

HOLY SPIRIT RETREAT CENTER | 4316 LANAI RD., ENCINO, CA 91436

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Ash Wednesday, February 18th, 9:30-3:00 p.m.

THE TAO OF POOH: HOW TO ENTER THE LENTEN DOORWAY

Presenter: Sr. Deborah Lorentz, SSS M.Ed.

In these serious times, Pooh Bear may be able to give us some advice about how you and I might approach the season of Lent. Let us set aside a day to “do nothing” – stopping, sitting still, and being present. We listen to the Spirit of God who wants to lead us inward to a place of mindfulness. We embrace the world when we allow ourselves to be touched by the presence of the One who set time aside to “go off to a lonely place to pray” (Mk1:35). Pooh Bear has some good advice for us: “I don’t do much of anything”, he said.



Fee: \$45.00 with lunch; \$35.00 without lunch
\$10.00 non-refundable deposit with registration

REGISTRATION FORM

(THE TAO OF POOH, 2/18/15)

NAME : _____

ADDRESS: _____

E-MAIL: _____ TEL. : _____

ENCLOSED IS MY NON-REFUNDABLE DEPOSIT: \$ _____ ENCLOSED IS MY FULL PAYMENT: \$ _____

ENCLOSED IS MY FREE—WILL OFFERING : \$ _____

SIGNATURE: _____ DATE: _____