



Alfredo Pasta

Cooking Time _____

On2Cook: 11:40 mins Normal Cooking: 35:00 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

- | | |
|--------|-----------------------|
| 30 g | Butter |
| 10 g | Garlic |
| 20 g | All Purpose Flour |
| 7 g | Seasoning |
| | 3 g Salt, 4 g Oregano |
| 100 g | Raw Pasta Penne |
| 200 ml | Milk |
| 550 ml | Water |
| 150 g | Vegetables |
| 70 g | Cream |
| 70 g | Cheese |
| 3 g | Chili Flakes |
| | 3 g Chilli Flakes |

Step 1 0:40 secs

30 g Butter

I 100 M 0

Step 2 0:15 secs

10 g Garlic

I 100 M 0

Step 3 0:15 secs

20 g All Purpose Flour

I 100 M 0

Step 4 6:00 mins

Water

Penne, 200 ml Milk, 550 ml

7 g Seasoning, 100 g Raw Pasta

I 100 M 100

Step 5 3:30 mins

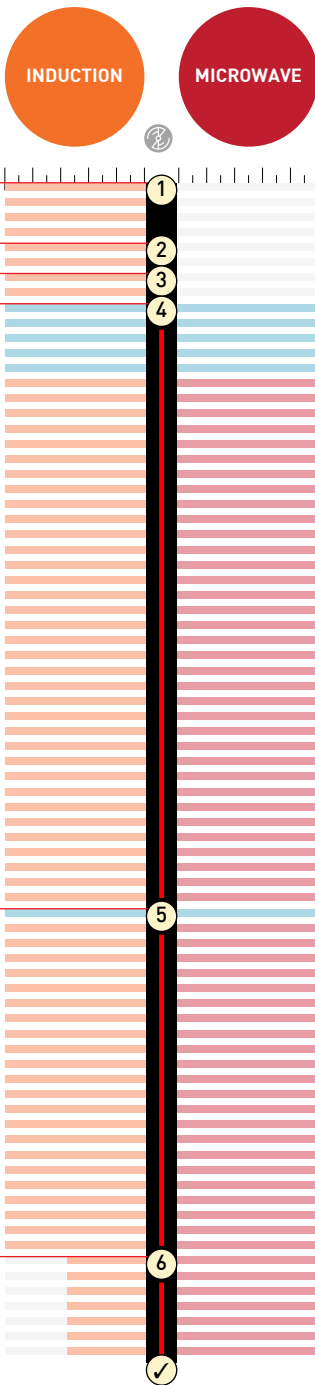
150 g Vegetables, 70 g Cream

I 100 M 100

Step 6 1:00 min

70 g Cheese, 3 g Chili Flakes

I 60 M 100



Total Output:
750 g