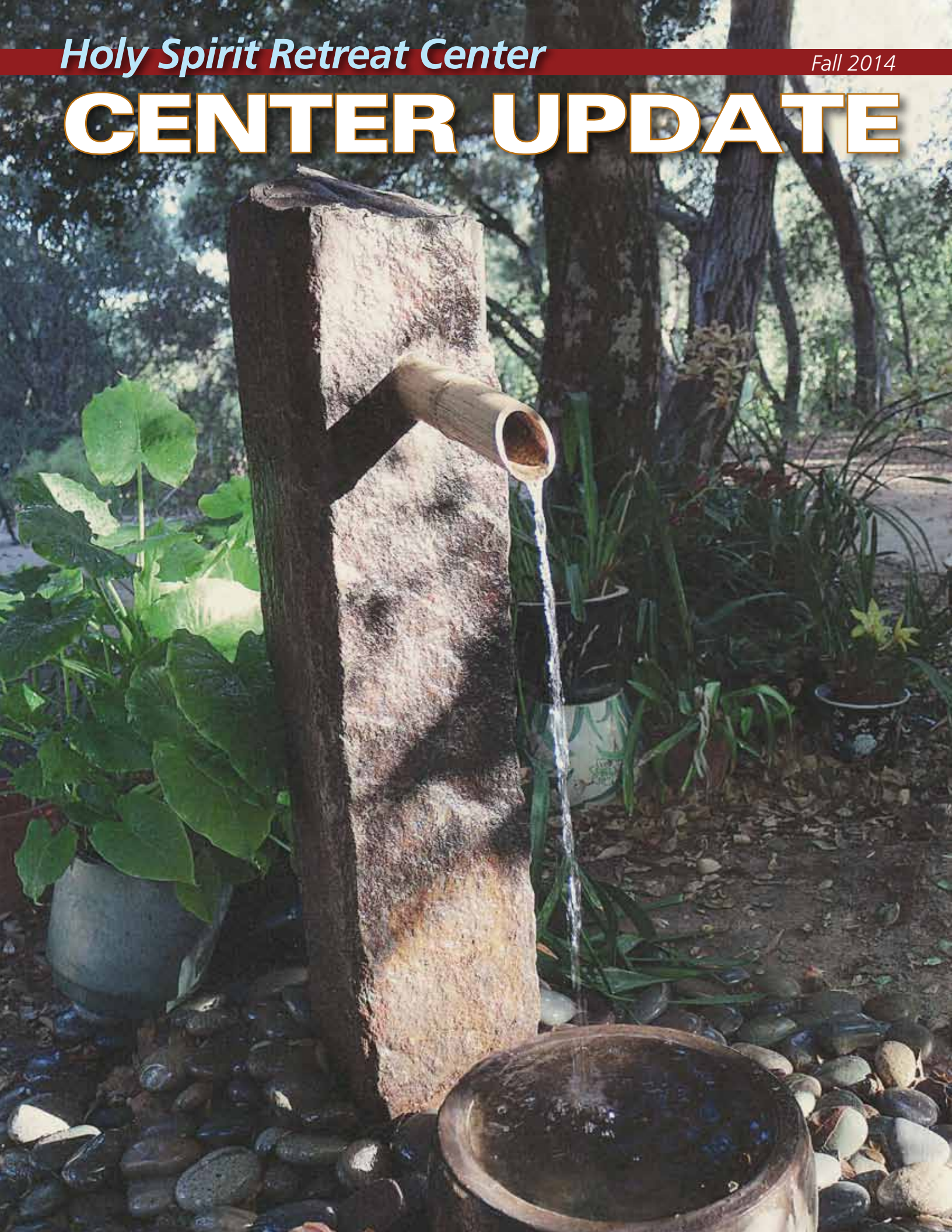


Holy Spirit Retreat Center

Fall 2014

CENTER UPDATE



A Letter from the Executive Director



Dear Friends of Holy Spirit Retreat Center,

As you settle into a more leisurely summer schedule, I hope you will enjoy reading through our latest Center Update. We have some wonderful programs coming up for the summer and fall. A quick glance at our cover reveals that there is a new addition at the Center. As part of the Interfaith Peace Garden, we have installed a new Zen fountain. It is beautiful and has a lovely, soothing water sound that draws you in before it even comes into view. If you have not been up to see the new fountain, we invite you to set aside some time to come and enjoy the peace and beauty that it creates. Nearby is our Native American medicine wheel, which forms the central point of the Garden. There are indications that our property

was once a Native American settlement, so it seems appropriate to have this early indigenous spirituality represented in our Interfaith Peace Garden.

