



Carrot Poriyal

Cooking Time _____

On2Cook: 3:30 mins Normal Cooking: 20 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

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|-------|-------------------------------------|
| 53 g | Oil & Tadka |
| | 40 g Oil, 2 g Mustard Seeds |
| | 5 g Curry leaves, 5 g Urad Dal |
| | 1 g Dry Red Chilli |
| 332 g | Vegetables |
| | 60 g Onion, 10 g Sliced Garlic |
| | 5 g Sliced Green Chilli |
| | 2 g Turmeric Powder, 4 g Salt |
| | 1 g Hing, 150 g Carrot, 100 g Beans |
| 40 g | Grated Coconut |
| 80 ml | Water (Auto) |

Total Output:
300 G