



Malai Paneer T

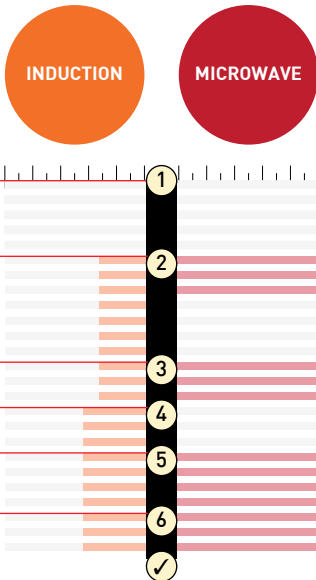
Cooking Time _____

On2Cook: 3:00 mins Normal Cooking: 15 mins

Accessories: Pan Non-Coated (Ss), Mp Mats Small

Ingredients _____

20 ml Oil Brush



Step 1 0:00 secs

1 number Small Non Stick Mat

I 0 **M** 0

Step 2 1:00 min

Marinated Paneer

I 40 **M** 100

Step 3 0:30 secs

Paneer Turnover

I 40 **M** 100

Step 4 0:30 secs

Turn Paneer/ Oil Brush

I 50 **M** 0

Step 5 0:30 secs

Turn Over Paneer

I 50 **M** 100

Step 6 0:30 secs

Turn Paneer / Oil Brush

I 50 **M** 100

Total Output:
350 G