Please mark your calendars for our annual Autumn Festival of Art on October 18 & 19 and our Advent Vespers service, which takes place on Sunday, December 7. Both are beautiful and enjoyable events, and all funds raised will benefit the Center. Please come and support Holy Spirit Retreat Center!

In this season of rejoicing over the fruitfulness of God's bounty, we give thanks for the gifts and blessings that you all bring to the Center: your presence, support, participation and talents. We thank you for your generosity, which has overflowed in so many wondrous ways! May God bless you and your loved ones during the season ahead.

Gratefully,

Chris

MISSION STATEMENT

Holy Spirit Retreat Center, as a chartered ministry of the Sisters of Social Service, is rooted in Scripture and the spirit of Saint Benedict.

We strive to create an atmosphere of prayer and hospitality where community is nourished, each person can thrive and an interfaith environment is fostered.



Featured on the Cover



Featured on the cover is our new Zen fountain in the Interfaith Peace Garden.

This beautiful fountain adds another tranquil space to our Garden for visitors to enjoy moments of relaxation and peace. We encourage you to visit the Garden and experience the peaceful sounds of the fountain's water if you have not already done so.

Photo by Elaine Quadra

Sunday, September 21 • 12:30 pm-5:00 pm

An Interfaith Celebration of International Peace Day—Paths to Just Peace

This event is co-sponsored by **Holy Spirit Retreat Center, Sisters of Social Service, Pax Christi Southern California** and **Campaign Nonviolence**.

Come to celebrate and learn what paths we might take in order to work toward nonviolent actions promoting a JUST PEACE.

Keynote Speaker Kathy Kelly is an American peace activist, pacifist and author, one of the founding members of Voices in the Wilderness and currently a co-coordinator of Voices for Creative Nonviolence. As part of peace teamwork in several countries, she has traveled to Iraq 26 times, notably remaining in combat zones during the early days of both U.S.-Iraq wars.

During late June and early July of 2011, Kelly was a passenger on the "Audacity to Hope" as part of the U.S. Boat to Gaza project. She also attempted to reach Gaza by flying from Athens to Tel Aviv, as part of the Welcome to Palestine effort, but the Israeli government deported her back to Greece.

The event is envisioned by the "Muslim and Catholic Women in Conversation."

For more info,
e-mail interfaithpeacegarden@gmail.com or see events at www.sistersofsocialservice.com.



International Peace Day was initiated by the United Nations in 1981 to coincide with the opening of the U.N. General Assembly. Peace Day provides the chance for individuals, groups, cities and nations to create and dialogue about peace on a shared date each year. To learn more about the occasion and to find others involved in local and global works of peace, please visit internationaldayofpeace.org.



Please join us for the **Autumn Festival of Art**.

This is a major fundraiser for Holy Spirit Retreat Center. This effort assists us in our effort to keep our prices in a reasonable range so that ordinary folks such as you and I can take time for a retreat day or even a weekend. In this way, God can work in our lives.

The festival offers an opportunity to view and purchase original art, eat a hardy lunch for a good price, listen to beautiful music and watch the Alleluia dancers perform. There will be a silent auction and wine tasting for the connoisseur.

Above all, we will have a wonderful weekend and you will be contributing to the Center mission of serving all in the name of the One who created us.

ENTRANCE FEE:

\$10/person

\$25/family

All proceeds go to support the ministry of Holy Spirit Retreat Center.



Sunday, December 7, 2014

ADVENT VESPERS 2014

An Evening of Gratitude for HSRC Staff and Supporters

Once again, two of Los Angeles' finest harpists Ellie Choate and Paul Baker will treat us to a brief concert of Christmas music for our Advent Vesper Service. Ellie and Paul have performed as a harp duo for many recitals and events. They have played for movie soundtracks, commercials and national touring companies. Both have published and released recordings of their own arrangements.

