



Boiled Mutton

Cooking Time _____

On2Cook: 15:00 mins Normal Cooking: 60 mins

Accessories: Pressure Cooker

Ingredients _____

1506 g Raw Mutton 1kg, Water 500ml, Salt 5g, Turmeric Powder 1g

INDUCTION

MICROWAVE

Step 1 6:00 mins

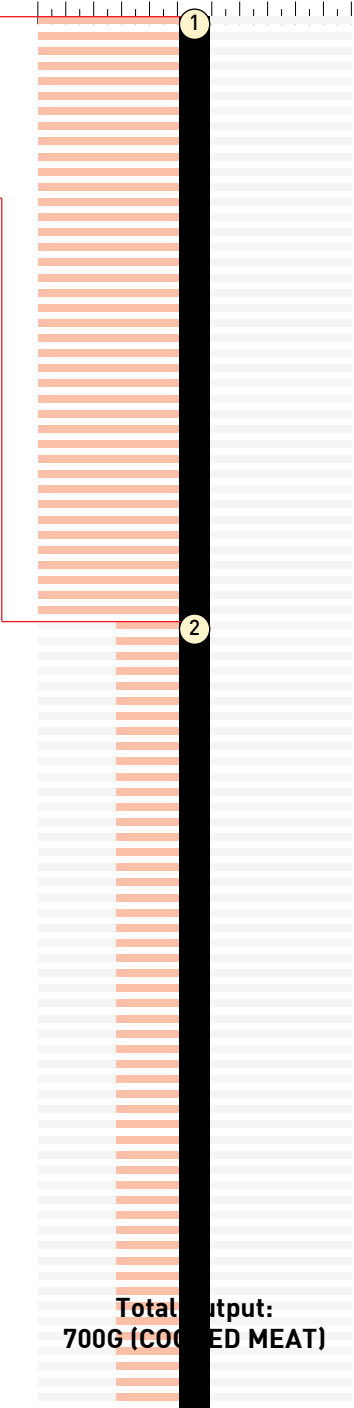
Salt 5g, Turmeric powder 1g
Raw mutton 1kg, Water 500ml,

I 100 M 0

Step 2 9:00 mins

1503 g Temperature Down

I 50 M 0



Total Output:
700G (COOKED MEAT)