



Paneer Peas

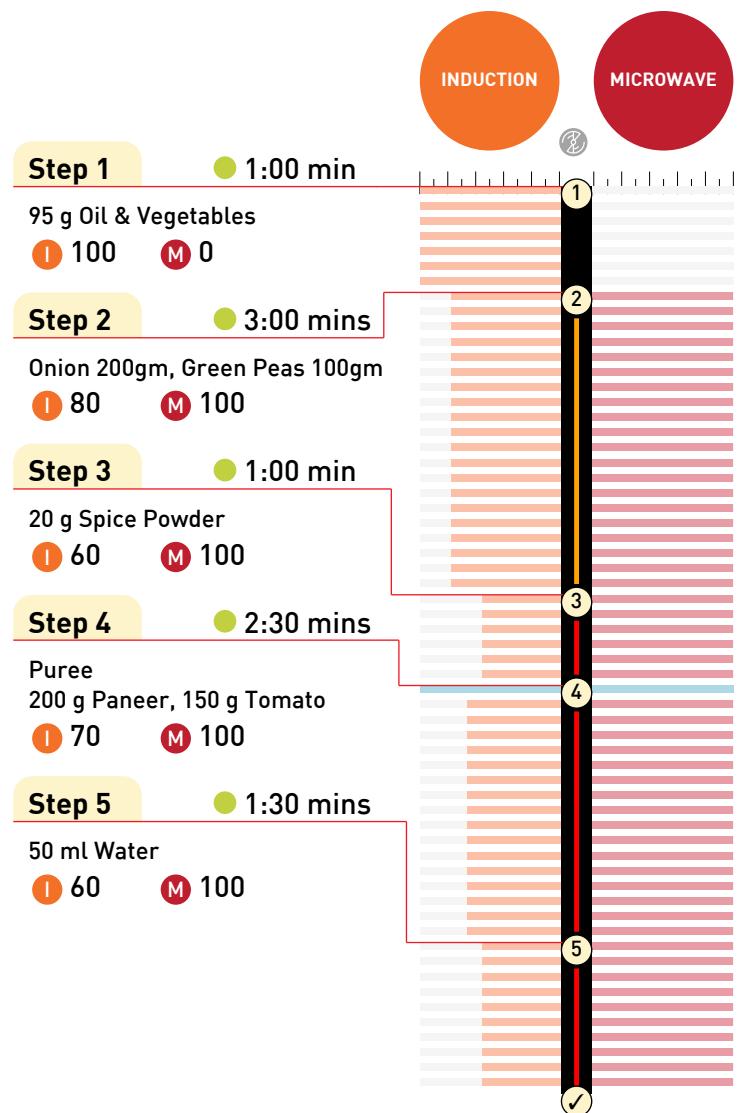
Cooking Time

On2Cook: 9:00 mins Normal Cooking: 20 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients

95 g	Oil & Vegetables
50 g Oil, 3 g Red chilli whole	
1 g Black pepper 0.5g Cloves 0.5g Cardamom	
20 g Chopped Garlic, 10 g Ginger	
10 g Green Chilli	
300 g	Onion 200gm, Green Peas 100gm (Blanched & Mash)
150 g	Tomato Puree
20 g	Spice Powder
	4 g Coriander Seeds
	4 g Red Chilli Powder, 7 g Salt
	1 g Garam Masala, 1 g Turmeric
	2 g Kashmiri Chilli
	1 g Kasuri Methi
60 ml	Water



Total Output:
650 G