Vesper Service: 7 pm (\$10 donation to benefit HSRC programs.)

SERIES & ON-GOING RETREATS

BRIDGES TO CONTEMPLATIVE LIVING

Presenter: Sr. Chris Machado, SSS

Wednesdays • 10:00 am–12:00 noon

July 23, August 27, September 24, October 22,
November 26, December 17

Our Bridges program is continuing with Book One. We are actually repeating this process, having finished the complete eight-book series. If you have been thinking about trying Bridges, now would be an excellent time, as we have only completed a few sessions! The process gently leads people into a deeper, more contemplative and reflective mode of living. If you long for a life lived at a deeper and more enriching level, this might be for what you are searching. Each session includes contemplative prayer, time for reflection, study of texts by Thomas Merton and other well-known spiritual writers and contemplative dialogue with the group. This program has been such a life-changing blessing for those who have been attending that many who completed the program are repeating the entire series a second time. We would be thrilled to have you join us!

Suggested Donation:
\$5 per session

WOMAN TO WOMAN

Presenter: Josie Broehm, MFT

Thursdays • 10:00 am–1:00 pm

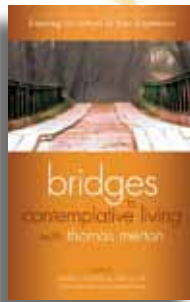
July 31, August 28, September 25, October 30, November 20, December 18

Women of all ages and traditions gather monthly to nurture their spiritual identity and to reflect on themes that challenge us as women in today's world. Do come and join the conversation, as your schedule permits, and meet other women eager to explore new possibilities at every age.

We recommend that you bring your journals/writing materials; dress comfortably for simple movement experiences.

Josie Broehm is a licensed psychotherapist and spiritual director in private practice. She works with dreams and assists individuals in creating rituals for life's sacred moments.

FEE: \$25 with lunch
\$15 without lunch



WOMEN AT THE WELL

Presenter: Sr. Chris Machado and the Women at the Well Team

Tuesdays • 10:00 am–12:00 noon

September 9, October 14, November 11, December 9

Another year begins for our Women at the Well group! Our group continues to be blessed by new members and the gift of presence that they bring to the group! We would love to have you come and join us. This group is for women seeking the wisdom and support of other women who are pilgrims on the journey. Our meetings are based on material from a book, which the women read individually and discuss during the sessions. We will be beginning a new book this year, which has not yet been chosen. As part of our gathering, we share in prayer, ritual, Tai Chi, quiet reflection time with questions based on the reading material and some great small group discussions! After the meeting, those who wish gather for lunch in the retreat center dining room. Come and join us around the well!

Suggested Donation: \$10 for the meeting and \$10 for lunch

LAUGHTER YOGA

Presenter: Lala Rukh Khan,
Wellness Consultant and Movement Educator

Wednesday Afternoons • 4:00 pm–5:15 pm

September 24, October 1, 8, 15, 22, 29

Bring harmony to mind, body and spirit with Laughter Yoga! With gentle yoga movements, these healing sessions are offered to those who desire to feel happier, healthier and whole. Laughter leads to deep integration of emotions and desires.

Lala's style is loving and encouraging. She brings years of experience in the teaching of laughter yoga, reiki, hypnotherapy and other modalities. (Bring a yoga mat or blanket.)

\$15 per session



LABYRINTH WALKS

Monday, September 22 • 7:00 pm

Sunday, December 21 • 7:00 pm

Come join us on Monday, September 22nd at 7:00 pm as we celebrate the beautiful and reflective season of autumn with its bountiful blessings at our **Autumn Equinox Labyrinth Walk**. Walking the labyrinth is the perfect way to welcome this new season! The evening will include an opening ritual and an open walk. For newcomers, the team will offer a brief class on the history and practice of walking the Labyrinth.

On Sunday, December 21st at 7:00 pm, we will celebrate the longest night of the year and the gradual return of the light with our **Winter Solstice Labyrinth Walk**. If the holiday preparations have kept you running, this evening would be a beautiful and peaceful way to recharge your batteries. Our time together will include ritual, time for walking, a short introductory course and the opportunity to reflect alone or with a member of the team on your experience. Come and join us!



