



Shorshe Ilish

Cooking Time _____

On2Cook: 10:00 mins Normal Cooking: 25 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

60 g	Mustard Oil 50g, Green Chilli 10g
271 g	Shorshe Gravy
	40 g Black Mustard Seeds
	20 g Yellow Mustard Seeds
	20 g Poppy Seeds, 15 g Green Chilli
	15 g Mustard Oil, 8 g Salt
	3 g Sugar, 150 g Water
17 g	Marinated Fish
	4 Nos Ilish Fish, 4 g Salt
	3 g Turmeric Powder
	10 g Mustard Oil
230 ml	Water (Auto)

**Total Output:
600 G**