



Potato Frittata

Cooking Time _____

On2Cook: 11:20 mins Normal Cooking: 35 mins

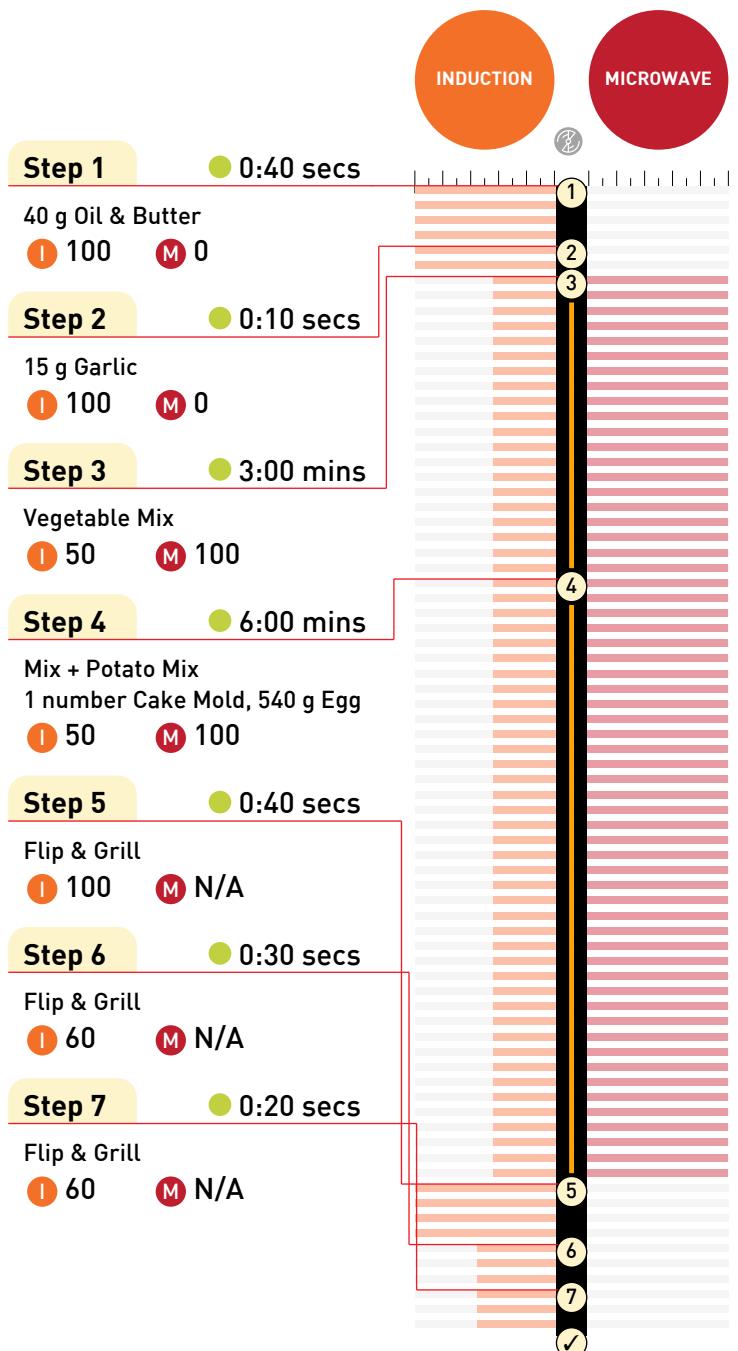
Accessories: Mesh Mats, Pan Non-Coated (Ss)

Cake Kit

Pan Honeycomb (Non-Stick)

Ingredients _____

40 g	Oil & Butter
	20 g Oil, 20 g Butter
420 g	Vegetable Mix
	160 g Shredded Spinach
	200 g Grated Potato
	60 g Chopped Spring Onion
540 g	Egg Mix
	375 g Whole Eggs, 50 ml Milk
	20 g Mustard Sauce, 10 g Salt
	5 g Black Pepper Powder
	80 g Grated Cheese
15 g	Garlic



Total Output:
8 PORTION