THE GOSPEL OF JOHN – A STUDY GROUP

Presenter: Linda Snow, CSJ

Thursdays • 9:30 am–11:30 am

September 18, October 16, November 13, December 11

This is a continuation of The Gospel of John from 2013. To participate you must have been present for previous classes.

CENTERING PRAYER GROUPS

Presenters: Mary Shear & Linda Snow, CSJ

Tuesdays • 7:00-9:00 pm

September 2, 16, 30, October 14, 28, November 11, 25, December 9, January 6, 20

Thursdays • 9:30-11:30 am

September 11, 25, October 9, 23, November 6, 20, December 4, 18, January 15, 29

Centering Prayer is a silent meditation practice intended to deepen one's relationship with God. The group sessions include time for communal Centering Prayer, a contemplative walk, input from a Spiritual Journey video or book by Thomas Keating and group sharing. If new to the practice, we highly recommend the Centering Prayer Introductory Workshop. For more information, please call Sister Linda Snow at (818) 784-4515, ext. 3317.

Suggested donation: \$5

ONE-DAY RETREATS

Saturday, August 9 • 8:30 am–2:30 pm

CENTERING PRAYER COMMUNITY DAY

Presenters: Bob Blair and Contemplative Outreach Team

Come join us for a day of centering prayer and strengthening relationships within our contemplative community.

There will be centering prayer, a recent film on Thomas Keating: *A Rising Tide of Silence*, discussion groups and socializing during the lunch break. Please bring a bag lunch. Newcomers to Centering Prayer are welcome.

Please register by August 1, 2014.

Free-will offering.



ONE-DAY RETREATS

Saturday, September 13 • 9:00 am–4:00 pm **EXERCISING YOUR FAITH: FITNESS IN BODY AND MIND ARE AN INTEGRAL PART OF YOUR SPIRITUAL JOURNEY**

Presenter: Mara Carrico, Author and Yoga Instructor

Recognizing that the body is the **temple of the Holy Spirit** and the vehicle through which we practice our faith—whatever it may be—this workshop will provide guidelines and suggestions as to how your fitness routines, nutrition and social activities can all support your individual spiritual path. Yoga, breathing techniques and the joining of music and movement with prayer, chants, affirmations and journaling will give participants the experience and template through which each person may incorporate these tools into his or her lifestyle in a practical way.

*Mara Carrico is the author of **Yoga Journal's Yoga Basics** and the choreographer of the first of Jane Fonda's Yoga Workout video and DVD series. A yoga instructor since 1971, she is also a classically trained dancer and was personally coached by Ruth St. Denis, the First Lady of American Dance. Carrico's focus is on joining her spiritual practices with her dance experience along with her love of art into a unique performance expression.*

**FEE: \$45 with lunch
\$35 without lunch
\$10 non-refundable deposit with registration**



Saturday, September 20 • 9:00 am–2:30 pm (Arrival 8:30–9:00 am) **CENTERING PRAYER INTRODUCTORY WORKSHOP**

Presenters: Bob Blair and Pippi Curry (Certified Contemplative Outreach Presenters)

Based on the rich tradition of contemplative prayer in the Christian tradition, Centering Prayer is a prayer of consent to God. This workshop includes four presentations and the practice of Centering Prayer. Contemplative prayer is God's personal and unique gift to each of us. Openness to this gift can profoundly affect our lives and our relationships: with God, others, our world and ourselves. This workshop is the first part of the Introductory Series and will continue with a session for those who wish to attend. (See below.)

**Contact: Linda Snow, CSJ, (818) 784-4515, ext. 3317 or
Pat Nelson, CSJ, (818) 784-4515, ext. 3870.**

**FEE: \$45 with lunch
\$35 without lunch**

**CONTINUATION OF THE CENTERING PRAYER INTRODUCTORY
WORKSHOP IS OCTOBER 4, 2014. (SEE PAGE 6)**

Saturday, September 27 • 9:00 am–4:00 pm **SACRED COLLAGE: THE GIFT OF THE SHADOW (PART II)**

Presenter: Jody Berges, Artist and Therapist

This workshop will explore using sacred collage to examine the following questions:

- What is the shadow?
- Where does the shadow come from?
- How do we experience the shadow?
- What is the goal in dealing with shadow?

