$$\mathcal{B}(\rho) = (1-p)\rho + p\sigma_x \rho \sigma_x$$

$$\sigma_x = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$[+]$$

$$\mathcal{C}(\rho) = \langle +|\rho| + \rangle [\chi_+] + \langle -|\rho| - \rangle [\chi_-]$$

$$|\chi_{\pm}\rangle = \sqrt{1-p} |0\rangle \pm \sqrt{p} |1\rangle$$

Caption: Enclosed inside a Bloch sphere (in black), an ellipsoid (in red) and line (in blue) representing the locus of Bloch vectors of \mathcal{B} and \mathcal{C} respectively where p=0.3