



## Chi Chl Gar Rice

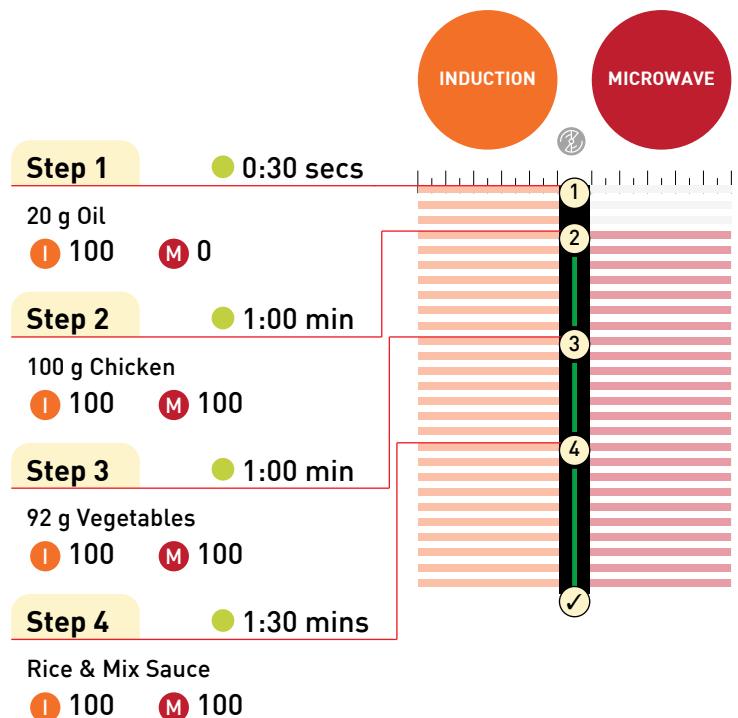
Cooking Time \_\_\_\_\_

On2Cook: 4:00 mins Normal Cooking: 12 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients \_\_\_\_\_

20 g	Oil
100 g	Chicken
92 g	Vegetables
	10 g Garlic, 5 g Ginger
	10 g Green Chilli
	2 g Chilli Flakes, 30 g Carrot
	20 g Beans, 20 g Capsicum
358 g	Rice & Mix Sauce
	300 g Boiled Rice
	40 g Schezwan Sauce
	10 g Light Soya Sauce, 5 g Vinegar
	5 g Aromat



Total Output:  
450 G