This will be a time of learning about and integrating our shadow through collage-making in a sacred time and space: a contemplative day of reflecting and discovering the unknown and unacknowledged parts of ourselves. All materials will be provided. No previous collage experience is needed. Participation in Part One of the workshop, which was given in the spring, is not a pre-requisite. Space is limited.

**FEE: \$55 with lunch (includes \$10 charge for collage materials)
\$45 without lunch
\$10 non-refundable deposit with registration**

Saturday, October 4 • 9:00 am–2:00 pm
CONTINUATION OF THE CENTERING PRAYER
INTRODUCTORY WORKSHOP

Presenter: Contemplative Outreach Team

*Contact person: Pat Nelson, CSJ, (818) 784-4515, ext. 3870 or
 Linda Snow, CSJ, (818) 784-4515, ext. 3317*

This session will support the beginning of one's Centering Prayer practice. It is highly recommended. The day will include time for Centering Prayer, questions, discussion and feature DVD presentations by Contemplative Outreach Presenters. The day is open to all newcomers to Centering Prayer, those who have made an Introductory Workshop in the past and all who practice Centering Prayer and would like to renew their practice.

FEE: \$35 with lunch
\$25 without lunch

Saturday October 4 • 9:30 am–3:00 pm
"PACE E BENE!" CELEBRATING THE FEAST
OF ST. FRANCIS

Presenter: Rev. Mark Villano, M.A. Film Educator and Instructor

One of St. Francis' favorite greetings to the people of Assisi as he walked through the city was: "Pace e bene!" "Peace and goodness!" In the face of great challenges and hardship, Francis offered a simple and joyful example of care for the poor, oneness with creation and peacemaking. Join us on this feast day, as we watch the film *Francesco* starring Mickey Rourke and Helen Bonham Carter. We will reflect on the message of this great saint and how Pope Francis has drawn attention to his relevance for today's Church. And may God's "peace and goodness" be with us!



Fr. Mark Villano has ministered at parishes and campus ministry centers across the country. He earned a Master of Fine Arts degree from the School of Cinematic Arts at the University of Southern California and served as Director of Creative Development at Paulist Productions, a media company in Los Angeles. Currently, he is the Director of Mission and Ministry at Marymount California University, located in Rancho Palos Verdes.

FEE: \$45 with lunch
\$35 without lunch
\$10 non-refundable deposit with registration

Saturday, November 22 • 10:00 am–4:00 pm
ANOTHER TRADITIONAL HOLIDAY HERBAL

Presenter: Michael O'Palko, Educator and Musician

The lure and lore of earth's natural gifts have always fascinated our ancestors and continue for us today. Last year's day was filled with holiday traditions connected to these gifts.



This day will be spent sharing facts and fiction, legends and tales, culinary and medicinal uses of herbs, spices and plants. We will also share gardening tips and hands-on activities to round out our time together. Please bring a food dish using herbs and/or spices to share with others from your family traditions, your personal cuisine or favorite recipes.

Last year, Michael delighted participants by presenting an incredible feasting table of lore, decorations and alluring foods. Presiding over the festivities, Michael re-enacted the role of the generous and kind "Father Christmas," drawing all of us into an altered state of mind—joy, laughter and excitement.

FEE: \$55 per person (includes an extra \$10 to cover food costs and decorating expenses)
\$10 non-refundable deposit is due with registration by November 10

Saturday, December 6 • 9:00 am–12 noon (Arrival 8:30–9 am)

ADVENT SILENT SATURDAY

Presenters: Lylia Dange and Contemplative Outreach Team

Please join us for a quiet morning of Centering Prayer and silence. The day is open to beginners as well as those experienced in contemplative prayer or silent meditation. The day provides time for communal prayer, a contemplative walk, private journaling and reflection and an opportunity to enjoy the beautiful grounds of Holy Spirit Retreat Center. All are welcome. A brief introduction to Centering Prayer will be offered for those new to the practice.

Please register by November 28.
Free-will offering.

ONE-DAY RETREATS

Saturday, December 20 • 9:30 am–3:00 pm

THE REED OF GOD: WALKING THROUGH ADVENT WITH CARYLL HOUSELANDER

Presenter: Sr. Deborah Lorentz, SSS M.Ed.

