



Thai Chi Curry R

Cooking Time

On2Cook: 4:00 mins Normal Cooking: 30 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients

20 g	Oil
281 g	Chicken & Exotic Vegetables
	10 g Chopped Garlic
	30 g Chopped Onion
	50 g Red Bell Pepper, 50 g Carrots
	40 g Mixed Zucchini
	1 g Basil leaves, 100 g Chicken
75 g	Fresh Thai Red Curry Paste
	60 g Fresh Thai Red Curry Paste
	5 g Aromat Powder
	10 g Whole Chilli Paste
350 ml	Water
130 g	Coconut Milk Powder Mix
	115 g Coconut Milk Powder
	15 g Cornflour

Step 1

0:30 secs

20 g Oil

I 100

M 0

Step 2

1:00 min

Vegetables

281 g Chicken & Exotic

I 60

M 100

Step 3

0:20 secs

Paste

75 g Fresh Thai Red Curry

I 100

M 100

Step 4

1:30 mins

350 ml Water

I 100

M 100

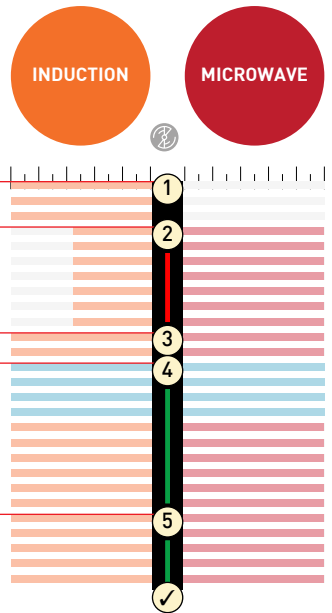
Step 5

0:40 secs

Coconut Milk Powder Mix

I 100

M 100



Total Output:
750 G