



Egg Chl Gar Rice

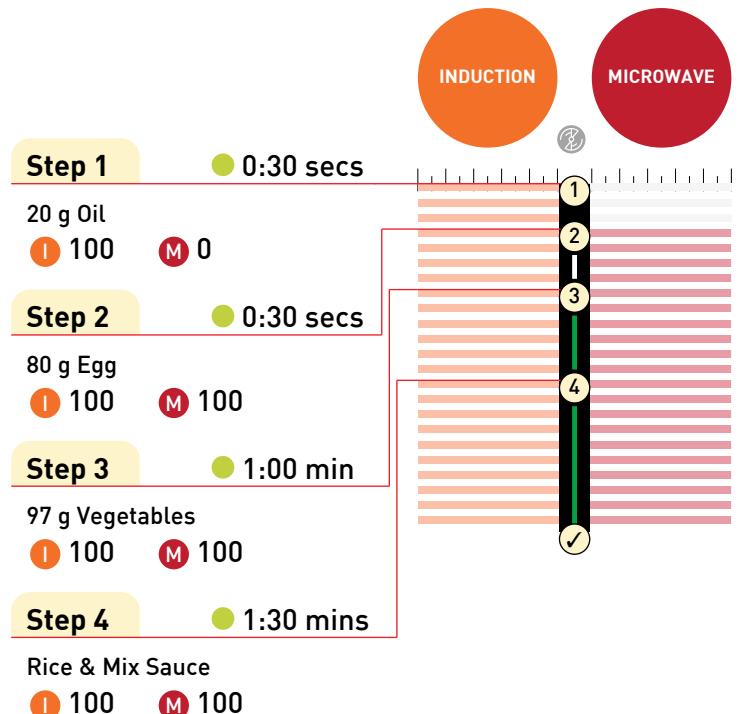
Cooking Time _____

On2Cook: 3:30 mins Normal Cooking: 12 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

20 g	Oil
80 g	Egg
97 g	Vegetables
	10 g Garlic, 5 g Ginger
	10 g Green Chilli
	2 g Chilli Flakes, 30 g Carrot
	20 g Beans, 20 g Capsicum
360 g	Rice & Mix Sauce
	300 g Boiled Rice
	40 g Schezwan Sauce
	10 g Light Soya Sauce, 5 g Vinegar
	5 g Aromat



Total Output:
450 G