



Egg Fried Rice

Cooking Time _____

On2Cook: 3:50 mins Normal Cooking: 11:30 mins

Accessories: Pan Honeycomb (Non-Stick), Rice Stirrer

Ingredients _____

- | | |
|-------|-----------------------------------|
| 30 ml | Oil |
| 20 g | Chopped Vegetables 1 |
| | 10 g Garlic, 5 g Ginger |
| | 5 g Green Chilli |
| 100 g | Whole Eggs |
| 90 g | Chopped Vegetables 2 |
| | 30 g Beans, 30 g Carrot |
| | 30 g Capsicum |
| 48 g | Mix Sauce |
| | 3 ml Vinegar, 10 ml Soya Sauce |
| | 25 g Chilli Garlic Sauce |
| | 2 g Black Pepper Powder, 3 g Salt |
| | 5 g Aromat Powder |
| 300 g | Boiled Rice |

Step 1 0:30 secs

30 ml Oil
I 100 M 0

Step 2 0:15 secs

20 g Chopped Vegetables 1
I 100 M 0

Step 3 1:00 min

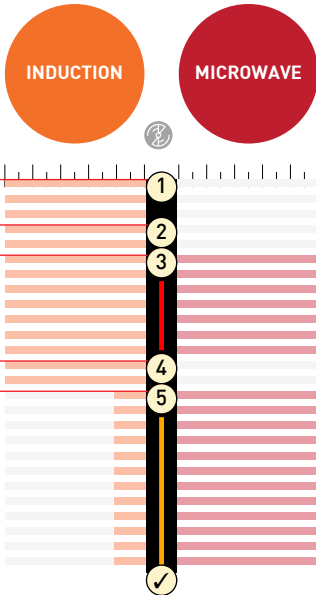
90 g Chopped Vegetables 2
I 100 M 100

Step 4 0:20 secs

100 g Whole Eggs
I 100 M 0

Step 5 1:45 mins

Sauce
300 g Boiled Rice, 48 g Mix
I 30 M 100



Total Output:
500 g