

An abstract painting featuring a face with a large, expressive eye, rendered in a style that blends colors like blue, yellow, and purple. The face appears to be looking upwards. The background is a mix of these colors with some darker, more textured areas.

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**Saturday, February 7<sup>th</sup> 9:30 a.m.  
– 3:30 p.m.**

## **TEACHING YOUR HEART WITH ART**

**Presenter: Manzar Roussali, MFA from Maryland  
Institute College of Art / Morgan University**

Manzar invites us to make use of simple contemplative art practices using creative experimental drawing and painting. In this way, we open the doors of the heart for awareness and balance in body, mind and spirit. Opening to our sense perception and connecting to our authentic self, we feel blissful and experience inner peace. No art experience is required. Seekers are welcome! Wear comfortable clothing. Materials will be provided.

Manzar is an accomplished artist. She has a permanent show at the Watermark Gallery in Baltimore, MD.

**Fee: \$55.00 with lunch and art supplies. \$45.00 without lunch.  
\$10.00 with non-refundable deposit.**

### **REGISTRATION FORM**

**TEACHING YOUR HEART WITH ART, 2/7/14**

NAME : \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL: \_\_\_\_\_ TEL. : \_\_\_\_\_

ENCLOSED IS MY NON-REFUNDABLE DEPOSIT: \$ \_\_\_\_\_ ENCLOSED IS MY FULL PAYMENT: \$ \_\_\_\_\_

ENCLOSED IS MY FREE—WILL OFFERING : \$ \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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