



Fish Fingers

Cooking Time _____

On2Cook: 1:30 mins Normal Cooking: 6 mins

Accessories: Pan Non Coated (Ss), Frying Kit

Ingredients _____

- 400 g Fish & Marination
- 8 Nos Basa Fish, 50 g Mustard Sauce
- 10 g Chopped Garlic
- 10 g Chopped Ginger
- 15 g Chopped Green Chilli
- 30 g Chopped Mint
- 20 g Chopped Coriander, 5 g Salt
- 100 g Breadcrumbs

Other Essentials _____

- 1.5 l Pre-Heated Oil 180° C

Total Output:
8 NOS