

HOLY SPIRIT RETREAT CENTER | 4316 LANAI RD., ENCINO, CA 91436
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Friday, January 15, 5 pm—
Sunday, January 17, 2016,

“COME TO THE WATER” Dance/Prayer Retreat

Presenters : Alleluia Dance Theater

We enter into the year 2016, with our thoughts focused on water as a precious commodity in our lives. As we gather together to praise God with our entire being, “Be the drop that falls and becomes one with water to freely float in times of sorrow or joy. Dance like waves along the wind as it touches the surface. Listen and know that water becomes the voice of Life, the voice of Being, the voice of Becoming.”

Join us in this weekend retreat workshop of prayer and dance. We will connect deeply with the energizing and healing power of the image of water in our lives through meditation, drumming and movement. We will flow through gentle stretching, into dance technique and the exploration of movements based on the theme. Experiencing the water quality of qi-gong breathing will lead us into a deeper awareness and connect us to all aspects of who we are. We will close with a water blessing and gather together in ceremony to share and celebrate in this sacred space .

FEE: @275 (SINGLE OCCUPANCY), \$225 (SHARED OCCUPANCY/PER PERSON) , \$175 (COMMUTER) | \$50 non-refundable deposit due by January 5, 2016

REGISTRATION FORM

(COME TO THE WATER/ADT, 1-15-17-2015)

NAME : _____

ADDRESS: _____

E-MAIL: _____ TEL. : _____

ENCLOSED IS MY NON-REFUNDABLE DEPOSIT: \$ _____ ENCLOSED IS MY FULL PAYMENT: \$ _____

ENCLOSED IS MY FREE—WILL OFFERING : \$ _____

SIGNATURE: _____ DATE: _____