



Chicken San

Cooking Time

On2Cook: 4:00 mins Normal Cooking: 30 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients

169 g	Oil & Mix Ingredients 30 g Olive Oil, 5 g Chopped Garlic 1 g Chopped Basil Leaves 1 g Black Pepper, 1 g Salt 1 g Oregano, DicedChicken130
105 g	Exotic Vegetables 15 g Broccoli, 15 g Green Capsicum 15 g Yellow Capsicum 15 g Red Capsicum 15 g Green Zucchini 15 g Yellow Zucchini 15 g Chopped Garlic
257 g	Veloute Sauce & Other Ingredients 200 g Veloute Sauce, 20 g Cheese 30 g Cream, 1 g Oregano 1 g Chilli Flakes, 1 g Black Pepper 1 g Salt, 2 g Chopped Basil leaves 1 g Sugar
100 ml	Water (Auto)

Total Output:
500GM