



Corn Salt N Pep

Cooking Time _____

On2Cook: 2:20 mins Normal Cooking: 18 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

- 30 g

Oil
- 30 g Oil
- 12 g

Chopped Vegetables 1
- 5 g Ginger, 5 g Garlic
- 2 g Green Chili
- 190 g

Chopped Vegetables 2
- 100 g Onion, 30 g Red Capsicum
- 30 g Green Capsicum
- 30 g Yellow Capsicum
- 390 g

Fried Corn
- AsPerRecipeProvided
- 10 g

Seasoning
- 3 g Salt, 2 g Black Pepper
- 3 g Aromat, 2 g Chilli Flakes

INDUCTION

MICROWAVE

Step 1

0:40 secs

30 g Oil

I 100

M 0

Step 2

0:10 secs

12 g Chopped Vegetables 1

I 100

M 0

Step 3

1:00 min

190 g Chopped Vegetables 2

I 100

M 100

Step 4

0:30 secs

Seasoning

390 g Fried Corn, 10 g

I 50

M 100

1

2

3

4

✓

Total Output:
500 G