



Thai Red Curry V

Cooking Time _____

On2Cook: 4:00 mins Normal Cooking: 25 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

Ingredients _____

- 20 g

Oil
- 201 g

Exotic Vegetables

10 g Garlic, 40 g Onion

40 g Broccoli, 20 g Baby Corn

40 g Zucchini Red Yellow

10 g Carrot, 40 g Tofu

1 g Fresh Basil
- 96 g

Fresh Thai Green Curry Paste

50 g Fresh Thai Green Curry Paste

4 g Aromat Powder

40 g Spinach Paste, 2 g Salt
- 300 ml

Water
- 110 g

Coconut Milk Powder Mix

100 g Coconut Milk Powder

10 g Cornflour

Step 1 0:30 secs

20 g Oil
I 100 M 0

Step 2 1:00 min

201 g Exotic Vegetables
I 60 M 100

Step 3 0:20 secs

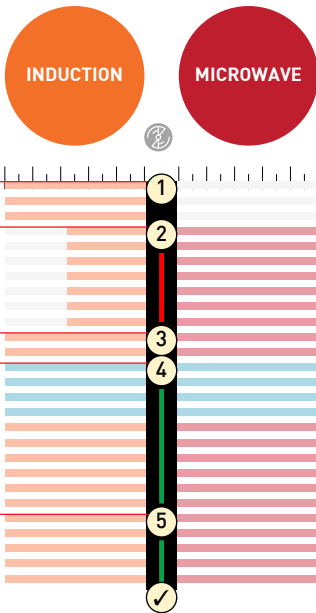
Paste
96 g Fresh Thai Green Curry
I 100 M 100

Step 4 1:30 mins

300 ml Water
I 100 M 100

Step 5 0:40 secs

Coconut Milk Powder Mix
I 100 M 100



Total Output:
600 G