

July - December 2013

CENTER UPDATE

Holy Spirit Retreat Center

4316 Lanai Rd • Encino, CA 91436
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HSRCenter@earthlink.net
www.HSRCenter.com

Non-Profit Organization
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On this issue we pay tribute to the many "superstars" of Holy Spirit Retreat Center... Adriana, Connie (not pictured), Jesus, Lucy, Maria, Martha, Art, Ofelia, Ramon, Salvador, Steven... who for many years have contributed to making the center a world class retreat facility. They have dedicated countless hours to clean, prepare the rooms, plant flowers, clear bushes, and cook a variety of healthy meals, among many other tasks to make your retreat a most unforgettable one. Thank you from the bottom of our hearts.



Thank you for your generous support 2013 donors:

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...anonymous donors and others whom we have failed to mention.

Wish List...

- LCD projector
- White table cloth
- Twin size linens
- Area Rug Carpets
- 8-seater round table
- Walkie-talkies
- Funds for outdoor labyrinth

Donations in cash or in kind will allow us to get these items and help make our retreat space even better.

USE OUR CENTER FOR YOUR GROUP'S NEXT RETREAT OR WORKSHOP

You will find our warm comfortable facility a pleasant change from the conventional hotel. Providing an open atmosphere is our important offering. The center has all the important attributes which add to your group's successful event.

- Beautiful dining room serving attractive healthy meals (most dietary needs can be accommodated)
- Private bath, heat and air conditioning
- Overnight accommodations for up to 50 persons (single or double occupancy)
- Lovely gardens and grounds for meditation and outdoor activities
- Six bedrooms for handicapped guests
- Gracious, helpful staff
- Meeting rooms for groups of 10 to 120



ADMINISTRATION



Chris Machado, SSS
Executive Director



Elaine Quadra
Office Manager



Deborah Lorentz, SSS
Sponsored Retreat
Program Director



Maria Simental
Food Services Spvrs.



Lucia Alvarez
Housekeeping Spvrs.



Art Mayers
Plant Manager

ONE-DAY RETREATS

Saturday, August 10 / 8:30 am—3:00 pm
(Arrival: 8:30 am—9:00 am)

CENTERING PRAYER COMMUNITY DAY

Bob Blair and Contemplative Outreach Team



Come and join us for a day of centering prayer and the strengthening of our community. It will be a day full of different activities designed for you to pray contemplatively and to have fellowship with the members of our contemplative group. There will be centering prayer, a spiritual talk, discussion groups and socializing during the lunch break. Please bring a bag lunch. Come and get to know the people with whom you meditate.

Contact Person: Pat Nelson, CSJ
(818-784-4515 x317)

FEE: Free will offering

Saturday, September 21, 2013 / 9:00 am—2:30pm
(Arrival 8:30 am - 9:00 am)

CENTERING PRAYER INTRODUCTORY WORKSHOP

Linda Snow, CSJ & Contemplative Outreach Team

Contemplative prayer is God's personal and unique gift to each of us. If we open to this gift it will profoundly affect our lives and relationships: to God, others, and our world. The workshop includes four presentations and the experience of Centering Prayer. This workshop is the first part of the Introductory series and will continue with a follow-up session.

Contact Person: Pat Nelson, CSJ
(818-784-4515 x317)

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with
registration due by September 15

Sunday, September 22 / 12:30 pm—5 pm

INTERFAITH CELEBRATION OF INTERNATIONAL PEACE DAY

Theme: Sustainable Justice for Sustainable Peace



Participants will hear panel discussions focused on the theme as well as participate in small group conversations.

Sustainability creates and maintains the balance in nature that is necessary for honoring the harmony of the environ-

ment, our society as well as economic realities. Sustainability is important to making sure that we have and will continue to have, the water, materials, and resources to protect human health and our environment.

God calls each of us to care for all of creation. Come to celebrate International Peace Day and learn what religious/spiritual experiences motivate our justice/peace/sustainability efforts and what gives us the inner energy to continue our efforts for the long haul. Striving for PEACE in our world can be attained by working for sustainable JUSTICE.

Flyer, further details and speakers to be announced at a later date.

For further information, Sr. Anne Field can be reached at Interfaithpeacegarden@gmail.com or 818-285-3385.

FEE: Free will offering

Sunday, September 22 / 7:00 pm
Saturday, December 21 / 7:00 p.m.

