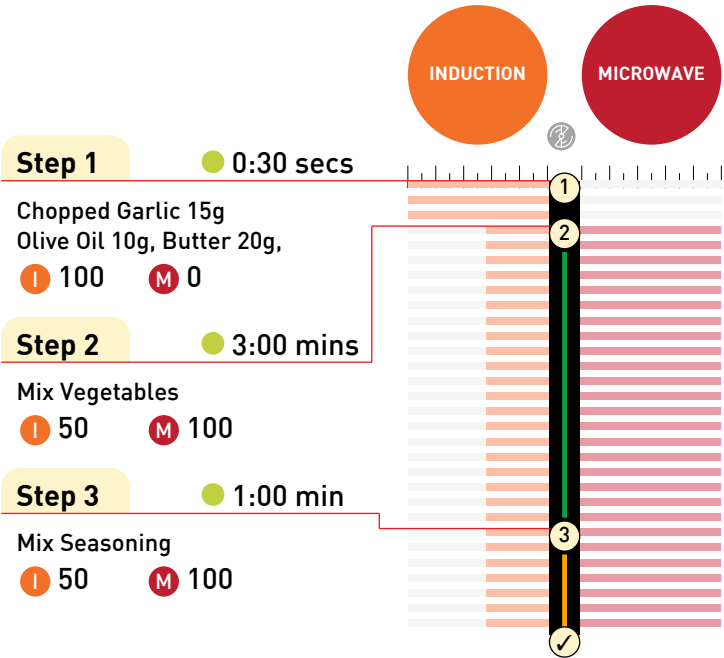
Ingredients _____

- 45 ml

Olive Oil 10g, Butter 20g, Chopped Garlic 15g
- 400 g

Mix Vegetables
- 80 g Carrot, 50 g Cauliflower
- 80 g Broccoli, 20 g Green Zucchini
- 20 g Yellow Zucchini
- 30 g Red Capsicum
- 30 g Yellow Capsicum
- 30 g Green Capsicum, 60 g Potato
- 7 g

Mix Seasoning
- 2 g Salt, 1 g Oregano
- 1 g Chilli Flakes, 1 g Black Pepper
- 1 g Aromat Powder, 1 g Basil



Total Output:
ACCESSORIES