

HOLY SPIRIT RETREAT CENTER | 4316 LANAI RD., ENCINO, CA 91436

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SIMPLICITY: THE SOUL'S REFRESHMENT

Presenter: : Josie Broehm, MFT

Saturday, January 10, 9:30 a.m. – 3:30 p.m.

This retreat day offers a comfortable combination of presentation, meditation and reflection on the call to live simply at every age. The silent moments offered throughout our days provide space to ponder what needs to be released. By divesting ourselves of the superfluous in our lives, we can then accept what comes with gratitude, humility and renewed energy that refreshes our souls. Dress comfortably and bring writing materials, a mat or light blanket for soothing prayer experiences.

Fee: \$45.00 with lunch; \$35.00 without lunch
\$10.00 non-refundable deposit with registration

REGISTRATION FORM

(Simplicity: The Soul's Refreshment)

NAME : _____

ADDRESS: _____

E-MAIL: _____ TEL. : _____

ENCLOSED IS MY NON-REFUNDABLE DEPOSIT: \$ _____ ENCLOSED IS MY FULL PAYMENT: \$ _____

ENCLOSED IS MY FREE—WILL OFFERING : \$ _____

SIGNATURE: _____ DATE: _____