For those of us who are “advent diehards,” drinking from the writings of Caryll Houselander is like nectar. This mystic contemplative touches the heart of all those who carry the Christ mystery within. If you would like to take time with reflections on how Mary made herself open to the Spirit in accepting her pregnancy of Emmanuel, Jesus Christ, you will have this opportunity during this day. Come and sink into the emptiness of Mary. Join with her in saying, “Let it be done unto me according to your word.” Bring your heart that yearns to be like Mary who was “a reed through which the Eternal Love was to be piped as a shepherd’s song.” We shall listen to some short presentations on the Reed of God, spend time in silence, respond to the poetry of Advent and prepare ourselves for Christmas. Come aside and pray...

FEE: \$45 per person with lunch

\$35 without lunch

**\$10 non-refundable deposit
with registration**



WEEKEND RETREATS

Friday, October 23, 5:00 pm – Sunday, October 25,
1:00 pm

OUR BODIES ARE TEMPLES OF THE HOLY SPIRIT: WELLNESS WEEKEND

Presenters: Arnel Reyes, M.D.; Lala Rukh Khan, Wellness

Educator; Deborah Lorentz, SSS L.Ac.

Perhaps you are someone who has said to yourself, “I know that I need to take better care of myself physically... but it is so hard!” Then this weekend is for you. This retreat will provide presentations on caring for our bodies as “temples of the Holy Spirit”—the importance of physical fitness and diet, the connections between medicine and spirituality and how to deal with stress, using faith, meditation and prayer. There will be opportunities for simple yoga and qi gong as coping mechanisms, stretching and movement and opportunities for one-on-one conversations with the presenters. Bring an open mind and a yoga mat or a blanket.



Dr. Reyes is a practicing family medicine doctor who is also an avid endurance, multi-sport athlete, coach and certified personal trainer. He has an extensive resume, having engaged in many service projects. Lala has years of experience as a wellness and movement educator and specializes in laughter yoga. Sr. Deborah is a licensed acupuncturist in the state of California and will suggest alternative ways to deal with wellness issues.

COST: \$250 per person/single occupancy

\$200 per person/shared occupancy

\$125 per person/commuter

**\$50 non-refundable deposit with registration by
October 10**

Friday, October 31, 5:00 pm – Sunday, November 2, 1:00 pm

CENTERING PRAYER WEEKEND RETREAT “DEEPENING EXPERIENCE OF CENTERING PRAYER”

Presenter: Contemplative Outreach Team

This silent/contemplative weekend retreat is for those who wish to deepen their practice of Centering Prayer. Thomas Keating teaches that a regular practice of Centering Prayer prepares us to receive the grace of an ever-deepening connection to the Divine life within us...that contemplative prayer is a process of interior transformation, an inward journey to divine love. In response, we will spend these retreat days together in centering prayer and silence.

Prerequisite: regular practice of Centering Prayer

Contact: Pat Nelson, CSJ, (818) 784-4515, ext. 3870 or Linda Snow, CSJ, (818) 784-4515, ext. 3317

**FEE: \$250 per person/single occupancy
\$200 per person/shared occupancy
\$125 per person/commuter
\$30 non-refundable deposit required with registration by October 21**

EARLY REGISTRATION IS RECOMMENDED AS SPACE IS LIMITED.



Friday, November 7, 5:00 pm – Sunday, November 9, 1:00 pm

NATIVE AMERICAN SPIRITUALITY: WE ARE GOD’S BEADWORK!

Presenter: Luella Wagner, Educator

This weekend retreat will engage with the Native American vision and spirituality. Our sisters and brothers and all creatures that call our earth “home” have a message of harmony and oneness for us. Each person will ask: How does my life fit into God’s big plan? Am I living my life in balance with all of creation, or do I feel “out of sync”?

We will explore the symbolism of the Medicine Wheel and its connection with the seasons. We will bless the four directions as part of the Medicine Wheel ritual. Working with beads, we will calm mind and heart by focusing our energies on the small. Our lives are composed of strings of small beads...small acts that form the framework of our lives. Beadwork provides a unique opportunity to meditate and calm the mind.

Luella Wagner is a master teacher. She has immersed herself into Native American spirituality, having spent time on a Native American reservation. She gives retreats and workshops throughout Southern California.

