



Chi Manchurian G

Cooking Time _____

On2Cook: 4:10 mins Normal Cooking: 12 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

- 20 g Oil
- 15 g Ginger & Garlic
- 10 g Garlic, 5 g Ginger
- 123 g Mix Vegetables
- 60 g Onion, 30 g Capsicum
- 30 g Cabbage, 3 g Green Chilli
- 53 g Mix Sauce
- 20 g Schezwan Sauce
- 10 g Dark Soya Sauce, 5 g Vinegar
- 10 g Ketchup, 3 g Aromat Powder
- 5 g Oyster Sauce
- 150 ml Water
- 25 g Corn Starch Slurry
- 5 g Corn Flour, 20 g Water
- 200 g Chinese Fried Chicken
- AsPerGivenRecipe
- 7 g Garnish
- 5 g Spring Onion
- 2 g Green Coriander

Step 1 0:00 secs

20 g Oil
I 0 M 0

Step 2 0:40 secs

15 g Ginger & Garlic
I 100 M 0

Step 3 1:30 mins

Mix Vegetables
I 80 M 100

Step 4 1:00 min

48 g Mix Sauce, 150 ml Water
I 100 M 100

Step 5 0:20 secs

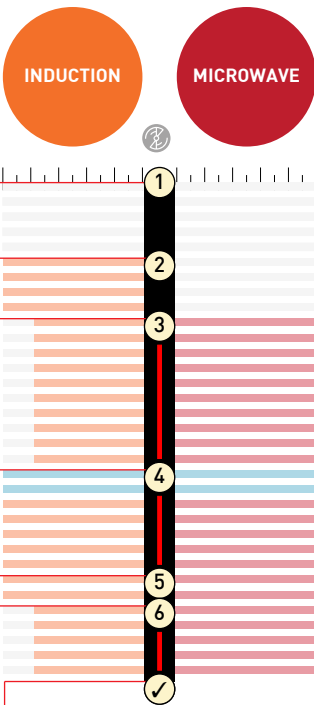
25 g Corn Starch Slurry
I 100 M 100

Step 6 0:40 secs

200 g Chinese Fried Chicken
I 80 M 100

Step 7 0:00 secs

Garnish
I 0 M 0



Total Output:
350 G