



Stir Fry Veg

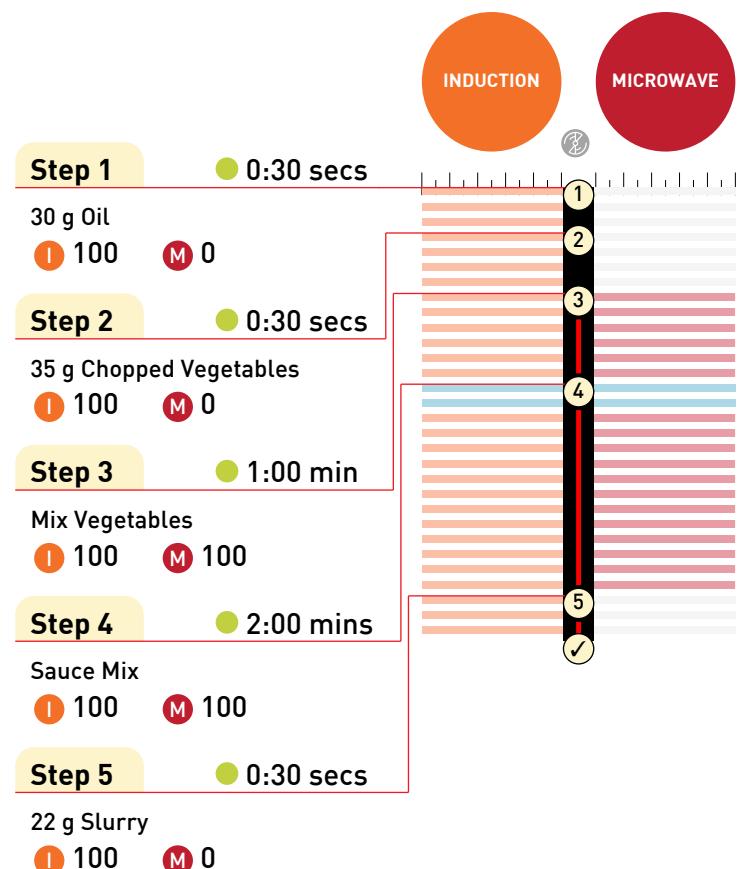
Cooking Time _____

On2Cook: 4:30 mins Normal Cooking: 10 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

30 g	Oil
45 g	Chopped Vegetables
	10 g Ginger, 30 g Garlic
	5 g Green Chilli
300 g	Mix Vegetables
	50 g Baby Corn, 50 g Brocoli
	50 g Zucchini
	50 g Mushroom 50 Mix Bell Pepper
	50 g Carrot
18 g	Sauce Mix
	5 g Aromat Pwd, 2 g Salt
	5 g Soy Sauce, 4 g Vinegar
	2 g Sugar
22 g	Slurry
	2 g Cornflour, 20 g Water



Total Output:
420 G