WALKING THE LABYRINTH...IS A SPIRITUAL EXPERIENCE

Come join us on **September 22nd** as we celebrate the beautiful and bountiful season of Autumn with the **Autumn Equinox Labyrinth walk**. The evening will include an opening ritual and an open walk. For new-

comers the team will offer a brief class on the history and practice of walking the Labyrinth. Saturday, October 5 / 9:00 a.m.—4:00 p.m.



On **December 21st**, we will come together to celebrate the longest night of the year and the gradual return of the light with our **Winter Solstice Labyrinth Walk**. We especially welcome those who are new to the labyrinth. The evening includes ritual, time for walking, and the opportunity to reflect alone or with one of the team on your experience. Step out of the business of the Holiday Season and join us for some peace, quiet, and meditative walking.

FEE: Free will offering.

Saturday, September 28 / 9:30 am—3:00 pm

RECLAIMING THE SABBATH

Presenters: Sr. Rochelle Mitchell SSS, LCSW; General Director, Sisters of Social Service and Sr. Chris Machado, SSS, MA; Director, Holy Spirit Retreat Center.

In Sabbath time, we remember to celebrate what is beautiful and sacred. In a complex and unstable world, if we do not rest, if we do not surrender into some kind of Sabbath, how can we find our way, how can we hear the still, small voices that guide us into compassion, justice and reverence for all of creation?

The day will be spent in prayer, reflection and dialogue. It will be an experience of Sabbath, of honoring the wisdom of dormancy.

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with registration due by September 20.

A WINDOW INTO NATIVE AMERICAN SPIRITUALITY: FURTHER EXPLORATIONS **Presenter:** Luella Wagner, Veteran teacher



Come and enjoy a day that celebrates the culture and spirituality of our Native American sisters and brothers. Together, we will engage with the meaning of the Tree of Life, the use of the medicine wheel, the Law of Seven Generations — and how we can deepen our own spiritual consciousness through the practice of new patterns of behavior. Conversations will open us to new ways of seeing. The day will end with a Native American liturgy.

Luella has been a high school teacher for nineteen years. Two years ago, she went to teach children on a Native American reservation. She returned to Los Angeles challenged and changed. Come share her insights as they may invite you to consider new ways of praying and living.

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with registration due by October 1.

Saturday, November 9 / 9:00 am—4:00 pm

SACRED COLLAGE **Moving Beyond Vision Boards**

Presenter: Jody Berges

Come and spend a contemplative day of reflection and quiet. We will be creating our own collages to discover the desires and wisdom of our souls — the

expressions of the deeper self.

Collage has been described as "a waking dream". Discover the meaning of the images which you choose and the images that choose you. How is the Divine speaking to you through the images? Learn what deeper personal meaning they hold for you.

All materials provided. No previous collage experience necessary. Space is limited.

FEE: \$45 with lunch, plus a \$10 fee for collage materials (Total: \$55)
\$35 without lunch, plus a \$10 fee for collage materials (Total: \$45)
\$10 Non-refundable deposit with registration by November 1.

Saturday November 9, 2013 / 9:00am- 2:00pm
(Arrival 8:30-9:00 am) November 1

**CONTINUATION OF CENTERING PRAYER
INTRODUCTORY WORKSHOP**

Linda Snow, CSJ & Contemplative Outreach Team

This session will include time for Centering Prayer, questions, and feature DVD presentations by Fr. Thomas Keating. This day is open to all newcomers to Centering Prayer and also to those who have made a Centering Prayer Introductory Workshop in the past and would like to renew their practice of Centering Prayer.

Contact Person: Pat Nelson, CSJ
818-784-4515 X317

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with registration due by November 1

Saturday, November 24 / 9:00 am—4:00 pm

A TRADITIONAL HOLIDAY HERBAL

Presenter: Michael O'Palko

The "holiday season" in our culture extends over several months with specific dates, holidays, and liturgical seasons with holy days. This day will focus on the earthly connections that our ancestors discov-

ered, created, used and passed down to us through many generations. We will look at significant meanings behind rituals, common practices and uses of earthly gifts in early indigenous traditions and their Christian counterparts. Legends and myths, herbs and foods, beliefs and superstitions will fill our time together in a gathering called "A Traditional Herbal." This type of experience invites you to sit with others to learn, experience and exchange our collective expressions for Thanksgiving, Advent, Winter Solstice, Christmas, New Year's, Epiphany and Candlemas.



FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with registration due by November 15

Saturday, December 7, 2013 / 9:00a.m.-12noon
(Arrival 8:30-9 a.m.)

ADVENT SILENT SATURDAY

Lylia Dange and Contemplative Outreach Team

Please join us for a quiet morning of Centering Prayer and silence. The day is open to beginners as well as those experienced in contemplative prayer

or silent meditation. The day provides time for communal prayer, a contemplative walk, private journaling and reflection, and to enjoy the beautiful grounds of Holy Spirit Retreat Center. All are most welcome. A brief introduction to Centering Prayer will be offered for those new to the practice.

Contact Person: Pat Nelson, CSJ
(818-784-4515 x317)

Free-will offering.
Please register before December 1.



Saturday, December 14 / 9:30 am—3:30 pm

AN ADVENT FAMILY AFFAIR: CREATING YOUR VERY OWN JESSE TREE

Presenters: Sr. Yoly Vega, SSS, Sr. Martha Vega, SSS and Sr. Deborah Lorentz, SSS, M.Ed. MSOM

There is a wonderful family Advent activity which prepares minds and hearts for Christmas. This is the creation of the Jesse Tree. Young and old can run wild in drawing, painting, cutting and pasting and



and how they “foreshadow” the coming of Christ. Since the retreat day is on Dec. 14th, we will focus on the symbols for Dec. 1st through Dec 15th. Then, when you take your Jesse tree home, you can continue to make symbols for Dec. 16th through Dec. 25th – and every night you can hang your symbols on your Jesse tree.

This is a fun and lovely way to "put Christ back into Christmas". Three Sisters of Social Service will be waiting to help you with your creativity – Sister Yoly Vega, Sister Martha Vega and Sister Deborah Lorentz.

You can bring: your own bare branch with enough room for hanging 24 symbols; or, you can bring a small Christmas tree; or, whatever you want to use for your Jesse tree!

FEE: \$50 with lunch (Includes supplies)
\$10 non-refundable deposit with
registration due by December 1.

Saturday, December 21 / 9:30 am—3:00 pm

**COME , LORD JESUS!
AN ADVENT DAY OF POETRY AND
REFLECTION**

Presenter: Sr. Deborah Lorentz, SSS M. Ed.
MSOM

Some of us love the Advent Season. The closer that we come to the celebration of Christmas, the more we want to sink into the Word of the Lord, into silence and prayer...and the lure of Advent poetry. If your heart is calling you to moments of communion with God, and you are touched by the sense of wonder and awe that the birth of Jesus Christ inspires, come to this retreat day. There will be two presentations, times of silence, times for poetry and art. Immerse yourself into this time of grace! The presenter is an experienced retreat director and group facilitator.

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with registration due by December 15

Saturday January 11, 2014 / 9:30 am to 3:30 pm

ENCOUNTERING GOD!

Presenter: Josie Broehm, MFT

Humanity is yearning for a peaceful approach to all manner of living. Recognizing our struggle with many personal and more global concerns, we approach this new year by engaging in honest conversation on how to live in a spirit of renewal and joyful expectation. Join us for a time of prayerful contemplation, dialog and openness to the guidance and wisdom of the Holy Spirit. Please bring your sacred text and a journal/ writing materials for personal use; comfortable clothing is suggested.

FEE: \$45 with lunch
\$35 without lunch
\$10 Non-refundable deposit with
registration due by January 1, 2014

EXTENDED RETREATS

Friday, October 25, 2013 / 5:00 p.m. –
Sunday, October 27, 2013 / 1:00 p.m.

CENTERING PRAYER WEEKEND RETREAT

Finding God in the Present Moment

Bob Blair & Contemplative Outreach Team



This silent/contemplative weekend retreat is for those who wish to deepen their practice of Centering Prayer. Many of us seek God in prayer, church or perhaps the beauty of nature. But how do we find God while we're stuck on the freeway, struggling to pay

the bills or dealing with people we find difficult? This question challenges the heart of our spiritual lives. In this weekend we will explore our understanding of where God is in our pain and discomfort and move to a deeper appreciation of how God nurtures us in all circumstances and times. We will be reflecting on the text Abandonment to Divine Providence by Jean Pierre de Caussade as we consider these questions. We will have periods of centering prayer and time for personal reflection.

