



# Alfredo Pasta

Cooking Time \_\_\_\_\_

On2Cook: 11:40 mins    Normal Cooking: 35:00 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients \_\_\_\_\_

- |        |                       |
|--------|-----------------------|
| 30 g   | Butter                |
| 10 g   | Garlic                |
| 20 g   | All Purpose Flour     |
| 7 g    | Seasoning             |
|        | 3 g Salt, 4 g Oregano |
| 100 g  | Raw Pasta Penne       |
| 200 ml | Milk                  |
| 550 ml | Water                 |
| 150 g  | Vegetables            |
| 70 g   | Cream                 |
| 70 g   | Cheese                |
| 3 g    | Chili Flakes          |
|        | 3 g Chilli Flakes     |

Step 1 0:40 secs

30 g Butter

I 100 M 0

Step 2 0:15 secs

10 g Garlic

I 100 M 0

Step 3 0:15 secs

20 g All Purpose Flour

I 100 M 0

Step 4 6:00 mins

Water

Penne, 200 ml Milk, 550 ml

7 g Seasoning, 100 g Raw Pasta

I 100 M 100

Step 5 3:30 mins

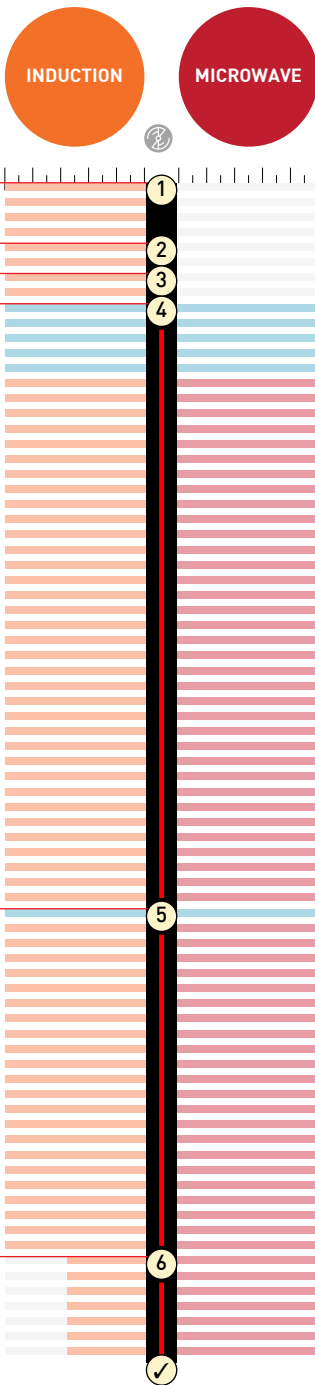
150 g Vegetables, 70 g Cream

I 100 M 100

Step 6 1:00 min

70 g Cheese, 3 g Chili Flakes

I 60 M 100



Total Output:  
750 g