



Chi Fried Rice

Cooking Time

On2Cook: 4:00 mins Normal Cooking: 12:00 mins

Accessories: Pan Honeycomb (Non-Stick), Rice Stirrer

Ingredients

30 ml	Oil
20 g	Chopped Vegetables 1
	10 g Garlic, 5 g Ginger
	5 g Green Chilli
100 g	Chicken Breast Boneless
90 g	Chopped Vegetables 2
	30 g Beans, 30 g Carrot
	30 g Capsicum
48 g	Mix Sauce
	3 ml Vinegar, 10 ml Soya Sauce
	25 g Chilli Garlic Sauce
	2 g Black Pepper Powder, 3 g Salt
	5 g Aromat Powder
300 g	Boiled Basmati Rice

Step 1 0:30 secs

30 ml Oil

I 100 M 0

Step 2 0:15 secs

20 g Chopped Vegetables 1

I 100 M 0

Step 3 1:00 min

90 g Chopped Vegetables 2

I 100 M 100

Step 4 0:30 secs

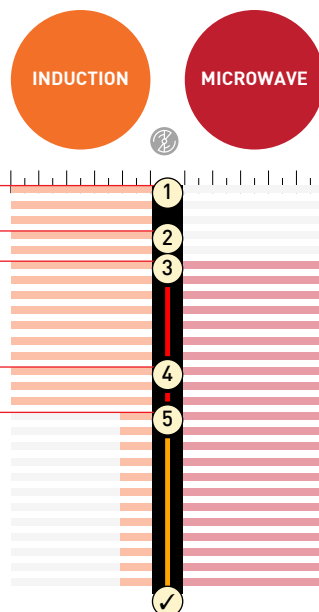
100 g Chicken Breast Boneless

I 100 M 100

Step 5 1:45 mins

300 g Rice, 48 g Mix Sauce

I 30 M 100



Total Output:
550 G