



# Paneer Peas

Cooking Time \_\_\_\_\_

On2Cook: 9:00 mins    Normal Cooking: 20 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients \_\_\_\_\_

- 95 g

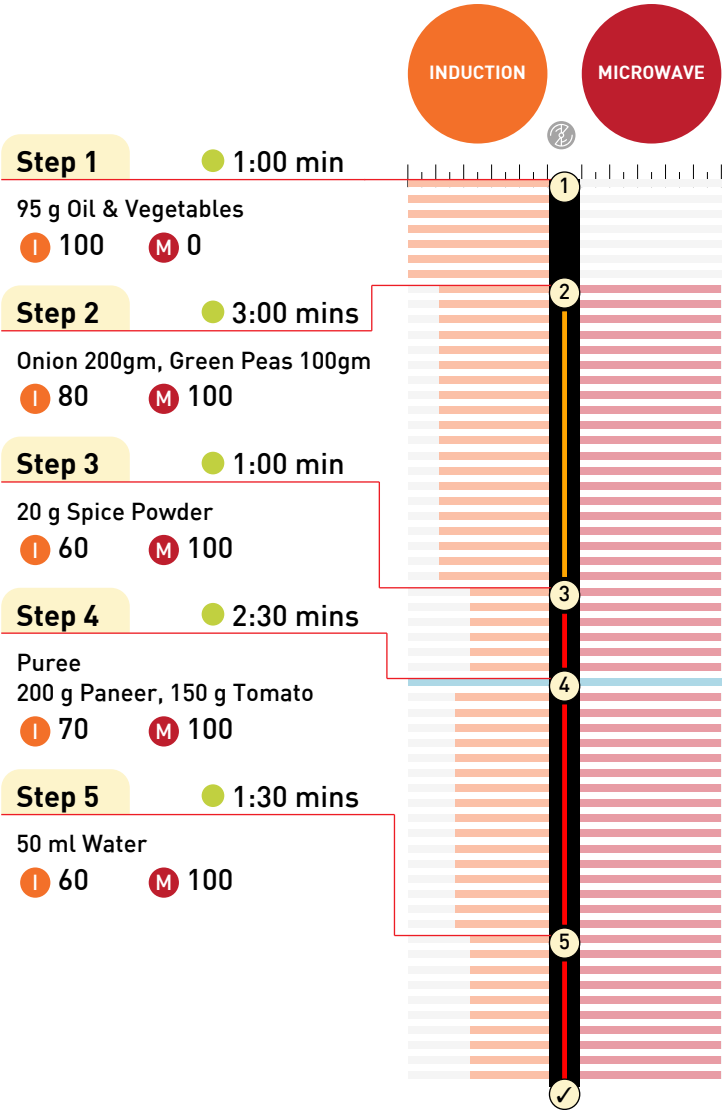
Oil & Vegetables
- 50 g Oil, 3 g Red chilli whole
- 1 g Black pepper 0.5g Cloves 0.5g Cardamom
- 20 g Chopped Garlic, 10 g Ginger
- 10 g Green Chilli
- 300 g

Onion 200gm, Green Peas 100gm (Blanched & Mash)
- 150 g

Tomato Puree
- 20 g

Spice Powder
- 4 g Coriander Seeds
- 4 g Red Chilli Powder, 7 g Salt
- 1 g Garam Masala, 1 g Turmeric
- 2 g Kashmiri Chilli
- 1 g Kasuri Methi
- 60 ml

Water



Total Output:  
650 G