



Penne Arrabiata

Cooking Time _____

On2Cook: 15:00 mins Normal Cooking: 40 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

30 g	Oil
10 g	Chopped Garlic
6 g	Chilli Flakes & Oregano
	3 g Chilli Flakes, 3 g Oregano
200 g	Arrabiata Sauce
100 g	Vegetables
	25 g Broccoli, 25 g Zucchini
	25 g Bell Pepper, 25 g Baby Corn
105 g	Penne Pasta & Salt
	100 g Penne Pasta, 5 g Salt