Prerequisite: regular practice of Centering Prayer

Contact Person: Pat Nelson, CSJ
(818- 784-4515 ext. 317)

FEE: \$225 per person/ single occupancy
\$200 per person / shared occupancy
\$125 per person/ commuter
\$50 Non-refundable deposit with
registration due by December 15.

Space is limited. Early registration is recommended.

New Year's Retreat / Monday—Wednesday,
December 30, 31 and January 1, 2014

GRATITUDE IS A GARDEN : REAP WHAT YOU SOW

Presenters: Michael O'Palko and Chris Machado,
SSS



The nightly news provides us with a plethora of negativity, paranoia and an on-going list of things to fear. We need to consciously challenge our world to unleash a stream of positive actions in daily life, to reflect upon them and gather them into a garden of gratitude to sustain us in the desert of our ongoing pilgrimage. Our retreat will focus on the tools that are necessary for reaping the goodness's we create for ourselves and others. We will use film, prayer, presentations, play and relaxation during our time together to explore our theme.

FEE: \$225 per person/ single occupancy
\$200 per person / shared occupancy
\$125 per person/ commuter
\$50 Non-refundable deposit with
registration due by December 15

Friday, January 17, 2014 / 7:00 pm to
Sunday, January 19, 2014

BE MADE NEW

Presenters: Alleluia Dance Theater



The beginning of a new year--a time to look to God's Word-- put off your old self and be made new in the attitude of your minds. Put on the new self, created to be like God in true righteousness and holiness.

As we gather together to praise God with our entire being, we make music in our hearts and give thanks to God for everything, of being filled with

God's light that dispels the darkness.

Join us in this weekend retreat workshop of dance and prayer. We will deeply connect on Friday evening at 7:30 p.m. with the energizing and healing power of African drumming, followed by West African dancing as we release the "old" self.

On Saturday, we will experience tai-chi and qi-gong breathing meditation and dance movements that lead you into a deeper awareness and connect you to all aspects of who you are. We will return, in the afternoon, to another session of drumming and movement exploration. The evening will close with a blessing and a welcoming of the renewed self.

Then on Sunday morning, we will gather together in ceremony to share and celebrate in this sacred space all we have experienced together.

FEE: \$225 per person/ single occupancy
\$200 per person / shared occupancy
\$125 per person/ commuter
\$50 Non-refundable deposit with
registration due by January 4.

Sunday, February 2, 3, 2014 / 7:00 p.m.-
Tuesday, February 4 / 1:00 p.m.

A GATHERING OF THE CRONES

Presenter: Mary Hubbard

The Crones will come together for the renewal of their joyous community. This year we shall continue our celebration of the FRUITS OF THE SPIRIT, honoring those times we glimpsed the glory of our lives. We hope to continue to nourish ourselves and others on this gifted journey of aging. We shall make merry and share our stories. A relaxed dialogue will continue on what we have learned and wish to pass on, perhaps working through a few problematic situations, celebrating our wisdom and experiences. The days will be filled with music, art, dance but most importantly our stories.

New Crones are very welcome!

Fee: Senior rates for this event!

\$148 per person/ single occupancy

\$98 per person / shared occupancy

\$55 per person / commuter

\$50 Non-refundable deposit with
registration due by January 15, 2014

19th ANNOTATION RETREAT

The New Spiritual Exercises of
St. Ignatius in the
Spirit of Teilhard de Chardin

This "retreat in daily life" takes place over a period of about 10 months. It involves daily prayer, journaling, and meeting twice a month for spiritual direction.

Previous experience of spiritual direction is recommended. The New Spiritual Exercises by Louis Savary will be used as a resource.

If you are interested and desire more information, please contact Sr. Linda Snow, CSJ at 818-784-4515 Ext. 317 or e-mail srlinda.snow@gmail.com.

SERIES & ON-GOING RETREATS

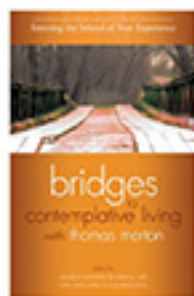
Wednesdays: July 24, August 28, September 25,
October 23, November 27, December 18 /
10:00 am to 12:00 noon

BRIDGES TO CONTEMPLATIVE LIVING

Presenter: Chris Machado, SSS

The Bridges program continues to be a tremendous grace for all those who attend these monthly sessions. The process gently leads people into a deeper, more contemplative and reflective mode of living. If you long for a life lived at a deeper and more enriching level this might be what you're looking for. Each session includes contemplative prayer, time for reflection and study of texts by Thomas Merton and other well-known spiritual writers, and contemplative dialogue with the group. We are beginning the final book of the series, but will be returning to Book One this coming year, so if you missed the beginning of the journey and have been thinking about exploring the program, this would be a good time to join the group!