**FEE: \$250 per person/single occupancy
\$200 per person/double occupancy
\$125 per person/commuter
\$50 non-refundable deposit due by November 1**



Friday, December 12, 5:00 pm – Sunday, December 14, 1:00 pm

READY TO BE FOUND: THE SACRED MEANINGS OF ADVENT

Presenter: Rev. Mark Villano, M.A. Film Educator and Instructor

"You know the time. It is the hour now for you to awake from sleep. For our salvation is nearer now than when we first believed."
(Romans 13:11)

Advent is a season of hopeful anticipation and preparation. Some of the most beautiful and powerful images of our faith are explored during this season. Yet, many of us are so preoccupied and distracted at this time of year that we miss the call of Advent and what it can do for us. This retreat offers an opportunity to savor the themes and images of this holy time. Prayer, reflection, scripture readings and the use of film clips will help us attend to Advent's sacred meanings. By focusing especially on the figures of John the Baptist and Mary of Nazareth, we will reflect on how the Spirit is continually searching us out, preparing us for a new appearance of Christ in our "here and now." Are you ready to stop and look at Advent again? Are you ready to be found?

Fr. Mark Villano, a native of New Haven, Connecticut, studied theology at the Catholic University of America in Washington, D.C. He has ministered at parishes and campus ministry centers across the country, including at the University of Texas, UCLA, Ohio State University and Yale. He earned a Master of Fine Arts degree from the School of Cinematic Arts at the University of Southern California and served as Director of Creative Development at Paulist Productions, a media company in Los Angeles. Since then, he has focused his efforts in higher education administration and teaching. Currently, he is the Director of Mission and Ministry at Marymount California University, located in Rancho Palos Verdes.

FEE: \$250 per person single occupancy
\$200 per person double occupancy
\$125 per person/commuter
\$50 non-refundable deposit due by November 25



December 30, 2:00 pm – January 1, 2015, 10:30 am
NEW YEAR'S RETREAT: PERFECT JOY: THE PATH OF MERCY (ST. FRANCIS AND POPE FRANCIS)

Presenters: Michael O'Palko, Educator and Retreat Director
Chris Machado, SSS, Executive Director, Holy Spirit Retreat Center

The awareness of fear, anger and frustration in the world cannot be ignored. It is all around us and leads some to engage in violence. We have three great solutions to these problems through forgiveness, kindness and joy. We also have two great examples in St. Francis of Assisi (whom many know and love) and Pope Francis (to whom many are attached) because of their lives and actions based on loving, caring and helping others. We each have one life to live and one path to follow...MERCY! Our retreat will explore the journey of the Francis' and how our personal choices can join with theirs to be stewards of this fragile earth.

Michael and Sr. Chris have been offering this New Year's Retreat over many years. Experienced and creative, these co-facilitators offer participants the opportunity for prayer, reflection and conversation toward growth and spiritual stimulation.

FEE: \$250 per person/single occupancy
\$200 per person/shared occupancy
\$125 per person/commuter
\$50 non-refundable deposit with registration due by December 15

Spiritual Direction At Holy Spirit Retreat Center

Life is a sacred path. Each of us is invited by God to make our journey in the light of faith. At Holy Spirit Retreat Center, we wish to support the spiritual journeys of persons through a ministry of accompaniment that is known as Spiritual Direction. These one-on-one conversations are an opportunity for persons to break open their sacred stories, awakening anew to Sacred Mystery living, acting and present in all of life and to respond generously to the Holy One in a growing and deepening relationship.

Holy Spirit Retreat Center spiritual directors on staff are happy to work with the individual needs of those interested in Spiritual Direction.



