



Veg Chili Garlic

Cooking Time

On2Cook: 4:40 mins Normal Cooking: 10 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients

30 g	Oil
35 g	Chopped Vegetables 1
	10 g Ginger, 20 g Garlic
	5 g Green Chilli
300 g	Mix Vegetables
	50 g Baby Corn, 50 g Brocoli
	50 g Zucchini, 50 g Mushroom
	50 g Mix Bell Pepper, 50 g Carrot
57 g	Sauce Mix
	5 g Aromat Pwd, 2 g Salt
	10 g Soy Sauce
	20 g Chilli Garlic Sauce
	20 g Tomato Ketchup
30 g	Cornflour Slurry
	10 g Cornflour, 20 g Water

Step 1 0:30 secs

30 g Oil

I 100

M 0

Step 2 0:40 secs

35 g Chopped Vegetables 1

I 100

M 0

Step 3 1:00 min

Mix Vegetable

I 100

M 100

Step 4 2:00 mins

Sauce Mix

I 100

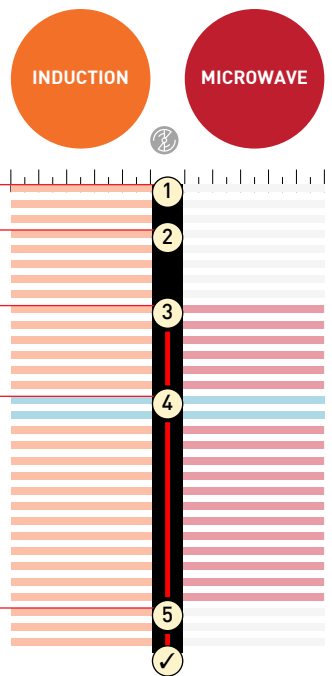
M 100

Step 5 0:30 secs

30 g Cornflour Slurry

I 100

M 0



Total Output:
420 G