



# Chi Schz Rice

Cooking Time \_\_\_\_\_

On2Cook: 4:00 mins    Normal Cooking: 7 mins

Accessories: Pan Honeycomb (Non-Stick), Rice Stirrer

Ingredients \_\_\_\_\_

- |       |                                   |
|-------|-----------------------------------|
| 30 ml | Oil                               |
| 20 g  | Chopped Vegetables 1              |
|       | 10 g Garlic, 5 g Ginger           |
|       | 5 g Green Chilli                  |
| 100 g | Chicken Breast Boneless           |
| 90 g  | Chopped Vegetables 2              |
|       | 30 g Beans, 30 g Carrot           |
|       | 30 g Capsicum                     |
| 58 g  | Mix Sauce                         |
|       | 3 ml Vinegar, 10 ml Soya Sauce    |
|       | 35 g Chilli Garlic Sauce          |
|       | 2 g Black Pepper Powder, 3 g Salt |
|       | 5 g Aromat Powder                 |
| 300 g | Boiled Rice                       |

Step 1 0:30 secs

30 ml Oil

I 100 M 0

Step 2 0:15 secs

20 g Chopped Vegetables 1

I 100 M 0

Step 3 1:00 min

90 g Chopped Vegetables

I 100 M 100

Step 4 0:30 secs

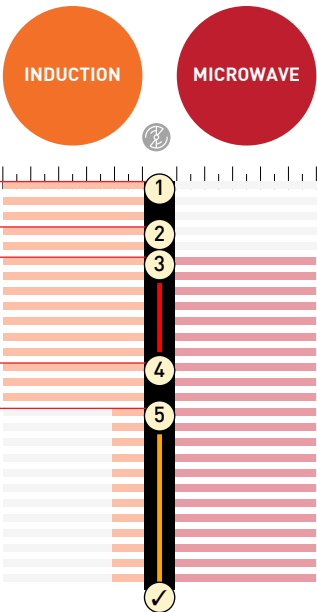
100 g Chicken Breast Boneless

I 100 M 100

Step 5 1:45 mins

300 g Rice, 58 g Mix Sauce

I 30 M 100



Total Output:  
500 G