



## Gobi Manchu Dry

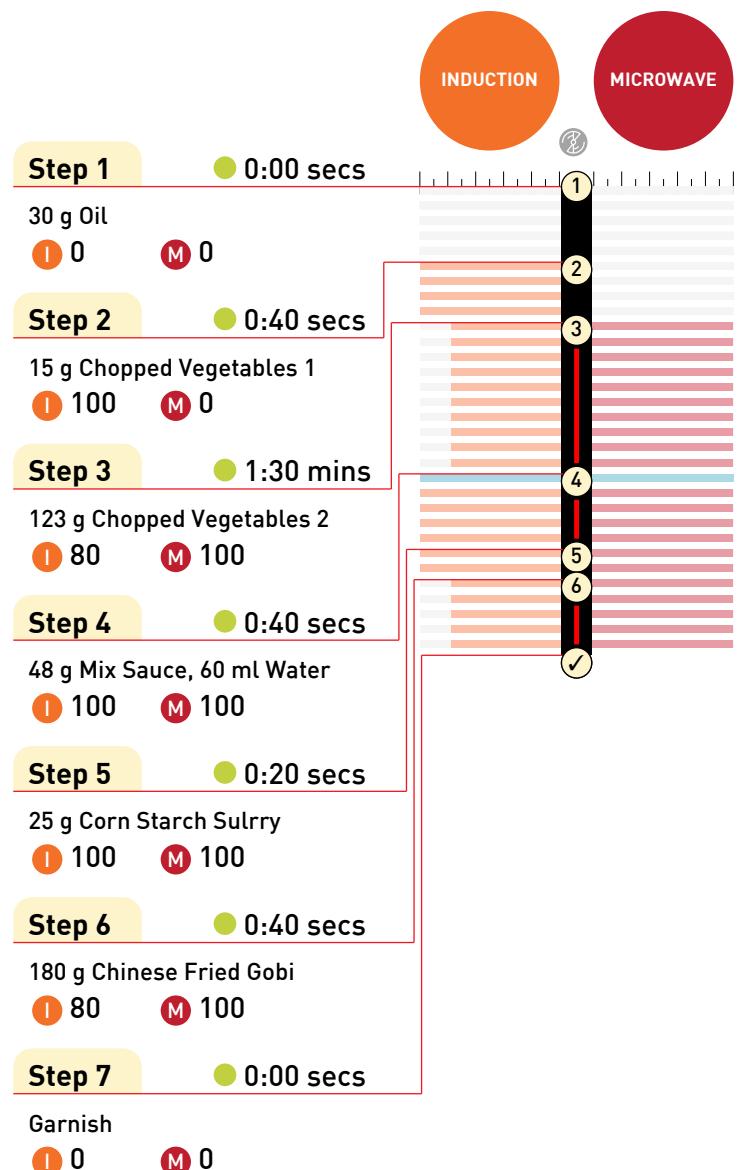
### Cooking Time

On2Cook: 3:50 mins Normal Cooking: 12 mins

Accessories: Pan Honeycomb (Non-Stick), Silicone Stirrer

### Ingredients

20 g	Oil
15 g	Chopped Vegetables 1 10 g Garlic, 5 g Ginger
123 g	Chopped Vegetables 2 60 g Onion, 30 g Capsicum 30 g Cabbage, 3 g Green Chilli
48 g	Mix Sauce 20 g Schezwan Sauce 10 g Dark Soya Sauce, 5 g Vinegar 10 g Tomato Ketchup 3 g Aromat Powder
60 ml	Water
25 g	Corn Starch Sulrry 5 g Corn Starch, 20 g Water
180 g	Chinese Fried Gobi AsPerRecipeProvided
7 g	Garnish 5 g Spring Onion 2 g Green Coriander



Total Output:  
350 G