FEE: \$5.00 suggested donation



Tuesdays – 7:00 pm—9:00 pm

September 10, 24, October 8, 22, November 5, 19,
December 10

Thursdays – 9:30-11:30am

September 5, 19, October 3, 17, 31, November 14,
December 5, 19

CENTERING PRAYER GROUPS

Mary Shear & Linda Snow, CSJ

Centering Prayer is a silent meditation practice intended to deepen one's relationship with God. The group sessions include time for communal



information, please call

Centering Prayer, a contemplative walk, input from a Spiritual Journey video or book by Thomas Keating and group sharing. If new to the practice we highly recommend the Centering Prayer Introductory Workshop. For more information,

please call Sister Linda Snow at 818-784-4515 x317.

FEE : \$5 suggested donation.

Tuesdays: September 10, October 8, November 12, December 10 – 10:00 am to 12:00 noon

WOMEN AT THE WELL

Sr. Chris Machado, SSS and Women at the Well Team



With the cooler autumn temperatures comes another year of our Women at the Well group! Our group is growing in number and we are blessed by our new members and the gifts and insights that they bring to the group! We continue to be open to new members. This group is for women seeking the wisdom and support of other women who are fellow pilgrims on the journey. Our meetings are based on material from a book, which the women read individually. This year we will be continuing with Sr. Joan Chittister's book, "The Gift of Years". As part of our gathering we share in prayer, ritual, Tai Chi, quiet reflection time with questions based on the reading material, and some great small group discussions! After the meeting we gather for lunch in the retreat center dining room. We would love to have you come and join us around the well!

FEE: \$10.00 suggested donation for the meeting and \$10.00 for lunch.

A Series of six Wednesdays: September, 11,18,25
and October,2, 9,and 16 / 3:00 pm—4:15 pm

BE FIT, BE WELL

CULTIVATE HAPPINESS, HEALTH AND WELLBEING

A combination of body, mind and spirit.

Presenter: Lala Rukh Khan (MBBS)

Be FiT...

Be Well

Join us for a playful, peaceful and enlightening session including gentle stretching, restorative yoga, deep breathing, mindful meditation and slow body movements.

These sessions will be specially beneficial for adults and seniors who desire to increase joint flexibility and range of motion, lower blood pressure, and improve core strength and balance. Over-all well being is enhanced.

This is an open class and your are free to join any time. Wear comfortable and loose clothing. Bring yoga mat and your enthusiasm with you.

FEE: \$15 per session of 75 minutes

Thursdays; Sept. 12, Oct. 10, Nov. 7, Dec. 12, Jan. 9,
Feb. 6, March 6, April 3, May 1, June 12, July 10
9:30 am – 11:30 am

THE GOSPEL OF JOHN : A STUDY GROUP



Linda Snow, CSJ

This class will be an in-depth study and prayerful experience of the Gospel of John. We will be using Sandra Schneiders bestselling

book Written That You May Believe. It includes a study guide for group reflection and personal reading. Time will be devoted to prayer, reflection on the Fourth Gospel, and sharing. In her Introduction, Sandra Schneiders states, "my primary intended readership is students and serious believing adults who are willing to take the time and make the effort to enter into the spirituality of the Fourth Gospel..." Our focus also will be on spirituality and "Encountering Jesus in the Fourth Gospel."

Requirements:

Attendance at monthly study group.

Book: *Written That You May Believe*

Bible

Commitment to reading and reflection between group gatherings.

Class size limited: Register early. For information, please contact Linda Snow, CSJ at 818-784-4515 ext. 317 or email srlinda.snow@gmail.com.

FEE: \$10 per session/ \$100 for series

Thursdays: September 26, October 24, November 21

Wednesday: December 18

10:00 am—1:00 pm

MONTHLY OPPORTUNITY FOR WOMEN

"Women Creating Sacred Moments"

Presenter: Josie Broehm, MFT

We will offer different themes that women have requested, with time for conversation and reflection. Our first presentation will be: Pen & Paper: Writing Together for Pleasure (suitable for all levels of interest).