Linda Snow, CSJ



Chris Machado, SSS



Pat Nelson, CSJ



Joyce Gaspardo, CSJ



Josie Broehm, MFT



Deborah Lorentz, SSS
Acupuncturist



Anne Field, SSS

Retreat Directors for Youth and Adults

If you have a group that is coming to Holy Spirit Retreat Center and you need a retreat director, we have people on staff here who are happy to make their services available. If no one at the Center is available, we have additional retreat directors who are available to work with groups:

Michael O'Palko (Youth and Adults) • (818) 996-8238

Fourth Day Retreats (Youth): Sr. Una Feeney and Rebekka Vieira • (213) 220-8444

ADMINISTRATION



Chris Machado, SSS
Executive Director



Elaine Quadra
Office Manager



Deborah Lorentz, SSS
Sponsored Retreat
Program Director



Maria Simental
Food Services
Supervisor



Lucia Alvarez
Housekeeping
Supervisor



Art Mayers
Plant Manager

REGISTRATION FORM

Name: _____

Program: _____

Date: _____

Address: _____

City/State/Zip: _____

Phone: _____

\$_____ deposit enclosed (\$10/one day or series; \$30/ weekend; \$50/extended) non-refundable, non-transferable portion of total retreat offering.

I am also enclosing an additional donation of \$_____.

Lunch preference where offered:

Yes _____ No _____

Room preference where offered:

Single _____ Shared _____ Commuter _____

TOTAL AMOUNT ENCLOSED \$_____

Please return to: **Holy Spirit Retreat Center**

4316 Lanai Rd., Encino, CA 91436 • (818) 784-4515 • Fax: (818) 784-0409 • HSRCenter@earthlink.net

Holy Spirit Retreat Center

CENTER UPDATE

4316 Lanai Road
Encino, CA 91436

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HSRCenter@earthlink.net
HSRCenter.com

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whom we have failed to mention.

Wish List...

- White table cloth
- Twin size linens
- Area rug carpets
- 8-seater round table
- Funds for outdoor labyrinth

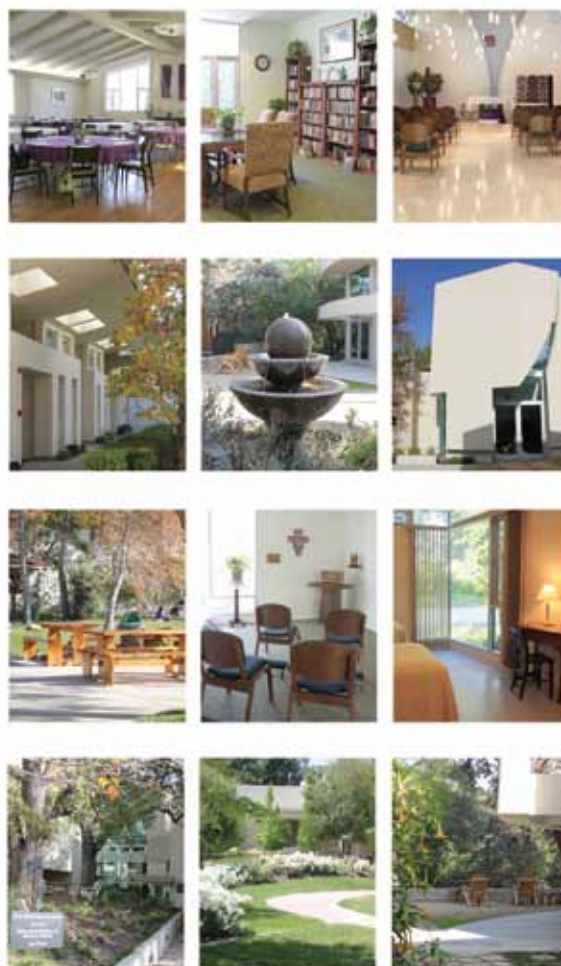
Donations in cash or in kind will allow us to get these items and help make our retreat space even better.

USE OUR CENTER FOR YOUR GROUP'S NEXT RETREAT OR WORKSHOP

You will find our warm, comfortable facility a pleasant change from the conventional hotel. Providing an open atmosphere is our important offering. The Center has all the important attributes that add to your group's successful event.

- ✓ Beautiful dining room serving attractive, healthy meals (most dietary needs can be accommodated)
- ✓ Private bath, heat and air conditioning
- ✓ Overnight accommodations for up to 50 persons (single or double occupancy)
- ✓ Lovely gardens and grounds for meditation and outdoor activities
- ✓ Six bedrooms for handicapped guests
- ✓ Gracious, helpful staff
- ✓ Meeting rooms for groups of 10 to 120

**For more information,
contact
Elaine Quadra, Office Manager
at: (818) 784-4515, ext. 3370**



Photos by Elaine Quadra