

HOLY SPIRIT RETREAT CENTER | 4316 LANAI RD., ENCINO, CA 91436

818-784-4515 | FAX: 818-784-0409 | hsrcenter@earthlink.net | www.hsrcenter.com

Saturday, November 22, 2014, 10:00 AM - 4:00 PM

ANOTHER TRADITIONAL...

Holiday Herbal

Presenter: Michael O'Palko, Educator and Musician



The lure and lore of earth's natural gifts have always fascinated our ancestors and continues for us today. Last year's day was filled with holiday traditions connected to these gifts. This day will be spent sharing facts and fiction, legends and tales, culinary and medicinal uses of herbs, spices and plants. We will also share gardening tips and hands-on activities to round out our time together. Please bring a food dish using herbs and/or spices to share with others from your family traditions, your personal cuisine or favorite recipes.

Last year, Michael delighted participants by presenting an incredible feasting table of lore, decorations, and alluring foods. Presiding over the festivities, Michael re-enacted the role of the generous and kind "Father Christmas", drawing all of us into an altered state of mind – joy, laughter and excitement.

Fee: \$55.00 per person (includes an extra \$10.00 to cover food costs and decorating expenses) | \$10.00 non-refundable deposit is due with registration by November 10, 2014

REGISTRATION FORM

(ANOTHER TRADITIONAL HOLIDAY HERBAL)

NAME : _____

ADDRESS: _____

E-MAIL: _____ TEL. : _____

ENCLOSED IS MY NON-REFUNDABLE DEPOSIT: \$ _____ ENCLOSED IS MY FULL PAYMENT: \$ _____

ENCLOSED IS MY FREE—WILL OFFERING : \$ _____

SIGNATURE: _____ DATE: _____