Josie Broehm, MFT is a psychotherapist and spiritual director in private practice. She facilitates weekend retreats, days of reflection and workshops in Southern California. She is a program coordinator for the APC, a non-profit organization. She has an interest in the work of Dr. Carl Jung and incorporates dream work into her ministry.

FEE: \$45 with lunch

\$35 without lunch

\$10 Non-refundable deposit with
registration due by September 15.



A letter from the Executive Director...

DEAR FRIENDS OF HOLY SPIRIT RETREAT CENTER,

Spring is a time for new life, and this spring brought new life to Holy Spirit Retreat Center! Linda Crisostomo our Office Manager made the decision to retire and move on to other ministry opportunities. We are grateful for her time with us, and send her off with our blessing as she explores the question of where God will send her next. Before Linda left, she brought a friend from Couples for Christ, Elaine Quadra in as a volunteer. The staff liked her work so much that she eventually came on as a part-time employee. On Linda's departure Elaine stepped into the role of Office Manager and she is working out beautifully! She brings many gifts to the Center. She sewed the new bedspreads for our guest bedrooms, and her creative touch can be seen in the kitchen and office area. I invite you to call in or stop by and meet her. She is a wonderful new addition to our staff. Welcome to Holy Spirit Elaine! As we enjoy the longer days and more leisurely pace of summer we are looking ahead to what the autumn will bring. Our annual Autumn Festival of Art is returning on October 19th and 20th. Please mark your calendars for this lovely and joy-filled event! Our Advent Vespers will take place on one of the Sunday evenings in December. The date will be set once we establish the availability of the harpists. As usual, we have some exciting and interesting workshops and retreats lined up. Please take a look! I continue to be overwhelmed by your generous support of the Center, and am so grateful for each and every one of you!

May God bless you all with the fun of summer days and the serenity of summer nights. We'll see you at the Center!

Yours in love and gratitude,

Blessings, Chris

Mission Statement: Holy Spirit Retreat Center, as a chartered ministry of the Sisters of Social Service, is rooted in Scripture and the spirit of Saint Benedict. We strive to create an atmosphere of prayer and hospitality where community is nourished, each person can thrive and interfaith environment is fostered.

Spiritual Direction At Holy Spirit Retreat Center

Life is a sacred path. Each of us is invited by God to make our journey in the light of faith. At Holy Spirit Retreat Center, we wish to support the spiritual journeys of persons through a ministry of accompaniment that is known as Spiritual Direction. These one-on-one conversations are an opportunity for persons to break open their sacred stories, awakening anew to Sacred Mystery living, acting, and present in all of life and to respond generously to the Holy One in a growing and deepening relationship.

Holy Spirit Retreat Center spiritual directors on-staff are happy to work with individual needs of those interested in spiritual direction.



Linda Snow, CSJ



Chris Machado, SSS



Pat Nelson, CSJ



Josie Broehm, MFT



Deborah Lorentz, SSS
Acupuncturist



Anne Field, SSS

Not pictured
Joyce Gaspardo, CSJ

Come enjoy beautiful art, live music, dance,
poetry, great food, wine tasting, and good fun!

Autumn Festival of Art

October 19 & 20, 2013 | 11AM - 5PM

Holy Spirit Retreat Center
4316 Lanai Rd, Encino, CA 91436

Entrance fee:
\$10/person • Kids under 14 FREE

For Info: (818) 784-4515 | www.hsrcenter.com
All proceeds go to support the ministry of Holy Spirit Retreat Center

Registration Form

Name _____

Program _____

Date _____

Address _____

City/St/Zip _____

Phone _____

\$_____ deposit enclosed (\$10/one day or series;
\$30 per weekend; \$50 per extended) non-refundable,
non-transferable portion of total retreat offering.

Lunch preference where offered:

Yes ___ No ___

Room preference where offered:

Single ___ Shared ___ Commuter ___

I am also enclosing an additional donation of \$_____

TOTAL AMOUNT ENCLOSED \$_____

Please return to Holy Spirit Retreat Center
4316 Lanai Rd., Encino, CA 91436
(818) 784-4515 • Fax: (818) 784-0409
HSRCenter@earthlink.net